

Gilbert Counselors, LLC

Professional Counseling Services

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GilbertCounselors.com

Informed Consent for Treatment Addendum

Warren Bodine, MC Resident

My name is Warren Bodine at Gilbert Counselors. I have a B.S. in Psychology from Ottawa University and a Master of Science in counseling from the University of Phoenix. I am committed to helping individuals meet their goals by exploring the connections between thoughts, emotions, behaviors, and their interactions within various environments. I assist with growth and change in my clients by teaching mindfulness, cognitive restructuring, emotion regulation, distress tolerance, and interpersonal effectiveness, as well as processing underlying trauma when needed. I currently provide counseling to individuals of all ages, couples, and families.