

4 9 T H A N N U A L
SOUTHWESTERN SCHOOL FOR BEHAVIORAL HEALTH STUDIES

SWWS 2017

“DELIVERING EXCEPTIONAL CARE
IN A CHANGING LANDSCAPE”

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AUGUST 13-17, 2017

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IMPACT - SUICIDE PREVENTION CENTER

WELCOME TO THE 49TH ANNUAL SOUTHWESTERN SCHOOL FOR BEHAVIORAL HEALTH STUDIES

“Delivering Exceptional Care in a Changing Landscape” is the theme this year and the landscape is definitely changing! Behavioral and physical health are becoming more collaborative systems, working together to improve the overall health of our communities. Good outcomes, population health, best practices and collaboration are front and center. In keeping with the changes, the Southwestern School has an excellent array of sessions to equip service providers and leaders with relevant information and tools for success.

This year we have moved the conference to a new location, the JW Marriott Tucson Starr Pass Resort and Spa. The new venue offers more space and the high quality conference experience that attendees have come to enjoy at SWS. This includes an Exhibitor Booth area, bookstore, and ample opportunities to learn alongside and network with colleagues.

Thank you to all those organizations who have sponsored the Southwestern School for Behavioral Health Studies this year. Without our sponsors we would not be able to provide high quality programming at such an affordable price. We also want to thank our Advisory Committee members who work throughout the year to plan the conference and ensure that it continues to be relevant, educational and a rewarding experience for all who attend each year.

Thank you for being here and I hope you enjoy your time at the SWS conference.

A handwritten signature in black ink that reads "Laura Larson-Nuffaker".

Executive Director
EMPACT-SPC

Your partner for a safe, strong, and healthy community



DISTINGUISHED SPEAKER BIOS



Mary Beth Arcidiacono, LMSW

On August 8, 1998 Mary Beth Arcidiacono was involved in an accident with her four children on her family's drive home from a vacation in Colorado. Her oldest son, Johnny, was killed, and his younger brother, Christopher, sustained a traumatic brain injury. Her insight goes deeper than personal experience. In response to the loss of one son and the significant injury of another, she became a clinical social worker, consultant, researcher, and advocate, specializing in grief and traumatic brain injury. Ms. Arcidiacono joined Dr. Bruce Perry and the ChildTrauma Academy as a Fellow in 2005. She has developed programs for families and individuals experiencing grief/traumatic loss. She is working to create community integration programs and materials for helping groups deal with traumatic loss including teachers, schools, places of worship, businesses and other institutions. She has lectured and led workshops on grief, secondary trauma, post-traumatic growth, resiliency, advocacy and hope. She completed her undergraduate studies at Southern Methodist University in Psychology and Women's Studies and her Master's degree in Social Work at the University of Houston with a concentration in children and family.



Dawn L. Billings, MA

In 2008, Oprah Magazine and The White House Project selected Dawn Billings as one of the nation's 80 emerging women leaders for her socially dynamic programs and life-long dedication to educating and inspiring women and children. Dawn was chosen as one of 15 "Women of Achievement" in Georgia, by the YWCA. Dawn also received the 2011 Women Entrepreneurs Business Award of Excellence in the woman author category.

Dawn is the CEO of DawnBillings.com, a training and executive coaching company, where she is a consultant to Executives and Organizations focusing on personality, communication, teamwork, and entitlement in the workplace, she has made it her life's mission to work with individuals, couples and organizations to help them unlock the keys to personal resilience and emotional intelligence. She has learned that if people gain insight into their color personality tendencies and learn to understand the color personality tendencies of others they flourish across all life domains. Naturally curious and driven by a desire to understand and effectively communicate with people, she inspires people to implement practical tools and strategies that are informed by latest advances in neuroscience, personality and human psychology. With a career spanning 30+ years she has worked with individuals, couples and organizations to diminish interpersonal conflict, strengthen team development and promote understanding, engagement and optimal functioning. While honing her skills in applying scientific rigor, and deepen her understanding of optimal human functioning — she completed a Masters in Clinical Psychology, while her doctorate work was in Personality/Organizational Psychology.



Vicki Loyer, PhD, LMFT

Vicki Loyer (Carlson) is an AAMFT Approved Supervisor and past-president of the AzAMFT. She is the CEO/President of Blue Door Psychotherapy Associates, a clinical partner at the University of Arizona Department of Psychiatry, and a Subject Matter Expert and Instructor for Graduate Studies at Grand Canyon University. Additionally, she has a private practice in Tucson. She is a regular contributing author to the House Calls section of the Desert Leaf, co-author of books on premarital relationships and youth at risk, and most recently, she published a chapter on the premarital inventory RELATE for Evidence-based approaches to relationship and marriage education (in J. J. Ponzetti, Jr, 2015). Vicki has been publishing and speaking in the areas of self-injury, mental illness, addiction and family therapy for quite some time. Vicki earned a M.S. in Child Development & Family Studies from the University of Arizona. She earned a Ph.D. in Human Development and Family Studies from Oregon State University.



Lewis Mehl-Madrona, MD, PhD

Lewis Mehl-Madrona, MD, graduated from Stanford University School of Medicine and trained in family medicine, psychiatry, and clinical psychology. He completed his residencies in family medicine and in psychiatry at the University of Vermont College of Medicine. He has been on the faculties of several medical schools, most recently as associate professor of family medicine at the University of New England. He continues to work with aboriginal communities to develop uniquely aboriginal styles of healing and health care for use in those communities. He is interested in the relation of healing through dialogue in community and psychosis. He is the author of Coyote Medicine, Coyote Healing, and Coyote Wisdom, a trilogy of books on what Native culture has to offer the modern world. He has also written Narrative Medicine, Healing the Mind through the Power of Story: The Promise of Narrative Psychiatry, and, his most recent book with Barbara Mainguy, Remapping Your Mind: the Neuroscience of Self-Transformation through Story.

Lewis currently teaches with the family medicine residency at Eastern Maine Medical Center (EMMC) in Bangor, where he does inpatient medicine, outpatient precepting, and obstetrics. He works in consultation-liaison psychiatry at EMMC and at Acadia Hospital. He serves on the Board of Directors of the Coyote Institute for Studies of Change and Transformation. Lewis has been studying traditional healing and healers since his early days and has written about their work and the process of healing. His primary focus has been upon Cherokee and Lakota traditions, though he has also explored other Plains Cultures and those of Northeastern North America.

His goal is to bring the wisdom of indigenous peoples about healing back into mainstream medicine and to transform medicine and psychology through this wisdom coupled with more European derived narrative traditions. He has written scientific papers in these areas and continues to do research. He writes a weekly (almost) blog on health and mental health for www.futurehealth.org. His current interests' center around psychosis and its treatment within community and with non-pharmacological means, narrative approaches to chronic pain and its use in primary care, and further developing healing paradigms within a narrative/indigenous framework.



Kenny E. Miller, ACSW, LCSW

Kenny E. Miller is a clinician in private practice with Esperero Family Center in Tucson, AZ. He has over 30 years of experience providing therapeutic services to children and families in the complete range of clinical settings. He has trained agencies, parents as well as thousands of clinicians across the country in the model of therapy, which he developed to support children, as well as adults who have been victims of disrupted attachment and complex trauma. Kenny earned a Master's degree in Social Work from University of Illinois, Chicago.



Philip Robert Rhoton, PsyD, LPC

Dr. Rhoton has been involved with mental health treatment since 1989. In that tenure he has supervised outpatient clinics, juvenile justice programs, Intensive outpatient substance abuse groups for adolescents, day treatment programs, adult offender programs and child and family services. Dr. Rhoton has advanced training in child and adolescent trauma treatment being certified by the American Academy of Experts in Traumatic Stress for Child Trauma Therapy. Bob is the past president of the Arizona Trauma Therapy Network (2010 through 2012). Dr. Rhoton has collaborated with numerous agencies in Arizona fine-tuning their understanding of trauma and the impact of developmental trauma on the individual and family. Dr. Rhoton is the founder and CEO of Arizona Trauma Institute, which is a professional training and consultation company. Bob serves on the Arizona Department of Health Services Trauma Informed Care (TIC) taskforce, and is on the Arizona Board of Behavioral Health Examiners Counselor Credentialing committee. Dr. Rhoton earned two Master's degrees (Counseling and Education), and a Doctorate of Clinical Psychology.

DISTINGUISHED SPEAKER BIOS



Colin A. Ross, MD

Colin A. Ross received his M.D. from the University of Alberta in 1981 and completed his psychiatry training at the University of Manitoba in 1985. He has been running a Trauma Program in the Dallas, Texas area since 1991 and consults to two other Trauma Programs, one at Forest View Hospital in Grand Rapids, Michigan and one at Del Amo Hospital in Torrance, California. His Texas Trauma Program moved to UBH Denton in September, 2015. Dr. Ross is the author of 28 books and 200 professional papers and is a Past President of the International Society for the Study of Trauma and Dissociation. Dr. Ross has spoken widely throughout North America and in Europe, China, Malaysia, Australia and New Zealand. Besides his psychiatric research and writing, Dr. Ross has written poetry, short stories, essays, aphorisms, creative non-fiction, and screenplays.



Mark Sanders, LCSW, CADC

Mark Sanders is an international speaker in the behavioral health field whose presentations have reached thousands throughout the United States, Europe, Canada, and the Caribbean Islands. He is co-author of Recovery Management and author of Relationship Detox: How to Have Healthy Relationships in Recovery. He has had two stories published in the New York Times best-selling book series, Chicken Soup for the Soul. His most recent book is entitled, Slipping through the Cracks: Intervention Strategies for Clients with Multiple Addictions and Disorders. He is a lecturer at the University of Chicago. Mark earned a Master's Degree in Social Work from Loyola University of Chicago.



Sally Spencer-Thomas, PsyD, MNM

Sally Spencer-Thomas is a clinical psychologist, mental health advocate, faculty member, consumer of mental health services, and survivor of her brother's suicide. She sees issues of suicide prevention and mental health promotion from many perspectives. The Carson J Spencer Foundation is named after her brother, a Denver business leader who died by suicide after a difficult battle with bipolar disorder. Known nationally and internationally as innovators in social change, the Carson J Spencer Foundation helped start up multiple large-scale, gap filling efforts in mental health including Man Therapy, a partnership effort with Colorado's Office of Suicide Prevention and Cactus (a full-service advertising firm). Sally is the President-Elect for the Suicide Prevention Coalition of Colorado and holds leadership positions (Board of Directors or Task Force/Committee Chair) for the International Association of Suicide Prevention, the American Association of Suicidology, the National Suicide Prevention Lifeline and the National Action Alliance for Suicide Prevention. Sally earned a Doctorate in Psychology and a Masters in Nonprofit Management (MNM).



Robin Stern, PhD

Robin Stern is the associate director for the Yale Center for Emotional Intelligence and an associate research scientist at the Child Study Center at Yale University. She is a licensed psychoanalyst with 30 years of experience treating individuals, couples, and families. Robin is the co-developer of RULER, the Yale Center's approach to bringing emotion intelligence to school communities and to the workplace; she is a co-developer of RULER for Families and a lead trainer for the Center's Institutes. Robin is also on the faculty of Teachers College, Columbia University and the author of two books: The Gaslight Effect and Project Rebirth.

Robin was a founding member of the Woodhull Institute, where she spent 15 years creating and facilitating development programs for women leaders. Robin regularly consults to schools and companies around the world, and for the last 5 years has worked with Facebook to develop tools that help adults and children develop emotional intelligence and resolve online conflict. Currently, Robin consults to Smilow Cancer Hospital in New Haven, helping physicians and nurses build emotional intelligence. In 2014-15, she was a fellow in the Yale Public Voices Fellowship, and her popular pieces appeared in Psychology Today, The Huffington Post, Time.com, The Washington Post, The Hill, and Harvard Business Review. She has been a guest on many local and national radio shows and has traveled widely to lecture on emotional intelligence and relational bullying. Robin is a member of the Emotional Intelligence Consortium and serves as an advisor for Think Equal, Crisis Text Line and I'll Go First.

Robin lives in New York and treasures her relationship with her son, Scott and daughter, Melissa who are following their own passions.



Olga Trujillo, JD

Olga Trujillo is an attorney, trainer, speaker and author who has devoted her career to helping advocates, first responders and others in the field better understand the impact of trauma on survivors of sexual assault, domestic violence and child abuse. She intertwines the role of culture, and in particular Latino culture into every training or technical assistance opportunity. Olga Trujillo is also the Director of Public Policy at Casa de Esperanza's National Latin@ Network. She has also worked at the United States Department of Justice for nearly twelve years. In 2001, she started consulting with communities on issues related to interpersonal sexual violence, trauma and dissociation.

As a consultant, she has worked with most national organizations addressing the issues of trauma and violence against women and children. She has served as consultant for the National Center on Domestic Violence, Trauma and Mental Health for a number of years and serves on their National Advisory Committee as well as their Legal Work Group. Olga has authored a number of articles and publications. Her memoir for New Harbinger Publications entitled "The Sum of My Parts" was released in October 2011. She also co-authored a Handbook for Attorneys "Representing Domestic Violence Survivors Who Are Also Experiencing Trauma and Mental Health Challenges" which was released in January 2012.



Dave Verhaagen, PhD, ABPP

Dave Verhaagen is the author or co-author of eight books, including Therapy with Young Men and Parenting the Millennial Generation. As a nationally board-certified and licensed psychologist with a Ph.D. in psychology from the University of North Carolina at Chapel Hill, he has served as clinical director for three mental health agencies and is the founder and former CEO of Southeast Psych, a large psychology practice with offices in Charlotte, Nashville, and New Zealand. He has been married to Ellen for 26 years and they have four young adult children.

SPECIAL SWS LUNCHEON



WEDNESDAY, AUG. 16 12:15 PM – 1:30 PM

Featuring Howard Glasser, MA

Transforming the Intense Child to Greatness

Dealing with problematic or intense children is a daunting task to handle. We usually react by increasing our energy in negative ways and expecting better results. Although this can work at times, there is a better way to handle these situations while building "Inner Wealth" and teaching children to embrace their intensity in positive ways.

Through "The Nurtured Heart Approach", we are confident that you will strengthen your relationships and come to celebrate the children you work with. The approach focuses on recognizing energy flow and on appreciatively helping children to realize their greatness, talents and abilities, and teaching them how to live this out in their everyday lives.

Children who experience "Inner Wealth" feel good about themselves; they learn that they can take control of their own intensity and power, and can use it for good; and they develop an unshakable confidence.

Howard Glasser is Chairman of the Board of the Children's Success Foundation and creator of the Nurtured Heart Approach®. He is dedicated to awakening the greatness in all children with a particular focus on intense and challenging children. Howard has been called one of the most influential living persons working to reduce children's reliance on psychiatric medications. He has been a featured guest on CNN, a consultant for 48 Hours, and is a sought after keynote speaker at inspirational conferences as well as conferences in areas of education and treatment. He is the author of several books, including Transforming the Difficult Child; Notching Up the Nurtured Heart Approach®; The New Inner Wealth Initiative®; and All Children Flourishing. Howard holds a Master's degree in counseling and clinical psychology from New York University, and has taught his approach and message at several universities including Andrew Weil's University of Arizona Integrative Medicine fellowship program and U of A's esteemed Zuckerman School of Public Health. He currently instructs educators, parents and therapists through live presentations and Internet-based courses.

\$30 1 Hour Continuing Education Credit and a wonderful meal. Purchase tickets at the Registration Desk by Tuesday, August 15 by 12 PM.

SCHEDULE AT A GLANCE

SUNDAY, AUGUST 13

SUNDAY, AUGUST 13

PRE-CONFERENCE: 4 OPTIONS

8:00 AM - 9:00 AM REGISTRATION

9:00 AM - 4:00 PM (LUNCH: 12:00 PM - 1:00 PM)

1. Healing Attachment Trauma: The Journey to Wholeness
2. Demystifying the Difficult Family with Competency-Focused Family Therapy
3. 6-Hour Clinical Supervision Training
4. 12-Hour Clinical Supervision Training (2-part session—part 2 on Mon. Aug 14)

MONDAY, AUGUST 14

7:00 AM – 8:00 AM REGISTRATION

8:00 AM – 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM – 10:00 AM GENERAL SESSION

5. Be a Shining Light of Hope: Everyone Plays a Role in Suicide Prevention

10:15 AM – 12:00 PM GENERAL SESSION

6. Narrative Therapy for Severe Mental Health Disorders

12:00 PM – 1:30 PM LUNCH ON OWN

1:30 PM – 3:15 PM CONCURRENT SESSIONS

7. And the Light Shines On: After Death Communication Experiences of People Bereaved by Suicide
8. Native American Culture and Spirituality: Lessons for Psychology in the 21st Century
9. Beyond Conduct Disorder: Trauma and Delinquency
10. When the Juvenile Sex Offender is Also a Victim: Risk Management, Safety Planning and Clarification (Part 1)
11. Covert Sexual Abuse: The Sexual Seduction of Being Special
12. Prevention and Intervention: Latino Youth Street Gangs
13. Family Therapy with Adolescents in a Consumption Culture
14. Where Substance Abuse and Eating Disorders Intersect
15. Patient Welfare, Therapist Responsibility: When Therapist Values and Ethics Codes Conflict (Part 1)
16. Supervision in High Anxiety Situations

3:15 PM – 3:30 PM AFTERNOON SNACK BREAK

3:30 PM – 5:15 PM CONCURRENT SESSIONS

17. Man Therapy™: An Innovative Approach to Mental Health for Working Aged Men
18. Indigenous Approaches to Mind and Mental Health
19. A Strength-Based, Holistic Approach to the Treatment of Psychotic Disorders
20. Reducing Unintended Pregnancies through Reproductive Life Goals
21. Legislative and Congressional Advocacy in the New World Order: How to Make a Difference in Difficult Times
22. Process of Addiction
23. Mindfulness and Compassion within the Parent-Child Relationship
24. Biofeedback as Primary or Adjunctive Care
25. Patient Welfare, Therapist Responsibility: When Therapist Values and Ethics Codes Conflict (Part 2)
26. When the Juvenile Sex Offender is Also a Victim: Risk Management, Safety Planning and Clarification (Part 2)

5:15 PM – 5:30 PM EVENING BREAK

5:30 PM – 7:15 PM SPECIAL EVENING SESSION

27. Help! They're After Me: Avoiding Licensing Board Problems

TUESDAY, AUGUST 15

7:00 AM – 8:00 AM REGISTRATION

8:00 AM – 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM – 10:00 AM GENERAL SESSION

28. A Motivational Approach to Working with Tough Clients

10:15 AM – 12:00 PM GENERAL SESSION

29. When the Titanic Meets the Iceberg: Addressing the Trauma Underneath the Presenting Problem that Leads to Mental Illness, Substance Use Disorders, Criminality and Self-Harming Behavior

12:00 PM - 1:30 PM LUNCH ON OWN

1:30 PM – 3:15 PM CONCURRENT SESSIONS

30. Treating a New Generation
31. The Therapeutic Benefits of Humor in Counseling
32. Today's Throw Away Youth
33. The Ethics of Self-Care for Helping Professionals (Part 1)
34. Our Mind Can be Our Best Friend and Our Worst Enemy. . . Healing Anxiety through CBT (Part 1)
35. ACTIVE Values: Behaving Your Way out of Psychological Stuckness
36. Ethics of High Conflict Family Therapy
37. Working with Veterans with Trauma and Post Traumatic Stress Disorder (PTSD) (Part 1)
38. The Changing Culture: The Myths and Reality of Medication Assisted Treatment
39. Multicultural Competence and Using Therapist Self-Disclosure

3:30 PM – 5:15 PM CONCURRENT SESSIONS

40. Engaging Young Adult Guys in Therapy
41. Trauma-Informed Care in an Ethical Arena
42. Full Spectrum Approach to Wellness: Healthy Living Evidenced-Based Education
43. Beating Two Drums - or More!
44. Reach Out and Shrink Someone: Psychology in the Age of Technology
45. Nourishing Love and Happiness: The Use of Mindfulness Techniques in Couples Counseling
46. Searching for Meaning: Idealism, Disillusionment, and Hope
47. The Ethics of Self-Care for Helping Professionals (Part 2)
48. Our Mind Can be Our Best Friend and Our Worst Enemy. . . Healing Anxiety through CBT (Part 2)
49. Working with Veterans with Trauma and Post Traumatic Stress Disorder (PTSD) (Part 2)

SCHEDULE AT A GLANCE

WEDNESDAY, AUGUST 16

7:00 AM – 8:00 AM REGISTRATION

8:00 AM – 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM – 10:00 AM GENERAL SESSION

50. The Impact of Physical and Sexual Violence: A Personal Journey Revealed

10:15 AM – 12:00 PM GENERAL SESSION

51. The Gaslight Effect: How to Spot and Survive the Hidden Manipulation Others Use to Control Your Life

12:15 PM – 1:30 PM SPECIAL SWS LUNCHEON (\$30, 1 Hour CE Credit)

52. Transforming the Intense Child to Greatness

12:00 PM – 1:45 PM LUNCH ON OWN (If not attending the Special SWS Luncheon)

1:45 PM – 3:30 PM CONCURRENT SESSIONS

53. Health Care after Violence

54. Using Emotional Intelligence to Stand up to Cyber Bullying

55. Treating First Responders with EMDR (Part 1)

56. Tapping into the Medicine Wheel

57. Moral Reconciliation Therapy for Substance Abuse: Increase Moral Reasoning and Reduce Recidivism

58. Mood and Food: The Relationship Between the Enteric Nervous System and Mood Disorders

59. When Dissociation Is Hidden In Plain Sight (Part 1)

60. Mindfulness Practices for At-Risk Youth: An Effective Intervention to Support Emotional Growth and Resilience

61. Unveiling the Curtain of AzBBHE

62. Poly/Kink Friendly Therapists: Finding One or Becoming One

3:30 PM – 3:45 PM AFTERNOON SNACK BREAK

3:45 PM – 5:30 PM CONCURRENT SESSIONS

63. Accounting for Culture and Trauma in Your Services and Responses

64. From Helplessness to Hope

65. A New Look At Ethics

66. Domestic Violence: Common and Occurring

67. Mindset: Re-training the Precocious, the Perfectionists, and the Perpetually Underachieving to Enjoy Learning Again

68. Grief, Addiction, and Disaster: A Case for an Integrative Approach to Trauma

69. Typical Police Response: How Police Response Can Help You and Your Clients in Crisis

70. Treating First Responders with EMDR (Part 2)

71. When Dissociation Is Hidden In Plain Sight (Part 2)

72. Preventing Fetal Alcohol Syndrome in Action

THURSDAY, AUGUST 17

7:00 AM – 8:00 AM REGISTRATION

8:00 AM – 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM – 10:00 AM GENERAL SESSION

73. Trauma Model Therapy: A Treatment Approach for Trauma, Dissociation and Complex Comorbidity

10:15 AM – 12:00 PM GENERAL SESSION

74. The Long-Term Impact of Grief

12:00 PM – 1:30 PM LUNCH ON OWN

1:30 PM – 3:15 PM CONCURRENT SESSIONS

75. Self-Blame and Suicidal Ideation in Combat Veterans

76. It Takes a Village

77. Empowering Children and Families to Heal from Bullying: A New Approach

78. How to Incorporate the Use of Dreams and Poetry in Substance Abuse Counseling (Part 1)

79. Ethical & Legal Considerations for Working with Children & Families (Part 1)

80. Growing Disparity in Smoking Behaviors in Sexual Minority Youth: What Are We Going to Do?

81. Managing Treatment Interfering Behaviors (Part 1)

82. Acceptance: The Bridge to Inequalities

83. Letting Go of Anxiety and Opening to Joy with Art & Yoga (Part 1)

84. Identifying and Treating Narcissistic Abuse: Energy Vampires Exposed

Bonus Session 1. Rethink Personality

3:15 PM – 3:30 PM AFTERNOON SNACK BREAK

3:30 PM – 5:15 PM CONCURRENT SESSIONS

85. A Structural Dissociation Model: How to Integrate Everything Into One Treatment Plan

86. Beyond the Gender Binary: An Experiential Review of Gender and Non-Binary Identities

87. How to Get the Death you Want

88. Addressing Obesity in Consumers of Mental Health Services: How to Treatment Plan for Wellness

89. Arizona's HIE: Improving Care and Outcomes Through Integrated Information and Protecting Patient Rights Under the New SAMSHA Rule

90. First Episode Psychosis: Coordinated Specialty Care

91. How to Incorporate the Use of Dreams and Poetry in Substance Abuse Counseling (Part 2)

92. Ethical & Legal Considerations for Working with Children & Families (Part 2)

93. Managing Treatment Interfering Behaviors (Part 2)

94. Letting Go of Anxiety and Opening to Joy with Art & Yoga (Part 2)

Bonus Session 2. Entitled to Fail



SUNDAY, AUGUST 13

PRE-CONFERENCE: 4 OPTIONS

(INCLUDES: 6-HOURS OF CONTINUING EDUCATION; MORNING BEVERAGE SERVICE; AND LUNCH)

8:00 AM - 9:00 AM REGISTRATION

9:00 AM - 4:00 PM (LUNCH: 12:00 PM - 1:00 PM)

1. Healing Attachment Trauma: The Journey to Wholeness

Journey with the presenter for this full day of understanding the often impenetrable and confusing behaviors of children who have suffered Developmental Trauma. A look through the lens of Attachment, Trauma and Object Relations theories will show how a real-time transformation of the child is possible when unmet relationship needs from the earliest years of life can be met. You will leave with new insight and many practical strategies for support and healing of these most challenging children! **Kenny E. Miller, ACSW, LCSW**

2. Demystifying the Difficult Family with Competency-Focused Family Therapy*

This training provides an introduction to the fundamentals of single session family system's therapy. Learn to conceptualize cases from a system's perspective and to go beyond case content to make each session culturally relevant and therapeutically solid. At the end of this workshop you will be prepared to expertly work with family systems to create a context in which change is logical. **Vicki Loyer (Carlson), PhD, LMFT**

3. 6-Hour Clinical Supervision Training*

Explore and develop enhanced general and clinical supervision skills for those independently licensed professionals that currently provide clinical supervision or intend to deliver clinical supervision in compliance with the Arizona Revised Statutes and ADHS requirements. This training utilizes case studies and a collaborative participant discussion format to assure that all points are covered and adequately understood. **Philip Robert Rhoton, PsyD, LPC**

4. 12-Hour Clinical Supervision Training (2-Part Session)*

Explore and develop enhanced general and clinical supervision skills for those independently licensed professionals that currently provide clinical supervision or intend to deliver clinical supervision in compliance with the Arizona Revised Statutes and ADHS requirements. This training utilizes case studies and a collaborative participant discussion format to assure that all points are covered and adequately understood. **THIS IS A 2-PART SESSION. PART 1 WILL OCCUR ON SUNDAY, 8/13/17 AND PART 2 WILL OCCUR ON MONDAY, 8/14/17. TIME: 9:00 AM - 4:00 PM EACH DAY (LUNCH: 12:00 PM - 1:00 PM EACH DAY).** **Philip Robert Rhoton, PsyD, LPC**

MONDAY, AUGUST 14

7:00 AM - 8:00 AM REGISTRATION

8:00 AM - 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM - 10:00 AM GENERAL SESSION

5. Be a Shining Light of Hope: Everyone Plays a Role in Suicide Prevention*

In her presentation, "Be a Shining Light of Hope," Dr. Spencer-Thomas offers participants inspiration and a solid understanding of the personal and community issues surrounding suicide as she guides listeners through her own journey from bereavement to activist. Positioning suicide as a social justice issue, she empowers everyday citizens to get involved in the "suicide prevention movement." By giving many examples of community-level action, she teaches participants strategies that can shift culture, increase help-seeking, and ultimately save lives. She leaves the audience with three core elements for creating change: start with yourself, instill hope, and engage a wider circle in the efforts of suicide prevention. **Sally Spencer - Thomas, PsyD**

10:15 AM - 12:00 PM GENERAL SESSION

6. Narrative Therapy for Severe Mental Health Disorders*

The ideas that are being called narrative therapy are both new and ancient and provide us with unique opportunities for integration with indigenous perspectives. The fundamental idea is simple but profound, that all human activity is structured in the form of a story, including our memory, which has been confirmed by neuroscience. In narrative therapy we gather the stories about the client, told by the client, and surrounding us from the larger culture, and understand through dialogue how some of these stories might be contributing to the client's suffering. We work within the stories of the client to help shift those stories toward greater harmony and balance. Case series and stories are presented for the use of narrative therapy for people diagnosed with psychotic disorders, bipolar disorder, and North American First Nations' people who have attempted suicide. We will conclude by showing how this approach is quite consistent with some First Nations' models of mind and self, and are often more readily accepted than conventional approaches by those who are having extraordinary experiences and by indigenous people. **Lewis Mehl-Madrona, MD, PhD**

1:30 PM - 3:15 PM CONCURRENT SESSIONS

7. And the Light Shines On: After Death Communication Experiences of People Bereaved by Suicide*

Many people bereaved by suicide have mystical connections with the loved ones they have lost that affect their healing journey—powerful dreams, meaningful coincidences or other "signs" that their loved one's spirit continues. Sally Spencer-Thomas, CEO & Co-Founder of the Carson J Spencer Foundation and co-author of *The Role of Faith Communities in Suicide Prevention: A Guidebook for Faith Leaders* will present findings from a survey given to survivors of suicide loss (n=1500) about their spiritual connections with the people they have lost to suicide. **Sally Spencer - Thomas, PsyD**

8. Native American Culture and Spirituality: Lessons for Psychology in the 21st Century*

Psychotherapy consists of speaking to reduce suffering and clearly exists in all cultures and times regardless of what it is called. In Native North American cultures, relational therapies are common, as well as imagery techniques, group therapies (the talking circle or reconciliation circle), and ceremonies. Behavioral activation in the form of tasks to be undertaken are also common. The rules by which therapist and client interact are different, with traditional elders expecting more respect than is common in the modern consumer culture and also being more directive in telling the suffering individual what to do. Mainstream psychology and psychotherapy can learn from Native American culture in several areas: 1. The emphasis on the community as the unit of treatment. 2. The emphasis on inter-connectedness and inter-dependence of people with each other and with nature. 3. As part of this, the inclusion of spirituality within psychotherapy. 4. The use of "magical" procedures to transfer the therapist's healing intention to the client in ways which persist between sessions. 5. The change of identity narrative for healing in desperate situations. We will explore how to integrate in culturally respectful ways. **Lewis Mehl-Madrona, MD, PhD**

9. Beyond Conduct Disorder: Trauma and Delinquency*

Youth involved in the juvenile justice system present with significant trauma. Learn about the prevalence of and interaction between trauma, mental health, and substance use disorders in delinquent youth. Learn about criminogenic factors and specific treatments that can mitigate these presentations to better guide youth back into the community and away from the juvenile justice system. **Beverly Tobiason, PsyD, LPC**

10. When the Juvenile Sex Offender is Also a Victim: Risk Management, Safety Planning and Clarification (Part 1)*

What happens when the juvenile with sexual behavior problems is also a victim of sexual perpetration? Special treatment issues including prevalence, characteristics, risk management, safety planning, and clarification of process will be presented. Where there are philosophical differences in treatment approaches (victim vs offender vs. trauma), utilizing a clinical decision model, participants will be presented with solutions to work through impasses. **Lee A. Underwood, PsyD & April Crable PhD**

11. Covert Sexual Abuse: The Sexual Seduction of Being Special*

Covert Sexual abuse is a puzzling therapeutic challenge to identify. The challenge for therapists rests in the knowledge that this "seductive" role is exploitive and destructive to the client, yet, parent and child may silently collude in the exploitation further complicating treatment outcomes. This lecture will explore the dynamics that put families at risk and therapeutic interventions to help restore sexual and relational health. **Debra L. Kaplan, MA, MBA, LISAC, LPC, CSAT-S**

12. Prevention and Intervention: Latino Youth Street Gangs*

The alarming increase of gangs in the United States has become a national priority. This work focuses on Hispanic youth street gangs in the United States. It provides a description and understanding of contemporary gangs that are emerging in Mexican, Mexican American, Puerto Rican, Dominican and Central American Communities. This description and understanding requires an appreciation of the importance of immigration and transnational spaces for the phenomenon of US Hispanic Street gangs. It explores the vulnerability of Hispanic communities to youth street gangs. Also, discussed are consequences associated with streets gangs such as substance use and sales, violence, high-risk sexual behaviors and family disruption. The responses of the communities to these consequences are also addressed in the form of model intervention and prevention programs. Included are practical suggestions of how to communicate, interact, and build rapport and trust with gang members. Also included, is the latest research on risks associated with U.S. Hispanic and Latino adolescents becoming gang members. **Jesse Rocky Romero, PhD, LMSW**

13. Family Therapy with Adolescents in a Consumption Culture*

In a consumption culture we celebrate accomplishments, accumulation, and speed. We implicitly challenge each adolescent to choose in ways that produce these measures of success. The adolescent brain is often at risk to choose drugs and alcohol to fit in or find relief, experiencing anxiety in one-decision thinking, and depression from achievement based personal value decisions. The task is to help families of adolescence navigate this journey: Many roads lead to Rome, but not all parts of Rome are worth the visit. **Vicki L. Loyer, PhD, LMFT**

14. Where Substance Abuse and Eating Disorders Intersect

With co-occurring substance abuse and eating disorders, it often seems that when one is addressed, the other escalates. This presentation is primarily geared toward substance abuse counselors seeking more knowledge on treating eating disorders. It will discuss the basics of eating disorder diagnosis, treatment strategies, and how they are similar and different from substance abuse. **Michelle R. Crowell, LCSW**

15. Patient Welfare, Therapist Responsibility: When Therapist Values and Ethics Codes Conflict (Part 1)*

Recent court cases highlight conflicts faced by students, supervisors and psychotherapists when personal values conflict with diversity ethics requirements. Two legal cases involving student values related to client sexual orientation that were in conflict with diversity ethics codes will be discussed. This workshop will review the ethical issues involved, legal outcomes, and current standard of care. **Pamela H. Harmell, PhD**

16. Supervision in High Anxiety Situations*

Supervisees may experience anxiety in addressing client concerns that can clash with counselor beliefs. Current social issues are impacting client/counselor relationships and often propelling the counselor into greater advocacy activities. This can create ethical and professional dilemmas. High risk client behaviors, such as nonsuicidal self-injury, can also create counselor anxiety. This presentation will provide tools to address supervisor clinical and ethical roles and responsibilities as these high anxiety situations present in supervision. **Patricia Kerstner, PhD, NCC & Mande Rowley, PhD, LPC**

3:30 PM - 5:15 PM CONCURRENT SESSIONS**17. Man Therapy™: An Innovative Approach to Mental Health for Working Aged Men***

"Women seek help, men die" was the stark conclusion of one suicide prevention researcher. The truth is that the burden of suicide rests largely on the shoulders of men of working age – about 70% of all suicide deaths fall into this category, and those men at highest risk are often the ones least likely to seek help. The research tells us that our traditional way of doing suicide prevention doesn't work – and that we must find new partners and new perspectives to reach suicidal men. In particular, we need to change our messaging strategies and the way we engage men to "fix themselves." This presentation will give participants an insider's view to the development, implementation and impact of the innovative Man Therapy™ campaign – a fully-integrated, multi-media mental health literacy campaign that uses humor to reach men of working age by "manning up" mental health. **Sally Spencer-Thomas, PsyD**

18. Indigenous Approaches to Mind and Mental Health*

We will explore how some indigenous culture primarily of North America view mind, self, and mental health, and how these are different from conventional mainstream psychology. We will explore a philosophy in which mind arises from a swarm of stories surrounding a body, each of which contains a spark from the being of that story's teller. We will look at concepts of relational self in which self arises within interactions and between people as exists within communities and relationships and not confined to one body. We will explore ideas of health arising from harmony and balance and illness arising from imbalance and relational disturbance. These ideas are most compatible with social brain theories in contemporary psychology, the relational self of Hubert Hermann, and the Open Dialogue method from the Finnish Psychosis Project. We will see how profoundly different assessment becomes within such models as well as treatment and that assessment is always participatory and interactive with all concerned parties. **Lewis Mehl-Madrona, MD, PhD**

19. A Strength-Based, Holistic Approach to the Treatment of Psychotic Disorders*

The integrated approach to the treatment of serious mental illness and psychotic disorders is gaining increased attention in the health care field, and for good reason. Multiple studies show that an approach that integrates mental health services with primary care is better serves the diverse health needs of this population. However, even when mental health services are provided to those with psychotic disorders and/or SMI, they seldom treat the "whole person", overlooking key client variables ("strengths") and the deeper issues that constitute areas of struggle, and potential growth in people's lives. This presentation will discuss research and clinical findings that support a strength-based and holistic approach to treating those struggling with serious mental illness, and how such an approach is conducive to healthy growth and development in the lives of those we serve. **William D. Beverly, PhD, LMFT**

20. Reducing Unintended Pregnancies through Reproductive Life Goals

Attendees of this workshop will increase their knowledge on the topic of contraception that includes client-centered conversations regarding pregnancy intention and prevention using a shared decision making process. Participants will gain confidence and competency in discussing contraception with clients. Additional information will include how to provide referrals to low or no-cost reproductive health providers. **Kristin Stookey, CRNP**

21. Legislative and Congressional Advocacy in the New World Order: How to Make a Difference in Difficult Times

The November election has inspired many who have not been active advocates to join the charge. This workshop will focus on advocacy tools to help you navigate the system and create good public policy for all. **Bahney Dedolph, BSW, MA**

22. Process of Addiction

This presentation will discuss the processes of addiction including: Foundation of Addiction, Process of Denial, Attitudes/Core Beliefs (rationalization, justification, excuse/blaming), Character Defects/Thinking Errors/Defense Mechanisms, King Baby, Co-Dependency, Stages of Change (pre-contemplation, contemplation, preparation, action, maintenance, relapse), PAWs (post acute withdrawal), and Shame (toxic vs healthy). **Bob Pilcher, LCSW, LISAC**

23. Mindfulness and Compassion within the Parent-Child Relationship

In this training, participants learn how to develop and strengthen caregivers' compassion response utilizing mindfulness techniques and strength based assessment skills. Participants will learn how the compassion response can be used to promote resiliency in parents and children who have experienced trauma. Using hands-on activities, participants will explore various mindfulness interventions that can be incorporated into parent-child sessions with the intent of increasing compassion and shared meaning within the family. Participants will also reflect on the importance of self-compassion as clinicians. This training will encourage reflective practice and promote the importance of curiosity when working with families. **Serena Samaniego, MS, LAC, IMH-E®(II) & Sara Dominguez, MS, LAC**

24. Biofeedback as Primary or Adjunctive Care*

Biofeedback is a safe and research-based prevention and intervention technique that is used to address a wide variety of conditions. This introductory level workshop, utilizing presentation, interaction and live demonstration, will clarify what biofeedback is, the research behind it, how it works, when to use it and how to access it, as well as provide participants with several easy to implement, low cost/no cost tools. **David M. Phelan, MC, NCC, LPC, BCN**

25. Patient Welfare, Therapist Responsibility: When Therapist Values and Ethics Codes Conflict (Part 2)*

Continuation of Session 15. **Pamela H. Harmell, PhD**

26. When the Juvenile Sex Offender is Also a Victim: Risk Management, Safety Planning and Clarification (Part 2)*

Continuation of Session 10. **Lee A. Underwood, PsyD & April Crable, PhD**

5:30 PM - 7:15 PM SPECIAL EVENING SESSION**27. Help! They're After Me: Avoiding Licensing Board Problems***

This is an interactive program to help attendees identify and avoid ethics issues that can result in Board complaints and adverse actions. Common Board complaints highlighted include knowing who your client is, multiple relationships, boundary issues, court involvement, therapy collaterals, and dealing with subpoenas and records release. Resources and tools will be explored. **Tobi Zavala, BSW & Faren Akins, PhD, JD**

TUESDAY, AUGUST 15

7:00 AM - 8:00 AM REGISTRATION

8:00 AM - 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM - 10:00 AM GENERAL SESSION

28. A Motivational Approach to Working with Tough Clients*

This presentation will provide a practical guide to using a motivational interviewing approach and strategies to engage hard-to-treat individuals. **Dave Verhaagen, PhD, ABPP**

10:15 AM - 12:00 PM GENERAL SESSION

29. When the Titanic Meets the Iceberg: Addressing the Trauma Underneath the Presenting Problem that Leads to Mental Illness, Substance Use Disorders, Criminality and Self-Harming Behavior*

According to the CDC if we could eliminate childhood trauma, 53% of what we help clients with would be totally unnecessary. In this Keynote address you will learn strategies that will help you address five types of trauma which impact families, including: acute stress disorder, post-traumatic stress disorder, complex trauma, 24-7-365 trauma, and historical trauma. We will discuss "secrets theory" and how workers can help decrease the impact of multi-generational trauma on families. Emphasis will also be placed on the use of humor and centering rituals to prevent secondary PTSD. **Mark Sanders, LCSW, CDAC**

1:30 PM - 3:15 PM CONCURRENT SESSIONS

30. Treating a New Generation*

This presentation will provide an understanding of teens and young adults along with their unique needs and characteristics that influence treatment. **Dave Verhaagen, PhD, ABPP**

31. The Therapeutic Benefits of Humor in Counseling*

Participants will leave this interactive, skill-building workshop with tools that will enable them to incorporate more humor into their work with clients. A partial list of topics includes: The therapeutic benefits of humor in counseling; how to use humor to decrease client stress and improve mental health; the use of humor to decrease client resistance and facilitate the building of rapport; and how to use humor to increase program morale and decrease organizational burnout and compassion fatigue. **Mark Sanders, LCSW, CDAC**

32. Today's Throw Away Youth

Homelessness has always been a concern in Arizona. This workshop will help the participant learn more about homeless youth, reasons for homelessness, obtain a realistic assessment of needs and possible solutions in helping homeless youth navigate life with little to no family support. It will also help in the development cultural sensitivity to youth culture, family culture and street culture. **Charlotte Peper, LPC**

33. The Ethics of Self-Care for Helping Professionals (Part 1)*

The promotion, support, and modeling of self-awareness and self-care is critical to the well-being and longevity of practitioners in the helping profession. Effective coping skills improve health, mental clarity and successful outcomes while reducing stress and burn out, which better serve both practitioners and their clients. Attendees will learn the ethics of self-care, and basic tenants of stress management using a holistic mind-body experiential approach. **Dori DiPietro, LCSW, CEAP, E-RYT500**

34. Our Mind Can be Our Best Friend and Our Worst Enemy: Healing Anxiety through CBT (Part 1)*

This presentation utilizes the theory and interventions of CBT to help participants learn about tools and techniques for working with anxiety disorders. CBT is the recommended treatment for anxiety and mood disorders. Learn skills to help your clients feel better in just a few sessions. **Susan Dolence, MSSA, LCSW**

35. ACTive Values: Behaving Your Way out of Psychological Stuckness*

This workshop will open with an explanation of the ACT Model by explaining the difference between psychological flexibility and rigidity. The majority of the session will explore how values influence behavior and how behavior in service to healthy values can promote and maintain mental well-being. Come and learn an alternative to therapy as usual. **Sam Lample, LPC, CEDS & Megan Schwallie, LCSW**

36. Ethics of High Conflict Family Therapy*

Mental health agencies and individual professionals often struggle with the laws of confidentiality, medical records management, and best practices for court-involved family treatment. This workshop is intended to help you better navigate these issues AND avoid licensing board complaints and liability. **Heidi Quinlan, LPC, LISAC & Faren Akins, PhD, JD**

37. Working with Veterans with Trauma and Post Traumatic Stress Disorder (PTSD) (Part 1)

This workshop will address working with Veterans who present with histories of trauma including with presentations of PTSD. In service to those who have served, this presentation provides an introduction to information related to providing psychotherapy treatment services. It will also provide information about Military and Veteran Affairs information and terminology. **Christine Way, LCSW**

38. The Changing Culture: The Myths and Reality of Medication Assisted Treatment

The presentation will provide a general and intermediate understanding around Medication Assisted Treatment (MAT). Presenter will discuss the benefits and limitations of all the medications that are utilized. The presentation will address current collaborations with community partners along with county and state justice programs including current outcomes for Arizona drug courts and the MAT-PDOA Grant. The presenter will encourage, motivate, and provide action steps to collaborate with other community providers for the best outcomes of our communities. **Michael C. White, MCJ**

39. Multicultural Competence and Using Therapist Self-Disclosure*

Psychotherapists wrestle with the ethics self-disclosure especially with diverse clients. Disclosure about personal thoughts or feelings traditionally have been considered contaminating or intrusive. Current research disagrees especially when working with diverse clients. This workshop will evaluate the pros, cons and effectiveness of general therapist self-disclosure with an emphasis on diverse clients. A multicultural decision making model for use of therapist self-disclosure, developed by Frame and Williams, will be presented. **Pamela H. Harmell, PhD**

3:30 PM - 5:15 PM CONCURRENT SESSIONS

40. Engaging Young Adult Guys in Therapy*

This presentation will provide a guide to connecting with and helping young adult guys (ages 16-29) in therapy, beginning with how to build rapport, traps to avoid, and strategies that work. **Dave Verhaagen, PhD, ABPP**

41. Trauma-Informed Care in an Ethical Arena*

In this presentation, participants will be introduced to skills that will enable them to work more effectively with clients exposed to trauma in an ethical manner. A partial list of topics includes: The impact of adverse childhood trauma on adolescents and adults and the role of the helping professional in addressing trauma ethically at the individual, organizational, and community levels; using countertransference as a gift when working with clients exposed to trauma who go from victim to perpetrator, establishing healthy boundaries to prevent ethical violations and The therapeutic benefits of humor and other strategies to reduce the risk of compassion fatigue/secondary trauma. **Mark Sanders, LCSW, CDAC**

42. Full Spectrum Approach to Wellness: Healthy Living Evidenced-Based Education

The Arizona Living Well Institute is Arizona's hub for Chronic Disease Self-Management Education (CDSME) Healthy Living programs. They are evidenced-based workshops that give people the knowledge, confidence, and motivation needed to manage the challenges of living with chronic conditions and live an overall healthier life. We will discuss CDSME programs available and different applications in which they can be utilized. **Wendy O'Donnell, MPH, MCHES & Marni Rawiszer, MPH**

43. Beating Two Drums—or More!*

This presentation will illustrate a practical application of the ASAM criteria in meeting the challenges of dual diagnosis in addictions. The Butterfly Drop In Center is a small but effective community program and is a department of Rainbow Treatment Center. At the BDIC professional and behavioral health techs provide crisis, individual, family, and group psychotherapy. The presentation will identify common dual diagnosis issues which interfere with sobriety and how to effectively assist clients with these. BDIC focus is on addressing the Spiritual, Physical, Intellectual, Relationship/Communication, and Emotional Management of clients in early recovery. BDIC is a fun place to be and clients enjoy their experience. **Donna M. Stevens, PsyD, RN**

44. Reach Out and Shrink Someone: Psychology in the Age of Technology*

The 21st Century has brought innovations that require therapists to consider confidentiality, record keeping and boundary controversies. This workshop will address personal versus professional website issues, cybertherapy and updates on proper internet record keeping including FaceTime, Skype, Yelp and reputation protection. Literature updates, expert opinion, and relevant ethics codes will be applied. **Pamela H. Harmell, PhD**

45. Nourishing Love and Happiness: The Use of Mindfulness Techniques in Couples Counseling

More and more we are learning that incorporating the practice of mindfulness into our lives has a positive impact on our individual well-being. This workshop examines the use of mindfulness in couples counseling and reviews specific skills geared towards increasing gratitude and compassion in interpersonal relationships. **Shari Goettel, LCSW**

- 46. Searching for Meaning: Idealism, Disillusionment, and Hope***
Humans search for meaning, yet experience disillusionments, which often leads to loneliness, cynicism, burnout, and existential depression not only in adults, but also in children. The existential depression is a comorbid factor, but often overlooked. This session describes behaviors people use to cope with their disillusionments, and then highlights ways to develop and maintain idealism, hope, and life satisfaction. **James T. Webb, PhD**
- 47. The Ethics of Self-Care for Helping Professionals (Part 2)***
Continuation of Session 33. **Dori DiPietro, LCSW, CEAP, E-RYT500**
- 48. Our Mind Can be Our Best Friend and Our Worst Enemy: Healing Anxiety through CBT (Part 2)***
Continuation of Session 34. **Susan Dolence, MSSA, LCSW**
- 49. Working with Veterans with Trauma and Post Traumatic Stress Disorder (PTSD) (Part 2)**
Continuation of Session 37. **Christine Way, LCSW**

WEDNESDAY, AUGUST 16

7:00 AM - 8:00 AM REGISTRATION

8:00 AM - 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM - 10:00 AM GENERAL SESSION

- 50. The Impact of Physical and Sexual Violence: A Personal Journey Revealed**
Olga Trujillo watched as her father abused her mother for years. As she was drawn into his abuse of her mother she was also sexually abused by her father and brothers. Ms. Trujillo, now an attorney, advocate and author, underwent a journey to understand the impact the violence she witnessed and endured—from the child abuse to rapes she suffered as an adolescent and young adult—had on her life. In this presentation she reveals what she has learned so far and although tragic, her story of survival is inspiring and hopeful. She shows how each person can and does make a difference in the lives of others. **Olga Trujillo, JD**

10:15 AM - 12:00 PM GENERAL SESSION

- 51. The Gaslight Effect: How to Spot and Survive the Hidden Manipulation Others Use to Control Your Life***
Gaslighting is the systematic attempt by one person to erode another's reality, by telling them that what they are experiencing isn't so—and, the gradual giving up on the part of the other person. Gaslighting takes two—one person who needs to be in control to maintain sense of self, and the other, who needs the relationship to maintain sense of self and is willing to acquiesce. The Gaslight Effect happens when a person finds themselves second guessing their own reality, confused and uncertain of what to think, because they have allowed another to define reality and tell them what to think—and who they are. Gaslighting can be maddening in the early stages and soul destroying when it fully takes hold. **Robin Stern, PhD**

12:15 PM - 1:30 PM SPECIAL SWS LUNCHEON (1 hour C.E. credit; \$30)

- 52. Transforming the Intense Child to Greatness**
Dealing with problematic or intense children is a daunting task to handle. We usually react by increasing our energy in negative ways and expecting better results. Although this can work at times, there is a better way to handle these situations while building "Inner Wealth" and teaching children to embrace their intensity in positive ways.
Through "The Nurtured Heart Approach", we are confident that you will strengthen your relationships and come to celebrate the children you work with. The approach focuses on recognizing energy flow and on appreciatively helping children to realize their greatness, talents and abilities, and teaching them how to live this out in their everyday lives.
Children who experience "Inner Wealth" feel good about themselves; they learn that they can take control of their own intensity and power, and can use it for good; and they develop an unshakable confidence. **Howard Glasser, MA**

1:45 PM - 3:30 PM CONCURRENT SESSIONS

- 53. Health Care after Violence***
Taking care of your health can be a challenge for any woman. Going to the doctor, dentist, staying on top of all the recommended screenings, making birth control and reproductive health decisions—all of these can be overwhelming. A woman who has experienced violence may find caring for her health even more complicated. Many survivors of violence find it almost impossible to go to the doctor, dentist, or other specialists. They may experience difficulties with the power imbalance, with being physically vulnerable, with the clinical setting, or with the acts of treatment themselves.
In this presentation Olga Trujillo will illustrate through her own experience of violence and coping, how she discovered the importance of becoming proactive in her health care. She will detail the steps that she took with the health care professionals in her life to have them partner with her in caring for her health. **Olga Trujillo, JD**
- 54. Using Emotional Intelligence to Stand up to Cyber Bullying***
Emotional intelligence is the ability to recognize, understand, utilize, and regulate emotions effectively in everyday life. This presentation will discuss how to use emotional intelligence to combat cyberbullying. **Robin Stern, PhD**
- 55. Treating First Responders with EMDR (Part 1)**
First Responders often avoid dealing with the stress inherent in their work, and the therapist working with this population must understand the first responder culture. EMDR is an ideal fit for many first responders in that no homework is required. We will identify some of the cultural blocks to treating first responders and explore case conceptualization from the Adaptive Information Processing model (AIP). **Julie Miller, MC, LPC, LISAC**
- 56. Tapping into the Medicine Wheel***
This workshop will guide the participant into a journey through healing by way of the Medicine Wheel. It will provide some cultural insights as well as insights into the complexities of relationships between western treatment modalities and those of local indigenous peoples. It will help the mental health practitioner recognize and respond to Native American clients by using cultural strengths, family history—stories and scripts, and creative processes in the development of a path to respond to historical and cultural trauma. **Charlotte Peper, LPC & Pamela CampBell, MA**
- 57. Moral Reconciliation Therapy for Substance Abuse: Increase Moral Reasoning and Reduce Recidivism**
Poor moral reasoning is common within at-risk populations. Moral Reconciliation Therapy® is an evidence-based proven cognitive-behavioral program for treatment-resistant clients (substance abuse, anger management, and domestic violence). Years of research have shown significant long-term reduction in re-arrest rates. The program is successfully used in 50 states, District of Columbia, Puerto Rico, and 7 countries. A combination of education, group and individual counseling together with structured exercises foster moral development. Clients must be confronted with the consequences of their behavior and the effect that it has had on their family, friends and community. **Karoline Crawshaw, MC, NCC, LPC & Allarah LaVelle, LASAC**
- 58. Mood and Food: The Relationship Between the Enteric Nervous System and Mood Disorders***
New research is providing greater insight into the relationship between the enteric nervous system and mood disorders. This presentation will focus on that relationship, exploring the effects of enteric nervous system disorders on mood and behavior. The presentation will highlight specific disorders that are affected by dysfunction in the enteric nervous system, enabling the participant to identify and treat seemingly intractable mental health issues. This presentation will cover the effect of ENS disorders and their relationship to mental health disorders, including schizophrenia, autism spectrum disorder and anxiety disorders. It will address the most recent, cutting edge research available today. **Deborah Pardee, PhD, LP**
- 59. When Dissociation Is Hidden In Plain Sight (Part 1)**
Contrary to popular opinion, dissociation is not only limited to Dissociative Identity Disorder. Clients with complex trauma and dissociation are the norm, not the exception. This interactive presentation provides EMDR therapists and non-EMDR therapists with an introduction to Structural Dissociation Theory and the treatment of complex trauma. Attendees will be introduced to the subtleties of dissociation, to prevent exacerbating the client's dissociative process. **Sarah Jenkins, MC, LPC, CPsychol**
- 60. Mindfulness Practices for At-Risk Youth: An Effective Intervention to Support Emotional Growth and Resilience**
Participants in this presentation are provided innovative strategies for adapting mindfulness techniques to meet the needs of at-risk youth. Mindfulness practices are effective in managing stress and anxiety, improving self-regulation, and reducing identification with negative thoughts. Lessons for teens include the creative use of yoga, games and outdoor activities that improve engagement and participation. Introducing these skills in a physically and emotionally safe environment provides a powerful and transformative intervention for at-risk youth. **Mary Stanton, MEd, MLS, LADAC**

61. Unveiling the Curtain of AzBBHE

This presentation is intended to provide an overview of the Board's mission, composition and various functions. The presentation specifically aims to address three key topics including: a.) An overview of the Board, b.) The Board's complaint process, c.) Information on becoming independently licensed. **Tobi Zavala, BSW & Joey Ordonez, MBA**

62. Poly/Kink Friendly Therapists: Finding One or Becoming One

This presentation will increase knowledge about resources and techniques to help you become an effective poly/kink friendly clinician/educator. From this presentation you will learn the terminology, relationship structures and common issues that people come to therapy with and how to address them. We will also be discussing ethical considerations and examining our own mono-normative worldviews and how that might impact your clinical practice. **Kate Kincaid, LPC**

3:45 PM - 5:30 PM CONCURRENT SESSIONS**63. Accounting for Culture and Trauma in Your Services and Responses***

Through this workshop, the role culture can play in an individual's trauma and healing will be explored. Participants will examine the role that language, food, customs, status, spiritual beliefs and other cultural realities can play in an individual's experience of violence and trauma. Participants will explore the intertwining nature of culture and violence and steps to take to engage culturally diverse communities in their responses and services and to develop a more culturally-informed and trauma informed program. **Olga Trujillo, JD**

64. From Helplessness to Hope*

How may we help each other "unlearn" learned helplessness? Further, how to help each other learn to shift gears, move forward, and not give up on life because of past adversity? This workshop offers innovative ways to build a resilient, rationally optimistic outlook, by "instilling hope" and reframing worldviews to reap the benefits of being an active contributor to life. **Charlotte Webb, MEd, CPSS, BHT & Suzanne Brown PhD, CPSS, BHT**

65. A New Look At Ethics

This presentation expands the common view of topics usually covered by ethics. Ethics is not a limited category of problematic decisions, e.g. confidentiality, dual relationships, conflict of interest, etc. These are essential, but ethics goes far deeper in its full scope. With ACA's Code of Ethics as the framework, there will be interactive discussions exploring core values which imbue our work, and effect every clinical decision, treatment plan and strategy. **Rita E. Silverberg, MFT, LPC**

66. Domestic Violence: Common and Occurring

This workshop will examine and define conflict and abuse in relationships that eventually progresses to domestic violence. It will explore the connection with substance abuse. This workshop will present treatment options for both the victims and offenders. **Denise Krupp, MA, LPC, LISAC & Natalie Carlat, BS**

67. Mindset: Re-training the Precocious, the Perfectionists, and the Perpetually Underachieving to Enjoy Learning Again*

After a child becomes capable of looking at herself critically, sometimes she starts to view effort negatively. She believes that, if she was really smart, she wouldn't need to work hard. Like a sucker punch counter response to the self-esteem movement, this presentation discusses the impact of mindset, value of effort, and strategies to help children feel good about their capacity to learn. **Brandy Baker, PsyD**

68. Grief, Addiction, and Disaster: A Case for an Integrative Approach to Trauma*

Over the course of our lives, we will most likely experience some form of trauma. Trauma should be addressed using an integrative/holistic approach that combines both allopathic and naturopathic treatment modalities. **Maria Navarro, DBH, LPC, MSc & Josette Sullins**

69. Typical Police Response: How Police Response Can Help You and Your Clients in Crisis

Presenters will provide information about typical police response to a variety of calls such as mental health, domestic violence, family fights, runaway children, child and elder issues, grief/loss, substance abuse, and victim/witness assistance. Those attending will learn how to better help the individuals and families they assist and counsel by becoming more informed of typical police response. Most individuals calling 911 want "help", without understanding the full impact of typical police response. **Natalie Summit, LPC & Daniel Antrim Officer, MA**

70. Treating First Responders with EMDR (Part 2)

Continuation of Session 55. **Julie Miller, MC, LPC, LISAC**

71. When Dissociation Is Hidden In Plain Sight (Part 2)

Continuation of Session 59. **Sarah Jenkins, MC, LPC, CPsychol**

72. Preventing Fetal Alcohol Syndrome in Action*

This presentation will engage participants in an action method demonstrating the process of pregnant women drinking alcohol and the physical and emotional potential effects of alcohol on the fetus. One in 100 live births are affected by alcohol exposure prenatally. **Kathy Norgard, PhD & Natividad Cano, LISAC**

THURSDAY, AUGUST 17

7:00 AM - 8:00 AM REGISTRATION

8:00 AM - 8:15 AM WELCOME AND OPENING REMARKS

8:15 AM - 10:00 AM GENERAL SESSION

73. Trauma Model Therapy: A Treatment Approach for Trauma, Dissociation and Complex Comorbidity*

In this talk, Dr. Ross will describe the core principles of his Trauma Model Therapy. These include: the problem of attachment to the perpetrator; the locus of control shift; the problem is not the problem; just say 'no' to drugs; addiction is the opposite of desensitization; and the victim-rescuer-perpetrator triangle. Dr. Ross will go over these principles then describe treatment strategies and techniques within Trauma Model Therapy. Trauma Model Therapy is evidence-based and supported by a series of prospective treatment outcome studies. **Colin Ross, MD**

10:15 AM - 12:00 PM GENERAL SESSION

74. The Long-Term Impact of Grief

How do we guide practice to support children and adults who are grieving over time? We have all found ourselves wondering what to do when someone we know or love sustains a deep loss. The impact of the grieving process through the years is often misunderstood. Working with lecture and discussion we will examine the impact of grief on children and adults over time. Topics will include issues such as trauma, grief theory, sibling grief, post-traumatic growth, and the importance of making meaning. This lecture will also provide personal and professional information about the impact of the loss of a loved one over a life span. It examines the reality of loss with perspective and insight, including the speaker's personal and professional experiences. **Mary Beth Arcidiacono, LMSW**

1:30 PM - 3:15 PM CONCURRENT SESSIONS

75. Self-Blame and Suicidal Ideation in Combat Veterans*

In this talk, Dr. Ross will explain the relationship between self-blame and suicidal ideation in combat veterans, based on his experience working with suicidal veterans in an inpatient setting. The locus of control shift, one of the core elements of Dr. Ross' Trauma Model Therapy, provides the foundation for the talk. Dr. Ross will illustrate the self-blame with composite case examples and the treatment strategies he uses to reverse the self-blame and thereby alleviate self-punishment in the form of suicide. The model is similar to the 'moral injury' approach to understanding suicidal ideation in combat veterans. **Colin Ross, MD**

76. It Takes a Village

Navigating through loss is a monumental task for families, one that evolves over a lifetime. This discussion will focus on ways communities, professionals, and others working with children and families help them find a "new normal". Topics include coordinating care, accessing resources, building resilience, etc. **Mary Beth Arcidiacono, LMSW**

77. Empowering Children and Families to Heal from Bullying: A New Approach

This presentation will include discussions on what bullying is, including prevalence and impact. Current treatment options, programs and resources available will also be reviewed, along with case studies in conjunction with learned concepts. Community needs and a new direction for treatment will be presented, along with the importance of family and school participation, which is required to improve outcomes for children who have been bullied. **Danielle Matthew, LMFT**

78. How to Incorporate the Use of Dreams and Poetry in Substance Abuse Counseling (Part 1)

In this dynamic presentation, participants will learn a modern method of working with dreams and poetry that is practical yet profound. The techniques can be easily incorporated into traditional counseling settings. The presenter will provide experiential learning opportunities that build skills and address the needs of specific mental health populations. **Charles Gillispie, MFA, LISAC**

79. Ethical & Legal Considerations for Working with Children & Families (Part 1)*

Navigating clinical practice ethics can be challenging enough when working with individual adult clients and it can become an ethical and legal minefield when working with children, teens, and families. This seminar will review how the American Psychological Association, National Association of Social Workers, and American Counseling Association ethical codes as well as federal and state laws pertain to clinical work with children, teens and families. In addition, this seminar will examine board complaint statistics and review the Arizona law definition of unprofessional conduct for behavioral health providers. Most importantly, this seminar will teach and help participants develop risk management practices that they can incorporate into their clinical and business practices. **Yoendry Torres, PsyD**

80. Growing Disparity in Smoking Behaviors in Sexual Minority Youth: What Are We Going to Do?*

The disparity in smoking behaviors between sexual minority youth and their heterosexual peers is well documented. However, this research project demonstrates how the disparity has grown wider since 1994. Twenty years of tobacco control policy and practice has reduced the incidence of smoking in adolescents, but sexual minority youth are not seeing the same benefit as heterosexual peers. What does this mean for policy makers and program managers? This presentation outlines the research project that looked at two cohorts 20 years apart and highlights some interesting findings that should drive policy and practice in all local areas.

Stephen Michael, DrPH, LISAC

81. Managing Treatment Interfering Behaviors (Part 1)

This session will address dealing with uncomfortable interactions with patients. This can be a significant cause of stress no matter where we work. This workshop will provide participants with a different perspective of working with patients often labeled as "difficult" through the use of Dialectical Behavior Therapy (DBT) looking at why such situations may arise, providing techniques to handle them effectively, and manage our own responses.

Christine Way, LCSW

82. Acceptance: The Bridge to Inequalities

This workshop will help to identify the similarities of the human condition, teaching participants to use those similarities to walk a path of accepting themselves and those around them. Examples will be given of the use of acceptance and mindfulness skills to disintegrate power differentials both in clinical practice and everyday life. **Cody A. Morales, LCSW**

83. Letting Go of Anxiety and Opening to Joy with Art & Yoga (Part 1)

Participants in this workshop will experience how simple and accessible art and yoga activities can support relaxation. They will learn how yoga impacts the nervous system. Through simple yoga exercises done in conjunction with art making, participants will learn strategies for supporting their clients to increase calm and joy in their lives.

Navneet Lahti, LCSW, Certified Yoga Teacher

84. Identifying and Treating Narcissistic Abuse: Energy Vampires Exposed

Narcissists and the victims of their abuse have historically been misdiagnosed and, as a result, have not been given the treatment and support that they need. Oftentimes, the "help" that they receive leave narcissists further empowered to abuse and the victims further traumatized. Learn how to spot these abusers and their victims and how to ethically and eloquently intervene.

Regina Robison, MA, LPC

Bonus Session 1. Rethink Personality

Create great personal insight in lightning speed and add a new, fun and interesting tool to your therapy toolbox. Get your client's attention by introducing them to a new way to view their lives, relationships, problems and persistent complaints. Learn how to understand and communicate with Dawn Billings Primary Colors Personality Insight tools, the only personality tools created for a counseling environment. You will greatly enjoy this six-hexad communication/relationship based tool used by the most respected relationship researchers in the US. Help your clients understand what causes conflict, frustration, anger, confusion and dis-ease in their relationships and what to do to improve their relationships, build trust and strengthen emotional intelligence. **Dawn L. Billings, MA**

3:30 PM - 5:15 PM CONCURRENT SESSIONS**85. A Structural Dissociation Model: How to Integrate Everything Into One Treatment Plan***

In this talk, Dr. Ross will explain how the structural dissociation model can be used to integrate a wide range of mental disorders into a single structure and process, resulting in a single, integrated treatment plan. According to the model, the basic psychological structure is the existence of an adult self (the apparently normal personality or ANP) and a wounded inner child (the emotional personality or EP). Many different symptoms can be understood as intrusions into the ANP from the EP, or withdrawals out of the ANP into the EP. Treatment involves inner child or ego state work designed to integrate the dissociated EP and its trauma back into the adult self. **Colin Ross, MD**

86. Beyond the Gender Binary: An Experiential Review of Gender and Non-Binary Identities

This training will include information on gender roles, non-binary gender identities, and the experiences of individuals who identify outside of the gender binary. The training will also address the messages that individuals receive from society regarding "appropriate" behavior for each gender, and how individuals who identify outside of the gender binary adapt those messages to fit their gender identity. **James Pennington, MA, LAC, PLMHP**

87. How to Get the Death you Want

This presentation will review the importance of talking about end-of-life decisions, navigating the medical system and making sure advance directives are honored. The following will also be discussed: The right-to-die movement, the critical factor of being and having a great advocate, the reason some may decide to hasten their death, and much more. Humor and levity included. **John Abraham, MDiv, Fellow in Thanatology & J'Fleur Lohman, PhD**

88. Addressing Obesity in Consumers of Mental Health Services: How to Treatment Plan for Wellness

Obesity contributes to multiple preventable health issues and significant mortality for consumers of mental health services. It's also a roadblock to recovery. The good news is that effective interventions can prevent, minimize, or reverse weight gain. Participants will learn how to apply strategies in the behavioral health setting by engaging and collaborating with clients to develop realistic wellness strategies and goals. **Jennifer Cherry, MC, LISAC, LMHC, NCC, CPT**

89. Arizona's HIE: Improving Care and Outcomes Through Integrated Information and Protecting Patient Rights Under the New SAMSHA Rule

Arizona's non-profit health information exchange (HIE) has grown more than 250% in the past year, adding more than 80 behavioral health providers. This integrated HIE is now able to provide more complete information, better care and better outcomes, for Arizona's most vulnerable patients with co-morbid physical and behavioral health conditions. In addition, the HIE is assisting behavioral health providers in implementing the new SAMSHA rule on 42 CFR Part 2 requiring more granular consent to share behavioral health information through an HIE and among providers. Learn about the progress of Arizona's integrated HIE and how it is helping behavioral health providers comply with the new SAMSHA rule. **Keith Parker, MBA**

90. First Episode Psychosis: Coordinated Specialty Care

This presentation will provide information on early intervention and treatment for individuals who have experienced a first episode of psychosis. In addition, the presentation will: Illustrate the delivery of care based on the latest clinical research; explain how individuals can reach optimal potential while maintaining employment and school enrollment using an FEP model; discuss the role of supportive caregivers, relatives and friends; and demonstrate how partnering with others in our community can improve health and wellness.

Letitia M. Labrecque, MSW, CPRP & Lori Martinez, PhD, LPC, LISAC

91. How to Incorporate the Use of Dreams and Poetry in Substance Abuse Counseling (Part 2)

Continuation of Session 78. **Charles Gillispie, MFA, LISAC**

92. Ethical & Legal Considerations for Working with Children & Families (Part 2)*

Continuation of Session 79. **Yoendry Torres, PsyD**

93. Managing Treatment Interfering Behaviors (Part 2)

Continuation of Session 81. **Christine Way, LCSW**

94. Letting Go of Anxiety and Opening to Joy with Art & Yoga (Part 2)

Continuation of Session 83. **Navneet Lahti, LCSW, Certified Yoga Teacher**

Bonus Session 2. Entitled to Fail

This presentation deals with defining and understanding the concept of how attitudes of entitlement move positive, powerful personality strengths to their extreme versions of themselves and negatively impact relationships in the workplace, as well as, in the home. Dawn Billings, personality and communication expert will teach powerful strategies to combat the poisonous wrath perpetrated on our society in the name of entitlement. The information contained in this program is powerful and yet, highly entertaining. The information shared in this presentation is easily applied to conflictual and difficult real-life client and personal situations. **Dawn L. Billings, MA**

PRESENTER BIOS

John Abraham, MDiv, Fellow in Thanatology

Episcopal Priest and Thanatologist, John is a professional speaker, trainer, and consultant with more than 40 years of experience as a counselor, therapist, patient-care advocate, and health care administrator. He has worked with hospitals, hospices, religious institutions, schools, and social service agencies. John serves a wide range of individuals, corporations, non-profit agencies, and partnerships as an expert in Thanatology. John is the author of several chapters of death-related books and numerous related articles, and has published in such journals as *Thanatos*, *Omega*, and several national newsletters. His newly published book: "How To Get The Death You Want."

Faren Akins, PhD, JD

Faren Akins is a Psychologist and Attorney with more than 35 years of professional experience. He completed his doctorate in psychology at the University of Arizona graduating Phi Beta Kappa. He earned his law degree with Honors at Santa Clara University. He has taught at the University of Arizona, San Jose State University, and Santa Clara University. He is a published author and has received grants and fellowships. Currently, he is in private practice offering forensic psychology services in family and juvenile law matters. Through the Akins Law Firm he provides Board-complaint defense representation and ethics consultations.

Daniel Antrim, Officer, MA

Officer Dan Antrim is a twelve-year veteran of the Scottsdale Police Department. He is currently assigned to the SPD Training Unit teaching Use of Force, firearms, defensive tactics, Taser, OC, baton, decision making, critical crisis response, active shooter, and reality-based scenario training. He recently left the Canine Unit when his Police Service Dog, "Badge," retired. Prior to that, Officer Antrim worked as a School Resource Officer. He has been a member and trainer of the SPD SWAT Crisis Negotiation Team. He has been a Crisis Intervention Team (CIT) member and teaches courses in both the East and West Valley CIT Schools. He has actively participated in countless community teaching opportunities.

Brandy Baker, PsyD, LPC

Brandy Baker is Co-Owner and Clinical & Training Director at Intuition Wellness Center—a group practice specializing in integrated behavioral health services for children, young adults and families. Dr. Baker offers consultation to schools; supervises the clinical team; oversees a practicum training program; and facilitates a clinical consultation group. Dr. Baker has also worked with many bright and talented children who have difficulties with anxiety, perfectionism, self-esteem and underachievement. Dr. Baker is particularly passionate about strength-based approaches to treatment and enjoys sharing this interest with others by teaching professional groups, organizations, graduate-level students and parents.

William D. Beverly, PhD, LMFT

William D. Beverly earned his doctorate degree in counseling psychology from Northern Arizona University, with additional graduate studies at the California School of Professional Psychology in San Diego, CA and the Academy of Family Therapy in Rome, Italy. Dr. Beverly has over 16 years of behavioral health experience, and has served as Clinical Director in a wide array of behavioral health settings, including residential treatment for teens, therapeutic group homes for adults with serious mental illness, therapeutic foster care, forensic psychological services, and general outpatient counseling and psychiatric services. He is currently the Coordinator of the Behavioral Health Sciences program and a licensed counseling psychologist at South Mountain Community College.

Suzanne Brown, PhD, CPSS, BHT

Suzanne Brown is PSA's Recovery Support Coordinator. She has over 9 years in the behavioral health field across several capacities, including case manager, recovery counselor, peer certification trainer and Tele-Health provider. Author of two published memoir books, Dr. Brown addresses mental health stigma, shifting worldviews and recovery.

Pamela CampBell, MA

Pamela CampBell earned her Bachelor of Arts in French, English, and Ethnic Studies from Bowling Green State University in 2010 and a Master of Arts in American Indian Studies from the University of Arizona (UA) in 2012. She holds a Native Nation Building Certificate from UA. In 2014, she completed a nation building governance project with the Ermineskin Cree Nation in Edmonton, Alberta, Canada. Pamela previously worked in the UA Office of Tribal Relations. She is currently pursuing an MA in School Counseling at UA.

Natividad Cano, LISAC

Nati Cano is the Director of the Native Ways program at The Haven, a substance abuse program for underserved women. She has extensive experience and expertise working to help individuals overcome substance addiction. Cano uses a variety of helping techniques in her practice including aspects of action methods.

Natalie Carlat, BS

Natalie Carlat has recently graduated from Grand Canyon University in April with a BS in Psychology. She is currently working on her Masters at Grand Canyon University for Professional Counseling. Through school and volunteer work in the community, she has discovered her passions are substance abuse and domestic violence. She volunteered at a domestic violence shelter and working with the victims gave her a whole new perspective on domestic violence. Her hope is that later in her career she can work with abusers and victims in domestic violence along with substance abuse clients.

Jennifer Cherry, MC, LISAC, LMHC, NCC, CPT

Jennifer is a passionate mental health therapist and personal trainer who works with wounded warriors recovering from mental health disorders. She specifically supports PTSD and TBI on her caseload. Working with individuals, couples, and families she is able to affect positive change for transitioning warriors.

April Crable, PhD

April Crable is a licensed professional counselor in several states and certified sex offender treatment provider and is the Director of Field Studies with Walden University. She is nationally recognized for her training programs with Cross Country on clinical supervision, professional ethics and professional boundaries. She has over 10 years of experience counseling adolescents.

Karoline Crawshaw, MC, NCC, LPC

Karoline Crawshaw: I worked in business management in Germany. When I came to the US in 1999, I decided to go for my dreams: Behavioral health. I received my Masters in Community Counseling and was subsequently hired at Bridges Counseling LLC. In 2015 I created a successful THC education workshop for court-mandated clients and attended MRT training for substance abuse. I run DUI/SA, domestic violence offender, and MRT for substance abuse groups. I am still at Bridges, and I absolutely love it.

Michelle R. Crowell, LCSW

Michelle has 24 years of counseling experience in addition to a Bachelor's and Master's in Social Work. She combines her education and experience with warmth, compassion, enthusiasm, her strong faith, and a sense of humor. Michelle's counseling approach is based on family systems theory and incorporates components of CBT, DBT, and solution-focused treatment. She is also trained in EMDR.

Bahney Dedolph, BSW, MA

Bahney Dedolph joined the Arizona Council of Human Service Providers staff in January 2013 as the Policy Analyst and is currently the Director of Communications and Programs. Bahney received her Bachelor's degree in Applied Behavioral Sciences (an NASW approved undergraduate Social Work degree) with an emphasis in Direct Practice and Women's Studies from George Williams College, Master's degree in Sociology with a minor in Anthropology from Texas Tech University, and post graduate certificate in Social Work practice from the University of Denver. Bahney's work experience runs the gamut from direct practice to systems advocacy to program management and supervision working in child welfare, domestic violence, and behavioral health settings. Having read the autobiography of Jane Addams at a very young age, Bahney has always considered herself honored to be a Social Worker walking in the very large footsteps of the founder of Hull House.

Dori DiPietro, LCSW, CEAP, E-RYT500

Dori DiPietro is the faculty director of the Social Work Program at Mesa Community College and a psychotherapist in private practice specializing in mindfulness-based CBT, stress reduction and holistic well-being. As a long-time practitioner and teacher of yoga, meditation, and mindfulness, Dori created and teaches the course, Mindfulness for Stress Management, for students and faculty. She presents keynotes, workshops and trainings on yoga-mindfulness, self-care and well-being related topics to organizations and conferences across the country. Teaching and serving those who teach, heal and serve others is her area of passion and expertise.

Susan Dolence, MSSA, LCSW

Sue Dolence has worked in the field of social services and behavioral health for the past 16 years. Sue feels the most important element in healing comes from a genuine, empathic relationship with those she serves. She utilizes a strengths-based approach and believes that all people have the capacity to overcome their struggles, with the right tools in place. Throughout her career, Sue has worked in social service agencies in both Ohio and Arizona serving a variety of people, including teenagers, adults, families and older adults. Currently, she is a Therapist at Sunlight Center for Change, LCC. Sue has been trained in many of the evidence-based therapies and specializes in the "cognitive" therapies, including Cognitive Behavior Therapy, Dialectical Behavior Therapy, Mindfulness-Based approaches, STAIR/Narrative Therapy, and Cognitive Processing Therapy. Sue specializes in utilizing these therapies to help individuals who struggle with mood disorders, trauma (emotional, physical, sexual, combat) and sleep disorders. Sue extends her passion for helping others to social workers who are moving into the profession. Sue is a Faculty Affiliate at Arizona State University's School of Social Work, where she teaches graduate-level courses in the practice of therapy. In addition, she has developed and implemented several training/consultation programs for Social Workers already in practice who are looking to sharpen their skills. Sue is originally from Cleveland, Ohio and moved to Arizona in 2001 on a search for sunshine and better weather! She is a nature-lover and finds peace hiking in the mountains.

Sara Dominguez, MS, LAC

Sara Dominguez is a Licensed Associate Counselor working as a therapist at Pathways of Arizona, and has seven years of experience in the behavioral health field. She works with children and families primarily in the treatment of trauma, and enjoys developing creative approaches to healing. She has been trained as a Child Parent Psychotherapist, a dyadic treatment modality for treating trauma for children from birth to 5. This training has strengthened her ability to remain curious, which has led to increased joining with families and the ability to affect change on a systems level. She enjoys learning from each individual and family, and utilizes these collective strengths in her work.

Charles Gillispie, MFA, LISAC

Charles is an active member of the National Association of Poetry Therapy. He has received grants from the Arizona Commission on the Arts and the Pima Arts Council in support of his work combining substance abuse counseling with creative writing. He has published articles describing his work in *Arizona Together*, *Journal of Poetry Therapy*, and *Therapeutic Recreation Journal*. His first book of poems, *The Way We Go On*, was published in 2010 by the Backwaters Press. He is currently employed at Cottonwood Tucson.

Shari Goettel, LCSW

Shari Goettel is a Licensed Clinical Social Worker, in private practice in Tucson, AZ. She worked in a variety of clinical settings as a therapist and an administrator. As a trainer and presenter, Shari draws from her background in Imago Relationship Therapy, Encounter-centered Couples Therapy, her teachers and mentors and Buddhist psychology. Shari creates a rich learning space in which people can explore new ideas, beliefs and habits. As a teacher and guide, I enjoy supporting couples, therapists, and other professionals from a relational, integrative approach that facilitates the integration of personal development, skills and being present with oneself. I like to work in a warm interactive style with humor and create a welcoming space for couples, workshop participants and professionals to embrace their personal growth with enthusiasm and joy.

Pamela H. Harmell, PhD

Dr. Pamela Harmell is a national lecturer specializing in legal and ethical issues in clinical practice. She is a Professor at the Pepperdine University Graduate School of Education and Psychology and has written extensively in professional publications on ethical practice, and is Past President of the Board of Psychology. Dr. Harmell is former Chair of the California State Ethics Committee, and is the current Chair of the Los Angeles County Psychological Association Ethics Committee. She served on the Board of Directors of the California Psychological Association and is Past President of the Los Angeles County Psychological Association. She has completed one year of law school.

Sarah Jenkins, MC, LPC, CPsychol

Sarah Jenkins is an EMDRIA Approved EMDR Training Provider, EMDRIA and HAP Approved EMDR Consultant, and Equine Assisted Therapist in private practice in Tempe, Arizona. A trauma and dissociation specialist and EMDR therapist for over fifteen years, Sarah's expertise includes providing consultation/ trainings on the application of structural dissociation theory, EMDR, and the treatment of complex trauma. Sarah's EMDRIA Approved EMDR Basic Training also provides additional curriculum on dissociation and the treatment of complex trauma. A highly sought after public speaker, Sarah has spoken at numerous national and international conferences including EMDRIA, EMDR Canada, and EMDR Europe.

Debra L. Kaplan, MA, MBA, LISAC, LPC, CSAT-S

Debra L. Kaplan is a licensed therapist, author and speaker specializing in issues of attachment, sexual addiction/compulsivity and relational currency. Debra is faculty for the International Institute of Trauma and Addiction Professionals (IITAP), certifying professionals in the treatment of sex addiction. She is a Certified Sex Addiction therapist, Supervisor and Certified EMDR therapist. Her book, *For Love and Money: Exploring Sexual & Financial Betrayal in Relationships* was published in 2013. Debra holds workshops and trainings for clinicians who wish to understand the hidden dynamics of sex, money and power in relationships. To learn more visit www.debrakaplancounseling.com.

Patricia Kerstner, PhD, NCC

Dr. Patricia Kerstner is the former Campus College Chair for the College of Social Sciences, which includes a CACREP-accredited Master of Science in Counseling program, undergraduate human services and both undergraduate and graduate psychology. Author of 3 CACREP reports, she is well-versed in the standards and is a CACREP site team reviewer. She holds PhD in Counseling Psychology from ASU's APA-accredited program and is an Arizona licensed psychologist and a National Certified Counselor (NCC). She is active in the American Counseling Association (ACA) and the Association for Counselor Education and Supervision (ACES), where she served a term as national secretary for the organization. She is a past-president of the Western Region ACES, which includes California, Oregon, Washington, Nevada, Hawaii, Arizona and Australia/New Zealand. She has presented on ethics in many venues, including regional and national conferences, such as WACES and ACES, and the Southwestern School of Behavioral Health Studies, where she serves on the advisory council. Her clinical experience includes hospital psychology/behavioral health, women's issues, eating disorders, and family therapy.

Kate Kincaid, LPC

Kate is a seeker, activist, and educator. Her fascination with relationships and sexuality lead her to pursue a fulfilling career as a mental health therapist. She owns a small private practice specializing in counseling people in alternative relationship models (non-monogamy/polyamory). Her personal and professional beliefs are informed by feminism and social justice, seeing much of the dis-ease in our lives is rooted in a normal response to a broken system that is then pathologized and stigmatized.

Denise Krupp, MA, LPC, LISAC

I have been working in the counseling field for 28 years specializing in addiction and domestic violence. I am a full time instructor in the counseling program at GCU and continue contract work in addictions and domestic violence. My heart and belief is that people can and do change. Seeing the miracles of change and healing of addicts and DV victims as well as offenders has inspired my research in this area and voice for this population.

Letitia M. Labrecque, MSW, CPRP

Letitia Labrecque was recently hired as the Executive Director of IMHR Epicenter in Phoenix, which is the Early Psychosis Intervention Center. Ms. Labrecque had devoted her 20-year career to the vocational rehabilitation of people with disabilities through the Arizona State DES Rehabilitation Services Administration for clients with mental illnesses. As the Director of the program she managed a staff of 400+, a multimillion dollar budget, and multiple state and federal contracts in regulation. Letitia has an MSW from ASU and is a Certified Psychiatric Rehabilitation Practitioner. She is helping to launch this new cutting-edge concept in mental health service delivery.

Navneet Lahti, LCSW, Certified Yoga Teacher

Navneet Lahti has more than 30 years of experience working with children and adults who struggle with anxiety. She has worked in both private and public settings as well as with the Native American Community. Now in private practice, Navneet uses an array of evidence based practice approaches. She is also a certified yoga instructor. She has presented both nationally and internationally on utilizing art and yoga to support children and adults to find more calm and joy in their lives.

Sam Lample, LPC, CEDS

Samuel S. Lample is a Licensed Professional Counselor, Certified Eating Disorder Specialist (CEDS) and IOCDF member. He is the owner and Clinical Director of Thrive Therapy and The Way Recovery in Phoenix, Arizona. He has been treating individuals with eating disorders, OCD and substance abuse issues for the past 17 years in both inpatient and outpatient settings.

Allarah LaVelle, LASAC

Allarah LaVelle is the former President/Co-Owner of the Hypnodyne Foundation with over 10,000 graduates of Hypnotherapy Courses. She is a National Lecturer and Instructor of Hypnosis and former CEO of Allarah's Holistic Alternatives in Clearwater, FL. Allarah also has 30 years experience as a Substance Abuse Counselor and 15 years as a Domestic Violence Counselor. She is currently at Bridges Counseling, Tucson, AZ, where she runs DUI/Substance Abuse groups and Domestic Violence Groups as well as an MRT (Moral Reconciliation Therapy) group.

J'Fleur Lohman, PhD

J'Fleur Lohman is a retired State Board Certified counselor having served individuals, couples and families for over 30 years. She has been a supporter of the Hemlock Society, Compassion and Choices and the Final Exit Network. During the past four years she has served on the Final Exit Network Arizona Affiliate leadership team and as an assistant and presenter in local programs.

Lori Martinez, PhD, LPC, LISAC

Lori Martinez began her professional career in Counseling Psychology in Flagstaff, AZ. in 1992 where she completed both her Masters and Doctoral graduate degrees at Northern Arizona University with a clinical focus on Counseling Psychology. Dr. Martinez's training and expertise involve Human Development and Professional Counseling along with Clinical Supervision. Dr. Martinez has enjoyed providing additional services in the arena of mental health including Professional Counselor education, behavioral health consulting, and 30 years working in community settings treating youth, families and adults from around Arizona. Additionally, Dr. Martinez enjoys the bountiful offerings of Arizona's outstanding outdoor recreation, great climate, and wonderful opportunities to grow professionally and learn within a diverse and stimulating environment of mental health professionals.

Danielle Matthew, LMFT

Danielle Matthew is a licensed Marriage and Family Therapist, with a background and specialization in treatment for bully victims, with over 20 years of clinical experience. Danielle has been helping children and adolescents in various environments including day treatment programs, residential facilities, and outpatient services. Danielle has also spoken in many venues, on-line and in person talking with other experts about how to help children heal from bullying. After a review of current literature, and a local assessment of needs, Danielle designed The Empowerment Space, a 10 week program that pinpoints and addresses the crisis point of bullying.

Stephen Michael, DrPH, LISAC

Dr. Michael has over 30 years of experience in Behavioral Health and recently served as the Director of the Arizona Smokers' Helpline for 8 years. He recently completed his dissertation with a focus on smoking behaviors in LGB youth. He continues to serve as an advisor to the Association for Ambulatory Behavioral Healthcare with focus on national bench-marking and outcomes focused improvement. He currently serves at the Health Systems Change Officer at the Dairy Corporation, focusing on improving patient health engagement.

Julie Miller, MC, LPC, LISAC

Julie Miller is a dually-licensed psychotherapist in private practice in Tucson, Arizona. She is a Certified EMDR Therapist and EMDRIA Approved Consultant. Julie specializes in trauma, addictions, recent trauma, and working with first responders. As a trainer for EMDR Basic Training, she volunteers for the Trauma Recovery/EMDR Humanitarian Assistance Programs, helping other psychotherapists learn the EMDR therapy approach. Julie is the Southern Arizona Co-Coordinator for the Arizona EMDR Trauma Recovery Network (AzTRN), and co-founder of the EMDR Center of Tucson, LLC. Julie is a national and international presenter on topics related to EMDR, addictions, and trauma.

Cody A. Morales, LCSW

Cody Morales is currently the Clinical Director of El Paso Family Mentoring and Counseling Services. Prior Cody worked as the Clinical director of Housing Services at PSA Behavioral Health Agency. Cody has worked in community mental health here in Arizona for the past 6 years and has worked in social service for the past 11 years. Cody is a trained Acceptance and Commitment Therapist and Dialectical Behavioral Therapist. Her focus in practice is "working to help agencies provide services and meet people where they are at no matter where that is."

Maria Navarro, DBH, LPC, MSc

Maria Navarro holds a Doctorate in Behavioral Health from Arizona State University. She is currently the Clinical Supervisor at dehp Integrative Care, where she is the lead Clinician for the Study dehp is conducting with Southwest Behavioral and Health Services.

Kathy Norgard, PhD

Dr. Norgard has extensive experience presenting on the topic of Fetal Alcohol Syndrome Disorder nationally and internationally. She has written a memoir entitled *Hard to Place: A Crime of Alcohol* about her son's experience with FASD. Norgard also presents in schools, universities and within the community on prevention of FASD. She has worked many years facilitating psychodrama groups in various substance abuse treatment centers. Norgard is a trainer, educator, practitioner certified by the American Board of Examiners in group psychotherapy and psychodrama to provide training hours.

Wendy O'Donnell, MPH, MCHES

Wendy is a native Arizonan, coming from a small town in western Arizona. She moved to Tucson to attend the University of Arizona and completed her Bachelor of Science in Community Health Education. After a few years as a Health Educator, Wendy decided to pursue her Masters in Public Health in Health Behavior and Health Promotion. She has also earned her Master Certified Health Education Specialist certification and enjoys continually learning about public health. She is passionate about health literacy and communications, health education, and immunizations. She is now the Director of the Arizona Living Well Institute at Empowerment Systems, Inc. and sees first hand the power of Chronic Disease Self Management Programs (CDSMP).

Joey Ordonez, MBA

Joey Ordonez was promoted to Assistant Director after spending several years as an investigator, senior investigator and enforcement manager for the Arizona Board of Behavioral Health Examiners. Prior to his career with the Board, he was a U.S. Border Patrol Agent in Arizona. He received his bachelors degree from The University of Arizona and his masters degree from Western Governors University.

Deborah Pardee, PhD, LP

Dr. Deborah Pardee has been in the mental health field for over 35 years. She is a licensed psychologist in the state of Arizona. She also holds an MSW degree. Dr. Pardee works with children, adolescents, and adults in a private practice setting. She is also a faculty member in the MS in counseling program at Prescott College. Dr. Pardee has practiced holistically for many years she has developed expertise in the relationship between mental health and physiological disorders. She has expertise in the treatment of a variety of disorders with neurofeedback.

Keith Parker, MBA

Mr. Keith Parker is Chief Information Officer for Health Current. As the CIO, he is responsible for all information system functions at Health Current, which include core HIE services, as well as population health and data analytics. Mr. Parker joined Health Current in November 2016 and has over 30 years' experience in healthcare. His area of expertise is in health information technology implementation and use, process improvement, along with change management methodology and implementation in healthcare. He holds undergraduate degrees in business administration, economics and an MBA from Saint Martin's University.

James Pennington, MA, LAC, PLMHP

James Pennington is a therapist at Heartland Family Service in Omaha, Nebraska. Prior to moving to Omaha, they worked at La Frontera EMPACT as a therapist in the adult trauma program. They specialize in trauma therapy, and utilize EMDR Therapy, DBT, Psychodrama, and Emotionally-Focused Therapy in their work with their clients. In addition to their work as a therapist, they have worked to educate clinicians on how to create safe and affirming spaces for clients and staff who have non-binary identities.

Charlotte Peper, LPC

Charlotte Peper is a graduate from Prescott College. She is the Counseling Supervisor and psychotherapist for Our Family Services in Tucson, Arizona. In the past ten years she has been working extensively with adolescents (ages 13 – 23) who are runaways, homeless, near homeless, LGBTQ, pregnant/parenting youth, and young couples with children. For approximately 3 years she had worked as a credentialed psychiatric assessor and crisis counselor for three hospital emergency rooms in Tucson. She has done concentrated studies in Redecision Therapy and Transactional Analysis, and earned a Transactional Analysis Practitioner Certification (TAP). She has a private practice and for 2 years worked with youth and families of the Tohono O'odham Nation. Charlotte has presented on the local, state, national and international level. She is in the NAPW - VIP Women of the Year Circle, and has been published in Who's Who of American Women, Who's Who of Science and Engineering, and Continental Who's Who. She is a trainer for the Office of Sex Trafficking Intervention Research for ASU. Charlotte was recognized for her volunteer counseling services during the 2005 hurricane relief efforts for survivors of Hurricane Katrina.

David M. Phelan, MC, NCC, LPC, BCN

For the past twenty-five years, David Phelan has pursued a passion for helping others become all that they are capable of being in a variety of positions in psychiatric hospitals, outpatient clinics, churches, schools, community development organizations, as well as consulting in the for-profit sector. David is in private practice in Litchfield Park, AZ as a licensed professional counselor and a Board Certified Neurotherapist (BCN) specializing in Cognitive Behavioral Therapy with Biofeedback. He is the author of *BIOFEEDBACK: AN INTRODUCTION FOR CONSUMERS* and developer of the NEXUS-10 to TQ7 CONVERSION TOOL. He is passionate about mind-body-spirit connection and the uses of technology to facilitate wellness, learning and community support.

Bob Pilcher, LCSW, LISAC

Bob Pilcher is an AZ native. His family has been in Bisbee since 1959. He is a Vietnam Era Vet as a Helicopter Crew Chief in the US Navy. He earned a Bachelor of Arts in Psychology from the U of A in 2003 and a Masters of Social Work from ASU 2005. He is licensed by the AZ Board of Behavioral Health as a Licensed Clinical Social Worker (LCSW) and a licensed Independent Substance Abuse Counselor (LISAC). He began working for the VA in 2005 as an Addiction Therapist. He is currently at the Sierra Vista, AZ VA Clinic and serves the lead Social Worker for the HUD WASH program (Section 8 Housing for Homeless Vets) for Cochise County since 2010.

Heidi Quinlan, LPC, LISAC

Heidi Quinlan practices in Mesa, AZ. She has worked for several state agencies as a therapist, manager and Clinical Director. She provides consultation for professionals and agencies regarding early childhood mental health. Ms. Quinlan specializes in court-involved families, early childhood mental health, trauma treatment, parent-child relationships, women's issues, and substance abuse recovery. Ms. Quinlan serves on several boards, including, the Arizona Board of Behavioral Health Examiners, First Things First, Gabriel's Angels, and the Glendale Community College Behavioral Science Occupational Advisory Board. Ms. Quinlan is also an Adjunct Faculty for Grand Canyon University and Glendale Community College.

Marni Rawiszser, MPH

As an advocate of preventive healthcare, Marni gladly serves as the Program Coordinator for the Arizona Living Well Institute at Empowerment Systems, Inc. to deliver Chronic Disease Self-Management Education (CDSME) programs across Arizona. Marni recently moved to Arizona from New York after receiving her Master's degree in Public Health, concentrating in social behavior and community health, from the University at Albany School of Public Health. During her graduate study, Marni held an internship position at MVP Health Care for the employee wellness program.

Regina Robison, MA, LPC

Regina Robison is a therapist in private practice in Chandler, AZ. Like many therapists, Regina's career path was driven from growing up in a severely dysfunctional family, riddled with many of the issues she would later treat. To her utter shock and dismay, many of these same dynamics resurfaced decades later, in a romantic relationship and after much profound healing and self-growth work. Regina brings a rich, multidimensional perspective as a wounded healer on the topics of Complex PTSD, Sex Addiction, Narcissistic Abuse, and more. Regina potently explores these topics from both a client and clinician's perspective.

Jesse Rocky Romero, PhD, LMSW

Dr. J Rocky Romero is a former Assistant Professor for New Mexico Highlands University School of Social Work in Albuquerque, NM. Dr. Romero has also served as an Executive Council member for the NM-Consortium for Behavioral Health Training and Research (NM-CBHTR). His doctoral studies at the University of New Mexico are in Language, Literacy and Socio-cultural studies and graduated in 2016. Dr. Romero is a national consultant and trainer for the National Hispanic & Latino Addiction Technology Transfer Center. He is also an international trainer for the Matrix Institute on Addictions out of Los Angeles, CA.

Mandee Rowley, PhD, LPC

Dr. Mandee Rowley is a Licensed Professional Counselor in the State of Arizona working as Clinical Director for the Masters of Counseling program at the University of Phoenix – Tempe Campus, where she also serves as core faculty and clinical supervisor. Mandee received her Masters of Counseling at Arizona State University in May 2003 and her Doctorate in Human Services/ Counseling Studies in February 2010. Mandee also has a small counseling practice in Phoenix. Mandee has extensive experience in working with individuals, couples and groups regarding the therapeutic experience and emotional impact of living with HIV/AIDS, addictions, and other stigmatized identities. Mandee has presented numerous workshops and trainings about LGBTQ cultural competence and associated behavioral health issues, as well as treatment of those living HIV/AIDS infection and prevention.

Serena Samaniego, MS, LAC, IMH-E®(II)

Serena Samaniego is a Licensed Associate Counselor and is the Clinical Manager with Pathways of Arizona. Serena has over eight years of experience in the field of Infant and Toddler Mental Health and Trauma Informed Care and is trained in Trauma Focused CBT and Child Parent Psychotherapy. She also carries a Level II Endorsement in Infant Mental Health. In addition to providing clinical trainings and supervision for Birth-5 clinicians, Serena provides direct clinical care to families focused on strengthening the parent-child relationship. Serena is committed to the promotion of healthy beginnings for children and families.

Megan Schwallie, LCSW

Megan Schwallie is the co-founder of the Adolescent OCD IOP at the Doorways Counseling Center in Phoenix. A graduate of the School of Social Service Administration at the University of Chicago, Mrs. Schwallie has professional experience working with children, adolescents, and young adults presenting with a wide range of social and mental health difficulties. She is a member of the IOCDF and was a graduate of the first Pediatric Behavior Therapy Training Institute in the fall of 2013. She is finishing her doctoral dissertation on the affects of OCD on family systems.

Rita E. Silverberg, MFT, LPC

Rita has worked in child and family services for over 38 years, earned a Master's of Counseling & Guidance at the U of A in 1977, and worked for a large multi-service agency in Sacramento, CA for 20 years. Since 2000, she has served several agencies in Tucson, Arizona. Along with extensive management and clinical supervision experience, Rita provided individual and group therapy to children, family therapy, and parent education. Rita is Licensed as a Marriage & Family Therapist in California and Licensed Professional Counselor in Arizona. She is retired from full-time work, and she maintains a small practice of counseling, training, and consultation.

Mary Stanton, MEd, MLS, LADAC

Mary Stanton is the Regional Director of Amity Foundation New Mexico, providing whole-person treatment and wellness services for disenfranchised women, children and families. She has 30 years combined experience in education, counseling, curriculum development, community organization, and administration. Stanton has implemented innovative and effective services for marginalized, ethnically diverse populations with histories of addiction, abuse, exploitation, trauma, violence, and mental health challenges. Stanton has received intensive training in Mindfulness-Based Cognitive Therapy, co-authored and published articles, presented nationally and internationally on the therapeutic benefits of Mindfulness-Based Practices, and has adapted Mindfulness Practices for at-risk children and youth.

Donna M. Stevens, PsyD, RN

Dr. Stevens has worked with the White Mountain Apache Tribe for the past 20 years. She is a community mental health counselor and specializes in domestic violence, addictions, emotional management issues, conflict management, relationship issues, etc. She is presently the supervisor of the Butterfly Drop In Center which addresses crisis interventions, sobriety support issues, and most dual diagnosis issues which impede ongoing sobriety. Rarely does a person only have issues with addiction. If the other co-occurring issues are not addressed sobriety is difficult. Dr. Stevens has worked with 3 generations of WMAT community members and is well known and remembered in the community during times of personal and family crisis.

Kristin Stookey, CRNP

Kristin Stookey is a Certified Registered Nurse Practitioner with over 24 years of experience providing reproductive health services to women, men, and teens. Her education includes Iowa Methodist School of Nursing, Harbor UCLA Nurse Practitioner Program and University of Phoenix. Prior to joining AFHP she was a Title X provider at Planned Parenthood Arizona specializing in all methods of contraception, well-screening physicals, and STD diagnosis and treatment. Her passion is reproductive education and accessible contraception to all.

Josette Sullins

Josette Sullins is the CEO & Founder of dehp therapeutic, a new comprehensive treatment that accelerates development in people who have experienced severe trauma and speeds up the recovery process. Over the last one and a half years, have been working with Veterans suffering from PTSD, and an IRB approved study currently being conducted by Southwest Behavioral & Health Studies. Work has been nationally highlighted on Fox and ABC. Josette was a workshop presenter for the 2015 Women's World Academy in Xinjiang China. She has a licensed curriculum for LPC and LCSW'S. During the last 12 years, Josette has also worked with the at-risk women and children population of Phoenix through Soul Sanctuary in the Desert, a nonprofit that she founded in 2004.

Natalie Summit, LPC

For seventeen years, Natalie Summit has worked with Scottsdale Police Department (SPD) as a Police Crisis Intervention Specialist. She earned a Master of Counseling from ASU. Natalie is a trained negotiator and currently serves as a mental health professional on the SPD Crisis Negotiations Team. Currently, she is serving in the capacity of Mental Health Coordinator for the SPD Crisis Intervention Team (CIT) and participates on the East Valley CIT Program Collaboration. Ms. Summit has volunteered for National Alliance on Mental Illness – (NAMI) as a Family-to-Family teacher and is currently a NAMI Valley of the Sun Board member.

Beverly Tobiason, LPC

Beverly Tobiason is the Clinical Director for Pima County Juvenile Court Center. She received her doctorate in psychology from the University of St. Thomas and her master's degrees in community counseling and rehabilitation counseling from St. Cloud State University. She has 25 plus years of community mental health experience providing individual, group, and family psychotherapy, assessment, program development, clinical supervision and consultation for children, youth, and families in outpatient, inpatient, day treatment, and in-home settings. She is currently responsible for assuring court involved youth are receiving research-based mental health treatment services and assists in evaluating the effectiveness of those services. She also provides oversight for the trauma responsive practices initiative at the court.

Yoendry Torres, PsyD

Yoendry Torres is a bilingual licensed clinical psychologist. He obtained his doctorate degree in clinical psychology (Psy.D.) with advanced training in family systems from The Chicago School of Professional Psychology. As the co-owner and Administrative Director at Intuition Wellness Center, Dr. Torres provides individual and family therapy to adolescents and adults and oversees the Taekwondo Wellness therapy program. In addition, Dr. Torres offers individual and group ethics, business and marketing consultation to other healthcare professionals in private practice.

Lee A. Underwood, PsyD

Lee A Underwood is a licensed clinical psychologist in several states and certified sex offender treatment provider and is employed with SequelCare of Arizona and Successful Journeys. He is nationally recognized for his training programs, books, and articles on treating culturally diverse youth who have sexually abused others and for treating victims of sexual abuse. He has 30 years of experience counseling adolescents and has published over 60 professional articles in refereed journals, 20 scholarly activities including monographs, technical reports and training manuals and has authored two books on Adolescents.

Christine Way, LCSW

Christine Way currently works at the Southern AZ VA Health Care System in the Mental Health Care Line as the Dialectical Behavior Therapy (DBT) Team Lead and is on the Post-Traumatic Stress Disorder Clinical Team (PCT) providing psychotherapy treatments. Before joining SAVAHCS, Ms. Way worked in Tucson's community mental health system providing both case management and psychotherapy services. She graduated from the University of Wisconsin-Milwaukee in 2003 with the degree of Master in Social Work.

Charlotte Webb, MEd, CPSS, BHT

Charlotte Webb is PSA's Chief Recovery Officer overseeing 18 sites. With over 12 years serving the behavioral health field as director of several innovative programs and a principal educator of the Navajo Nation for almost 20 years, Ms. Webb is a strong advocate for peer inclusion and diversity.

James T. Webb, PhD

James T. Webb was one of the founders of the School of Professional Psychology at Wright State University, Dayton, Ohio, where he was Professor and Associate Dean. Previously, Dr. Webb was on the graduate faculty in psychology at Ohio University, after which he directed the Department of Psychology at the Children's Medical Center in Dayton and was Associate Clinical Professor in the Departments of Pediatrics and Psychiatry at the Wright State University School of Medicine. An author of 16 books, he has been in private practice as well as in various consulting positions with clinics and hospitals.

Michael C. White, MCJ

Michael specializes in substance abuse program development between community agencies and judicial systems. Michael currently supervises a team at Community Medical Services that closely works with several Superior Court Drug Court Programs along with coordinating care to and from county and state correctional facilities. His experience also includes working within family courts, Department of Child Safety, and obtaining resources for pregnant women by collaborating with community partners. Michael is a two-time graduate of Arizona State University with a Bachelor of Science in Sociology and a Masters in Criminal Justice while taking his graduate level electives in the Counseling Education Department.

Tobi Zavala, BSW

Tobi Zavala was appointed as the Executive Director of the Arizona Board of Behavior Health Examiners three years ago after first serving four years as Interim Executive Director, Deputy Director, Assistant Director and Compliance Officer. In her earlier career she was the Director of a non-profit organization. She is a graduate of Arizona State University where she received a Bachelor of Social Work.



"UNSUNG HERO" AWARDS

The Advisory Board to the Southwestern School for Behavioral Health Studies (SWS) is excited and pleased to solicit nominations for our "Unsung Hero" Awards. These awards are meant for you, our Unsung Heroes, who may not get recognized for the difficult and challenging work you do.

9 awards will be given out on Wednesday, August 16th, at 10:00 AM between the two General Sessions.

One award will be given to someone from each geographical area listed below.

Western (Mohave, La Paz, Yuma Counties)

Eastern (Apache, Greenlee, Cochise)

Central (Pinal, Gila & Graham)

Northern (Yavapai, Coconino, Navajo)

Maricopa (Phoenix area)

Southern (Pima & Santa Cruz)

Tribal (Includes all Tribes – 3 awards)

Guidelines for nominating one of your peers include:

- Distinguishes themselves in the field of behavioral/mental health services
- Demonstrates compassion and empathy for those they serve
- Promotes, celebrates and includes an understanding of individual needs and cultural differences in their delivery of services
- Exemplifies ethical behavior and core values in the delivery of services
- Communicates effectively and continues to learn new skills

We welcome nominations from all of you. Please take a few minutes to nominate one of your peers for an "Unsung Hero" Award.

Simply fill out the nomination ballot below, detach this page and turn it in to the Registration Desk by Tuesday, 8/15/17. SWS Advisory Board Members will select the 2017 winners!

"UNSUNG HERO"

Nomination Ballot Please print legibly

Nominee _____

Title _____

Employer _____

Address _____

Phone (include area code) _____

Region (please check one)

- | | |
|---|---|
| <input type="checkbox"/> Western (Mohave, La Paz, Yuma Counties) | <input type="checkbox"/> Maricopa (Phoenix area) |
| <input type="checkbox"/> Eastern (Apache, Greenlee, Cochise) | <input type="checkbox"/> Southern (Pima & Santa Cruz) |
| <input type="checkbox"/> Central (Pinal, Gila & Graham) | <input type="checkbox"/> Tribal (Includes all Tribes – 3 awards) |
| <input type="checkbox"/> Northern (Yavapai, Coconino, Navajo) | |

3 LUNCH OPTIONS FOR ATTENDEES



JW MARRIOTT®

- **The JW Marriott will have a custom menu available in the Signature Grill for attendees during lunch.**
- **Additionally, a la carte salads & sandwiches will be available at \$8 – \$15 depending on the items selected.** (Available in the Conference Center Area).
- **Box lunches will also be available and will include a sandwich, chips, & water at \$15.** (Available in the Conference Center Area).

JW MARRIOTT RESTAURANTS & LOUNGES

Signature Grill

Local and regional favorites inspired by Native American, Mexican and authentic cowboy traditions.

Primo

Inventive and robust Italian cuisine influenced by Mediterranean, French and Spanish flavors.

Primo Piatti Wine Bar

Italian and domestic wines, fine imported beers, handcrafted cocktails and small bites.

Catalina Barbeque Co. & Sports Bar

Competition barbeque with a southwestern twist located at Starr Pass Golf Club.

Salud

Lobby bar with breathtaking views, 100 tequilas, handcrafted cocktails, creative margaritas and light cantina fare.

Plunge Poolside Dining

Casual poolside fare and cocktails.

Starbucks®

JW MARRIOTT RESORT AMENITIES

Hashani Spa

20,000 sq-ft. full service spa with 25 treatment rooms, state-of-the-art fitness center and classes, private heated outdoor lap pool and full-service salon, spa café.

Starr Pass Golf Club

Three nine-hole Championship courses, top quality golf shop, double-loaded driving range, chipping and putting greens, 20,000 sq-ft. clubhouse, Catalina Barbeque Co. & Sports Bar.

Six Lighted Tennis Courts

Water Collection

Featuring an outdoor multi-level pool, Starr Canyon Lazy River, Monsoon Falls Waterslide, Dancing Springs Splash Pad & Whirlpool.

Jogging, Hiking & Biking Trails

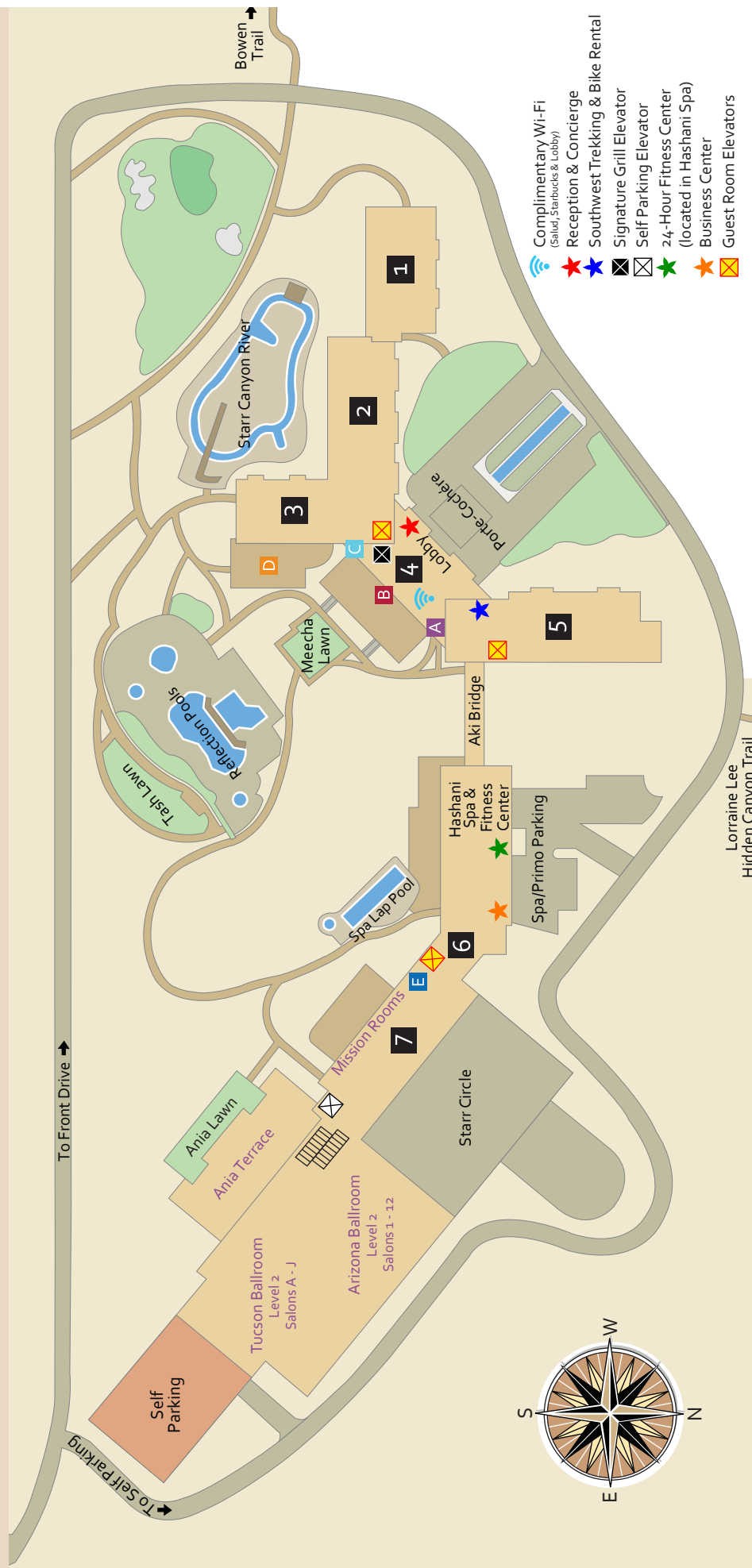
LOCAL ATTRACTIONS

- **Arizona Sonora Desert Museum**
- **Old Tucson Studios**
- **Pima Air & Space Museum**
- **Arizona Historical Society**
- **Old Town Artisans**
- **Mission San Xavier del Bac**
- **Tucson Children's Museum**
- **Titan Missile Museum**
- **Reid Park Zoo**
- **University of Arizona**



Resort Map

F To Starr Pass Golf Club and Catalina Barbeque Co. & Sports Bar (1 mile)



- Complimentary Wi-Fi (Salud, Starbucks & Lobby)
- Reception & Concierge
- Southwest Trekking & Bike Rental
- Signature Grill Elevator
- Self Parking Elevator
- 24-Hour Fitness Center (located in Hashani Spa)
- Business Center
- Guest Room Elevators

RESORT AMENITIES

- Hashani Spa
 - Starr Pass Golf Club
 - Fitness Center
 - Resort Water Collection
 - Starr Pass Golf Club
- ## RESORT SHOPS
- Hashani Spa Boutique
 - Golf Pro Shop at the
 - Golf Club
 - Resort Boutiques
 - Resort shop

RESORT DINING

- A** Starbucks (Level 2)
- B** Salud (Level 2)
- C** Signature Grill (Level 2)
- D** Plunge (Poolside)
- E** Primo (Level 2)
- F** Catalina Barbeque Co. & Sports Bar (at the Starr Pass Golf Club)

Room Location Key

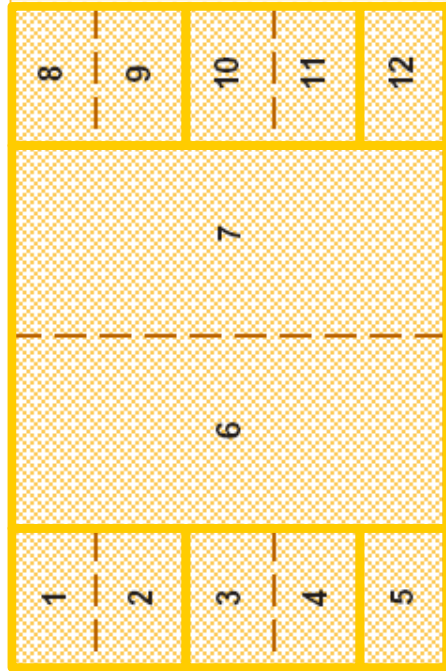
First Number - Floor
Second Number - Building
Last 2 Numbers - Room Number

JW Marriott Starr Pass Resort & Spa
3800 W. Starr Pass Blvd., Tucson, AZ 85745 | 520-792-3500 | www.jwmarriottstarrpass.com

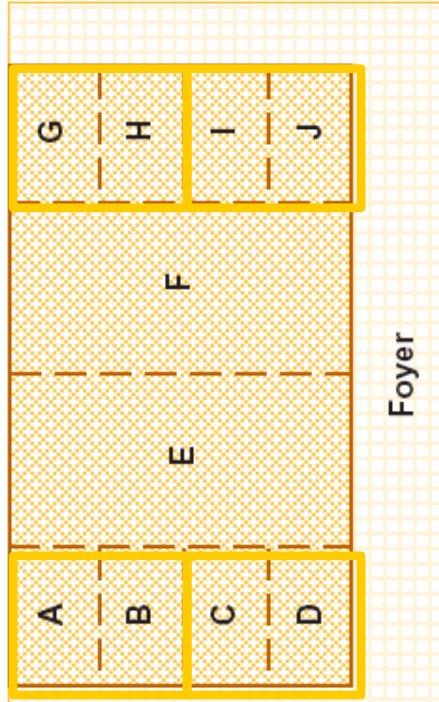
MAP OF MEETING SPACE

LOWER LEVEL

Arizona Ballroom

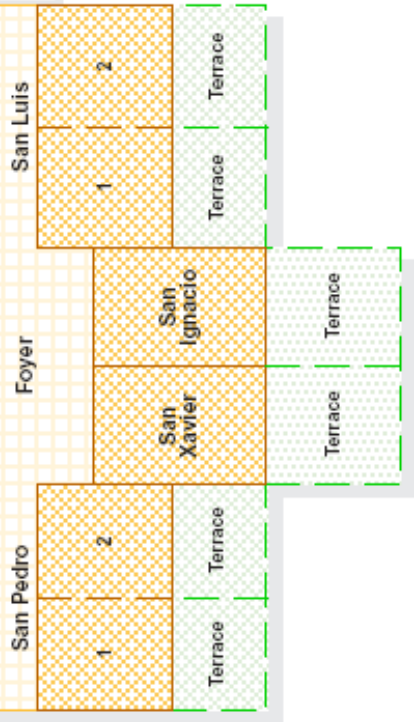


Tucson Ballroom



Foyer

UPPER LEVEL



VERIFICATION OF ATTENDANCE & CONTINUING EDUCATION

Licensing boards and governing bodies require verification of attendance in order to award continuing education hours. In order to track these hours, your name badge will be scanned at conference check-in and at the completion of every session you attend. You are required to attend the entire session to receive credit. No partial credit will be given. No exceptions. If you fail to have your name badge properly scanned at the conclusion of each session, credit will not be given after-the-fact. Your Certificate of Attendance will be available to you electronically after the conference.

Available Clock Hours of Continuing Education by Day:

- Sunday: 6
- Monday: 7 (or 6 if attending 12-Hour Clinical Supervision)
 - + Special Evening Session: 8.75 (or 7.75 if attending 12-Hour Clinical Supervision)
- Tuesday: 7
- Wednesday: 7
 - + Special SWS Luncheon: 8
- Thursday: 7

Cultural Diversity and Ethics Continuing Education:

Cultural Diversity Sessions: 8, 12, 17, 18, 30, 32, 37, 39, 40, 49, 56, 62, 63, 80, 86

Ethics Sessions: 15, 16, 25, 27, 36, 41, 44, 65, 79, 92

Continuing Education Organizations:



APA: The Training Institute – Southwest Behavioral Health is approved by the American Psychological Association to sponsor continuing education for psychologists. The Training Institute – Southwest Behavioral Health maintains responsibility for this program and its content. Full attendance is required. No partial credit will be offered for partial attendance.

(Sessions with a red asterisk () are sponsored by The Training Institute for APA Continuing Education)*



NBCC: La Frontera Arizona EMPACT – SPC is an NBCC-Approved Continuing Education Provider (ACEP™) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the program. (#5823)

(Sessions 60, 78 and 89 do not meet NBCC requirements)



NAADAC: La Frontera Arizona EMPACT – SPC is recognized as a NAADAC Approved Education Provider for this conference. (#76002)

NASW AZ: This Conference is approved to offer continuing education by the National Association of Social Workers, Arizona Chapter. (# 3138)

CONFERENCE EVALUATIONS AND CERTIFICATES

Conference attendees will receive an email on the last day of the conference

(8/17/17) with a link to complete a post-conference Feedback Survey.

The Feedback Survey will be available until Thursday 8/31/17. Upon completion of the survey, your Certificate will be auto-generated and emailed to you immediately. The Feedback Survey can also be accessed on the homepage of our website at www.azsws.org. Attendees who choose not to complete the Feedback Survey, will receive their Certificate via email on Thursday 9/7/17.

Thank You EXHIBITORS*

American Foundation for Suicide Prevention
Amity Foundation Circle Tree Ranch
Arcadia Healthcare/Sierra Tucson
Arizona Board of Behavioral Health Examiners
Arizona Board for Certification of Addiction Counselors
Arizona Family Health Partnership
Art of Recovery Expo
Calvary Healing Center
Center for Change
Center for Hope of the Sierras
Community Bridges
Cornerstone Behavioral Health El Dorado
Desert Star Addiction Recovery Center
Devereux Advanced Behavioral Health Arizona
Grand Canyon University
Las Vegas Recovery Center
Malibu Beach Recovery Centers
Mostly Books
Oasis Behavioral Health
Palo Verde Behavioral Health
Provo Canyon School
Quail Run Behavioral Health
Rally Point Arizona
Rosewood Centers for Eating Disorders
Ross Institute for Trauma at UBH
San Marcos Treatment Center
Sex Addicts Anonymous
Sonora Behavioral Health
The New Foundation
Visit Tucson

* Represents SWS Exhibitors as of July 26, 2017. To see additions to this list, please visit our website www.azsws.org.



Thank You SPONSORS*



Your partner for a safe, strong, and healthy community.



IMPACT - SUICIDE PREVENTION CENTER



*Represents SWS Sponsors as of July 26, 2017. To see additions to this list, please visit our website www.azsws.org.