



GAITHERSBURG *Career Pathways*
HIGH SCHOOL

Maryland's Largest School District

MONTGOMERY COUNTY PUBLIC SCHOOLS

Expanding Opportunity and Unleashing Potential



Visit MontgomeryGoesPurple.org
#SeptemberIsNationalRecoveryMonth
#PreventionIsAllDayEveryDay

FAMILY FORUM ON MENTAL HEALTH & SUBSTANCE USE PREVENTION

**GAITHERSBURG HIGH SCHOOL
PRINCIPAL, BRITTANY T LOVE-CAMPBELL**

**MARCH 01, 2025
8:30 AM – 12:00 PM**

IN PARTNERSHIP WITH:

MONTGOMERY COUNTY PUBLIC SCHOOLS
MONTGOMERY COUNTY DHHS
MONTGOMERY COUNTY POLICE DEPARTMENT
MONTGOMERY COUNTY COUNCIL OF PTAs
EVERYMIND OF MONTGOMERY COUNTY
IDENTITY, INC

 **988**

988 SUICIDE & CRISIS
LIFELINE

 **988lifeline.org**

Montgomery County Council of Parent-Teacher Associations

MCCPTA
everychild.onevoice.

PROGRAM

Welcome

9:00 a.m. Dr. Thomas Taylor, MCPS Superintendent
Brittany T Love-Campbell, Principal (video)

Greetings

9:05 a.m. Julie Yang, President, Board of Education
9:15 a.m. Laura Mitchell
Co-Founder, Montgomery Goes Purple
VP of Administration, MCCPTA

Transition to Support and Information Sessions

PICK UP TO FOUR (4) SESSIONS

9:35 a.m. - 10:05 a.m.	Session 1
10:10 a.m. - 10:40 a.m.	Session 2
10:45 a.m. - 11:15 a.m.	Session 3
11:20 a.m. - 11:50 a.m.	Session 4
11:55 a.m.	Closing Remarks &
Auditorium	Narcan Distribution

Ongoing Programs

Resource Fair
Grab & Go Breakfast — Atrium

8:30 a.m.- **C.O.P.E. Trailer — Outside of Entrance Doors**

12:00 p.m. **Narcan Training — Auditorium**

STI/HIV Prevention/ Consultation/ Testing

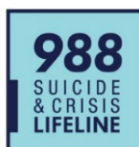


8:30 - 12:00	Resources Fair (Hallway) - Feria de Recursos (Pasillo)										
	STI/HIV Prevention/ Consultation/ Testing - Prevención de STI/VIH/ Consulta/ Pruebas										
	C.O.P.E. Trailer: A Hidden In Plain Sight Mock Teen Bedroom Experience - Adults (18+) Only (Outside The Auditorium Entrance) -										
	C.O.P.E. Trailer: Un simulacro de dormitorio adolescente oculto a plena vista Experience - Solo adultos (18+) (fuera de la entrada del auditorio) -										
Audience	ALL	ALL	ALL	ALL	STUDENTS	ALL	ALL	ALL	ALL	ALL	ALL
Session 1 9:35 - 10:05	Narcan Training and Distribution	Iniciar conversaciones difíciles *	Setting Boundaries	Recursos de Salud Mental y Abuso de Sustancias en el Condado de Montgomery	Mental Health & Substance Use: Overcoming To Be Our Best Self *	Seguridad de los medicamentos recetados y medicamentos para el tratamiento de la adicción	What Next? (What to expect in recovery.)	El ciclo de la adicción	What's Sleep Got To Do With It?	¡NUEVO! 988 Navegadores de Cuidado de Abuso de Sustancias en EveryMind	Identity's Substance Use Prevention & Intervention Program
Session 2 10:10 - 10:40	Capacitación y distribución de Narcan	Starting Tough Conversations *	Establecer límites	Mental Health and Substance Use Resources in Montgomery County	Salud Mental y Uso de Sustancias: Superación para Ser Lo Mejor de nosotros mismos *	Prescription Medication Safety and Medication for Addiction Treatment	¿Y ahora qué? (Qué esperar en la recuperación).	The Cycle of Addiction	¿Qué tiene que ver el sueño con esto?	NEW! 988 Substance Use Care Navigators at EveryMind	Programa de Prevención e Intervención de Uso de Sustancias de Identity
Session 3 10:45 - 11:15	Narcan Training and Distribution	Iniciar conversaciones difíciles *	Setting Boundaries	Recursos de Salud Mental y Abuso de Sustancias en el Condado de Montgomery	Mental Health & Substance Use: Overcoming To Be Our Best Self *	Seguridad de los medicamentos recetados y medicamentos para el tratamiento de la adicción	What Next? (What to expect in recovery.)	El ciclo de la adicción	What's Sleep Got To Do With It?	¡NUEVO! 988 Navegadores de Cuidado de Abuso de Sustancias en EveryMind	Identity's Substance Use Prevention & Intervention Program
Session 4 11:20 - 11:50	Capacitación y distribución de Narcan	Starting Tough Conversations *	Establecer límites	Mental Health and Substance Use Resources in Montgomery County	Salud Mental y Uso de Sustancias: Superación para Ser Lo Mejor de nosotros mismos *	Prescription Medication Safety and Medication for Addiction Treatment	¿Y ahora qué? (Qué esperar en la recuperación).	The Cycle of Addiction	¿Qué tiene que ver el sueño con esto?	NEW! 988 Substance Use Care Navigators at EveryMind	Programa de Prevención e Intervención del Uso de Sustancias de Identity
11:55	Narcan Distribution										

* Student led session * Sesión dirigida por el estudiante

Community Resources

If you or someone you know
needs support now,
call or text 988
or
chat 988lifeline.org



PEP22-08-03-001

**If you or someone you know is suicidal or having any
mental health emergency Call/Text/Chat 988 or:**

Montgomery County Crisis Center

Open 24 hours, 365 days per year

Call 240-777-4000

Walk-in Services Available at:

1301 Piccard Dr., Rockville, MD 20850

KNOW the RISKS
MC



MontgomeryGoesPurple.org



EveryMind.



**POISON
Help**
1-800-222-1222



**YOU
NARCAN
SAVE
LIVES**
Get Trained & Carry Narcan!

*everychild.one voice.®
cada niño. una voz.®*

DHHS
MONTGOMERY COUNTY
Department of Health
and Human Services

City of
Rockville
Get Into It

Identity 25



**African American
Health Program**

Stronger Student - Mental Health & Wellness App



- » 988 Suicide & Crisis Lifeline
- » Rape, Abuse & Incest National Network (RAINN)
- » The Trevor Project

- » Be Well 365
- » MCPS Mental Health & Crisis Support
- » Depression and Bipolar Support Alliance

- » Our Minds Matter
- » Montgomery County Crisis Center
- » Society for the Prevention of Teen Suicide (SPTS)

