

# Center of Lifelong Learning & Development

Cognitive Development: Language - English	أردد
Conversation	JKa
Q.1. What is your name?	مكالمه آپ كانام كياہے؟ آپ كى ابوجان كاكيانام ہے؟ آپ كى ابى جان كاكيانام ہے؟ آپ كالپنديده موسم كونسا ہے؟ آپ كالپنديده رنگ كونسا ہے؟
Q.2. What is your father's name?	اپکانام لیائے؟
Q.3. What is your mother's name?	آپ کی ابو جان کا کیانام ہے؟
Q.4. What is your school's name?	آپ کی ائی جان کا کہانام ہے؟
Q.5. What is your teacher's name?	
Q.6. What is your favorite Color?	اپ کا پیندیده موسم کونساہے؟
	آپ کا پہندیدہ رنگ کونساہے؟
Stories	<u>کہا ٹیاں</u>
Hungry Cater pillar	<u> </u>
Brown Bear brown bear what do you see	الكير
We are Going on a Bear Hunt	ا گڑیا
From Head to toe	
Spots Baby Sister	ز بین کے اندر ن کا نقطہ
Walking through the Jungle	ا ن كانقط
Chicka chicka boom boom	
We are going on Dragon Hunt	
My non	
Little red hen	
Hazrat Muhammad and unkind women	

## Cognitive Development - (learning, thinking, numeracy, problem-solving skills)

- Concrete Puzzles animals, birds, trees etc.
- Comparisons large, larger largest, long, longer longest, big, bigger, biggest, thin, thinner, thinnest, tall taller, tallest etc.
- Shapes.
- Series and sequences of objects, numbers and patterns
- Sorting colors, sizes, and other simple properties tec.
- Revise pre-math concepts:-Same- difference, big-small, tallshort, More-less, Heavy-light, Full-empty, In-out, Thick-thin, Right-left, Front-back, Top-bottom

### **Psychosocial Development**

- Tasimiya (Bismillah) with Urdu & English translation (شروع اللَّه کے نام سے جو بڑا مہر بان اور رحم والا ہے) (In the name of Allah the most beneficent and merciful)
- How many Kalimas we have? Ans. We have 6 Kalimas
- First Kalima: Tayyab (Purity) with Urdu & English translation لَا اللّٰهُ مُتَحَمَّدُ رَّسُوْلُ اللّٰهِ عَالِي اللّٰهُ مُتَحَمَّدُ وَسُولُ اللّٰهِ عَلَى اللّٰهِ اللهِ اللهُ اللهُ اللهُ اللهُ اللهُ اللهُ اللهُ اللهِ اللهِ اللهُ الله
- Second Kalima: Shahadat (Testimony)

اَشْهَدُانْ لَا ۚ إِلَّهَ اللَّهُ وَحْدَهُ لَا شَرِيْكَ لَهُ وَ اَشْهَدُ اَنَّ مُحَمَّدًا . عَبْدُهُ وَرَسُوْلُهُ ۖ

میں گواہی دیتاہوں کہ اللہ کہ سواکوئی معبود خہیں، وہ اکیلاہے ، اُس کا کوئی شریک خہیں، اور میں گواہی دیتاہوں کہ بیشک مُحمد مَثَاتَا فَيْمَا اُس کے

ندے اور رسول ہیں

- سورة الفاتحة (مکی کل آیات 6) زبانی یاد کروانا۔
- علم میں اضافے کی قرآنی دعاتر جے کے ساتھ زبانی یاد کرنا
   رَبِّ زِدْنی عِلْاً اے میرے یرورد گارمیر اعلم میں اضافہ فرما
  - کھانا کھانے کی دُعااور اُس کا ترجُمہ۔

بِهُمِ اللَّهِ وَعَلَى بَرَكَةِ اللَّهِ مَ مِن فالله كانام الله كابركت سے كھاناشروع كيا۔



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Q.1. Who made us?	A. Allah made us.	
Q.2. Who are we?	A. We are Muslims	
Q.3. Where is Allah?	A. Allah is everywhere.	
Q.4. What is the name of our Holly book?	A. Quran Majeed	
Q.5. What is the name of our Holly Prophet?	A. Hazrat Muhammad(PBUH)	
Q.6. What should we say before doing anything?	e say before doing anything? A. Bismillah	
Q.7. What should we say while going up stairs?	A. Allah –u-Akber	

Q.9. What should we say before taking our launch? A. Bismilla-ir-Rehman-ir-Raheem

### Country

Q.1. What is the name of our country?

A. Pakistan

Q.2. Who is the founder of Pakistan?

A. Quaid-e-Azam

Q.8. What should we say while going downstairs?

Q.3. How many colors in our flag?

A. There are two color in our flag. (White & Green)\

Q.4. Tell the name the provinces of Pakistan?

A. Karachi, Baluchistan, Punjab, KPK, GB

#### Calendar

Q.1. How many days in a week?

A. There are seven days in week.

Q.2. What are their names? A. Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday

A. Subhan Allah

Q.3. How many months in a year? A. There are twelve months in a year.

Q.4. What are their names?

A. January, February, March, April, May, June, July, August,

September, November, December.

Q.5. How many seasons are there in a year? A. There are four seasons in a year.

Q.6. What are their names? A. Spring, Summer, Autumn and Winter.

#### **Our Helpers**

Q.3. Who cuts and dress our hair?  Q.4. Who treat us when we are sick?  Q.5. Who care us when we sick?  A. Doctor  A. Nurse	Q.1. Who teach us?	A. Teacher
Q.4. Who treat us when we are sick?  Q.5. Who care us when we sick?  A. Doctor A. Nurse Q.6. Who help us to come to school?  A. Driver	Q.2. Who mend our Shoes?	A. Cobbler
Q.5. Who care us when we sick?  A. Nurse Q.6. Who help us to come to school?  A. Driver	Q.3. Who cuts and dress our hair?	A. Barber
Q.6. Who help us to come to school? A. Driver	Q.4. Who treat us when we are sick?	A. Doctor
·	Q.5. Who care us when we sick?	A. Nurse
Q.7. Who care and give us lunch in school? A. Annti	Q.6. Who help us to come to school?	A. Driver
	Q.7. Who care and give us lunch in school?	A. Annti

### **Physical Development / Fine motor Skills**

- Using of scissors, cut and paste
- Refine visual discrimination and Line cutting, shape cutting, line tracing, Shape matching, Numbers tracing, Dot to dot etc.
- Hops and stands on one foot up to 2 seconds
- Catches a bounced ball most of the time
- Pours, cuts with supervision, and mashes own food
- Take part in group and peer exercises
- Accept challenges and follow rules in the games
- Runs around obstacles
- Get stand on one foot
- Demonstrate eye body coordination while throwing balls

- Walks back with control of body
- Refine eye-hands coordination
- Increase balancing skills
- Refine sensory abilities
- Zip and un zip the shirts,
- Tie shoe laces and other locks
- Hands wash in practice
- Demonstrate healthy eating habits, washing hands, eating healthy food etc.
- Complete immunization course