



Crown, Bridge, Onlay, Inlay, Veneer Restoration Aftercare:

CROWNS, BRIDGES, ONLAYS, INLAYS:

- Most of our crowns are placed 7-10 days after the initial preparation appointment.
- We recommend nothing too chewy, sticky, hard, or crunchy the first hour after placement.
- It is safest to refrain from eating until the anesthesia has worn off so you don't bite your lip, tongue, or cheek.

SENSITIVITY:

- Sensitivity, especially to cold, is common for a time following treatment.
- For the first few days avoid extremely hot or cold foods and beverages.
- It is normal to have discomfort in the gums around the tooth after the anesthesia wears off due to the procedure.
- If your gums are tender, rinse with warm salt water, dissolving 1/2 teaspoon of salt in an 8 oz. glass of warm water.
- An analgesic such as Tylenol or Advil will help to increase your comfort.

HOME CARE:

- It may take a few days to get used to the new crown or bridge.
If your bite feels unbalanced, please be sure to call our office for an appointment for a simple adjustment.
- Although crowns and bridges are often the most durable of all restorations, the underlying tooth is still vulnerable to decay, especially at the interface between the tooth and crown.
- It is important to resume regular brushing and flossing immediately.
- Daily home care and regulating your intake of sugar-containing foods will increase the longevity of your new restorations.