



HOW TO SELL YOUR STUFF

So you're at Step 5 and decided to sell some items, here's how:

Top tips

1. Set a time limit
2. Set the lowest price you will accept
3. Write your agreement and follow through
4. Sell your most valuable item first
5. Make a decision ahead of time what kinds of items you will sell in the future

Steps 1-3

Write an agreement with yourself for each item you want to sell.

Include three factors: your time limit, your price limit, and what you will do if it doesn't sell.

For example:

I will sell X item by Y time for \$Z or more dollars. If I don't receive an offer in my price range by the end of my selling period, I will ... (donate it to ABC/recycle it/trash it).

Check in with yourself. Is there certainty? Does it feel right for you? Do you feel solid? Your head and heart will feel in alignment. Adjust if not.

Put your agreement in your calendar or phone and create a reminder alert.

Note sometimes simply writing the agreement can be clarifying enough that you decide to donate instead.

Remember to keep trust with yourself by following through and not second-guessing your decisions.

See also

FAQ Selling your stuff, which outlines the rationale in more detail
FAQ Donate v. Trash, which helps you look at the pros and cons of each.

Want help selling? Book a free Strategy session and we'll list items.

Step 4

Sell your most valuable item first because you will gain clarity by going through the complete process. You will know whether the time and effort involved in selling was enjoyable to you and "worth it" or not. Better to find that out on the item you are expecting the largest return on. That can help guide you in the future.

Step 5

After you've sold your first item using this method, reflect on what worked well and what didn't. Perhaps for future items you want a shorter or longer selling period. Perhaps you want a smaller or larger price container. Perhaps you want to pre-arrange a donations drop-off with a friend or pick up from the charity to help you keep your agreement with yourself.

With all that in mind, decide now ahead of time what categories of items you want to consider selling.

Perhaps it's only large ticket items, perhaps it's smaller items that might move quickly, perhaps it's only handbags.

Making a decision like this now helps you later on in your decluttering.

Happy selling.



Sell it!