

Time	Toddlers and Children – Learning and Caring Heads	Facilitators
8:00 - 9:00	<b>STEP-I: Greet and Meet times Time</b> <ul style="list-style-type: none"> <li>- Independent and peer plays with lifelong learning resources e.g. Building blocks, puzzles, sand box, home items, sorting, jigsaw -</li> <li>- Fine Motor Skills: threading beads, Lacing and pushing pegs into pegboards are essential for building fine motor control</li> </ul>	Ms. Fatima Ms. Nusrat Ms. Rukhsana
9:30 - 11:20	<b>STEP-II: Psychosocial Development in large and small groups</b> <ul style="list-style-type: none"> <li>- Sociability – learn to sit with others and learn peer pressure</li> <li>- Du’a o Tasbhee - comprehension</li> <li>- Rhymes - listen and speaking skills</li> <li>- General knowledge - comprehension skills</li> <li>- Science, technology, engineering, and mathematics (STEM)</li> <li>- Physical Development               <ul style="list-style-type: none"> <li>▪ Morning dance and freeze,</li> <li>▪ Alphabet Exercise</li> <li>▪ Plays with balls and running</li> <li>▪ Lunch break in age wise groups</li> </ul> </li> </ul>	Ms. Fatima Ms. Nusrat Ms. Rukhsana
11:40 - 1:30	<b>STEP-III: Cognitive Development</b> <ul style="list-style-type: none"> <li>- Number, letters and haroof tahaji (formation and comprehension skills)</li> <li>- Floor playing with favorite blocks and angles</li> <li>- Reading stories with shapes</li> <li>- Activities of integrated learning skills</li> <li>- Concrete Learning of letters and numbers trace letters in a sensory bin using dry rice, sand</li> <li>- Finger traces letters on sandpaper boards</li> <li>- Writing letter in the air</li> <li>- Trace and write the letter on notebook</li> </ul>	Ms. Fatima Ms. Sabrah Ms. Nusrat Ms. Rukhsana
01:30 - 02:00	<b>STEP-IV: Back to Home Time</b> <ul style="list-style-type: none"> <li>- Get ready and clear the desk</li> <li>- Playing, reading, or watching stories</li> <li>- Tidy up and ready to join mom &amp; dad</li> <li>- Go back to home</li> </ul>	Ms. Fatima Ms. Sabrah Ms. Nusrat Ms. Rukhsana
02:00 - 05:30	<b>STEP-V: After Noon General Learning with Care</b> <ul style="list-style-type: none"> <li>- Lunch / snacks</li> <li>- Rest and sleeping</li> <li>- Poo, pee and get fresh</li> <li>- Watch animated plays</li> <li>- Plays and Exercises</li> <li>- Tidy up and ready to join mom &amp; dad</li> <li>- Go back to home</li> </ul>	Ms. Fatima Ms. Nusrat Ms. Rukhsana