



BIRTHDAY WEEK

Big Birthday Bash

You know that every year I love giving you gifts as part of my birthday celebration.

This year I'm doing something a little bit different for my subscribers to The C Word.

Instead of coming up with offers for you, I want YOU to pitch ME.

From now until 15 August, simply come up with something that you'd absolutely love that will help you optimise your office, home or life AND the price you want to pay for it, and I'm in!

Not sure what to ask for? Here are some ideas to kickstart your creativity.

Perhaps a **K Day** where I come to you and we do a two hour block followed by an hour lunch break and then another two hour block.

Perhaps a **Bathroom Blitz** where we declutter, organise and clean your ensuite or full bathroom.

Perhaps a **Closet Clear Out** where I'll even handle dropping off all the donations after we've cleared and organised your wardrobe or closet.

Perhaps a **Paperwork Party** where you bring your friends, I bring the bubbly and we get down and dirty with the paperwork. I'll show you all how to manage your in-trays, to do lists and all the mail and assorted paperwork in your home.

Perhaps a **Body Double Trouble** where I teach you and your best friend how to be the best body doubles for each other.

Perhaps a **Mindset Mastermind** where you can learn the fundamentals of managing your mindset to create the results you want in your life.

Perhaps a **Kitchen Reset** where for 60 minutes for five days we optimise a different area of your kitchen.

Perhaps a **Power Hour** where we tidy six zones in an hour.

Perhaps a **Rest, Relax and Rejuvenate** session with somatic practices and yoga nidra.

Don't worry if you only have a vague idea of an issue or problem area you'd like to work on, we can workshop it and craft it into something that you will LOVE.

So tell me what you want, what you really, really want.

pitch me

