



## SUMMER LEARNING

**Tah Takuchi ECD – Infants & Toddlers Nurturing Care Program**

**At Tah Takuchi ECD, Infants & Toddlers Nurturing Care Program is designed to support infants and toddlers through nurturing care, responsive relationships, and play-based learning experiences. By providing a safe, loving, and stimulating environment, we promote children's physical, cognitive, language, social-emotional, and creative development while encouraging them to Play, Explore, Learn, and Grow with confidence and joy**

**Name of Child:** \_\_\_\_\_ **Age** \_\_\_\_\_

## Summer Learning Program for Infants and Toddlers

### Dear Parents, Greetings of the Day!

We warmly encourage you to spend good quality, joyful moments each day playing and learning with your child during this summer break. Engaging in fun and interactive activities together not only strengthens your bond but also lays a strong foundation for your child's growth and development.

These activities are designed to support your child in reaching important milestones outlined in the Tah Takuchi Early Childhood Development framework. However, please feel free to go beyond this list. Explore new and exciting ways to stimulate your child's curiosity, creativity, and well-being.

By making learning a joyful daily habit, you are nurturing your child's lifelong love for learning and helping them build the skills they need to thrive.

Complete one activity every day and share a photo, drawing, or short reflection with us at the Tah Takuchi WhatsApp Group.

Remember, the goal is not perfection but joyful moments of Play, Explore, Learn, and Grow together as a family. Therefore please, enjoy this special time with your little one, and watch them blossom into their best self!

With warm regards,

Learning Team

Tah Takuchi ECD

### Learning Themes and Milestones

Learning Themes	Milestones
<b>Psychosocial Development</b> Foundation of Social, Moral, and Emotions	<ul style="list-style-type: none"> <li>- Points to show others something interesting</li> <li>- Explores alone but with presence of parent/learning facilitators</li> <li>- Select any favorite toy and play her/himself</li> </ul>
<b>Cognitive Development</b> Foundations of communication and literacy of English and Urdu Language	<ul style="list-style-type: none"> <li>- Repeats words overheard in conversation</li> <li>- Points to things in a book</li> <li>- Plays with sand and water</li> <li>- Hold board markers and follow lines on paper</li> </ul>
<b>Cognitive Development</b> Foundations of Mathematics, Science and Art	<ul style="list-style-type: none"> <li>- Finds things even when hidden under two or three covers</li> <li>- Plays simple make-believe games</li> <li>- Knows simple shapes and lines</li> </ul>
<b>Physical Development</b> Foundations of Nutrition, Health and Hygiene	<ul style="list-style-type: none"> <li>- Walks up and down stairs holding on</li> <li>- Throws ball overhand</li> <li>- Makes or copies straight lines and circles</li> </ul>

## Learning Activities and Recording

Proposed Activities	Date and Parent Notes on Learning
<p><b>1. Social Skills Activities</b></p> <ul style="list-style-type: none"> <li>– Recite "Bismillah" before beginning any activity with your child such as: Playing, Drawing, Writing, Eating, Learning, Sleeping,</li> <li>– Offer regular prayers with your child</li> <li>– Help your child to recite "<b>Rabbi Zidni 'Ilma</b>" (رَبِّ زِدْنِي عِلْمًا) "<i>My Lord, increase me in knowledge.</i>" (Qur'an 20:114) " Du'a before Learning or Writing</li> <li>– Practice to say "<b>Alhamdulillah</b>" after finishing a meal and any other task with your child.</li> <li>– Greeting others by saying Assalamu Alaikum, Wa Alaikum Assalam, Hello and Goodbye.</li> <li>– Use please, thank you, sorry and excuse me etc. in daily talk.</li> <li>– Talk about feelings: happy, sad, sleepy, and excited with your child</li> </ul>	
<p><b>2. Enjoy by doing these Creative Activities with your child</b></p> <ul style="list-style-type: none"> <li>– Finger painting with different water colors.</li> <li>– Draw and scribble freely with crayons on the given sheet or use plan paper</li> <li>– Play with playdough and create simple shapes.</li> <li>– Encourage to play with mud and water</li> </ul>	
<p><b>3. Literacy Activities (English and Urdu)</b></p> <ul style="list-style-type: none"> <li>– Name pictures in books (apple, ball, cat, sun).</li> <li>– Sing nursery rhymes together.</li> <li>– Listen to a short story every day.</li> <li>– Practice simple words such as Mama, Papa, Baby, and Thank You.</li> </ul>	

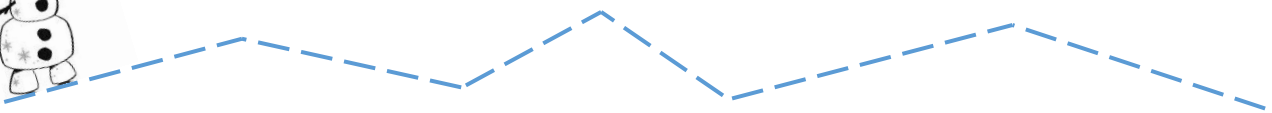
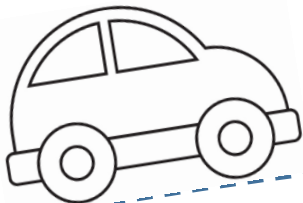
<b>4. Numeracy Activities</b>	
<ul style="list-style-type: none"> <li>– Count toys from 1 to 10.</li> <li>– Sort objects by color and size.</li> <li>– Defecate big and small objects.</li> <li>– Find circles, squares, and triangles around the house and village / town</li> <li>– Draw a circle, square, and triangle on the ground, then have your child run around the yard to find rocks, leaves, or twigs to fill each shape.</li> </ul>	
<b>5. Nature Art Adventure</b>	
Collect leaves, flowers, twigs, and pebbles during a family walk and create a nature collage together.	
<b>6. Water Play Fun</b>	
Fill a tub with water, cups, spoons, and floating toys. Let children pour, splash, and explore under adult supervision.	
<b>7. Family Story Time</b>	
Read picture books daily and encourage children to point, name objects, and imitate sounds.	
<b>8. Music and Dance Party</b>	
Play children's songs and dance together preferably the cultural music and dance. Use homemade instruments such as containers filled with rice or beans.	
<b>9. Little Gardener</b>	
Help children water plants, touch soil, and observe flowers and insects. Encourage child to play and enjoy the local animal e.g. sheep, cow, goats etc.	
<b>10. Bubble Chase</b>	
Blow bubbles and encourage children to run, pop, and count them.	

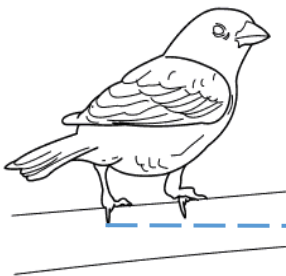
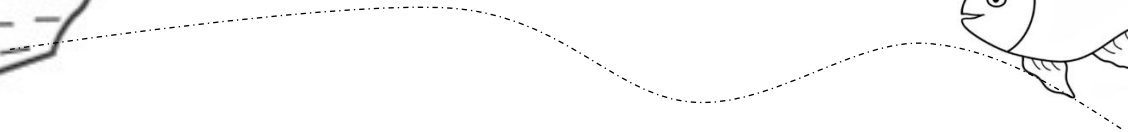
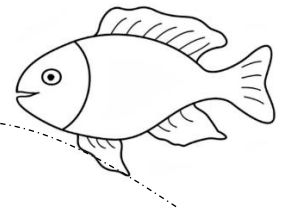
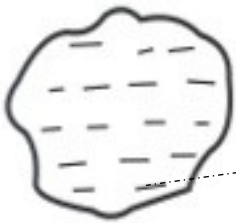
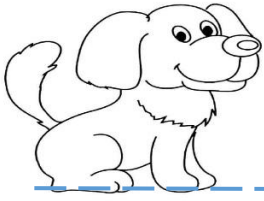
<b>11. Big Paper Scribble Art</b>	
Spread large sheets of paper on the floor and let children freely draw with crayons.	
<b>12. Pillow Obstacle Course</b>	
Create a safe indoor obstacle course using cushions and pillows for climbing, crawling, and balancing.	
<b>13. Fruit Exploration Day</b>	
Let children touch, smell, sort, and taste different fruits while learning their names and colors.	
<b>14. Pretend Play Corner</b>	
Use dolls, toy animals, kitchen sets, or household items for imaginative play.	
<b>15. Treasure Basket Exploration</b>	
Fill a basket with safe household objects of different textures, shapes, and sizes for sensory exploration.	
<b>16. Family Nature Walk</b>	
Take short morning or evening walks and talk about what you see, hear, and smell.	
<b>17. Ball Games</b>	
Roll, throw, kick, and catch soft balls to improve coordination and movement skills.	
<b>18. Tiny Helpers in the Kitchen</b>	
Allow children to wash fruits, stir ingredients, or help set the table with supervision.	
<b>19. Shadow Play</b>	
Observe shadows outdoors and make funny shadow shapes with hands and bodies.	
<b>20. Family Photo Talk</b>	
Look at family photographs and talk about family members, events, and emotions.	

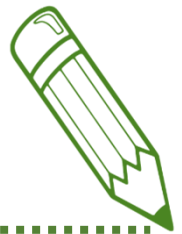
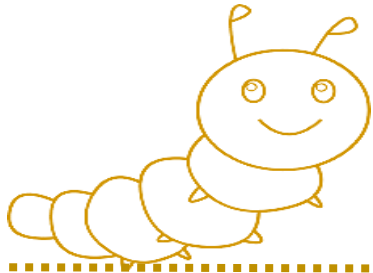
<p><b>21. Mirror Play</b></p>	
<p>Make faces, identify body parts, and practice expressions in front of a mirror.</p>	
<p><b>22. Color Hunt</b></p>	
<p>Choose a color and search for objects of that color around the house or outdoors.</p>	

### Pencil Grip and Fine Motor Skills Activities

Facilitate the child to trace the lines independently. If child face difficulty then facilitate to follow the linked dots

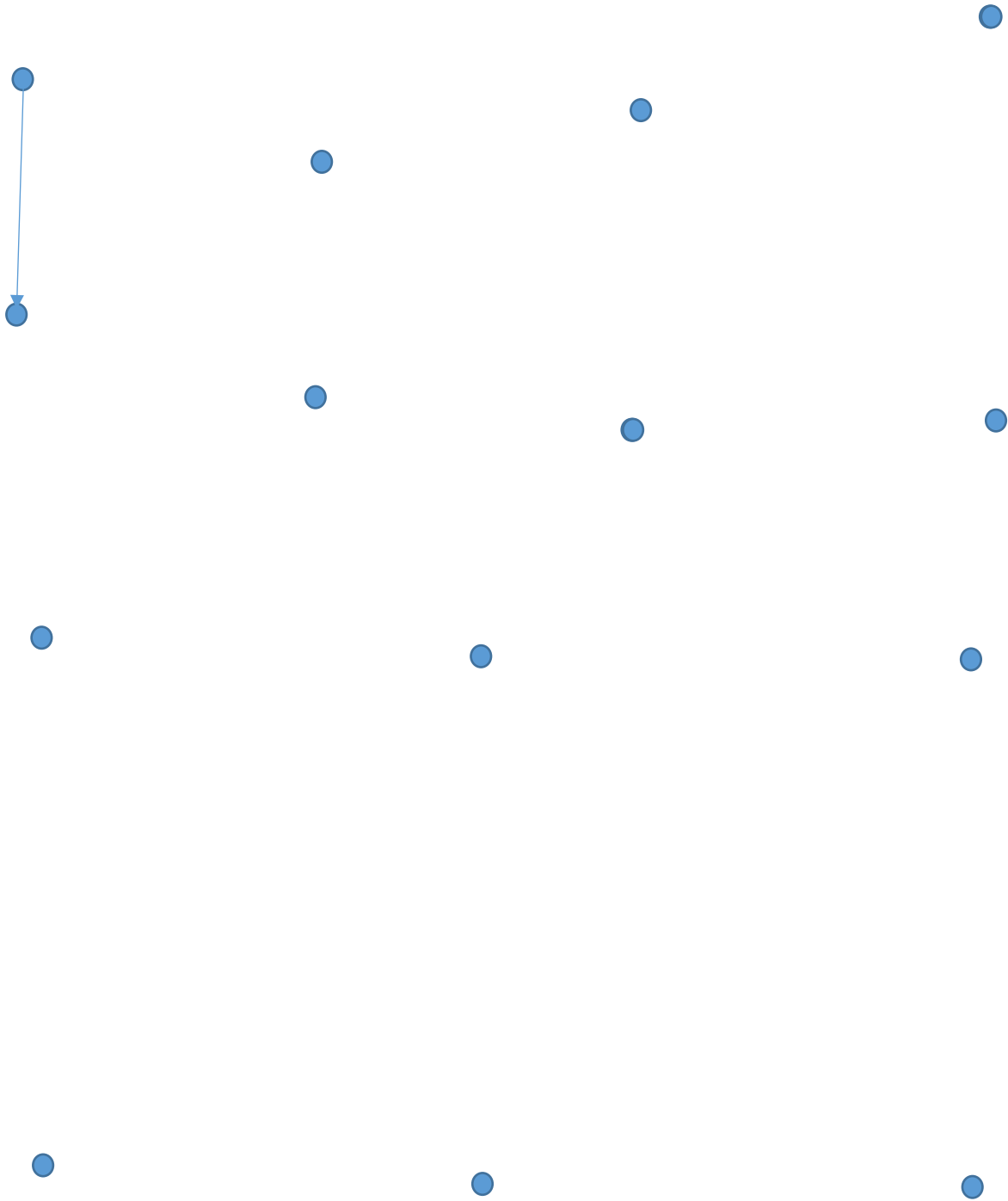


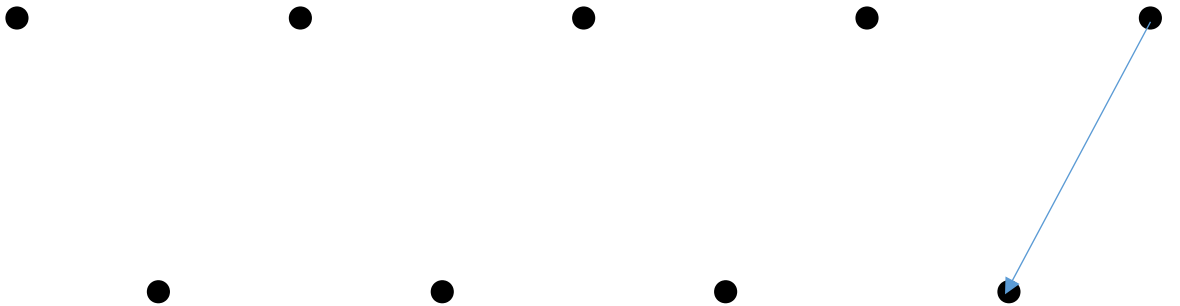
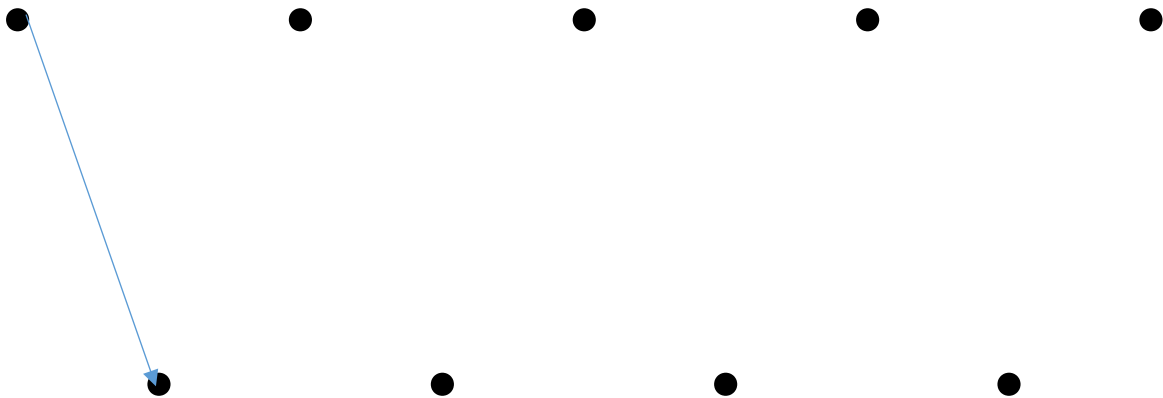
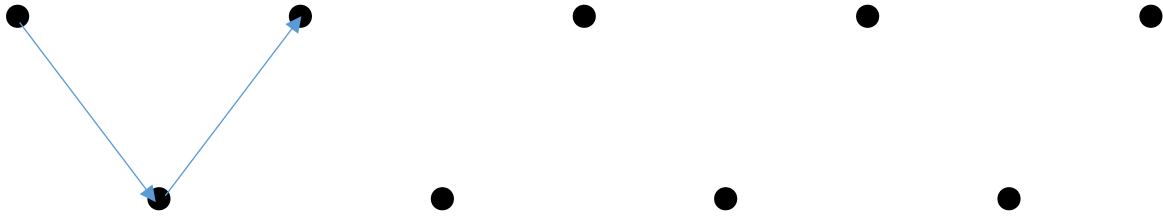




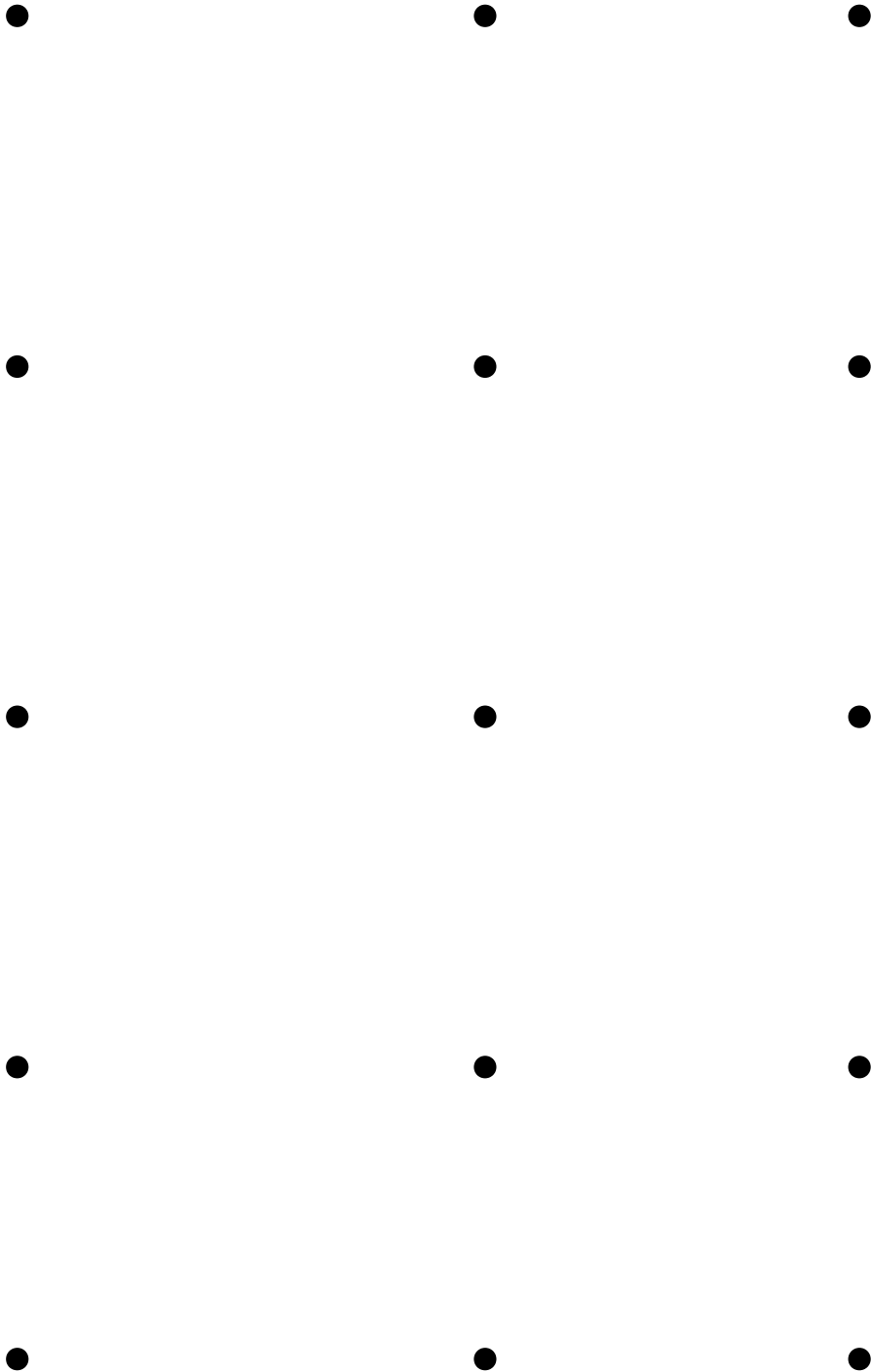
## Dots – Random and Straight

Faciliate the child to to join the dots randaomly and staight lines You can start yourself and let the child follow you.









## Pattern Curves

Faciliate the child to follow the dots and make the curves.

