

BEDROOM BLISS

FIVE MINUTES BETTER

Incidental time tasks

While your favourite song is playing consider ticking off one of these tasks in your bedroom.

Day	Five Minutes Better Task	Category	Check
1	Declutter your nightstand/bedside table	Clear	<input type="checkbox"/>
2	Declutter other nightstand/bedside table	Clear	<input type="checkbox"/>
3	Declutter gym/sports clothes	Clear	<input type="checkbox"/>
4	Consolidate fragrances in one area	Organise	<input type="checkbox"/>
5	Clean mirror	Clean	<input type="checkbox"/>
6	Dust artworks and photo frames	Clean	<input type="checkbox"/>
7	Declutter ties and socks	Clear	<input type="checkbox"/>
8	Declutter scarves	Clear	<input type="checkbox"/>
9	Declutter earrings	Clear	<input type="checkbox"/>
10	Declutter rings	Clear	<input type="checkbox"/>
11	Declutter necklaces	Clear	<input type="checkbox"/>
12	Declutter hats and sunglasses	Clear	<input type="checkbox"/>
13	Declutter gloves	Clear	<input type="checkbox"/>
14	Clean door handles and light switches	Clean	<input type="checkbox"/>
15	Declutter boots	Clear	<input type="checkbox"/>
16	Dust, trim and water any bedroom plants	Clean	<input type="checkbox"/>
17	Declutter shoes	Clear	<input type="checkbox"/>
18	Declutter sandals	Clear	<input type="checkbox"/>
19	Vacuum rug or carpet, or wash floor	Clean	<input type="checkbox"/>
20	Declutter coats	Clear	<input type="checkbox"/>
21	Clean skirting boards	Clean	<input type="checkbox"/>
22	Declutter jackets	Clear	<input type="checkbox"/>
23	Declutter underwear	Clear	<input type="checkbox"/>
24	Dust architraves	Clean	<input type="checkbox"/>
25	Declutter skirts	Clean	<input type="checkbox"/>
26	Declutter shirts	Clear	<input type="checkbox"/>
27	Declutter dresses	Clear	<input type="checkbox"/>
28	Declutter trousers/pants	Clear	<input type="checkbox"/>
29	Declutter handbags, purses or wallets	Clear	<input type="checkbox"/>
30	Dust shelves, decor and lights	Clean	<input type="checkbox"/>
31	Celebrate	Yay!	<input type="checkbox"/>