

My name is Bill Tafaro. I am a Licensed Associate Counselor (LAC) with Gilbert Counselors. I graduated with my Bachelors in Psychology and Masters in Clinical Mental Health Counseling from Argosy University in Phoenix. I have been working as a therapist for over five years, and have been in the behavioral health field for the past decade.

I have experience with a wide variety of populations, such as young children, toddlers, teenagers, adults, and the geriatric population. The wide range of issues and concerns I have experience with includes: couples and marital conflict, substance abuse, grief, mood and anxiety disorders and trauma.

I am a very down to earth individual and believe that when we change our thinking we can change our behaviors. I use my extensive training and education in various counseling modalities to help those seeking a better life experience. I am also a trauma therapist, trained in Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), and Eye movement Desensitization and Reprocessing (EMDR) Therapy.

As a therapist, I strive to create positive change in others' lives, but first and foremost, aiding in the realization that such a change is in fact, possible. I am deeply invested in the growth and happiness of those that I am privileged to serve.