



GIRLS

Event	16 yrs	15 yrs	14 yrs	13 yrs
50m Freestyle	27.56	27.82	28.33	28.84
100m Freestyle	59.55	1:00.10	1:01.21	1:02.31
200m Freestyle	2:10.59	2:11.80	2:14.22	2:16.64
400m Freestyle	4:35.54	4:38.09	4:43.19	4:48.30
800m Freestyle	9:19.73	9:24.91	9:35.28	9:45.65
1500m Freestyle	17:52.06	18:01.99	18:21.84	18:41.69
100m Backstroke	1:06.78	1:07.39	1:08.60	1:09.82
200m Backstroke	2:25.87	2:27.20	2:29.85	2:32.50
100m Breaststroke	1:17.86	1:18.56	1:19.95	1:21.34
200m Breaststroke	2:49.52	2:51.04	2:54.06	2:57.09
100m Butterfly	1:05.30	1:05.89	1:07.08	1:08.26
200m Butterfly	2:26.11	2:27.44	2:30.10	2:32.75
200m Individual Medley	2:29.51	2:30.87	2:33.59	2:36.31
400m Individual Medley	5:18.37	5:21.27	5:27.06	5:32.84
Relays				
4 x 50 Free	13 - 14 years		1:56.00	
4 x 50 Free	15 - 16 years		1:52.00	
4 x 100 Free	16 and under		4:09.00	
4 x 200 Free	16 and under		8:50.00	
4 x 50 Medley	13 - 14 years		2:09.00	
4 x 50 Medley	15 - 16 years		2:05.00	
4 x 100 Medley	16 and under		4:36.00	

1. Entry times for these Championships must have been swum in a 50m pool.
2. Qualifying time must be achieved since 1st May 2019
3. Minimum Age is 13 years



BOYS

Event	17 yrs	16 yrs	15 yrs	14 yrs
50m Freestyle	24.76	24.99	25.67	26.36
100m Freestyle	54.34	54.84	56.33	57.83
200m Freestyle	1:59.14	2:00.23	2:03.51	2:06.79
400m Freestyle	4:11.83	4:16.50	4:23.49	4:30.49
800m Freestyle	8:41.39	8:51.05	9:05.53	9:20.01
1500m Freestyle	16:31.92	16:50.28	17:17.84	17:45.39
100m Backstroke	1:01.03	1:02.14	1:03.80	1:05.47
200m Backstroke	2:13.72	2:16.15	2:19.79	2:23.44
100m Breaststroke	1:08.87	1:10.10	1:11.94	1:13.79
200m Breaststroke	2:29.34	2:32.01	2:36.01	2:40.01
100m Butterfly	58.39	59.45	1:01.04	1:02.63
200m Butterfly	2:12.11	2:14.51	2:18.11	2:21.72
200m Individual Medley	2:15.10	2:17.56	2:21.24	2:24.93
400m Individual Medley	4:49.31	4:54.57	5:02.46	5:10.35
Relays				
4 x 50m Free	14 – 15 years		1:45.00	
4 x 50m Free	16 – 17 years		1:41.00	
4 x 100m Free	17 and under		3:42.00	
4 x 200m Free	17 and under		8:05.00	
4 x 50m Medley	14 – 15 years		2:03.00	
4 x 50m Medley	16 – 17 years		1:59.00	
4 x 100m Medley	17 and under		4:10.00	

1. Entry times for these Championships must have been swum in a 50m pool.
2. Qualifying time must be achieved since 1st May 2019
3. Minimum Age as 14 years

Mixed 4 x 50m Medley	13 – 17 years* <i>(Girls 13 - 16 yrs, Boys 14 - 17 yrs)</i>	2:04.00
----------------------	--	---------