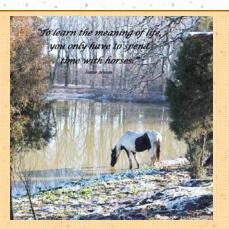


OVERHERD



November 2013





2014 HPS Calendar

I got a phone call from a person who received one of the first calendars mailed. Her words were, "This is the most beautiful horse calendar I have ever seen! I am putting together my list of folks I want to give a calendar to. I am up to 10 and just thought of someone else. I just wanted to make sure there would not be a problem receiving the calendars." A big Thank You! and I assured her there would not be a problem sending out any number of calendars she would like to order.

The cost is *only \$19.50 each!* Postage for one calendar: \$3.00 or postage for two calendars: \$3.50.

You can go to our website: www.horseprotection.org and order the calendars on our home page or mail your check to: Horse Protection Society, 2135 Miller Road, China Grove, NC 28023

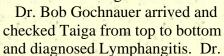
HPS is doing everything we can to promote this important Fall fundraiser. Please help!



News from the Herd

Taiga, our wonderful Standardbred, has been suffering the worst case of scratches all around the top of her hooves. We have doctored and doctored, but with all the rain this summer it was impossible to totally clear this fungal infection. The horses had been put up and fed breakfast and I was walking through the barn just looking at horses. When I approached Taiga to rub her neck, she put her ears back. She NEVER does that, so I knew something was wrong. I went into her stall and one back leg looked like she had elephantiasis. In all my years with horses, I had never seen anything like this! It

looked like the skin would split open at any moment. It was a bit overcast outside and darker than normal in the barn, so I could see how the feeders may have missed this on a black horse until they go back and check the horses over after feeding. Of course, it was a Saturday morning which would mean a costly emergency visit. This was much worse than simple stocking up; there was heat in the leg.





Bob felt this could have been caused by one of the scratches scabs coming off, and Taiga either picked up an infection or the fungus from the scratches. He was very surprised that in all our years with horses, we had never seen this condition. Dr. Bob gave Taiga a long lasting antibiotic and a poultice to help take down the swelling. The poultice has to be washed off every day and reapplied. This condition can take months to completely resolve and in some cases the leg may not return to normal.

Later I had time to think about why we had never seen this condition. My conclusion was that we are very careful to check over the horses and doctor even the smallest abrasion. It is more difficult in the winter with their long furry coats that are starting to come in now.

The photo above was taken day two and we were very happy with how much the swelling had already gone down. I wish we had gotten a photo of the leg the first morning before treatment. (cont. on Page 2)

A Special Thanks To Our Wonderful Contributors

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Honors and Memorials

In memory of Dickens Pierce. By Ann and Bengy Seagle
In honor of my sister, Pam Chandler. By Elaine McAndrews

News from the Herd (cont. from Page 1)

Sweet Pea did not eat her feed one evening and had diarrhea. When we checked her, she had no gut sounds. By the time the veterinarian arrived, she was running a 103 degree temperature and Sweet Pea's gut motility had greatly improved. We had given her Banamine since sometimes it will take a while to get a vet here for an emergency call. Since this was caught very early on, IV fluids were not needed and fluids were administered by nasal tube. She was also given a long lasting antibiotic. I had a blood panel done to check Sweet Pea's condition, which showed she was a little low on iron. (Easy to remedy.) Normally this type of condition is caused by an unknown infection in the intestines.

The next morning Sweet Pea had a normal temperature and wanted out of the hospital stall, her appetite was great and no diarrhea.

It is so important to get the veterinarian as quickly as possible for any issue that should have attention!



Please keep our horses in mind during the upcoming holidays. Your donation will make a wonderful 'stocking stuffer' and helps us care for our herd during the upcoming winter weather!

Where Did this Month Go?

The month of October has flown by! We have all been so busy here at the sanctuary. First it was the final touches on our 2014 calendar and working with the printer. Everyone is so excited about how beautiful it has turned out. Perfect wall calendar size at 12" wide and 24" long on heavy 100 pound glossy. Our first round of calendars sold out very quickly and now we have more ready to go out. Please help feed the 50 horses this fall!

Deborah Baker has been working with about eight to ten of our volunteers teaching the ground work to develop trust with the horses to get them ready to go back under saddle. This takes place every Saturday and Sunday afternoon.

A good example is how Robyn is doing with Waco (see photo on Page 4), who has never had much in the way of training. He started out going this way and then that way, then stopping and trying to escape the Training Area. The third time, Robyn had Waco following her over rails, around a large plastic barrel and around plastic pylons with a loose lead line without any pulling or correction. He has been fitted with a saddle and walks quietly and has walked up to the mounting block with a person standing on it with no issues. He stood still while I leaned over on to his back. It is so nice to work with such an intelligent horse that picks up everything so quickly. (cont. on Page 4)

Order Your 2014 HPS Calendar Now!!



Help the horses and have a beautifully photographed calendar to display on your wall! See Page 1 for details! There is a limited supply being printed so get yours now!

Health Tips

Ten foods to help reduce the risk of dementia and Alzheimer's, which are growing health issues. Foods to enhance brain function that can easily be incorporated in your daily diet:

- 1. Green, leafy vegetables like mustard leaves, spinach, kale and collard.
- 2. Vegetables of the Cruciferae family, such as cauliflower, kale, broccoli, Brussels sprouts and bok choy.
- 3. Legumes and beans have magnesium, iron, folate and potassium.
- 4. Cherries and berries have anthocyanin, which helps in protecting the brain from more harm caused by unstable molecules known as free radicals.
- 5. Whole grains like kammut, quinoa, and gluten-free oats are complex carbohydrates that are rich in fiber and B vitamins.
- 6. Omega-3 fatty acids are great brain boosters and coconut oil
- 7. Unsalted pumpkin seeds and sunflower seeds have healthy fats, vitamin E, choline and zinc, which are useful in maintaining cognitive health.
- 8. Squash, pumpkin, asparagus, carrots, beets and tomatoes should not be overcooked.
- 9. Sage, cinnamon, turmeric and cumin
- 10. Almonds, walnuts, cashews, hazelnuts, pecans and peanuts all contain pyridoxine (a B vitamin), folate, magnesium and omega-3 and omega-6 fatty acids that help to boost brain functioning.

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Angel Sponsor\$ Angel Sponsor: \$20 for 1 month \$60 for 3 months \$120 for 6 months \$240 for 1 year Whom would you like to receive your - Honor, - Memorial, or Angel Sponsor (please circle)?			
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Your message for the newsletter:			
	**Any donation is appreciated. Please r	make your check payable to Hors	se Protection Society

**For a \$25 or more donation, the named person can receive "Over Herd" for 1 year.

Check our out website:

www.horseprotection.org

Horse Protection Society

2135 Miller Road

China Grove, NC 28023

PRSRT STD NONPROFIT PINEVILLE, NC PERMIT NO. 45

Address Correction Requested

Where Did this Month Go? (cont. from Page 3)



All of the horses we are working with are doing great! They have been fitted with saddles and it is time to mount up! The next step for some of the horses is to also have a side walker for a few times. It is up to the side walker to keep the rider safe and to control the horse. That way, the rider does not have to get in the horse's mouth with the bit and can use the reins very gently. Most likely, the rider will use leg and seat aids to help control the horse.

Robyn and Waco

Our first load of Timothy hay has arrived and Cayenne, the little bred mare and Kit Carson, who is allergic to most other hays, have been move to the small side field.

We have been very fortunate to have some wonderful new volunteers to help with the horses. The hardest spots to fill are the morning feeds during the week, since most folks have day jobs.

New volunteers are always welcome at the sanctuary. You do not need horse experience! Just a big heart and willingness to help!