



**TONY
HOFFMAN**

September 27 at 7 p.m.
Richard Montgomery High School Auditorium

Event is Free

**6-7 p.m. DHHS COPE Trailer and
Montgomery County Narcan Training**



"I share my story of going from all-star athlete to prison to the Olympics, my childhood struggles with suicidal ideation, anxiety and depression, the importance of balance in mental wellness and how trauma is a precursor to substance use. I explain how addiction works and the reformation of my life, including setting goals, developing healthy coping skills and how healthy friendships helped me reform my life."



For more information and a calendar of events,
visit www.rockvillemd.gov/rockvillegoespurple.

