

ADHD Medication Prescribing Policies

Your child has been prescribed medication for the treatment of ADHD. These medications come in two forms: stimulant and non-stimulant. The following are our practice's policies for managing and monitoring your child's medication, regardless of which family of medicine they are taking:

1. Your child must be seen in the office a minimum of every 6 months. One of these semi-annual visits will be your child's annual well child exam; the second type is called a med check appointment. These visits help us monitor your child's growth, development, and vital signs while on the medication. There may be times, especially when adjusting medications, when it will be necessary to see your child more frequently than every 6 months. These appointments will be scheduled as rechecks or follow-ups.

2. Stimulant medications are considered controlled substances by the Drug Enforcement Administration and are carefully monitored by the pharmacy as well as our practice. Prescriptions can be sent in electronically, or a hard copy can be provided (but not both).

3. Medication refills are requested by leaving a message on the prescription refill line or by using the patient portal. Refill requests are accepted during regular business hours only, Monday- Friday 7:30 am- 4:30 pm. No refills will be provided on nights, weekends, or holidays. Please plan accordingly and allow at least 48 hours to process refills. When calling for a refill, please provide your child's most current information including name, date of birth, medication name/dose, current pharmacy/location or which office to pick up paper copy. Please keep track of medications to avoid running out.

4. The number of pills your child has been prescribed is monitored by the pharmacy, our office, and your insurance company. Unless the insurance specifically says otherwise, stimulants can only be prescribed as a 30 day supply. We are unable to mark auto-refill on stimulant medications, but can provide additional refills for non-stimulants. Please keep all medications in a secure location. Medications should not be replaced if they are lost or stolen. Do not sell or share your child's medication. Do not give your child's medication to anyone else, including siblings. Do not increase or stop your child's medication without first consulting the prescribing physician. If any adjustments need to be made, please contact our office.

By agreeing to follow these guidelines you partner with us to treat your child in the most effective, safe, and efficient way possible.