

Time	Toddlers and Children – Learning and Caring Heads	Facilitators
8:00 - 9:00	STEP-I: Greet and Meet times Time <ul style="list-style-type: none"> - Greetings: Practice common and traditional norms, - Independent and peer plays with blocks, puzzles, sand bags, home items, sorting, jigsaw - Fine Motor – Life Skills: lose and tight Laces, taking off shoe, keep pages in-place, 	Ms. Soma Kamal Ms. Nusrat
9:30 - 11:30	STEP-II: Psychosocial Development <ul style="list-style-type: none"> - Sociability – learn to sit with others - Du’a o Tasbhee - comprehension - Rhymes - listening and speaking skills - General knowledge - comprehension skills - Science, technology, engineering, and mathematics (STEM) - Physical Development <ul style="list-style-type: none"> ▪ Morning dance and freeze, ▪ Alphabet Exercise ▪ Plays with balls and running ▪ Lunch break in age wise groups 	Ms. Soma Kamal Ms. Rukhsana
11:40 - 1:30	STEP-III: Cognitive Development <ul style="list-style-type: none"> - Recap exercises of numbers, letters and haroof tahaji (formation and comprehension skills) - Thematic Learning <ul style="list-style-type: none"> ▪ Listen and Read stories with shapes ▪ Learning action verbs and digraphs ▪ Concrete Learning and plays with numbers ▪ Use of grammar e.g. a, an, the, on, in, under, is, was ▪ Calendar and time plays ▪ Practice to share personal thoughts and feeling ▪ Cambridge word list picture book ▪ Science, technology, engineering, and mathematics (STEM) 	Ms. Soma Kamal Ms. Rukhsana Ms. Gul
01:30 - 02:00	STEP-IV: Back to Home Time <ul style="list-style-type: none"> - Get ready and clear the desk - Playing or watching stories - Tidy up and ready to join mom & dad - Go back to home 	Ms. Soma Kamal Ms. Nusrat Ms. Gul
02:00 - 05:30	STEP-V: After Noon General Learning with Care <ul style="list-style-type: none"> - Lunch / snacks - Rest and sleeping - Poo, pee and get fresh - Watch animated plays - Plays and Exercises - Tidy up and ready to join mom & dad - Go back to home 	Ms. Soma Kamal Ms. Rukhsana Ms. Gul