



INSPIRING BHARATHIYAR ASSOCIATION

Pertubuhan Inspirasi Bharathiyar

பாரதியார் எழுச்சி இயக்கம்

(PPM-017-07-21072017)

No. 9, Lorong Desa Juru 9, Taman Desa Juru, 14100, Simpang Ampat,
Pulau Pinang

CAMP REPORT

NYAANA OLI CAMP 2019

ENCOUNTERING CHALLENGES IN SECONDARY SCHOOL

ஞான ஒளி தன்முனைப்பு முகாம் 2019



Co-Organised By
PARENTS TEACHER ASSOVIATION SJKT EFFINGHAM

6TH-8TH DECEMBER 2019

SJKT EFFINGHAM, PETALING JAYA





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“Nourishing Young Minds”

“Man is Immortal”-Mahakavi Bharathi. Inspiring Bharathiyar Association (INBHA), a Non-Governmental Organisation (NGO) striving for a progressive Indian community in our nation aims to spread educational awareness to Indian community via character building programmes.

The Nyaana Oli Camp is a subtle and powerful concept by Inspiring Bharathiyar Association (INBHA) to improve and uplift the students who are going to venture on their secondary school life. This camp creates a platform for them to get sufficient amount of exposure towards the challenges and environment that they are going to confront in secondary school. There is a crucial need that they need to be enlightened on the substantial revolution and transformation our country is going through. They need to prepare themselves to confront the radical change creatively and critically. This resolution is to lay foundation and enlighten the participants on future environment and their roles to accommodate them in a constructive way. INBHA stands with the intention of imposing knowledge on diverse opportunities to explore and resistances and risks to confront in each and every young minds to shape dynamic, energetic and forceful youth assets on transforming the society and also country. Thus, this character building camp is one of the effective platform to inspire every youths to pursue their dream with circumstantial goal setting with intense modules.

INBHA aspires to mould *optimistic, progressive and flexible* young minds who have the competence to sustain the global change. With our prime purpose stated, this project aims to create a framework on the future opportunities, importance of information literacy and sustainability to uphold their aspirations. We also intend to mould the students to be successful in their profession, respected by the society and responsible for every individual. The evolution of soft skills and intrinsic motivation should lead them to create attainable life missions and visions. Hence, we take the responsibility to instil and foster ideal character and value via this camp which will guide them to decide their path.

It is completely clear that we aspire to witness a productive and escalating youths who can accept and adapt the transformation in our nation and also who is capable of advancing themselves with the opportunities around them. In conjunction with this INBHA has formulated specific and exquisite modules and programmes for this Nyaana Oli Camp especially for our participants. Education and Career Pathway, Optimum Living and Emotional Intelligence, Anti Bully and so on which forms an impact for them to withstand the new environment . Besides this intellectual modules, INBHA included specialised modules like Light of wisdom, Goal Setting and Unakkul Oruvan which comprises Neuro Linguistic Programme (NLP) which act as catalyst to mould the s as per our mission.

In a nutshell, we hope that the participants can acquire insight of the whole idea and content of the camp for the betterment of their future. We strongly believe that education is the strongest rival to promote progressive improvement in our community. “Arise, Awake Stop Not Until Your Goal is Reached”-Swami Vivekananda.



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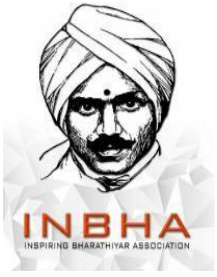
1.0 Introduction

The Nyaana Oli Camp on the theme stated; encountering challenges in secondary school is initiated by INBHA due to several reasons and demands. There is a greater amount of necessity to bring forth the ambience of both physical and virtual in secondary school and build up the students to confront in a striving and optimistic approach. INBHA believes that it is very crucial to educate the young minds with the opportunities they need to venture, the threads they need to encounter, the obstacles they should go through and the risks and danger they have in the society. Thus, this 3 days and 2 nights camp was a great eye opener for them in order to acquire themselves with adequate knowledge and to empower themselves. As the first of its kind, this camp turned out to achieve the objectives for 35 students from Kuala Lumpur region. The pillar of strength for this camp was SJKT Effingham's Parents Teacher Association. We received ample amount of support from the beginning of this program. The remarkable cooperation given by them by providing venue for free should be brought to the light.

Project Manager : Ms. Asshadwi
Assistant Project Manager : Ms. Puneswari
Secretary : Ms. Shamini

Speakers : Ms. Cecillia Mr. Harvinesh
Ms. Shalini Ms. Vithiya
Mr. Siva Ms. Asshadwi
Mr. Ganaprakash Ms. Puneswari
Mr. Arunan Giri Ms. Shamini
Mr. Paniirselvam

Facilitators : Ms. Kirtika
Ms. Yohana
Ms. Subashini



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2.0 Slots and Activities

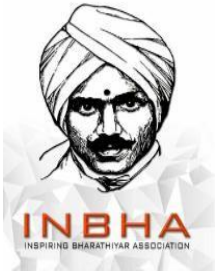
REGISTRATION & BRIEFING



ICE BREAKING & GROUPING

Since participants were from various schools ice breaking played a vital role for them to mingle around and get to know themselves. Besides, the games also engaged them to participate well and triggered their interest towards the camp. As they were put together with their new friends and the groups were named with university names. This also created a platform for them to get along with the facilitators as well.





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SELF IDENTITY

This slot emphasises the importance of knowing the self-identity and how to introduce them in a proper way. It also stresses on the significance of grabbing the entire opportunity given at a time.



INSTRUCTION GAME

The consequence of not following the instructions given is directly imposed on this slot. Participants are given a set of questions where they need to go through all the instructions given before they answer. The trick is only if they read all the instructions they would know that they should only answer one question. Thus, this slot foreground the necessity for them to follow instructions.

CAREER AND EDUCATION PATHWAY



Subject expert Mr.Sivaneswaran went extra mile by giving explicit guidance on drawing participants' interest to suitable work scopes. This slot is to impart on the importance of identifying the area importance for a better future. He also accentuate on the importance of education in every students' life. The speaker also bring forth the necessity for them to have certain important qualities to survive and achieve a professional position. The sense of including an aptitude test to identify future career options for the participants was the right stuff since it was actively engaging and assisted them to look for options based on their interest. The post explanation given was brief and descriptive.





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THE NEWS PRESENTATION & DISCUSSION



This slot is to bring forward the current issues in Malaysia and world and enlighten the participants about risks and dangers of the community. The main focus of this slot is to illuminate participants' on the threatening and risky occurrences which leads to their insecurity. Meanwhile, the participants also need to know what are the consequences of getting involved in unhealthy habits like gangsterism, vandalism, physical abuse, bully and other social ills. Each group was given a news and they need to explore it before presenting it in front of their friends and colleagues. After all the presentation, there was a conclusion session on highlighting the risks of the issues presented.



LIGHT OF WISDOM



This slot had two sessions. The first one was an outdoor activity where the participants need to go through a few obstacles and hurdles with their eyes, hands or leg tied accordingly. Participants should only use signals to transfer information among each other during the game. The challenging obstacles and the temporary physical disability made them to really struggle to complete 30 minutes journey. After the session, they were briefed on the challenges and obstacles their parents face every day to provide them adequate and comfortable livelihood. The participants were enlightened on their parents' struggle in providing basic facilities for them. Moreover, the countless reasons they give on not focusing in their studies were directly interrelated to the special needs' life. They could give thousands of reasons in order to stop continuing their life but they are still trying. The next session was sharing the NYAANA OLI.



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THE EXPENSES

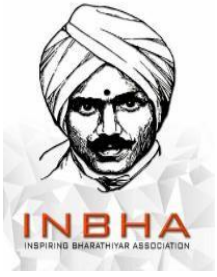
The name speaks all about it. The slot aims to expose the expenditure every parents do since the birth of a child until present day. The participants calculated the money their parents spent for them since they were born with the guidance of facilitators. This amount reflects the parents are investing solely for their each and every child for them to live a better life. The speaker then highlighted parents' sacrifice to bring up their kids to lead a better life.



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This slot motives to uplift participants' confidence level and to boost their mental strength. This slot started with an activity followed by briefing on sustaining our confidence level and also to avoid giving reasons. Each participant was given 5 cards and instructed to build tallest tower. The main idea is to put their cooperation into test. Most of the participants tried to build the tower by only using the given cards or only among their group members but they failed to realised that if they were to accumulate all the cards given they could build a tallest building. Team work is the essence of standing out for this activity. However, when the participants failed to follow the given instructions and to work as a team the speaker then put forth the consequences and briefed. The slot featured three main elements which is not to give up, give reasons, and not being selfish.





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ANTI BULLY

This mandatory and essential topic was covered and inculcated well by our speaker. Indeed it is a fact that everyone has the idea of bully but why it is still being experienced by the kids especially to a brutal extend? The answer is most of us do not realise we are bullying or being bullied by someone. This was best explained and laid out via this slot. The initiation of the slot by asking to write down how they can make fun of other group members followed by soliciting them to make the fun act was sturdy.

This is critical and higher order thinking skill game where participants are required to find their way out from the maze in a correct path set by the facilitators. They need to remember the path so that all the group members can finish the maze. This is to make them realise they have to find their path in life no matter what happens. This slot insist the participants to try and error all the possible pathways to finish the map. Since there is only one correct way to complete the maze, they need to be attentive to look for the options.

FIND YOUR WAYS-THE MAZE



When the path is correct, each step should be crossed carefully. Timing, presence of mind, team work, creativity are the fundamental elements to complete the maze as a group.



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SARITHIRA NAYAGAN

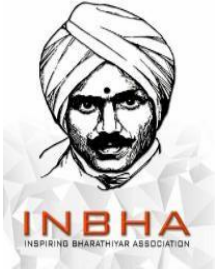


This slot brought the participants to a journey back to our great grandmother's livelihood. It recounts the kingdom, the wealth and the legacy built by ancestors and drives to a conclusion on the present day condition. Current environmental elements and events and the projection of their future status was highlighted in this slot.

UNAKKUL ORUVAN



The unique and special slot divided into two segments. The first portion was on the love and sacrifice of the parents towards their on child and their presence which make their life very meaningful. The second portion of this slot was on boosting and elevating the strength and confidence of the participants. This slot include some crucial songs. The main motive of this slot is to let the participants to explore and dwell their life and experiences emotionally and to take a decision.



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OPTIMUM LIVING AND EMOTIONAL INTELLIGENCE

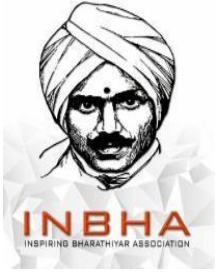


This slot comprises the significance of having emotional intelligence on each and every students' life to lead a balanced life. The speaker lay down the law to the participants that their emotional stability is the essence of success. He cultivated the behaviour of maintaining a successful life is the key by notifying two important phrases; 'manage' and 'damage'. The phrases were explained thoroughly and a simple manner so that the participants could grab the bottom line.

PARENTING

"It takes a greater amount to teach to teach." Our well-versed speaker made his stand clear that parenting is not about right practices it is all about daily experiences and how the parents make each experience to count. The parents were open to view how their kids really feel about them and their parents. This plays a vital role in moulding the kids to have emotional and creative intelligence. Parents need to step an extra mile to get to know their kids so that they feel they are being monitored in a right. This was enlightened to the parents in a substantial manner.





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GOAL SETTING

This slot brings the participants to a virtual journey to public universities and institutions. Then, the unique part is where the participants' photo was captured with the graduation attire and given to them in printed copies to set their life goal. It is INBHA's ultimate aim to impose the importance of having a professional background either in academics or technical. We strongly believe that education and knowledge has the capacity to change the fate of this community.



MY SOCIETY MY LOVE

Love is the essence of everything. This slot illustrates the amount love the people around have on the participants and what is the return gift.





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PARENTS TALK & NERUKKU NER

The parents talk encompassed on the issues that most of the participants are into and the importance of them to know this as parents. The speaker delivered vast range of opportunities and threats the students are going to go through for the few years and deduced that education is the key for the success. The session was very emotional when the trainer connected to their hardships and sacrifices they made for their children. The session ended with promises with self-realised participants which was very emotional.





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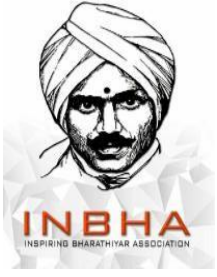
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3.0 Issues and Counselling Analysis

Generally, the issues were identified during counselling and also few slots. There were few serious issues and some general issues among most of the participants. The deliberate and severe issue was on **love and relationship**. We had to agree to the fact that this is common due to their age factor, however some of them involved physical relationship as well which is a trouble. The next issue **the lack and excessive sexual awareness** of the students. Sexual awareness which arouses them to try out different unnecessary things. Their age that triggers them to explore and venture on this issue. Meanwhile, those who lack in this field tend to fall into fake friends and strangers. The participants often face **emotional disruption** due to the pressure of academic, social and economic aspects. They feel that they are the only ones who face all these problems and make them to think about this more and more. This leads them to suppress their feelings and causes emotional instability. Using bad words among friends has become a norm for them. Meanwhile, the awareness on the importance of education and global transformation is very low.

4.0 Actions Taken

The first action was advising and creating awareness throughout the camp. We tried our best to include all the elements of the issues mentioned to make them realise that they are not in the right track. We told them how dangerous life could be and the negative consequences of getting into all the issues. We also advised them to not to get involved in any of the dangerous and risky social ills since it may affect their whole life and they may lose self-respect. Then, we also briefed their parents about their situation in general. We advised parents to keep up a good rapport and maintain a healthy communication so that the girls will not hesitate to share their feelings.



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5.0 Financial Implications

The expenses for this camp is as per the list below. Venue for this camp was provided by PIBG of SJKT Effingham.

Expenses	Amount
Food	RM 1,810.00
Camp Items	RM 475.00
Certificate	RM 100.00
Venue	Sponsored by Co-organiser
Facilitator transport claim	Sponsored by INBHA
Total	RM 2385



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6.0 RTM Coverage

Thank You RTM

The event was covered and telecasted and RTM TV2. Our participants had the opportunity to express their experience and knowledge they gained within the three days camp. Our speakers were also asked to specify the aim and the activities of the whole three days. **We would like to take this ground to show our gratitude and thank RTM for this wonderful opportunity.**

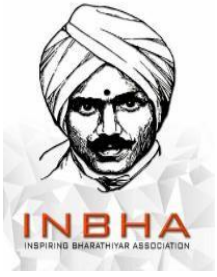


"I had the opportunity to illustrate the success pathway. The facilitators were really friendly and affectionate which made me to discuss and share my problems and challenges to them. I felt I had the right channel to confront my future plans with them. I will not be engaged any bad influences in my secondary school. My only aim is to become a graduate to make my parents proud"- K.Navinraj, SJKT Effingham

"I feel really to participate in this camp. I learned various things via this camp. I realised to draw out my life journey to become a successful person in the future. This camp also made me to comprehend my parents have done numerous sacrifices for me and I will make sure I will make them happy and proud one day by becoming a graduate. I manage to deduce my future career options based on my interests. I should never give up until I reach my goal and help others"- S.Taraagah Sastri, SJKT Kajang



"I learned the best gift I afford to repay all my parents' sacrifices is through becoming a graduate and to be successful. I should avoid being in negative situations like gangsterim and drug for a better future"- Venu, SJK Batu Caves



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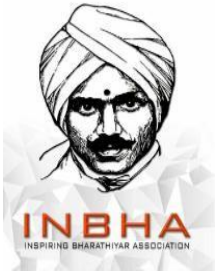
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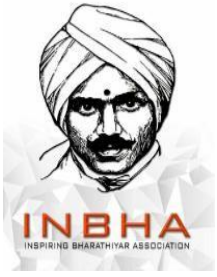
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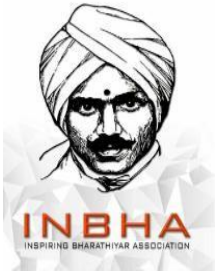
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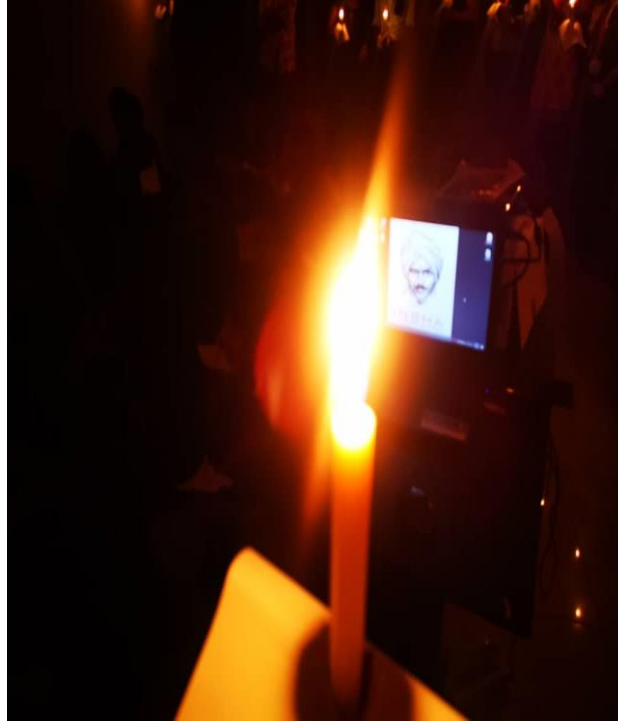
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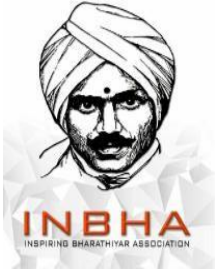
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"Live in the present and shape the future, do not be casting lingering looks to the distant past for the past has passed away, never again to return"- Subramanya Bharathi

"Arise, Awake Stop Not Until Your Goal is Reached"-
Swami Vivekananda.



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INBHA would like to acknowledge
generous act and show gratitude to

- SJKT Effingham Parents & Teachers Association
- Mr. Nadarajah, President EWRF Malaysia
- Mr. Elangovan, Chairman EWRF Kajang
- Mdm. Manimegalai, Head Mistress SJKT Effingham
- Mr. Annadurai, President, PIBG SJKT Effingham
- Mr. Nathan, Vice President, PIBG SJKT Effingham
- PIBG SJKT AMPANG