

SPRINGBROOK



Visit MontgomeryGoesPurple.org
#SeptemberIsNationalRecoveryMonth
#PreventionIsAllDayEveryDay

FAMILY FORUM ON MENTAL HEALTH & SUBSTANCE USE PREVENTION

SPRINGBROOK HIGH SCHOOL
PRINCIPAL, STEPHANIE VALENTINE

FEBRUARY 24, 2024
8:30 AM – 12:00 PM

SPONSORED BY:
SPRINGBROOK HS PTSA

IN PARTNERSHIP WITH:
NATIONAL PTA: WALMART HEALTHY LIFESTYLES GRANT
MONTGOMERY COUNTY PUBLIC SCHOOLS
MONTGOMERY COUNTY DHHS
MONTGOMERY COUNTY POLICE DEPARTMENT
MONTGOMERY COUNTY COUNCIL OF PTAs
EVERYMIND OF MONTGOMERY COUNTY
YMCA BRIDGE TO WELLNESS



988 SUICIDE & CRISIS
LIFELINE

 988lifeline.org

Montgomery County Council of Parent-Teacher Associations

MCCPTA

everychild.onevoice.

PROGRAM

Welcome

9:00 a.m. Ms. Stephanie Valentine, Principal
Leslie West-Bushby, PTSA President

Greetings

9:05 a.m. Craig Kullmann
Cade's Uncle

9:10 a.m. Mrs. Laura Mitchell
Co-Founder, Montgomery Goes Purple
VP of Advocacy, MCCPTA
Dr. Rolando Santiago
Chief, Behavioral Health and Crisis Services

Transition to Support and Information Sessions

Pick up to four sessions listed on
the right that will run consecutively.

9:35 a.m. - 10:05 a.m.	Session 1
10:10 a.m. - 10:40 a.m.	Session 2
10:45 a.m. - 11:15 a.m.	Session 3
11:20 a.m. - 11:50 a.m.	Session 4
11:55 a.m.	Closing Remarks &
Auditorium	Narcan Distribution

Ongoing Programs

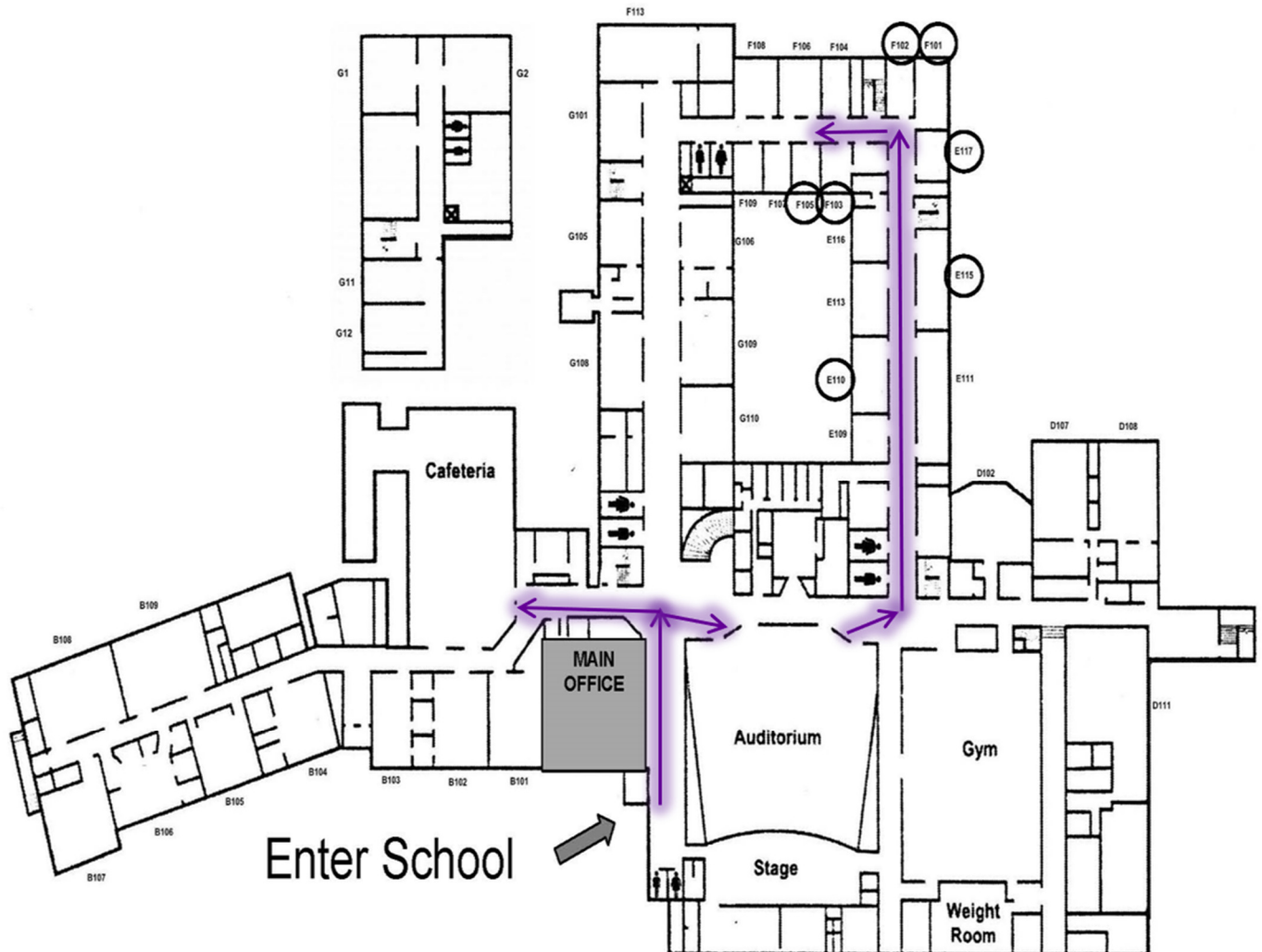
Resource Fair
Grab & Go Breakfast —Cafeteria

8:30 a.m.- **C.O.P.E. Trailer—Front of School**
12:00 p.m. **Narcan Training—Auditorium**

STI/HIV Prevention/ Consultation/ Testing—
Rooms F102 & F103



Room/Habitación				
E115	F105	E117	F103	E110
Suitable Audience/Audiencia Adecuada				
Students Estudiantes	Adults & Students Adultos y estudiantes	Adults Adultos	Adults & Students Adultos y estudiantes	Adults & Students Adultos y estudiantes
Starting Tough Conversations For Students	Acceso a recursos y servicios: consentimiento y derechos de los pacientes	Talking With Youth About Fentanyl & Other Substance Use	Opciones de tratamiento y manejo del dolor: qué saber y preguntar en una situación de urgencia o emergencia y sus derechos a una cobertura de seguro equitativa	Youth Mental Health: How to help in a crisis presentation signs & symptoms of common mental health challenges.
Iniciar conversaciones difíciles Para estudiantes	Access to Resources & Services: Consent & Patients' Rights	Hablar con los jóvenes sobre el uso de fentanilo y otras sustancias	Pain Management & Treatment Options: What to know and ask in an urgent or emergency situation and your rights to equal insurance coverage	Salud mental juvenil: Cómo ayudar en una crisis presentando signos y síntomas de problemas comunes de salud mental.
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Community Resources

If you or someone you know needs support now, call or text **988** or chat **988lifeline.org**



988
SUICIDE & CRISIS
LIFELINE

PEP22-08-03-001

If you or someone you know is suicidal or having any mental health emergency Call/Text/Chat 988 or:

Montgomery County Crisis Center

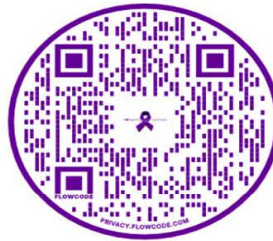
Open 24 hours, 365 days per year
Call 240-777-4000

Walk-in Services Available at:
1301 Piccard Dr., Rockville, MD 20850

YOU NARCAN™ SAVE LIVES
Get Trained & Carry Narcan!

POISON HeP
1-800-222-1222

MontgomeryGoesPurple.org
Youth & Family Resources



EveryMind.

Stronger Student - Mental Health & Wellness App



- » 988 Suicide & Crisis Lifeline
- » Rape, Abuse & Incest National Network (RAINN)
- » The Trevor Project
- » Be Well 365
- » MCPS Mental Health & Crisis Support
- » Depression and Bipolar Support Alliance
- » Our Minds Matter
- » Montgomery County Crisis Center
- » Society for the Prevention of Teen Suicide (SPTS)

