

# **Gilbert Counselors, LLC**

## **Professional Counseling Services**

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1425 W. Elliot Rd, Suite 201 \* Gilbert, AZ 85233 \*

GilbertCounselors.com

### **Informed Consent for Treatment Addendum**

**Evelyn Herrington, Intern**

My name is Evelyn Herrington, an Intern under Julia Spain. After completing an M.S. in Organizational Human Resource Development and Conflict Reconciliation with certificates in Advanced mediation and Divorce Mediation, I enrolled in Lubbock Christian University's M.S. in Clinical Mental Health Counseling program. My passion is to help families develop conflict resolution skills that leads to greater autonomy as well as healthy, loving, and safe attachments by honing listening and communication skills that deepen relationships through mindfulness, cognitive restructuring, emotion regulation, distress tolerance, and interpersonal effectiveness.

I understand how acute or chronic illness and disability affects family dynamics. With advanced training and experience in medical field, vocational rehabilitation, employment regulations, ADA, career planning and development and mediation, I can help families use conflict as a catalyst for growth and personal transformation. I can also use my expertise and training in divorce mediation to help parents create a parenting plan the court will honor.