

# Gilbert Counselors, LLC

## Professional Counseling Services

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[gilbertcounselors.com](http://gilbertcounselors.com)

### **Informed Consent for Treatment Addendum**

#### **Dyanna Eisel, MFT Intern Therapist**

I am a practicum intern level therapist completing a Master of Arts in Marriage and Family Therapy from North Central University. I'm under the direct supervision of Shelly Christy, LMFT. I specialize in couples therapy, marriage counseling, divorce, infertility, parenting, peer relationships, life transitions, and stress. Additionally, I specialize in family and human development. I seek to help clients accomplish their goals in a warm, safe environment. I facilitate growth through family systems approach, solution-focused therapy, and mindfulness-based therapy.