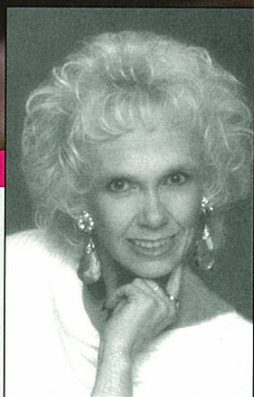


Hot flashes... Mood swings... Fatigue...
Irritability... you don't have to suffer any longer!

**Let me tell you about
the *Miracle* way
to feeling younger,
healthier, and joyful
about life again!**



Debbie Peeples, President
Healthy Woman

**Don't miss the
life-changing message
waiting for you inside...**

INSIDE:

- Chase away hot flashes and irritability...without the risks of drugs!.....Page 4
- Fight fatigue, boost energy!.....Page 8
- Boost up bone health — naturally!.....Page 4
- Improve skin tone and texture!.....Page 7
- Relieve joint aches and tenderness!.....Page 7

**PLUS... Receive up to
4 FREE Bonus Gifts...
one jar FREE...
AND FREE shipping!**

Details...Page 10



Noted researcher and women's health expert reports...

"The unpleasant symptoms of menopause are completely optional!"

Dear Friend,

Just when you thought your active, carefree life was lost forever...

Just when you thought you would never feel vibrant, energetic, and young again...

Then I'd like to share some incredible news. In fact, ***it may even change your life!***

Hello. My name is Debbie Peeples, president of Healthy Woman. Our family-owned company has helped nearly 30,000 women, their spouses, and even their children, live happier, healthier, and more active lives for more than 10 years.

Over the years, I've received hundreds of heart-wrenching letters and phone calls from women who struggled through mid-life health problems. They are ravaged by mood swings. Bleary-eyed from fatigue. Miserable from hot flashes. Aging far earlier than they would like. Their libido was nonexistent. And they were feeling emotionally out of control.

But, amazingly, some of these very same women made an incredible turnaround in a relatively short time. And they did it without resorting to risky drug therapies or expensive doctor visits!

How did they do it? With a natural secret that is, without doubt, one of the most remarkable natural breakthroughs for a woman's overall wellness I have ever seen. *One that works around the clock to help you feel young, vibrant, energetic, and joyful about life again!*

**Sound unbelievable?
It's actually quite simple...**

As a natural health researcher, I've seen how "nutritional medicines" worked miracles for thousands

of people. And I knew we had an amazing weapon that could help our customers win the war against the physical and emotional ravages caused by menopause, PMS, and dozens of other health conditions.

I'll tell you more about it in a minute. But first, let's take a look at why you're feeling this way — and most importantly, ***what you can do about it!***

You are not alone!

If you've ever struggled with hot flashes, night sweats, difficulty sleeping, crankiness, or mood swings — believe me, you are not alone!

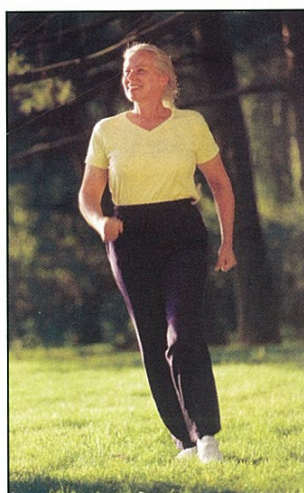
In fact, about 80% of American women experience some of these symptoms at some point during her life. What causes them? Hormones.

When we go through PMS or menopause, our estrogen and progesterone levels get out of whack. That's what causes night sweats, hot flashes, mood swings and other uncomfortable symptoms. You may have trouble sleeping through the night. You may even be prone to recurrences of acne and rosacea — even if you never had these problems before.

What's more, science has confirmed that many of the effects of aging are purely due to the body's dwindling supply of hormones. Our skin loses its glow and elasticity. The risk of heart problems, osteoporosis, and broken bones increases. Libido slows. And we're also more likely to develop uterine fibroids and fibrocystic breast disease.

Re-establish a balance of estrogen and progesterone, however, and many of these symptoms of "aging" will virtually disappear.

To ease discomfort, doctors used to recommend hormone replacement therapy. But now that's changing, and for very good reasons.



A large federal study of conventional hormone replacement therapy conducted by the *Women's Health Initiative* was abruptly halted 3 years early because scientists confirmed the drugs were causing increased risk of heart disease and breast cancer. They even went on to say that the risks of HRT far outweighed the benefits — and suggested women stop taking the drugs ***IMMEDIATELY!***

As a result, women now more than ever are seeking safe, natural alternatives for dealing with the aggravating, uncomfortable side effects associated with menopause.

That's when I asked our research team to develop one of the most effective, most cutting-edge alternative "treatments" for a woman's overall health that I've ever seen...

One that would help eliminate hot flashes, night sweats, and other annoying menopause symptoms... soothe aching muscles and joints...relieve irritability and excess worry...build up bone health...and even keep skin looking younger, smoother, and healthier.

The result is Miracle® Natural Progesterone Cream...

A proprietary blend of friendly plant estrogens, progesterone, and specific herbs shown to support healthy hormone balance — and alleviate dozens of other health concerns — safely and naturally!

Let me tell you about them now, starting with a

centuries-old herb that, many scientists claim, has the innate power to...

Soothe troublesome menopause symptoms...alleviate fatigue...and even ease discomfort naturally!

For thousands of years, women turned to herbs and plants from nature for solutions to menopause, PMS, and an array of other health concerns.

One of the most potent healers in their arsenal was Mexican Wild Yam. Its history of use spans back to the ancient civilizations of the Aztecs, who used it primarily for alleviating pain. Wild yam extract is often used today as a PMS remedy, and many patients using it have reported relief from menopause symptoms.

How does it do this? It seems that Wild Yam contains saponins — a substance that releases a progesterone-like hormone to help correct hormonal imbalances naturally.

Wild yam also possesses anti-inflammatory and muscle relaxing attributes, which account for its pain reducing properties. That's why so many women claim to experience relief from menstrual cramps, arthritis, and muscle pain while using it. Wild Yam also assists in the healing of micro-lesions and bruises. And it is, by far, nature's richest source of natural progesterone for gentle hormone balance.

Natural plant-based progesterone is the

over, please...

Miracle® Offers Blessed Relief for PMS and Menopause Symptoms!

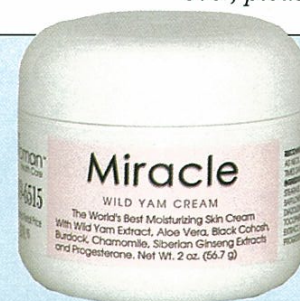
"I tried your miracle cream for three months and made the mistake of running out. As soon as I stopped using it, my terrible hot flashes and night sweats returned. They disappeared the minute I started using the cream again. This product is very well named...it sure helped me and I'd never be without it again!" — **M. Fort, WV**

"WOW, this is great stuff! I'm experiencing relief and sheer joy with Miracle natural progesterone cream. Not only is it a euphoria-like energy booster, but it also relieves breast tenderness, cramps, and that 'cranky' feeling every month." — **G. Ellwood, MI**

"I've lived with every known symptom of PMS from the time I was a child. I'm now 50 and absolutely nothing worked until I tried Miracle Natural Progesterone Cream. It's a miracle, a dream come true! I will never be without it." — **M. Barney, CA**

"I started on the cream and also took Vitamins E and C, as you suggested. My hot flashes are now gone. Another bonus is that my blood pressure is now a normal 110/70!" — **I. Ziemkowska, NJ**

"I was on estrogen and had major side effects like swelling, water retention, breast soreness. I gained so much weight that I went from a size 8 to a size 14! So I went off the estrogen and started on your cream. I love it! I use 1 jar every two weeks, and don't need any additional estrogen at all. I'm 73 years old and can still work out at the gym every day!" — **P. Handley, TX**



bio-identical to the body's own progesterone, and the precursor for the production of natural estrogen. That's why it can help ease uncomfortable menopause symptoms **without the risks and side effects associated with HRT.**

But natural progesterone also does so much more. It protects against fibrocysts, functions as a natural diuretic, acts as a natural anti-depressant, restores libido, normalizes blood clotting, boosts bone health, stimulates thyroid hormone action, and keeps breast tissues healthy.

Miracle® Cream with USPS Micronized Progesterone from Wild Yams supplies nature's richest source of natural progesterone — 10,000 micrograms. Even under heavy use, it gives you just the right daily dosage of progesterone, friendly plant estrogens, and herbs to help your body balance itself. If your body needs less progesterone, it simply washes it from the body.

Plus, you don't have to skip days of application with our low-dose Miracle® Cream. In fact, the more you use Miracle®...the better you'll feel...and the more effectively it will work for you.



"The Centuries-Old Botanical That Works Better than Drugs!"

Centuries before Columbus, Native Americans found that the wild white buttercup was remarkably effective for treating a wide variety of woman's conditions — including premenstrual syndrome, pregnancy-related pain, and even postpartum disorders. The root is especially potent and it's this root — called Black Cohosh — that is world-renowned today for reducing or even eliminating many menopause symptoms.

Many researchers now say that *black cohosh* may be just as effective as estrogen therapy in relieving



mood swings, alleviating water retention, and counteracting irritability — without damaging side effects. And that's why I added this powerful botanical to my **Miracle®** formula. What's more, it is safe and truly effective. The science proves it!

My Special Report, "*Relieving the Symptoms of PMS, Menopause, and Pain*" provides additional medical evidence regarding the ways

Miracle® can help ease symptoms and boost your overall health. It also provides interesting information about the environmental toxins around us that also contribute to our distress!

I'll send you this just-released Health Alert **FREE** with your order (*see page 10 for more details.*)

How Miracle® Helps You Bone Up on Bone Health

As we age, our estrogen levels decline and bone breakdown markedly increases. As a result, we become susceptible to osteoporosis, a disorder where progressive bone mass loss and demineralization of our bones increases our risk of fracture.

Standard medical treatment for bone loss is hormone replacement therapy, despite the potential dangers now associated with it. But while estrogen therapy may delay the breakdown in bone loss, it doesn't increase actual bone mass. Which means it doesn't solve the root of your problem.

Happily, new research shows there is now an effective, all-natural alternative.

Scientists recently learned that natural progesterone helps to stimulate osteoblast production — which means it slows down bone loss, like estrogen therapy does. But unlike HRT, natural progesterone *has the innate power to form new bone tissue!*

In a three year study of 63 post-menopausal women with osteoporosis, women using transdermal progesterone cream experienced an average bone density increase of almost 8% during year one, 5% during year two, and 4% in year three.

On the other hand, women who don't use progesterone cream typically lose 0.7% to 2.0% bone mineral density *each year!*

These results have not been found with any other form of hormone replacement therapy, prescription drug, or dietary supplement.

And to boost bone health even further, Miracle® delivers other bone-building nutrients like black cohosh and Vitamins E, B6, and B12.

With a balanced diet, extra calcium, healthy stress management, regular exercise — and a jar of Miracle® — you'll go a long way toward keeping your bones strong and healthy. Read more about progesterone and its role in bone health in *Defining Osteoporosis*, my new Special Report. See page 11 for details on how you can receive this Report — a \$12.95 value — FREE.

The Miracle® way to feeling emotionally in control

When our hormones are out of balance, our entire body is affected. That's why we're all so vulnerable to anxiety, irritability, "the blues", and even overeating. For some women, I think mood swings represent the most difficult and frustrating aspect of PMS and menopause. Weepy and depressed one minute, anxious and jittery the next. Cheerful and ecstatic after that. It's almost like some alien force has taken over your own body!

But menopause isn't the only thing that wreaks havoc on hormones and moods. Emotional upset can cause hormone imbalance as well. When you're under severe stress, adrenals work overtime, inducing high levels of a substance called cortisol. As a result, your natural supply of progesterone is diminished and, in many cases, your entire endocrine system becomes unbalanced.

Once again, Miracle® brings you hope in a jar.

According to research done by the Natural Progesterone Advisory Network, when women start rubbing progesterone cream on to their body, an interesting physiological reaction follows. In fact, more and more enlightened doctors are referring to progesterone as "the happy hormone". It seems to act like a natural antidepressant, helping to modulate and enhance your mood.

And in the book *Hormone Replacement Therapy, Yes or No?*, Dr. Betty Kamen states:

"Just about every woman can benefit from natural progesterone cream. Reports of improved well being with the use of transdermal natural progesterone are impressive. Women report less anxiety and depression, increased vitality, reduced sleep disturbances — and not to mention increased libido — are all benefits of a product over, please...

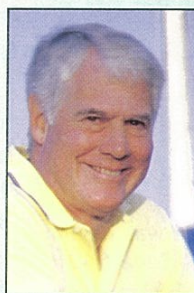
Miracle® Alleviates Body Aches and Joint Tenderness!

"Your amazing Miracle Cream is truly a Miracle in every sense of the word. I have arthritis all over my body and was in a great deal of pain. When the cream came, I immediately opened it up and rubbed it all over my aching body from head to toe. Within about 30 minutes I felt blessed relief which I had not felt in many, many years. I truly thank God for giving you the knowledge and calling to help others as you have truly helped me. I will try to never, ever be without this amazing product. Thank you so much!"

— Sarah S., GA

"I want to thank you so much for sending the miracle cream to me! It sure does what you said it would do. My neck and right shoulder were hurting, aching. I could hardly do simple household chores. I put some cream on, and it still hurt, so I kept reapplying 3 or 4 times. Then, I noticed my arm didn't hurt anymore! Let me once again thank you for this Miracle Cream — which indeed it is!" God Bless you All, — Betty

"My husband works a very physical job and I used the cream to help his back pain. It worked for him as I knew it would, because I had similar results when I suffered back pain from working in my garden." — E. Freyer, NY



"Seven years ago, I went to a doctor for physical therapy. The treatment was so quick, I didn't know what hit me. By the time I got home, my neck hurt so bad. For seven years, I suffered with very bad pain. In September of 2003, I started using the Miracle cream on my neck, behind my ears and on my shoulders. In two weeks, the pain in my neck greatly subsided. I had so many more good days than bad. I was so pleased with the results that this past February I started to use it on my knees for my arthritis. I am very grateful for what this cream has done for me!" — Agnes M, NM

"Both my husband and I have been using the cream since 1997 for our joint pain. George's knee pain is much better and it's helping me, too." — L. Witt, SC

"Hormones don't care if you're a man or a woman! Pain is pain. My husband can walk much better after using the cream on his sore muscles." — P. Kasha, IA



with a track record of total safety.”

Add this to a handful of herbs used for centuries to balance women's health — like the black cohosh, wild yam, and burdock root contained in Miracle® — and the effects of the natural progesterone cream become even more enhanced, says Dr. Kamen. This includes relieving headaches, soothing joint discomfort, breaking up of fatty tumors, and even reducing cysts and fibroids!

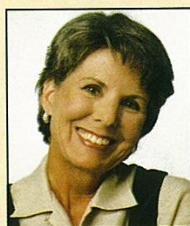
But let me make one thing perfectly clear. ***You don't have to be on the verge of menopause to benefit from Miracle Natural Progesterone Cream. In fact, it provides a myriad of health benefits for both men and women!***

Toxins in the environment can cause men to suffer from estrogen dominance as well...which can lead into a barrage of health problems. In fact, my just-released health alert, *The Miracle of Wild Yam for Men's Health*, documents the phenomenal benefits of the Wild Mexican Yam and natural progesterone for supporting prostate health, boosting libido and energy, and much more!

I'll send you this report, an \$11.95 value,

Miracle® is a Booster for Bone Health!

"I have osteoporosis. I was taking some medication for it, and then I received a letter about your miracle cream. My osteoporosis caused me to lose 2 inches and I actually had to look up to my daughter. Then, I started using the Miracle cream, every day, just like you said. Now I'm back to looking straight at her! Also, I don't have any pain anymore. I was having trouble walking. Now, I can walk anywhere I want. Thank God, Debbie, you made this cream. It is a Miracle!" — **E. Brown, AZ.**



"I decided to tell my doctor that I'm using the Miracle cream. He tested me, and told me I'm doing well. My osteoporosis has improved! So, my doctor told me to keep using the cream — it's obviously working, so don't change a thing!" — **S. Fournier, NC**

"I gave the Miracle cream to my mother because of her osteoporosis. She's used it since 2001 — and as of her evaluation of 7-18-02, her doctors told her the osteoporosis has improved. My mother and I make sure to use the cream every day!" — **F. Pucalski, IL**

as my thanks for ordering Miracle® within ten days. See page 11 for details...as well as more information about how you can try Miracle® at special savings — and even receive FREE shipping!

The Toxic Invaders That Affect Our Health And How Miracle® Stops Them in their Tracks

Our bodies are also under constant assault from toxic invaders in our environment — pesticides, food additives, pollution, and other poisons that are quite unfriendly to our health — especially our hormone health. Our bodies never had to deal with so many toxic invaders before. The most menacing aspect to all this is that the damage these chemicals cause easily goes undetected — remaining hidden in our bodies for decades!

Doctors call these endocrine-disrupting chemicals "xenoestrogens" — and they're dangerous because they mimic the effects of human estrogen. In the body, xenoestrogens react with endocrine glands, putting your natural hormone balance in complete disarray. The result is headaches, severe PMS, irritability, depression, skin allergies, even joint and muscle aches.

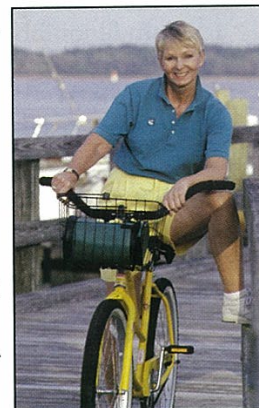
Xenoestrogens also have negative effects on the immune system. They can even affect the nervous system by passing through the blood-brain barrier, thus mucking up memory, behavior, and the ability to learn.

Xenoestrogens affect men's health, too, interfering with testosterone while possessing estrogen-like properties. So, what does this ultimately lead to? Lowered testosterone levels, increased estrogen levels, testicular cancer, and prostate cancer, just to name a few.

The good news is that we're not left undefended. Nature provides us with friendly plant nutrients and hormonal molecules that cleanse these harmful molecules from our bodies. Miracle® is nature's extra hormone supply at its best. It gently and safely balances your natural hormones, cleansing and filtering the toxic effects xenoestrogens have on our bodies.

Chronic Aches and Pains Alleviated!

Go to your doctor complaining of muscle and joint aches, and I'll bet he'll call it arthritis and prescribe non-steroidal anti-inflammatory drugs such as aspirin, ibuprofen, etc.



Please remember these drugs don't "cure" the damage done to your joints. They just mask the symptoms. Also, they can cause such serious gastrointestinal problems such as ulcers, internal bleeding, or worse!

But with the help of certain nutrients, you can help relieve and rebuild stiff muscles and joints. For example, natural progesterone — like the progesterone contained in Miracle® cream — has anti-inflammatory properties that the synthetic analogs do not have. Many, many people using natural progesterone cream report relief of chronic aches. Just rub the progesterone cream directly on the joint that hurts, and you may enjoy blessed relief without drugs and their dangerous side effects.

According to *The International Journal of Immunopharmacology*, Progesterone also influences beneficial immune responses — which means you can fight off sickness and disease more effectively.

Miracle® also contains two more herbal remedies prized for their soothing, anti-inflammatory properties. One is burdock root. Ancient healers used burdock root as a "blood purifier" to clear the bloodstream of toxins as well as treat painful joints. It also contains chamomile, an herb well-renowned for its remarkable anti-inflammatory and muscle-soothing qualities.

Thanks to Miracle, We're Acting Like Teenagers Again!

"I love this cream! I don't have any vaginal dryness anymore. It feels great to feel young and be sexually active again! Thanks so much!"

— V. Reed

"I tried another brand of cream and I felt worse instead of better! I felt very irritable, no libido, depressed and not myself at all. Then, I tried your cream. I felt great and it noticeably improved my libido! Thanks so much." — S. Ludlam

"I started using your product when my doctor took me off HRT. I love Miracle because it gives me the hormonal balance my body needs. I can tell the difference in my sexual feelings, my hot flashes and my skin."

— E. Parker



So if you have muscle aches, stiffness, or soreness, use the cream generously wherever it hurts — the more you use, the more benefits you'll feel. Use Miracle® every day like body lotion. And don't forget your face! Miracle® is the best facial moisturizer ever.

And while we're on the subject, let me tell you how Miracle® helps your skin appear....



...smoother, younger, and blemish-free!

When your hormones are unbalanced due to menopause or severe PMS, or when you're going through a period of stress, or when your immune system is low, the results appear on our skin. You may suffer from acne or rosacea when it wasn't a problem before. Or your skin looks dull, sluggish, and loses its elasticity. You notice fine lines and wrinkles where there weren't any before.

Happily, Mother Nature gives us so many wonderful gifts not only for our bodies, but for our skin. And Miracle® delivers some of the most powerful nutrients around to help it look and feel younger, smoother, and healthier.

I already spoke to you about burdock, which traditional herbalists have used to treat various skin problems like eczema and psoriasis. And chamomile, which acts like an anti-inflammatory to soothe and relieve skin irritations.

But Miracle® also includes safflower oil, to soothe minor skin irritations...almond oil, which feeds the skin with important vitamins and antioxidants like A, B1, B2, B6 and E while also relieving dryness...jojoba, which has been shown in some studies to effectively reduce superficial facial lines, soften the skin, and relieve skin allergies and irritations...and finally, Avocado Oil, which exhibits remarkable skin healing properties.



And here's an important message for teens,
over, please...

Receive up to 4 FREE Bonus Gifts — plus one jar FREE — AND FREE shipping! 7

or anyone else suffering with blemishes or skin outbreaks: dab Miracle® on your problem areas, and it will help keep your skin smooth and clear too!

Sunburn pain relieved!

I live in Las Vegas, where we're blessed with 300 days of sun a year. While I love our weather, it means we have to be very careful about overexposure to the sun!

Of course I never leave the house without applying sunscreen. But for those days when we get too much of a good thing, I always tell my customers to keep a jar of Miracle® handy.

You see, when you use Miracle® on sunburned skin, it soothes the pain and itching. Your skin also doesn't peel or dry out.

Why? It's simple. Along with the skin-soothing properties of chamomile and burdock, Miracle® Natural Progesterone Cream also contains Aloe Vera — nature's own "medicine" for burns and skin irritations. Aloe is also a natural moisturizer!

And for feeling "in the mood..."

Miracle® Natural Progesterone Cream can help you there, too!

Mainstream medicine has completely overlooked the role progesterone has on libido. Conventional wisdom states that estrogen is the primary sex drive hormone in women. However, libido is often significantly reduced when women are given synthetic estrogen during hormone replacement therapy — and returns only when progesterone is used.

In a recent article published by health-science.com, when you apply natural progesterone cream to the face, neck, arms, and fatty tissues of the body (like the abdomen, inner thighs, and breasts), sex drive seems to return. What's more, other symptoms — like vaginal dryness, water retention, even irregular periods — seem to wane as well.

Miracle® helps fight off fatigue, boost energy!

When you're tired or stressed...suffering with insomnia...irritable and moody...or just plain not feeling yourself...it's only natural that your immune system becomes compromised. You're more susceptible to catching a cold, or coming down with the flu. Energy and vitality disappears. It's almost like you spend each day in a fog.

That's why I knew Miracle® wouldn't be complete without Siberian Ginseng. This ancient herb is valued in Traditional Chinese Medicine for improving overall energy, stamina, and endurance. It also

Miracle is a miracle for sunburn and skin problems!

Last Sunday was the first real hot day of the year, so after getting through another harsh winter we couldn't wait to head to the beach. And boy, did my daughter and I get so sunburned! I remembered what you told me about how Miracle helps relieve sunburn pain, so when I got home I applied Miracle generously 3-4 times on my sunburned legs and face and my daughter put some on the back of her neck. Well, were you ever right! My sunburn still tingles, but the skin isn't blistered at all and it feels really smooth. Here it is five days later, and my skin isn't peeling at all — usually, my skin starts to peel immediately. I'm completely sold. Thanks so much! — **Donna D., NJ**

"My husband and I love MIRACLE for all our skin problems — from redness to dryness and even for sunburns! It works." — **L. Vaught, TN**

supports overall immune function, and even possesses estrogenic effects.

Today, Russian Olympic athletes use Siberian ginseng to increase their own stamina and endurance when they're ready to compete in the games. And if it worked so well for these amazing athletes, just imagine what it can do for you!

Isn't it time to make Miracles happen for you today?

Hippocrates, the Father of Medicine, said that "you are the best doctor you will ever find." Listen to your own needs on a daily basis and use the cream according to how you feel. In stressful times, I use more. And then when life calms down a bit, I use less.

Miracle Natural Progesterone Cream is the fastest, safest way to replenish your body's progesterone levels. It features Wild Yams, nature's richest source of natural progesterone for gentle hormone balance.

And it delivers just the right mix of nature's "medicines" in the amounts you need to look and feel your very best! It's highly effective for relieving hot flashes, PMS, cramps, hormone-related migraines, vaginal dryness, loss of libido and even prostate problems in men (yes, men!)

How to Get the Most from Miracle® Cream...

I recommend you start with two jars per month in the first 3-4 months. That's very important —

two jars a month will start the natural detox process and get you on the road to total health. Then, you can cut back to one jar a month.

Apply the cream generously twice a day to your 'soft skin regions', such as the neck, breasts, inner thighs, inner arms, etc. Miracle® is the only cream you'll ever need. Use Miracle like your favorite body lotion — and don't forget your face! It's the best facial moisturizer around. And remember, the more you use...the more benefits you'll feel.

How quickly will you see results? Everyone is different. While some people begin to notice the benefits within days, most experience definitive results after three months of daily use. But the best way to get the most out of Miracle® is to make it an essential part of your everyday health regimen.

People who use my cream — *and stick with it for the*

Miracle Ends Mood Swings and Irritability!

"I wanted to take a moment and let you know how happy I've been with your Miracle cream, and it HAS been a 'miracle' for me!

I'm 44 years old and at the peak of menopause. For about a year, I was feeling tired, irritable, depressed, and 'out of it' most of the time. I was making stupid mistakes at work with items I could normally process with my eyes closed. My doctor put me on different HRT medications and for me, the side effects from the medications were worse than the symptoms! I felt awful! My husband got a cassette tape about the miracle cream and I listened to it one night after feeling like I was at the absolute end of my rope.

I ordered the cream and received it a few days later. I used it for about 2 weeks when I started to notice the difference — and WHAT a difference! I woke up one morning feeling alert, HAPPY, energetic, relaxed, and less nervous about things. I honestly have more energy ... I wake up in the morning in a positive mood, ready to start my day. I'm more alert at work and stopped making all those absent-minded mistakes. I feel more self-confident because I'm not as uptight about everything. I don't have hot flashes anymore. I don't have the night sweats anymore. And I feel more like I did 5 years ago — way before I started this horrible ordeal called "menopause."

Thank you for this cream. I never plan on running out! — **Cindy M., PA**



long run — report the most remarkable changes: hot flashes recede, mood swings vanish, night sweats disappear, libido increases, sprains and wounds heal more quickly, and muscle aches diminish. Many also say they feel more energetic, mentally sharper, and sleep more soundly at night.

Don't make the mistake of using Miracle Natural Progesterone for just a few days or weeks and then giving up. Its gentle healing herbs need time to do their job, and you must have the patience to allow the rejuvenating process to begin.

But Don't Take My Word for It...Try Miracle® for Yourself!

A 2 oz. jar of Miracle® is only \$24.95. Or, for extra savings, you can try my brand-new 4 oz. economy size at the special Introductory price of \$42.95. (See the Special Savings Certificate on Page 11 to see how you can receive one bottle FREE... FREE shipping...plus up to 4 Bonus Gifts!)

Just compare the price of **Miracle®** to all the precious time and money wasted on doctor's visits, prescription drugs, and other so-called treatments that won't work — and may even give you dangerous side effects. Isn't \$24.95 just a pittance to pay for the opportunity to reclaim the health and vitality you thought was lost forever? Plus, Miracle® is safe. It's effective. And it's natural.

You deserve nothing less than to give this unrivalled cream a try on your body and your health. Be patient — give it a chance to work. And I guarantee you'll feel happier, healthier, sexier...and more back in control than ever!

Yours in good health,

Debbie Peeples
President
Healthy Woman

PS: Nearly 30,000 satisfied customers enjoy blessed, radiant health, thanks to my Miracle® cream. Don't you think it's time to join them?

See the enclosed Savings Certificate or call me call toll-free **1-800-339-6515** to see how you can try Miracle® at **special savings, save on shipping, PLUS get up to \$48.00 in FREE gifts!** But please act now — this offer is available for a limited time only!

Order Miracle® Today and Receive These FREE BONUS GIFTS!

FREE with every order! \$9.95 Value

Every Woman's Miracle: Natural Solutions for PMS, Menopause, Osteoporosis and Arthritis CD.

Must-have information for every woman! This FREE audiocassette features an interview with nutritionist, health expert and author Dr. Betty Kamen who discusses natural solutions for many of the health problems and conditions associated with a woman's overall health.

YOURS FREE!



Order two 2-oz jars or one 4-oz jar, and you'll also receive...

FREE GIFT #2! — \$12.95 Value!

Relieving the Symptoms of PMS, Menopause, and Pain.

You don't have to suffer from the symptoms of menopause and PMS! Nature has provided us with friendly plant estrogens, progesterone, and herbs that will help you live healthy, happy, and PMS-free. The simple facts in this report will show you how to get the relief you want while actually improving overall health.

YOURS FREE!

SPECIAL REPORT
Relieving the Symptoms of PMS, Menopause, and Pain

Go with our BEST DEAL ... and receive ONE JAR FREE, FREE SHIPPING, AND another FREE REPORT...

FREE GIFT #3! — \$12.95 Value!

Defining Osteoporosis

Osteoporosis isn't due just to low calcium or low estrogen. Discover how certain nutrients, herbs, simple exercises and other natural solutions can keep bones strong and healthy, no matter what your age!

YOURS FREE!

SPECIAL REPORT
Defining Osteoporosis

Place your order within 10 days and receive a QUICK REPLY BONUS!

FREE GIFT #4! — \$11.95 Value!

The Miracle of Wild Yam for Men's Health

Natural progesterone for men's health? The answer may surprise you! The phenomenal health benefits of the Wild Mexican Yam has been documented and validated for men as well as women! See how the Wild Mexican Yam can boost men's prostate health, libido, energy and more.

ANOTHER FREE GIFT!
If you respond within 10 days!

SPECIAL REPORT
The Miracle of Wild Yam for Men's Health

Your results with *Miracle Natural Progesterone Cream* will vary. The Food & Drug Administration has not evaluated the statements in this issue. This product is not meant to treat, cure, or prevent any disease. In order to maintain overall good health, it is important that you have a well-balanced diet, regular exercise, positive thinking, and regular check-ups by your physician. If you already suffer from an illness, please seek the help of a physician.

Call 1-800-339-6515 or mail this SPECIAL SAVINGS CERTIFICATE* today!

☒ **YES!** I can't wait to start feeling younger, healthier, and more radiant again!
Please RUSH Miracle Natural Progesterone Cream in the quantities I checked below:

☐ **BEST DEAL!** Rush me six 2 oz. jars of Miracle Natural Progesterone Cream, plus one additional jar FREE, and THREE FREE BONUS GIFTS:

"Every Woman's Miracle", "Relieving the Symptoms of PMS, Menopause, and Pain," and "Defining Osteoporosis".

Plus, I don't pay a penny in shipping! That's a combined value of \$217.45 for only \$149.70 – a total savings of \$67.95.



☐ **BETTER DEAL!** Send me two jars of Miracle Natural Progesterone Cream for \$24.95 each, plus \$6.95 shipping. I'll also receive TWO FREE BONUS GIFTS: "Every Woman's Miracle" and "Relieving the Symptoms of PMS, Menopause, and Pain." That's a combined value of \$79.75 for only \$56.85 – a total savings of \$22.90.

☐ **GREAT DEAL!** NEW ECONOMY SIZE — Save \$6.95! Please rush me one jar of Miracle cream in the new 4 oz. Economy Size for the introductory price of \$44.95, plus \$6.95 shipping. I save \$4.95 off the price of 2 – 2oz jars. I'll also receive TWO FREE BONUS GIFTS: "Every Woman's Miracle" and "Relieving the Symptoms of PMS, Menopause, and Pain." That's a combined value of \$70.85 for only \$51.90 – a total savings of \$20.95

☐ **TRY ME DEAL!** Send me one jar of Miracle Natural Progesterone Cream for \$24.95, plus \$6.95 shipping. I'll also receive ONE FREE BONUS GIFT: "Every Woman's Miracle." That's a combined value of \$41.85 for only \$31.90 – a total savings of \$9.95

☐ **QUICK REPLY BONUS:** I'm ordering within ten days so I can receive "The Miracle of Wild Yam for Men's Health" – an \$11.95 value – absolutely FREE!

METHOD OF PAYMENT:

☐ My check or money order for \$_____ is enclosed
(Make checks payable to Healthy Woman. NV resident)

☐ Please bill my credit card: ☐ MasterCard

Card No.

Exp. Date ____/____/____

Signature _____

Telephone _____

(In case we have a question about your order.)

This is an introductory offer only
prices have changed
call at 1-800-339-6515
or askdebbiev@aol.com

Questions? Concerns? We're here to help!



When it came to creating this company, we made it a company from the heart — a company that listens to customers. A family business with real people to help and serve you. That's why at At Debbie Peeples' Healthy Woman, your good health is the key to our success.

Our mission is to provide only the finest in personal, one-on-one service. If you are not satisfied for any reason, simply return any unopened jars to us and your money will be cheerfully refunded. And if you have any questions...concerns...or want to share your own Miracle story, please call me at 1-800-339-6515. I'd love to hear from you!

2 EASY WAYS TO ORDER:

- 1. By Mail:** Mail the Special Savings Certificate in a stamped envelope to:
Healthy Woman, 112 Beech St., Henderson, NV 89015-5204
- 2. By Phone:** For fastest service, call toll-free 1-800-339-6515, Monday through Saturday, 8am to 8pm PST

**REMEMBER, ACT WITHIN TEN DAYS
AND GET AN EXTRA FREE GIFT!**

"30,000 people have discovered the Miracle® way to glowing, radiant health. "Isn't it time you joined them?"

■ A Miracle for Menopause and PMS symptoms! Page 2



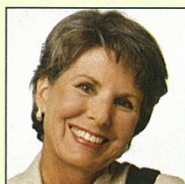
"I don't have hot flashes anymore. I don't have night sweats anymore. And I feel more like I did 5 years ago – way before I started this horrible ordeal called menopause. Thank you for this cream. I never plan on running out!" — *Cindy M., PA*

■ A Miracle for Aches and Tenderness!..... Page 6



"I have terrible arthritis, and I rubbed the cream all over my body from head to toe. Within about 30 minutes, I felt blessed relief which I had not felt in many, many years. I will never be without this amazing, powerful Miracle cream! You have truly helped me." — *Sarah S., GA*

■ A Miracle for Boosting Bone Health!..... Page 3



"I decided to tell my doctor that I'm using the Miracle cream. He tested me, and told me I'm doing well. My osteoporosis has improved! So, my doctor told me to keep using the cream — it's obviously working, so don't change a thing!"

— *S. Fournier, NC*

**PLUS... Receive Up to Four Bonus Gifts —
and FREE Shipping! (\$55.00 value) See Page 11!**



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