



BERKSHIRE NORTH WIC
Community Resource and Referral Guide
Guia de Recursos y Referidos en la Comunidad

**Pittsfield: (Hillcrest Campus): 165 Tor Court, 2nd Floor (413) 445-9429 Fax: (413)445-9448
510 North St (413) 447-3495 Fax: (413) 553-6740**
North Adams: 71 Hospital Ave. 3rd Floor (413) 663-3012 Fax: (413) 663-6499

Abuse, Child (Maltrato, Menores): Dept of Children & Families, *Pittsfield*, (413)236-1800, Toll Free: 1(800) 292-5022, The Kid's Place (413)499-2800 x13, Elizabeth Freeman Center (413)499-2425, *North Adams*, (413)663-7459 or Hotline **after 5pm:** 1 (800) 792-5200

Abuse, Domestic (Domestic Violence) (Abuso, Familiar): Elizabeth Freeman Center, 43 Francis Ave./Berkshire Violence Prevention Center, *Pittsfield*, (413)499-2425, Hotline: (866)401-2425 *North Adams*, (413)663-7459, **Battered Women's Hotline (Linea Caliente Mujeres Maltratadas):** Toll Free (877)563-1628, **Safe Link Hotline:** (877) 785-2020

Abuse, Substance (Substance Use Disorder Treatment): (Abuso, Drogas y Sustancias): Clean Slate, (Buprenorphine), 413-347-4088, Crossroads,(counseling)/Experience Wellness Center, (Suboxone): 413-236-9100, Spectrum Health Systems, (Methadone), (800) 464-9555 ext 1161, Right Choice: (Buprenorphine), (413) 344-0170, ServiceNet, (413)448-2662, or (413)445-9160, The Brien Center: (413)499-0412, *North Adams:* Brien Center (413) 664-4541, Spectrum, (413) 664-9024 & (800) 464-9555, **Narcotics Anonymous:** (413) 443-4377, **Crisis line:**(800)252-0227;(24 hr.), Massachusetts Abuse Hotline: 1 (800) 327-5050, Pregnant Women's **Access to Substance Use treatment line:** (866)705-2807 or (627)661-3991, **Alcoholics Anonymous:** (413) 443-0212, **Methadone Anonymous:** *Pittsfield:* (413) 442-0402 (Call for days & times), *North Adams:*(413) 664-9024, *Celebrate Recovery at Berkshire Dream Center*, (413)522-3495, www.berkshiredreamcenter.org, **South Bay Community Services** (413)-418-2300. **Recovery ReStart:** (413)344-4512, **Alternative Living Centers:** (413)446-6311. , MA Substance Use & Ed. Helpline: www.helplinema.org, (800)327-5050.

Residential Recovery Programs for Pregnant Women: Keenan House for Women: (413)997-0067, **Detox Programs:** McGee Recovery Cent (BMC): (413)445-9228, Clinical Stabilization Services (BMC): (413)447-2927,

Autism Resources: Autism Connections, 413-443-4780, BCARC Autism Outreach Services, 413-464-8000 ext 19., Benchmark Behavioral Solutions: Consultative & Training solutions for parents and schools to support behavioral needs. www.BenchmarkABA.com 413-684-8619, Social Skills Group: 413-429-1590. UCP 413-442-1562 and 413-664-9345.

BCARC Family Support Center: Down Syndrome Family Group, Autism Family Support Group, Respite House, Adult Family Care: 413-464-7262.

*****Information changes without notice. Please call ahead to confirm.*****

Benchmark Behavioral Solutions: Consultative & Training solutions for parents and schools to support behavioral needs – Autism, Downs Syndrome, Reactive Attachment, ADHD. Adams MA
www.BenchmarkABA.com 413-684-8619

Berkshire Children & Families (Centro de los Berkshire para menores y familias): (413)448-8281

Berkshire Dream Center: www.berkshiredreamcenter.org, 413-522-3495

Berkshire Pathways: Serving adults with mental illness – career development and more. 413-464-7949

Childbirth Classes/Education (Las Clases de preparaci3n para el partoy la educaci3n) Pittsfield: Infant feeding classes, Call Berkshire North WIC at 413-445-9429, 413-447-3495, or 413-663-3012 for information. Family Health Education Program at BMC (413)447-2400 or <http://www.berkshirehealthsystems.org/familyhealth> for full listing, Berkshire Nursing Families, (413) 743-5338 for more information.

Child Care (Cuidadi para Ni3os): *Pittsfield* New England Farm Workers Council Voucher Daycare Program, (413)236-5890, Family Childcare System (413)443-0676, Child Development & Education, Inc. (413)499-4100. Berkshire Children & Families (413) 448-8281

Child Support (Pogos de Manutencion): 1 (800) 332-2733, *Berkshire County:* Dept. of Revenue: (413)443 -1009, Probate Court (413)442-6941

Community Partnerships (CFCE) (Asociaciones Comunidor): Comprehensive Services for Preschoolers, *Pittsfield*, (413)499-4809, *North Adams*, (413)664-4615, *Central Berkshire* (413)655-2471

Community Services (Servicio Comunitario): Mass 2-1-1, 1 (877) 211-6277, www.mass211.org, Massmen.org (Berkshire County resources for adult males).

Crisis Intervention (Intervention de Crisis): Mental Health & Substance Abuse,
Pittsfield: Brien Center (800)252-0227 or (413)499-0412, *North Adams*, Brien Center (413)664-4541

Dental (Odontolgia): Mass Health Dental Customer Service (800)207-5019, *Pittsfield* :(413)447-2781
Neighborhood Dental Services/Servicio Dental en BMC: (413) 447-2781, Hillcrest Dental: (413)445-6680,
North Adams: (413) 443-346-4242 (T/TH/F: 7:50a-5:45p, Ashland Dental: Dr. Donald Mead (413)663-3378,
Dr. Ralph Blanchard, Jr. (413) 663-5153. *See current WIC dental list

Department of Transitional Assistance (DTA) Berkshire County: (413) 236-2000, 1 (800) 445-6604

Diapers (Pa3al) Christian Center (413)443-2828, Fenn Street Community Center (413)499-0866 (Call 1st),
South Congregation Church,(413)442-7357(call 1st), Family Resource Center:413-448-8281, Berkshire Dream
Center 413-522-3495, Pregnancy Support Services, *Pittsfield:* (413) 443-7351

Disaster Assistance (Fire, Etc.) Western Mass Red Cross: 413-737-4306 Salvation Army 413-442-0624

Down Syndrome Family Support Group: www.bcarc.org 413-464-7262

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Drug Overdose (Sobredosis Drogas):911, BMC ER (413)447-2834, Narcan available at Tapestry Health (call for details: 413-443-2844), BMC Community Pharmacy, and other local pharmacies.

Early Intervention/Pediatric Development (Grupos de juego/Desarrollo Pediatrico): *Pittsfield*, Pediatric Development Ctr. (413)499-4537, *North Adams*, **Early Intervention**, (413)664-9345, Family Resource Center Play & Learn Groups (413)664-4821, *Gt. Barrington:* (413) 717-4083

Education: (Educación): *Pittsfield*, Berkshire Works (413)499-2220, Adult Learning Center (413)499-9530, Berkshire Community College, 413-499-4660, Parent-Child Home Program for Toddlers, *Pittsfield*, (413)448-9676, *North Adams*, 664-4274, N. Berkshire Adult Basic Education Program @ MCLA, (413)662-5513, Office of Continuing Education @ MCLA,(413)662-5543, Massachusetts Adult Literacy Hotline: (7 days/week 6am-midnight), 1 (800) 447-8844 or www.mass.gov/edu/literacyhotline.

Emergency Vouchers Short Term Day Care (Vales para Cuidado de niños durante el día por period de corta duración): Gladys Allen Brigham Community Center, 165 First St., *Pittsfield* (413)442-5174. Call Head Start for options: (413)499-0137

Employment (Empleo): Division of Employment and Training, BerkshireWorks, *Pittsfield*, (413)499-2220, Berkshirejobs.com (413)663-3384

Environment (Medio Ambiente): CET *Pittsfield*, (413)445-4556, *North Adams*, Healthy Homes (413) 663-9242 **Lead Poisoning Prevention (Prevencion de Envenenamiento de Menores con Plomo)** (800) 532-9571 *North Adams* Lead Poisoning Prevention Program, (413)663-9242

Families with Disabilities (Familias con Discapacidad): AdLib (413)442-7074, Toll Free: 1 (800) 232-7074 United Cerebral Palsy (UCP) *Pittsfield*, (413)442-1562, *North Adams*, UCP/Early Intervention (413)664-9345, Mass. Rehabilitation Commission, *Pittsfield*, (413)499-2720, *North Adams*, (413)663-5391, BFAIR *Pittsfield*, (413)443-6007, *North Adams* (413)664-9382, Social Skills Group 413-429-1590

Family Education (Educacion para la familia): *Pittsfield*, (413) 447-2400, McInerney Parenting Services (413) 499-3556, Berkshire County Fatherhood Initiative,(413)443-7220 ext. 1406 Berkshire Children & Families, (413)448-8281 toll free: 1 (888)742-7443 *North Adams:* Early Intervention (413) 662-3315, North Berkshire Family Net (423) 664-4821. LINC Parent Center (413)664-7512, Childcare of the Berkshires/Parenting Partnership, (413)664-4725, Berkshire Children & Families, toll free: 1 (888)742-7443

Family Planning (Planificación Familiar): Tapestry, *Pittsfield*, 100 Wendell Ave 443-2844, *North Adams*, Tapestry 289 Church St, MCLA Wellness Ctr. (413) 662-5258. Weds 1pm-6pm,

Family Resource Centers (Centros de recursos de la familia): *Pittsfield* 413-448-8281 *North Adams:* The Family Resource Center at Child Care of the Berkshires, (413)664-4821, The Family Place, (413)663-7588

Food – see below for food pantry locations and meal sites: SNAP (Cupones para Alimentos): (413) 236-2000, 1(800) 942-1007 **Food Bank:** 1-(800)-247-9632 **Project Bread:** 1-(800)-645-8333

Free Clothing (Ropa gratis) (gently used): *Pittsfield:* Pregnancy Support Services (413)443-7351, Christian Center 413-443-2828, *North Adams*, Family Resource Center (infant to size 10) (413)664-4821

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Head Start: Pittsfield: (413)499-0137, **North Adams:** (413) 664-4829 **Becket:** (413)623-6489,
Gt. Barrington: (413) 528-8689

Heating & Energy Programs: (Programas de energía y calor) Berkshire Community Action Council, **Pittsfield,** (413)445-5671, **North Adams,** (413)663-3014, Toll Free: (866) 216-6200, **Great Barrington,** (413)528-1947, **Good Neighbor Fund** <http://magoodneighbor.org/> (Utilities) Salvation Army; **Pittsfield,** (413)442-0624, **North Adams** (413)663-7987. **Citizens Energy** (assistance for oil & gas heat), (877) 563-4645, **Energy Bucks** (Fuel Assistance, utility discounts & weatherization): (866)-537-7276, **National Grid** (866) 395-0315, **Mass Dept. of Housing & Community Development** (Heat info) 1 (800) 632-8175, **Catholic Charities** :(1 time assistance) (413)452-0613 **Mass Save:** 1 (866) 527-7283

Housing Authority/ Subsidized (Autoridad de vivienda / subvencionado): **Pittsfield/**Section 8- (413)499-1630, 74 North Street, Berkshire Housing: (413)499-1630, **Adams; IncomeElig/Section 8:** (413)743-5924, **Dalton:** (413) 684-2493, **North Adams/Section 8:** (413)663-5379, **Williamstown:** (413)458-8282 Habitat for Humanity: (413)442-3181 **Housing Discrimination(Discriminación en la vivienda): (413)539-9796**
www.massfairhousing.org/info@massfairhousing.org **Housing Legal Services:** Berkshire County Regional Housing Authority: (413)443-7138

Immigration Assistance (Inmigración): Berkshire Immigration Center: (413) 445-4881, Massachusetts Immigrant and Refugee Advocacy Coalition (**MIRA**) 617.350.5480 www.miracoalition.org

Infant Bereavement Support (Duelo Colaboración): **North Adams:** G.A.B.E., St. Elizabeth's Parish Center, 1st Thursday of month, 7p-9p. Call (413)652-3433 or (413)346-4626 for more information.

Lead Poisoning Prevention Program: (Prevención de envenenamiento por plomo programa):
(413)663-9242, Toll Free: (800) 954-0038

Legal Aid (Asistencia Legal): W. Mass Legal Services/Community Legal Aid, www.communitylegal.org, **Pittsfield,** (413)499-1950, **North Adams,** (413)664-4531, (800) 639-1509, Dial-A-Lawyer- first Wednesday of every month 5:30pm- 7:30pm (Speak to a lawyer free of charge) (617)338-0610, Basic recorded legal information 24/7: (617)542-9069, **Berkshire County,** Berkshire Center for Justice, sliding scale to free 413-854-1955, Free legal clinic at Guthrie Center in Housatonic - Wednesdays 12-1pm

Literacy/ (Alfabetismo), (English as 2nd language): **Pittsfield:** Adult Learning Center: (413) 499-9530 Literacy Volunteers of Berkshire County, (413)499-9487, **North Adams:** Northern Berkshire Adult Basic Education Program (at MCLA) (413)662-5000

Medical Insurance (Seguro Medico): **Pittsfield,** Advocacy for Access (413) 445-9480 or 1(888)822-2237 Community Health Plan, (413)447-3038, **North Adams,** ECU-Care (413) 663-8711, **BMC HealthNet,** (800) 792-4355, **Health New England** (800)-841-2900

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Mental Health: (Salud Mental) (outpatient), children & adults (niños y adultos): Clinical Support Options, **Pittsfield** (413)236-5656 call for walk in hours, Berkshire Medical Center (413)447-2000, Brien Center: (413)499-0412, ServiceNet (413)448-5358 www.servicenet.org, South Bay Community Services (413) 495-1500, appointments call: (508)427-5362, Behavioral Health Network (413)304-2422, **North Adams:** Brien Center: (413)664-4541, Spectrum Health Systems, (800) 464-9555 (24 hr crisis service):(800)252-0227

Parenting Classes (Crianza):Pittsfield: Infant feeding classes call Berkshire North WIC at (413)445-9429, (413)447-3495, Childcare of the Berkshires:(413)445-4324, Berkshire Children & Families@Parents As Teachers,:(413)448-2997 ext.329, Teen to 23 Project, (413)743-5338, McInerney Program, (413)445-2997, Berkshire County Fatherhood Program, (413) 346-2431 or (413)443-9469, Grandparents Raising Grandchildren: (413)499-9346, Berkshire Works Young Parents Program: (413)499-2220 ext. 131, 24:7 DAD (413) 443-7220 x1406, Baby Lounge; 480 West St. (413) 743-5338, **North Adams:** Berkshire North WIC: (413)663-3102, Teen to 23 Project, (413) 743-5338, Healthy Families, (413)664-6104, Family Net, (413) 664-4821, Berkshire County Fatherhood Program, (413) 326-2431, 24:7 DAD (413) 663-7588, x13, Family Place (413) 663-7588, Grandparents Raising Grandchildren, @The Family Place (413) 663-7588, UNO Community Center, The Family Connection (actively parenting or working toward reunification) 413-663-7588

Parental Stress Line 24 hour Parent Helpline, telephone counseling and referral information to Parents, (800) 632-8188

Playgroups (Grupos de Juego): Pittsfield: Childcare of the Berkshires, Inc., (413)445-4324, *Baby & Me! Parent/ Child Playgroup @ BMC*, (413)447-2400, Teen to 23 Project, (413)743-5338, Family Resource Center, (413)344-4435, Head Start. Monthly playgroups: to confirm times and days contact Jenn Faulconer, Pittsfield CFCE Coordinator (413)441-0974: *Pre-school Play & Learn* at Berkshire Athenaeum, *Baby & Me* at Family Resource Center 480 West St Pittsfield **Lanesboro:** “*Play & Learn*”, Town Hall in Common Room, **Hinsdale:** Kittredge Elementary School- (Call for times), (413)684-2225 (x5109), **North Adams:** *Baby and Me Playgroup* Family Center Playroom, *Gym Group*, Haskins Center Gym (call (413) 664-4821 x20 for more info), *Pre-K Play Group* (ages 2.5 – 5) Haskins Center Basement, *Toddler Play & Learn Group* (ages walking – 2 ½) Family Resource Center Play Room (413)664-4821 (x20), “*Gym Group:*” (ages: walking-5), **Florida Mountain:** *Play & Learn*, (ages: walking-8), Tuesdays 5:30p-6:30p at Abbott Elementary School

Story Hours: **Pittsfield**, Berkshire Athenaeum, (413)499-9483, **Dalton:** Kindergym/CRA: (Call for times) (413)684-0260, Dalton Public Library (413) 684-6112, **Lanesborough:** Public Library,(413)442-0222, Adams: Public Library, (413)743-8345, Registration Required, **North Adams:** Public Library (413)662-3133m Call the Youth Services Department at 413-662-3133, ext. 14 for more information **Williamstown:** Milne Public Library, (413)458-5369, (Call for dates).

Poison Control Hotline: (Linea Caliente de Control de Venenos): 1 (800) 222-1222, TTY 1 (888) 244-5313. To get Narcan call Tapestry Health (413)499-0137 or 413-398-5603

Police/ La Policia: **Pittsfield**, (413)448-9709, **Adams;** (413)743-1212, alt. emergency (413)743-8031, **Cheshire**, (413)743-1501, **Clarksburg** (413)663-7795, Alternate emergency (413) 663-3313, **Dalton**, (413) 684-0300, **Hancock**, (413) 655-0201, **Hinsdale**, (413)655-2245, **Lanesboro**, (413)655-2245, **New Ashford**, (413)458-5461, **North Adams**, (413)664-4944, **Peru**, (413)655-8377, **Savoy** (413) 743-0364, **Williamstown**, (413) 458-5733, **Emergencies ONLY: 911**

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Pregnancy Support Services (Sercicios de Apoyo Durante Embaraz): Healthy Families, *Pittsfield*, (413)445-4324, *North Adams* (413)664-6104, Pregnancy Support Services, *Pittsfield*: (413) 443-7351, *North Adams* Northern Berkshire Pregnancy Support Center (413)346-4291; Toll free: (855)836-8336, Teen Parent Program (Programa Padres Adolescentes): *Pittsfield*: (413)443-2530, Postpartum Support Network (413)447-2167, Redfield House (413)448-2997, Tapestry, *Pittsfield*: (413)443-2844, *North Adams*, (413)662-5258, Teen Pregnancy Hotline: 1(800) 522-5066, **Infant Feeding Classes: *Pittsfield* WIC** (413)445-9429 (call for dates)

Project Reconnect: (413) 445-4503 (BCAC) Workforce development, Reentry program, Vocational, Jobs4Youth, Skills development **Re-Entry Program:** (Please call Sherriff's office for more information) (413)443-7220 x1190. **Recovery ReStart** 413-344-4512.

Postpartum Support Group (Grupo de Apoyo Postparto): *Pittsfield*, Mothers Supporting Mothers (infants welcome) 1st & 3rd Weds of month; 6p-7:30p in Conference Rooms 1 &3 at Warner Building, Berkshire Medical Center, Call to register; (413) 447-2039. All other questions call, (413) 447-2170 *North Adams*, Family Resource Center, (1st Friday of every month) (413) 664-4821

Rape Crisis Center(Centro de Crisis por Violación): *Pittsfield*, (413)443-0089 *North Adams*, (413)663-7459

Salvation Army (413)442-0624, Food pantry, Sunday dinner, hot breakfast M-F, Holiday Help, Clothing, Utility, and Emergency Services, Bridging the Gap for ages 13-17 (appt only), Residential Adult Rehabilitation Services

Sexually Transmitted Disease – STD (Enfermedades de Transmisión Sexual): *Pittsfield*, Tapestry (413)443-2844, State Clinic at BMC (413)447-2654, *North Adams*, (413) 663-8846

Shelter/Emergency Assistance (Vivienda / Asistencia de Emergencia): *Pittsfield*, Our Friend's House: (413)499-2877, Barton's Crossing (413)442-1445, *Adams*, Family Life Support Center/Louison House (413)743-7957.

Suicide Prevention (Prevención del Suicidio): *Pittsfield*: Brien Center: (800) 252-0227 or (413)499-0412, Mass State-Wide Samaritans Crisis Hotline: (toll free) 1 (877) 870-4673, Youth Suicide Prevention/Brien Center Crisis Line: (413)499-0412

Tapestry Syringe Access Program: *North Adams*: 413-387-8676 Disposal, prevention, Narcan, drug use counseling, HIV, Hepatitis C, STD testing. Free, confidential, anonymous.

Tobacco Treatment Services (Servicios de Tratamiento por Tabaco): www.keeptryingMA.org or 1-800-QUIT-NOW 1 (800) 784-8669, In Spanish: (800)-833-5256, Deaf/TTY: (888) 229-2182, **Online:** makesmokinghistory.org Berkshire AHEC www.berkshireahec.org/programs/tobacco-free-community-partnership 413-447-2417

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Transportation (Transporte):Pittsfield, BRTA, 413-499-2782, www.berkshireta.com Berkshire Rides, 413-664-0300, Elder Services, 413-499-2524, RSVP 413-499-9345, Transport the People 413-443-7111. American Red Cross (medical transportation) 413-442-1506, BCAC (physically challenged/for day programs) 413-499-4420 www.bcacinc.org/transportation, Cabulance 413-499-3232, County Ambulance 413-499-2527, CRT Cabulance 413-447-3800

UCP of Berkshire County: <http://ucpberkshire.org> 413-442-1562 or 413-663-5019

Urgent Care (Medical): Pittsfield, BHS Urgent Care, 505 East St., 10a-8p seven days a week, (413)997-0930
North Adams: North Adams Campus of BMC Emergency Satellite, (NARH), Hospital Ave, open 24 hr 7 days a week, (413) 664-5000
Williamstown: BHS Walk-In Care, located in Williamstown Medical Associates building, Adams Rd. M-F 10a-6p (413) 458-8177
Emergency: BMC ER, North Street, Open 24/7.

Food Pantries and Meal Sites in Berkshire County

(Since program hours and days can change without notice, please call the location to be sure of times and requirements) Updated October 9, 2018

Location	Times	Requirements
Pittsfield Food Pantries		
Berkshire Dream Center (held at the Morningside Baptist Church) 475 Tyler Street Pittsfield 413-522-3495	Wednesdays 10:00am – 2:30pm The 2 nd Sunday of the month 12:00NN – 1:00pm	No requirements
Berkshire Dream Center Mobile Food Pantry 413-522-3495	Pittsfield Locations: 3 rd Tuesday of the month Dower Square at 4:00pm * 4 th Tuesday of the month Morningside School at 5:15pm * 4 th Tuesday of the month Wilson Park (park on Memorial Drive) at 6:15 * 4 th Thursday of the month Central Annex on 2 nd Street at 6:00pm * 1 st Saturday of the month Providence Court at 1:30pm * If closed due to weather, distribution will be held the	No requirements

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	following week. Taconic High School soon to come	
Christian Assembly Church 850 Williams Street Pittsfield 413-442-1495	Wednesdays 12Noon – 2:00pm Fridays 10:00am – 12Noon	Form of ID with address and telephone number Assistance available every week
Christian Center 193 Robbins Avenue Pittsfield 413-443-2828	Wednesdays – Fridays 9:30am – 11:45am and 12:30pm – 2:30pm	Proof of income and residency required yearly Assistance available twice a month
First Baptist Church 88 South Street Pittsfield 413-445-4539	Tuesdays 10:30am – 12:30pm	Sign in when utilizing services
First United Methodist Church 55 Fenn Street Pittsfield 413-499-0866	2 nd and 4 th Tuesdays 4:00pm – 6:00pm	Assistance available once every 2 weeks
Reigning Love Church 235 East Street Pittsfield 413-448-6221	Thursdays 9:30am- 2:00pm Closed 1 st Thursday of the month	Assistance available once every 30 days
St. Joseph’s Church (Held at the Parish Center) 414 North Street Pittsfield 413-445-5789	Wednesdays 9:00am – 10:00am	Sign in when utilizing services
St. Mark’s Church 400 West Street Pittsfield 413-447-7510	Last two Fridays of each month 9:00am – 11:00am	Sign in when utilizing services
The Salvation Army 298 West Street Pittsfield 413-442-0624	Mondays– Fridays 9:00am – 11:30am and 1:00pm – 2:30pm	Rent/lease receipt, proof of income, utility bill
Soldier On Food Pantry 360 West Housatonic Street Pittsfield 413-236-5644	Saturdays 8:00am – 11:00am	Open to the public Need verification of address
South Congregational Church 110 South Street Pittsfield 413-442-7357	Wednesdays & Thursdays 7:30am – 11:00am Wednesdays 5:30pm – 6:00pm	Short application to fill out Assistance available once a week
South Congregational Church Mobile Food Delivery 110 South Street	Wednesdays Wahconah Heights 10:00am	No requirements

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Pittsfield 413-442-7357		
Becket, Dalton & Hinsdale Food Pantries		
Becket Food Pantry Held at the Becket Federated Church Parish House 3381 Main Street Becket 413-841-1701	1 st & 3 rd Saturdays of each month 9:00am – 11:00am	For Becket, Washington, and the surrounding Hilltowns Emergencies: 413-623-5217
Dalton United Methodist Church 755 Main Street Dalton 413-684-0521	Tuesdays 12:30pm – 1:00pm and 4:00pm – 6:00pm	Open to Berkshire County residents
Hinsdale Food Pantry Located in First Congregational Church of Hinsdale 129 Maple Street Hinsdale 413-655-8587	Thursdays 8:00am – 9:00am	Open to residents of the 5 Hilltowns only Need verification of address
St. Agnes Church 489 Main Street Dalton 413-684-0125	Thursdays 5:45pm – 6:15pm	For Dalton and Hilltown residents only
Lanesboro Food Pantry		
American Legion/VFW Food Pantry Located in the old school house in Berkshire Village 144 Old State Road Lanesboro 413-442-1025	Fridays 9:00am – 12:00Noon	Open to the public
North County Food Pantries		
Berkshire Dream Center 149 Eagle Street (located in food truck in front of 149 Eagle St.) North Adams 413-522-3495	3 rd Wednesday of the month 6:00pm	No requirements
Berkshire Dream Center Mobile Food Pantry 413-522-3495	North Adams Locations: 2 nd Tuesday of the month Greylock Apartments at 4:30pm 2 nd Tuesday of the month Brayton Hill at 5:30pm	No requirements

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	3 rd Wednesday of the month Mohawk Forest at 5:00pm	
	3 rd Wednesday of the month Parking lot across from Living Hope Community Church at 6:00pm	
Community Bible Church 160 Bridges Road Williamstown 413-458-5556	3 rd Wednesday of each month 1:00pm – 3:00pm	No requirements Call the church for an application
The Food Bank of Western Massachusetts Mobile Food Bank Adams Council on Aging/Adams Visitors Center 3 Hoosac Street Adams 413-743-8333	2 nd & 4 th Tuesdays of each month 11:00am – 12:00Noon	No proof of eligibility required Bring your own bags
The Food Bank of Western Massachusetts Mobile Food Bank The Brien Center 124 American Legion Drive North Adams 413-247-9738	1 st and 3 rd Fridays of each month Rain or shine 10:00am – 11:00am	No proof of eligibility required Bring your own bags
Friendship Center Food Pantry 45 Eagle Street North Adams 413-664-0123	Wednesdays 10:00am – 2:00pm and 3:30pm – 5:30pm	Assistance to residents of Clarksburg, Florida, and North Adams every other week
St. John Paul Charity Center 2 Columbia Street Adams 413-743-0577	Wednesdays 11:00am – 1:00pm and 4:00pm – 6:00pm	Assistance to residents of Adams, Cheshire, and Savoy every week
St. Patrick and St. Raphael Parish 53 Southworth Street Williamstown 413-458-4946, extension 11	1 st & 3 rd Wednesdays of each month 1:00pm – 3:00pm	Assistance to residents of Williamstown, Hancock, New Ashford, and Pownal, VT Form of ID is required Can provide assistance on an emergency basis by phone only
The Salvation Army 393 River Street North Adams 413-663-7987	Tuesdays 12:30pm – 2:30pm For Emergency Pantry please call 413-663-7987	For North County residents only
South County Food Pantries		
The Food Bank of Western Massachusetts Mobile Food	1 st Tuesday of every month Rain or shine	No proof of eligibility required

*****Information changes without notice. Please call ahead to confirm.*****

Bank 444 Stockbridge Road Gt. Barrington 413-247-9738	12Noon – 1:00pm	Bring your own bags
Lee Food Pantry 45 Railroad Street Lee 413-266-1141	Saturdays 10:00am – 12Noon	Serves people in Becket, Lee, Lenoxdale, Otis, Stockbridge, Tyringham, & West Stockbridge www.graceberkshires.org
Lenox Ecumenical Food Pantry Located at the United Methodist Church of Lenox 6 Holmes Road Lenox 413-445-5918	Saturdays 10:00am – 11:00am	Lenox residents only Assistance available every other week
People’s Pantry Held at St. James Place(formerly Taconic Ave.) The entrance to the pantry is across the street from the CVS Pharmacy Gt. Barrington 413-528-3498 or 413-528-3061	Thursdays 10:00am – 1:00pm	South County residents only Annual application
Sheffield Food Assistance Held at Old Parish Church Sheffield Green Sheffield 413-229-2624	Mondays 9:30am – 10:00am	Must be resident of Southern Berkshire Regional School District

Pittsfield Meal Sites

Breakfast Meal Sites	
Christian Center 193 Robbins Avenue Pittsfield 413-443-2828	Continental breakfast served Mondays– Fridays 9:00am – 11:00am
First United Methodist Church 55 Fenn Street Pittsfield 413-499-0866	Community Breakfasts Mondays-Fridays 8:00am – 9:00am
The Salvation Army 298 West Street Pittsfield 413-442-0624	Mondays – Fridays 9:00am – 9:30am

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Lunch Meal Sites	
Cathedral of the Beloved Held at St. Joseph's Church Front Lawn 414 North Street Pittsfield 413-448-8276	Sundays 2:00pm includes worship
Christian Center 193 Robbins Avenue Pittsfield 413-443-2828	Mondays – Fridays 12Noon – 12:30pm
St. Stephen's Church (Enter on Allen Street) 67 East Street Pittsfield 413-448-8276	4 th Saturday of the month 12Noon
Dinner Meal Sites	
First Baptist Church 88 South Street Pittsfield 413-445-4539	Mondays 5:30pm
First United Methodist Church 55 Fenn Street Pittsfield 413-499-0866	Tuesdays Doors open at 4:00pm Meals served at 5:00pm
St. Stephen's Church (Enter on Allen Street) 67 East Street Pittsfield 413-448-8276	Thursdays & Fridays 5:15pm
The Salvation Army 298 West Street Pittsfield 413-442-0624	Sundays 4:30pm
South Congregational Church 110 South Street Pittsfield 413-442-7357	Wednesdays 5:00pm

Dalton Meal Site

Lunch Meal Site	
First Congregational Church of Dalton, UCC 514 Main Street Dalton 413-684-1715 (Run by the Dalton Council on Aging)	Sundays 1:00pm

North County Meal Sites

Breakfast & Lunch Meal Sites	
Berkshire Food Project Held at First Congregational Church of N. Adams	Mondays – Fridays 11:30am – 1:00pm

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134 Main Street North Adams 413-664-7378	
Harvest Christian Ministry 275 River Street North Adams 413-664-4845	Breakfast: Mondays – Fridays 7:30am – 9:00am Lunch: Saturdays 11:30am – 1:00pm

South County Meal Sites

Lunch Meal Site	
The Guthrie Center 2 Van Deusenville Road Gt. Barrington 413-528-1955	Wednesdays 12Noon – 1:00pm No requirements

Dinner Meal Sites	
Berkshire South Regional Community Center 15 Chrissey Road Gt. Barrington 413-528-2810, ext. 32	Mondays 5:00pm – 6:00pm No requirements Monetary donations and non-perishable food donations are accepted
Breaking Bread Community Supper Held at the American Legion 334 Main Street Sheffield 413-229-8614	5:30pm Thursdays Free to all
Lee Congregational Church Community Suppers 25 Park Place Lee 413-243-1033 ucc-lee.org	Wednesdays 5:30pm

Other Food Programs

Brown Bag Program

This program is a supplemental monthly food program offering 10-15 pounds of food to eligible individuals, 55 years or older, free or for a small donation. For income eligibility requirements and further information, call your Council on Aging.

Elder Services' Elder Nutrition Program

Noontime meals are offered for those 60 years of age and older at several senior centers throughout the County. Some sites offer transportation through the Council on Aging. A suggested donation of \$2.00 per meal is requested. Individuals under 60 years of age are welcome for a required fee of \$7.00 per meal. Call Elder Services of Berkshire County for information and locations at 413-499-0524 or 1-800-981-5201.

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Elder Services' Meals on Wheels Program

Nutritious, hot noontime meals are offered Monday through Friday to homebound Berkshire seniors, who are 60 years of age or older. A suggested donation of \$2.00 is requested to help cover the cost of food preparation and delivery. There are eligibility requirements. Please call Elder Services of Berkshire County at 413-499-0524 to make a referral for yourself, family member or friend.

Take and Eat Program

A program for individuals 60 years of age and older who are homebound, unable to prepare meals, shop, or get out. Meals are delivered on Sundays and are provided for weekends and three-day holiday weekends. Contact Kathleen Ryan at 413-672-1404 or 413-664-1041 for information.

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