



OVER HERD

Volume 16 Issue 9

Newsletter

September 2013

Sometimes 1 + 1 + 1 = 4

Before Joanie left on vacation she handed over a case from Surry County Animal Control with 4 horses: a paint stallion, a paint gelding, a gray mare and a red dun mare. Of course, we do not take in stallions because we really have nowhere to contain one. But, we could take the other three, we had the room, as long as neither mare was bred. So I called Surry County and offered to take all three on the condition that none were pregnant.



I have no idea why their vet elected to send out blood work to determine if they were pregnant rather than feeling around inside, but he did.

Results wouldn't be back for a week. This really wasn't a problem since we needed about a week to get some horses moved and the front field ready for incoming.

Tom and I went to pick the horses up in Dobson, NC. They were being kept at a nearby farm. All looked as though they had gained weight since they came in. The red dun looked as though she had gained a suspicious amount and of course her pregnancy results were delayed.

To quote one of the volunteers, Susan Williams, "She is under our wings now and we'll do everything we can to help her have a healthy baby." So we brought the red dun mare along to HPS. The vet is scheduled to come out in a few days to assess her situation and determine the best course of action for the mare and her foal. With her large belly, her condition is very deceptive and we worry for her health.



(Cont'd on Page 2)

A Gift Horse...

This sweet little 19-year-old chestnut mare was surrendered to Iredell County Animal Control. She was a gift to a family to use as a therapy horse for their epileptic child. She arrived at the family's home already tacked with a saddle and two saddle pads that disguised her thin body. Rather



than seek help from a vet the family took advice from well-meaning friends trying numerous natural remedies for a "mystery" condition.

A year passes and the mare continues to lose weight. Animal Control said that there were two other horses on the property in good condition but they will continue to monitor the situation at the home. Before relinquishing the mare to the authorities the father stated that the mare just wouldn't eat and that was why she had remained thin for so long. This has not been the experience at Animal Control or the HPS

sanctuary. This mare's head is always in the hay as she contentedly munches along.

Because she has just arrived, we have not helped her find a new name yet. Her cute little muzzle is reminiscent of another little chestnut pony, Twinkie, that was rescued several years ago. Everyone at the sanctuary is smitten with this sweet little girl. She will have a long recovery process and needs an Angel Sponsor.

Sometimes 1+1+1=4 *(Cont'd from Page 1)*

If she is able to carry the foal full term, she will need hay other than the fescue fed at the sanctuary. Fescue hay is very dangerous to pregnant mares and their foals. Donations to pay for appropriate hay and her medical care will be needed. Members are excited about the prospect of a foal onsite despite the challenges one will bring. So often, we have to watch life being ushered out so it will be a welcome change to see one ushered in.

The other two horses are incredibly sweet. The paint gelding is a little over 14 hands and 10-12 years old. The gray mare has a lovely head and sweet demeanor. She is about 14 hands and also 10-12 years old. She also has a brand that looks like a key on her left leg. Word is that all three are nice saddle horses and when brought back to health should be nice horses for some lucky person.



A Pig Saves A Pony

Most people will not remember Virginia the pot belly pig that appeared at the HPS sanctuary one morning. Our horses knew the pig was about long before us humans had any clue. Several times over the previous days they had come racing out of the woods to the barns then pranced about huffing and puffing the way only horses do when they're excited and nervous. When Juniper, the Catahoula mix, cornered the frightened pig, the mystery was solved.



It took us a more than a week to find someone to take cute Virginia off our hands. Who knew there was a pig rescue in Mount Pleasant? Anyway if it hadn't been for Virginia, we probably would not have taken the little pony. His condition is not nearly as bad as most of the horses we take and the sanctuary was almost completely full. But I believe in karma. And I knew if we didn't help the rescue that helped our rescue, karma or God would send a plague of pigs onto HPS.

The pony is a tiny guy perhaps even a miniature. Cindy Berry at the pig rescue had discovered him on a farm being kept in

a chicken coop. To get him out of an undesirable situation she took him to her place back in the spring. He's a timid pony so he was easily bullied by the goats on the property who stole his food from under his nose. The poor guy trembled with fear and refused to load on their trailer so Kathy Haw, an experienced horsewoman and pony whisperer, agreed to pick him up. It was a funny sight to see her F250 and large stock trailer pull up with an 8 hand pony.

For now, he is staying in the med stall next to Midnight Sun so the other horses can get used to his presence. Baby, Sahara and several of the old brood mares are convinced the 25-year-old pony is actually a baby.

His presence has rejuvenated the sanctuary for many members and names have been bandied about. Our hope is to give him a big name that will give him more courage and self esteem. So far Triumph for the tiny sports car, Montezuma the Aztec ruler, and Bon Jovi the rock star with whom he shares a hairstyle are among the names suggested.

***New volunteers are always welcome at the sanctuary.
You do not need horse experience!***

News From the Herd

Vacation for Joanie Means the Sanctuary Is In Our Hands

It's that time of year again. Joanie has been off to Colorado to visit her children & grandchildren for the past two weeks so the running of the sanctuary has been left in the hands of the officers and feeders. As I write this, she's due back in another week. Because we have such a capable team, she was able to take fun, relaxing weeks off from her 24/7 duties at HPS.

There have been a few horses with special needs: *Midnight* is still in the medstall with a torn tendon. *Sonoma* is having to be pressure wrapped for bowed tendons. Several members are applying cold laser therapy to these horses and others. *Red Cloud* scalped herself on who knows what before Joanie left. Robin Martin & Norma Miller removed her stitches.

Tracey Harris has learned to operate the Kubota and is helping me to keep the fields bush hogged. Susan Williams has mowed down the weeds and brush that previously choked the fence lines along the roadside. The used refrigerator we bought recently broke but the fellows at Ethan's Appliances took care of us and fixed it.

Susan Williams brought in replacement bath tubs for the horses to use as water troughs. Debbie D'Amato and Susan painted them and Norma Miller gave them a good scrubbing. Mark Parshall repaired the hinges on heavy door to one of our out buildings.

We've had a disturbing number of reports regarding abuse. It has been impossible to investigate all so we've made recommendations that people contact their local Animal Control authorities. Pam Currie and I checked on a horse in Cabarrus County that was reported as very thin. The owner was receptive to following advice and a kind neighbor offered to give them a bale of hay.

Pontiac, a horse that was aggressive, was moved to Tamara Eichorn's stable for evaluation and a little horse-psychotherapy. Tom McCardle trailered Pontiac, hiked some woods with me in search of some abandoned horses, and trailered the three horses we took in from Surry county.

Deborah Eldridge assisted me in trying to track down the owner of the abandoned horses. We hiked through woods and fields, drove old back roads, and knocked on doors questioning neighbors but never succeeded in finding our man. Deborah and her granddaughter Lacy also picked up a horse from Iredell County Animal Control.

Kathy Haw trailered in the pony. Jane Fitch and Michelle Colton greeted visitors at the sanctuary on Saturday afternoons. Pam Chandler arranged for a photographer to visit the sanctuary and take photographs for our 2014 calendar. Lisa Asmo manned the feed schedule and made sure all the feeds are covered and our horses fed. Lisa was out to help the vets when *Aurora* received a puncture wound and *Cloud's* lameness needed evaluation. She has even taken the time to check on *Yukon* while he has been away at the borders.

All our feeders have done a fabulous job of taking care of the now 48 horses on site! HPS truly could not ask for a more wonderful group of caring individuals. Thank you to everyone for all they have done while Joanie has been away while the sanctuary and its charges have been in our hands.



Health Tips

Who knew that the FDA does not test for heavy metals when allowing organic labeling on products? Cadmium is just one of a long list of toxic heavy metals allowed in our food supply. Cadmium will stay in your body for 20 years and will cause premature kidney damage. Our food supply contains alarming levels of heavy metals such as cadmium, lead, mercury, arsenic and aluminum. The county of China is so polluted that it is not safe to eat anything from China, even if it is labeled "Organic."

Fluoride-based pesticide chemicals such as cryolite (sodium hexafluoroaluminate) are commonly used on non-organic food crops because they are highly effective at both killing pests and protecting crops against pest damage. Citrus fruits, it turns out, are allowed by law to be contaminated with up to 95 parts per million (ppm) of sodium aluminum fluoride, while potatoes are permitted to have up to 22 ppm on the outside skin, and two ppm on the inside flesh. Raisins are allowed to have 55 ppm of the chemical, while romaine lettuce can have up to 40 ppm.

But perhaps the worst offender is iceberg lettuce, which is allowed to have a whopping 180 ppm of sodium aluminum or 180 times the amount of fluoride typically added to municipal water supplies. Wheaties™, for instance, contains an average 10 ppm of fluoride, while Post Shredded Wheat™ contains 9.4 ppm. Conventional juices made using highly-fluoridated fruits such as grapes, apples, and cranberries also tend to test high for fluoride as well. It's also very sticky, so when they spray it, it's more likely to stick on your produce, unless you're really working at trying to remove it.

Remember, Fluoride is a poison!

Honors and Memorials

In memory of Pam Chandler's
Mother, Winifred Littlejohn.

With love from
Tara, Tim and Toby Boyce

In loving memory of Mack
(Mack's A Million)

Love,
Kristi Hartwig

In honor of my son,
Doug Stacker and his
August 8th birthday

From Mom

In honor of Lillian Morris' Birthday

By Kristen & Lillian Morris

In honor of Lillian
Morris' Birthday

By Sheila R. & Michael
McMahon

In honor of Lillian
Morris' Birthday

By Jenay & Andrew
Watry

In memory of Mom Ruth

By Jill L. & Charles

Messer

In honor of
Lillian Morris'
Birthday

By John & Anne
Morris

In honor of Lillian
Morris' Birthday

By Melodie M. Palmer

Queenie, you're always in
my heart!

By Dottie Rebhan

*In memory of Winnie
Littlejohn*

*By Pam & Steve
Chandler*

Happy Birthday, Pam!

By Carolyn J. Tice

A Special Thanks To Our Wonderful Contributors

Ann Marie & James Allison
Sybil P. Athey
Deborah Baker
Julia C. Bemis
Jane B. & John D. Billingsly
Teresa M. Bonk
Melanie M. Boone
Tara M. Boyce
Beverly Broadwell, DDS
David Brown
Joanne Bunch
Janell R. Cameron
Pam & Steve Carlton
Judith D. Cashwell
Pam & Steve Chandler
Alan B. Church
Pam S. Colle
Michelle O. Coton
Pam L. Currie
Sandra J. Dermer
Dianne Doub
Jodi Douthit
Rhonda & Amber Duncan
Janet & Lou Elmo
Janet A. Fields
Sandy Fisher
Donna Fresatore
Randi M. Gress

Sal & Gail Gualemi
Ann C. Harvey
Bev Hatfield
Brenda & Charles Hemperley
Dr. Leslie C. Henson
Brown Hobbie
James G. Hobbs
Carolyn Hurley
Sue T. Immen
Sarah Johnston
Mary Jurgel
Martin Kazanjian, Yorkmont
Group
Anne N. Kenny
Stephen & Mary Kicinski
Caroline Smith Kirsh
Deborah Knoblock
Gerry Layson
Judy & Mike LeGrett
Betty & Floyd Lentz
Katherine B., Lex & Lauren
Lofgren
Susan Lurz
A. Burton & Nancy Mackey, Jr.
Roberta A. McCardle
Sheila R. & Michael McMahan
Jennifer K. McNeill
Elaine & Mario Merida
Jill L. & Charles Messer

Norma & Jim Miller
John & Anne Morris
Kristen & Lillian Morris
Debbie O. Morris
Melodie M. Palmer
Paul Parker
Melissa Pletcher
Cheryl Powers
Dottie Rebhan
Michelle O. Rivers
Robert H. Schantz
Ingrid & Hans Seabrook
Gail M. & David Shinn
Glenda Sistare
Tacy K. Smith
Martha B. Stacker
Mary E. & David Stout
Marian L. Swinker
Judy L. Taylor
Carolyn J. Tice
Sandra E. Van Dyck
John Vinal
Jenay & Andrew Watry
Dr. Barbara G. White
Ann L. Whitworth
Susan L. Williams
Linda Yarrington

The HPS Officers



<u>President</u>	<i>Deborah Baker</i>	704-855-1267	de_bakre@yahoo.com
<u>Recording Secretary</u>	<i>Norma Miller</i>	704-542-6162	kz5nm@bellsouth.net
<u>Executive Director</u>	<i>Joanie Benson</i>	704-855-2978	hps@horseprotection.org
<u>Web Administration</u>	<i>Deborah Baker</i>	704-855-1267	de_bakre@yahoo.com
<u>Web Administration</u>	<i>Stephanie Mills</i>	704-560-9712	slmills@windstream.net
<u>Feeding Schedule</u>	<i>Joanie Benson</i>	704-855-2978	hps@horseprotection.org
<u>Medical Needs</u>	<i>Pam Currie</i>	704-859-4944	gaelic@carolina.rr.com
<u>Stallion to Gelding Support</u>	<i>Janet Elmo</i>	704-843-2380	stalliontogelding@gmail.com
<u>Riding Program Coordinator</u>	<i>Deborah Baker</i>	704-855-1267	de_bakre@yahoo.com
<u>Historian</u>	<i>Karole Northrup</i>	704-932-1726	knorthrup@windstream.net



Free Grocery Coupons and Help Feed the Rescued Horses

This is so easy and you get to feed your family for less and help to feed the starved horses too. Just go to : <http://www.commonkindness.com/> To the right is a “Find” block for nonprofits. Type in **Horse Protection Society of North Carolina Inc.** A page will come up for you to sign in under our name. Then, when you print coupons and use them at your local grocery store, a small percentage comes to HPS. Why spend more for groceries when you can save using coupons and donate at the same time? Thank you for helping.

Donation From:- _____ Phone# _____

Address _____

City _____ State _____ Zip _____ Email address _____

Please use my donation for: \$ _____ General Use , Angel Sponsor\$ _____

Angel Sponsor: \$20 for 1 month \$60 for 3 months \$120 for 6 months \$240 for 1 year

Whom would you like to receive your Honor, Memorial, or Angel Sponsor (please circle)?

Name: _____ Email Address _____ Phone _____

Address _____ City _____ State _____ Zip _____

Would you like the above recipient to receive "Over Herd" - Yes No

Your message for the newsletter:

**Any donation is appreciated. Please make your check payable to Horse Protection Society.

**For a \$25 or more donation, the named person can receive "Over Herd" for 1 year.

Mail completed form to:

Horse Protection Society, 2135 Miller Road, China Grove, NC 28023



October Newsletter Notice

Anyone who would like to have an Honor or Memorial placed for September newsletter needs to have the information to HPS by September 20th. We have to close the information for the newsletter by that date in order to have it to the printer in time for delivery the first of November.

Summer is here...