

# Family Life Center

## FYE25 Impact Report

### BOARD OF DIRECTORS

Mrs. Deborah Phillips - Chair  
Mrs. Pam Richardson - Vice-Chair  
Mrs. Pattie King - Treasurer  
Ms. Jane Mealy - Secretary  
Mr. David Atkinson  
Mr. Lance Blanchette  
Mr. Wes Flagler  
Dr. Kevin M. James, Sr.  
Mrs. Theresa Pontieri  
Mr. Agustin Rodriguez  
Mrs. Linda Russell  
Mrs. Debra Wingo

### FINANCIAL SUPPORTERS

Simply Amaing, Inc.  
Dr. Waingankar  
Grand Haven Women's Club  
Santa Maria Del Mar  
BJ's Wholesale  
Dr. and Mrs. Polliner  
Share the Good Creatives  
Mr. & Mrs. Snyder  
Ocean Hammock Community Outreach  
Mr. Royce

### Joan's Story From Fear to Freedom

When Joan arrived in Palm Coast one Sunday morning, she had nothing but the clothes on her back. She had just fled an abusive and dangerous relationship in North Carolina – driving 11 hours without sleep after a brutal beating. Exhausted and terrified, she turned to the Family Life Center for help.

“When I walked through their doors, I was broken,” Joan shared. “I hadn’t showered in a week and had no idea what to do next.”

Our advocate welcomed Joan with compassion – offering her clothing, pantry items, and the resources she needed to begin rebuilding her life. Joan joined our Women’s Support Group, where she found strength, understanding, and a safe place to heal.

“Being surrounded by women who understood made all the difference,” she said. “I learned to recognize red flags, value myself again, and believe that I could start over.” Today, Joan has her own apartment, a job, health insurance, and just celebrated six months of sobriety. Most importantly, she has hope.

“Family Life Center gave me back my confidence and my life,” she said. “Because of them, I’m safe, I’m healing, and I’m free.”

Your support makes stories like Joan’s possible. Every gift helps survivors find safety, stability, and the strength to start again. Thank you for 38 years of support, love & care!

 Dr. Trish



(386) 437-7747



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## ***In Loving Memory of Mrs. Linda Russell***

We pay heartfelt tribute to Mrs. Linda Russell, a beloved and devoted member of our Board of Directors from 2015 to 2025. Linda was the longest-serving board member in Family Life Center's history, faithfully serving in many roles, including Treasurer, Secretary, and Chair.

To know Linda was to love her. She brought warmth, humor, and compassion to every meeting — always prepared, always engaged, and never afraid to roll up her sleeves to get the job done. Her dedication to our mission and her kindness toward everyone she encountered left a lasting mark on our organization and our hearts.

We miss you deeply, Mrs. Linda — your light continues to shine through the work you helped build.



## DOMESTIC VIOLENCE PROGRAM SERVICES SNAPSHOT

SAFETY PLANS  
COMPLETED

**3,078**

HOTLINE CALLS

**434**

EMERGENCY  
SHELTER RESIDENTS

**107**

PROFESSIONAL  
TRAINING

**8/202**

## AGENCY PROGRAM SERVICES SNAPSHOT

INFORMATION &  
REFERRALS

**1,797**

CRISIS INTERVENTION  
HOURS

**6,494**

COMMUNITY EDUCATION

**227 / 2,564**

## SEXUAL VIOLENCE PROGRAM SERVICES SNAPSHOT

SUPPORT  
GROUPS

**45**

HELPLINE CALLS

**166**

FORENSIC EXAM  
ACCOMPANIMENTS

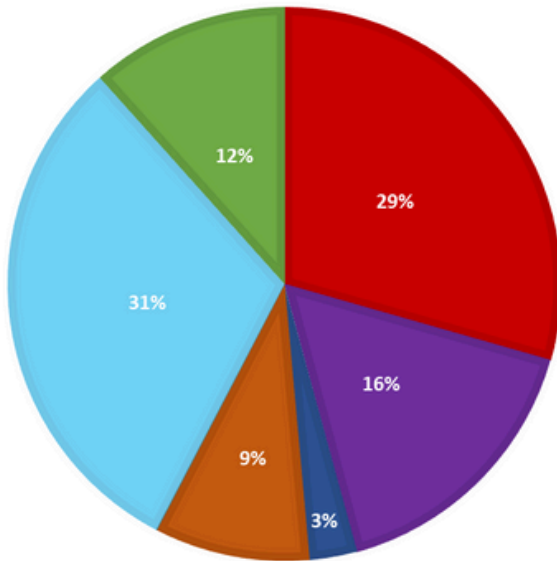
**99**

THERAPY

**125**

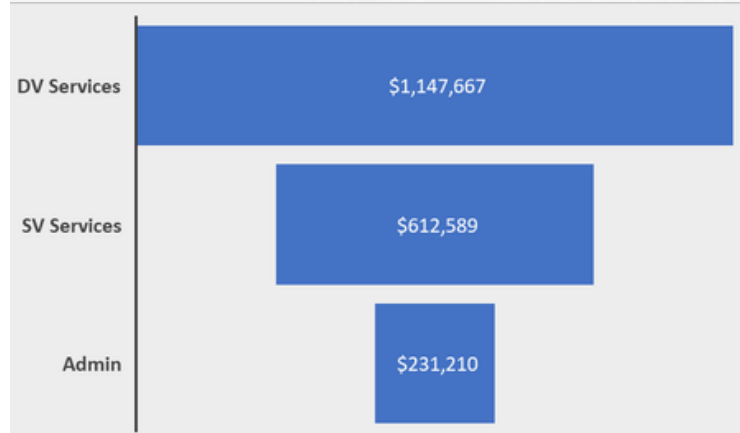
# Family Life Center

■ Emergency Shelter      ■ Domestic Violence Outreach Services  
■ DV-Child Welfare Project      ■ Injunction for Protection Project  
■ Sexual Assault Victim Empowerment      ■ Admin



## Functional Expenses

Provides donors, grantors, and the public with a clear view of how funds are being used and demonstrates a commitment to our mission.



## A Survivor's Strength & the Power of Advocacy

“When I first met her, she was terrified to speak out. The person who assaulted her wasn’t a stranger – he was her superior in the organization she worked for, one dedicated to helping Veterans heal. She loved her work deeply, but after the assault, she battled anxiety, PTSD, and self-doubt. She stopped chasing opportunities, afraid that someone would discover what had happened to her.

When she decided to face the truth and participate in an internal investigation, she asked me to stand beside her. Together, we prepared for her interview with a former FBI investigator. She was nervous – raised in a strict military family, she feared showing fear itself. I promised her she wouldn’t face it alone.

That day, she found her voice. Calm, steady, and courageous, she told her story – and was finally heard. Her perpetrator was removed from the agency, and she reclaimed her sense of safety and dignity. Today, she’s thriving – pursuing long delayed dreams and living with peace again.”

~ Family Life Center Advocate



SCAN HERE

**This is what your support makes possible.  
Every donation helps ensure survivors never have to face their  
healing journey alone.**



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## A Year in Photos

