

Messengers

BY ROB COOK

Messengers who deliver unwelcome news
have never been particularly popular.

They may have traveled many miles
braving the elements and wild beasts.

But does the king say *well done?*

Not bloody likely.

No, if the king doesn't like the message
it tends to be more like *off with his head.*

It's an understandable reaction.

When a message upsets us, it's tempting to
pretend we just didn't hear it,
but that's hard to do with that
annoying messenger standing there.

These are my thoughts this morning
as I stand in front of the mirror
plucking out another gray hair.