## **BLADDER SYMPTOM**

## **DIARY**

Keep this diary accurately each day, for a least 3 days (If you can, make these 3 consecutive days).

Name	of	Pati	en	t:
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(Attach Patient Sticker)

Times Passed urine or times of any leakage Note types of drinks and amounts  (record total of the hours)  Passed urine or times of any leakage Note types of drinks and amounts (record total of the hours)  In the passed urge to go? The passed urge to go? Yes/No 2 = Moderate 3 = Heavy (record  I = Slight 2 = Moderate 3 = Heavy (record  I = Slight About when you uring About w	
Times Passed and amounts and amounts (record total of times of any leakage hours)  Note types of drinks and amounts (mL)  Feel the urge to go?  1 = Slight 2 = Moderate 3 = Heavy (record total of times of any leakage hours)  Times Note types of drinks our passed and amounts (mL)  Yes/No 2 = Moderate 2 = Moderate 3 = Heavy (record total of times of any leakage hours)  The pisodes of trinks (mL)  Yes/No 2 = Moderate 3 = Heavy (record total of times of any leakage (record total of times	
severe hand passed residual) I think the (drink/food	otes ate or leakage happened mments or similar: and put the key in the door out walking like I emptied e I got to the toilet d) might be irritating the

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☐ BASELII	NE 🗆	] EVALUATION	ON	START DAT	E:			CURRENT TH	HERAPY:
OAB					Retention				
Date & Times Passed urine or times of any leakage episodes	Fluid intake Note types of drinks and amounts (record total of drinks over 24 hours)	Amount of Urine passed (mL)	Did you feel the urge to go? Yes/No Urgency 1-10 (10 is severe urge)	Leakage Episodes 1 = Slight 2 = Moderate 3 = Heavy (record times in left hand column)	Pad Change	Bowel Function Check Record day/times when bowel motions passed	Urine Volume (mL) Passed naturally via urethra	Urine Volume (mL) Via catheter (i.e. Post void residual)	Notes  About when you urinate or leakage happened Examples of comments or similar:  When I arrived home and put the key in the door When I was out walking  Didn't feel like I emptied  Leaked before I got to the toilet  I think the (drink/food) might be irritating the bladder