



AQUAJETS SWIM SCHOOL

A 126 Robinson Street Rockhampton Qld 4700

P 0401 258 842

W <https://aquajetsswimschool.com.au/>

E admin@aquajetsswimschool.com.au

F www.facebook.com/AquaJetsSwimSchool

I www.instagram.com/aquajetsswimschool/



School Holidays: Monday 16th Dec – Friday 24th January 2019

Monday – Friday: Sessions conducted at the Southside Pool
2nd World War Memorial Aquatic Centre, 2 Graeme Acton Way

Friday: Session conducted at the Northside Pool
24nd Battalion Memorial Pool, 330-360 Berserker St

Dolphin Squad

	TUES	THU	FRI
AM			
PM	3:30-4:15	3:30-4:15	4:30-5:30

Bronze Squad

	MON	TUES	THU	FRI
AM	6:00-7:30			
PM		3:30-5:00	3:30-5:00	4:30-5:30

Silver Squad

	MON	TUES	WED	THUR	FRI
AM	6:00-7:30		6:00-7:30		6:00-7:30
PM		3:30-5:00		3:30-5:00	4:30-5:30

Gold Squad

	MON	TUES	WED	THU	FRI
AM	6:00-7:30		6:00-7:30		6:00-7:30
PM		3:30-5:00		3:30-5:00	4:30-5:30

Masters/Triathlon Squad:

	MON	TUES	WED	THU	FRI
AM	6:00-7:30		6:00-7:30		6:00-7:30
PM					



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Training equipment required for all sessions:

Dolphin Squad:

1x CQ AquaJets cap

2x sets of goggles

1x kickboard

1x set of short fins

1x water bottle

1x mesh wet bag

Bronze – Gold:

1x CQ AquaJets cap

2x sets of goggles

1x kickboard

1x set of short fins

1x set of hand paddles

1x pull buoy

1x swim snorkel

2x water bottle

1x mesh wet bag

No Training Session Dates:

Training will break following the PM session on Fri 20th December and resume Mon 6th January.