



## **AYAHUASCA TOUR PROGRAM**

### **6 DAYS TO MORE**

- 1. Day 1** Departure from the city of Iquitos Asia to the hostel or rustic accommodation located on the Yarapa River in the middle of the Amazon jungle, 260 km from the city of Iquitos. Arrival at 1:30 p.m. to the accommodation or hostel to start your diet to prepare the body for the ayahuasca ceremony and take the ayahuasca. **TAKE 1 OF THE AYAHUASCA.**
- 2. Day 2** relaxation or meditation and preparation of ayahuasca then we move on to breakfast, the activities are flexible. And diet meals are made up of fruit, fish and vegetables.
- 3. Day 3** breakfast 8 a.m. and then we go on a walk through the jungle to learn about medicinal plants and then we return to have lunch. In the afternoon we rested a little to prepare for the ayahuasca ceremony at night. **2nd TAKING OF AYAHUASCA.**
- 4. Day 4** Breakfast, relaxation all morning after lunch we go to observe the pink and gray dolphins as well as bathe in the Ucayali or Yarapa river.
- 5. Day 5** in the morning, your respective breakfast and a walk through the jungle to collect medicinal plants for your plant tours. Relaxation for the ayahuasca ceremony at night. **3rd TAKING OF AYAHUASCA.**
- 6. Day 6** Breakfast, relaxation and rest. We have lunch and then return to the city of Iquitos. (If you want the service for more days, we continue with the diet and the kambo ceremony is roasted.)