* Curriculum Vitae * **Darlene L. Jones, D.O.**

8210 Crestwood Heights Drive, #517, McLean, VA 22102 (813) 774-1848 * darlynjon@hotmail.com

PROFILE

Doctor of Osteopathic Medicine with over 25 years of direct patient care experience including 4 years of specialty research. Owner of Darlene L. Jones, DO, LLC, where I contract with a variety of medical organizations to provide patient care through the practice of physical medicine and rehabilitation based medical services as well as regenerative medicine and integrative and functional medicine .

EDUCATION

- ✓ **Doctor of Osteopathic Medicine**, Des Moines University, Des Moines, IA 1993
- ✓ Master's degree program coursework in Nutrition, Wayne State University, Detroit, MI
- ✓ Pre Med coursework, Wayne State University, Detroit, MI
- ✓ Bachelor of Arts degree in History, Fisk University, Nashville, TN

CERTIFICATIONS

- ✓ Board Certified Physical Medicine and Rehabilitation American Osteopathic Board Physical Medicine and Rehabilitation 2012
- ✓ **Board Certified Functional Medicine** Institute of Functional Medicine 2014
- ✓ **Board Eligible and Fellowship** trained in Pain Management (Pediatric, Adolescent, Adult, and Geriatric), University South Florida, Neurology Department, Tampa, Florida
- √ 7 months additional training in Hospice and Palliative Care (Pediatric, Adolescent, Adult, and Geriatric), University South Florida, Internal Medicine Department, Tampa, Florida
- ✓ **Board Eligible and Fellowship** trained in Integrative and Functional Medicine, University of Arizona, Arizona Center for Integrative Medicine, Tucson, Arizona
- ✓ **Fellowship** trained in Headache Management (Pediatric, Adolescent, Adult, and Geriatric), University South Florida, Neurology Department Tampa, Florida

AREAS OF EXPERTISE

Acute and Chronic Pain * Pain in Women
Wound Care traditional and with Functional and Integrative Medicine
Non-Interventional Pain – Diagnostic/Therapeutic Treatment
Botox Treatment for Aesthetics, Migraines, and Spasticity
Oncology Pain Management
IV treatment for pain and deficiencies

Myofascial and Musculoskeletal Pain Issues * Electrodiagnostics
Treatment of Headaches and Traumatic Brain Injuries

Integrative and Functional Medicine * Ultrasound Guided Injections in the process of getting certified with the Ultrasound Step Interventional Certificate Program offered by American Academy of Physical Medicine and Rehabilitation

Prolotherapy * Platelet Rich Plasma for joints, aesthetics and hair loss * Stem Cell
Replacement
Collaborator IMA Group
Collaborator MSK Joint Injection Clinic
Medical Director Aesthetic Clinic

Able to help decrease opioid prescribing approximately 50% while at Kaiser in Virginia

HONORS AND AWARDS

Presidential Scholarship, Medical School – 4 years Top Doctor Northern Virginia 2014 Top Doctor Northern Virginia 2015

WORK EXPERIENCE

Owner, Darlene L. Jones, DO, LLC

May 2017 - present

- Provide a vast array of medical services to medical facilities on a contract basis.
- Develop and negotiate contracts to ensure full mutual understanding of expectations and goals. Have carried out temporary contracts (locums) with the following organizations:
 - Roosevelt Warm Springs Rehabilitation Hospital, Warm Springs, GA provider
 - National Medical Rehabilitation, Fort Washington, Maryland-workers compensation
 - Prospira Pain Care, LLC, Orlando, Florida out patient pain management
 - Encompass Health, Tucson, Arizona Inpatient Rehabilitation
 - O Doctor's Hospital, Augusta, GA- Inpatient Rehabilitation
 - Covenant Medical Center, Saginaw, Michigan Inpatient Rehabilitation
 - Southeast Permanente Medical Group, Atlanta, GA Outpatient Pain Management and Spine Care
 - Flexogenix, Atlanta, GA Regenerative Medicine
 - o Medical Clinic of MD, Greenbelt, MD workers' compensation medical evaluations

Owner, Darlene L. Jones, DO, LLC

Jun 2014 - Oct 2018

Tucson Neurological Associates - parttime remote intraoperative monitoring

Darlene L. Jones CV - Page

Employee of Mid Atlantic Permanente Medical Group, McLean, VA - pain management, palliative and spine care.

Owner, Darlene L. Jones, DO, LLC

Apr 2010 - Jun 2014

- Christ Medical Clinic, Crystal River, FL physical medicine and rehabilitation/pain management.
- Winter Haven Hospital, Winter Haven, FL inpatient rehabilitation medicine and pain management.
- *Injury Center, Tampa, FL* Medical Director for Personal Injury.
- Havana Spine & Medical Clinic, Tampa, FL physical medicine and rehabilitation/pain management.
- Hess Spine and Medical Clinic, Tampa, FL personal injury **Jun 2008 Mar 2010**
- Boca East Pain Management Center, Boca Raton, FL outpatient PM&R Sept 2007 June 2008

Medical Missionary

Jul 2007 - Sept 2007

Provided medical services to individuals in Accrue, Ghana.

West Tennessee Rehabilitation Center, Jackson, TN - Inpatient Physical Medicine and Rehabilitation/Out Patient Pain Management Jun 2005 - Jun 2007

PART-TIME RESEARCH POSITIONS

Quest Diagnostic Research, St. Petersburg, FL	Nov 2004-May 2005
Phlebotomy Research, St. Joseph Hospital, Tampa, FL	Oct 2001 - May 2002
Orthopedic Injury Management Research, St. Petersburg, FL	Oct 2000 - Oct 2001

FULL-TIME RESEARCH POSITION

Cutaneous Oncology Research, Moffitt Cancer Center, Tampa, FL **Jul 1999 – Jun 2000**

OTHER RESEARCH - "Metabolic Effect of Repeated Weight Gain and Weight Loss"

Editor, "Spotlight," Association of Academic Physiatrists

1998 - 1999

CLINICAL TRIALS

- Co-Investigator, Imitrex Nasal Spray Adolescent Migraine, Tampa General Hospital-University of South Florida, Tampa, Florida
 2002-2003
- Co-Investigator, Farreston vs Tamoxifen, Moffitt Cancer Center, University of South Florida, Tampa, Florida
 1999 - 2000
- Co Investigator, Sunbelt Melanoma, Moffitt Cancer Center-University of South Florida,
 Tampa, Florida
 1999 2000

ABSTRACT – "Effects of Specific versus Nonspecific Physician Prescription on Physical Therapy Treatment and Outcome in Acute Low Back Pain," by Jones D, Middaugh S, Scudds R, McGill D and Rouvalis E

PRESENTATIONS

- ✓ Management of Chronic: A Primary Care Perspective and Chronic Daily Headache, Jackson Madison County General Hospital, Jackson, TN
- ✓ *Fibromyalgia*, Fibromyalgia Support Group, Jackson, TN
- ✓ Chronic Pain Management from Primary Care Perspective, University of South Florida, Tampa, FL
- ✓ Effects of Specific versus Nonspecific Physician Prescription on Physical Therapy Treatment and Outcome in Acute Low Back Pain\
- ✓ National Medical Association Annual Conference, Las Vegas, NV
- ✓ Association of Academic Psychiatrists Annual Conference, Orlando, FL
- ✓ Neurology Grand Rounds, University of South Florida, Tampa, FL
- ✓ Headaches: What a Pain!, Women's Health Series, Tampa General Healthcare, Tampa, FL
- ✓ Rehabilitation of Multiple Sclerosis, University of South Florida, Neurology Grand Rounds, Tampa, FL
- ✓ Anatomy of Shoulder and Anatomy of Lumbar Cervical Spine, Kinesiology Lecture, Medical University of South Carolina, Charleston, SC
- ✓ Gait Analysis and spasticity, Loyola Medical Center, Rehab Medicine Grand Rounds, Maywood, IL

AFFILIATIONS

- Facilitator, Institute of Functional Medicine Conferences
 – Presented Applying Functional Medicine in Clinical Practice
- Board Member, Chronic Pain Board, Mid Atlantic Permanente Medical Group
- Coordinator, Alliance for Individualized Mentoring, University of South Florida
- Member, American Osteopathic Association
- Member, American Osteopathic College of Physical Medicine and Rehabilitation Institute for Functional Medicine
- Lay Pastoral Ministry, Roman Catholic Church Diocese, St. Petersburg, FL
- Lay Minister, Diocese of St. Petersburg, FL

MEDICAL LICENSES

Florida license #OS 9634
Tennessee license #TN 1693 retired
Georgia license #66510
Michigan license #510101960
Virginia license #0102203843
South Carolina #774
Arizona license #006620
Maryland license #H81768
Washington DC license # 043273

Suboxone license #XJ4618065