## OFFICE OVERHAUL

**FIVE MINUTES BETTER** 

## Incidental time tasks

While a program is installing or your printing a large document, consider ticking off one of these tasks in your home office

Day	Five Minutes Better Task	Category	Check
1	Declutter your desk	Clear	O
2	Clean computer monitor, keyboard and mouse	Clean	0
3	Discard broken pens	Clear	0
4	Consolidate all pens in one container	Organise	0
5	Dust window sills	Clean	$\circ$
6	Clean your desk	Clean	0 0 0 0 0 0
7	Discard junk mail	Clear	Ō
8	Dust lampshades and lightshades	Clear	$\circ$
9	Clear coffee table/end table	Clear	$\circ$
10	Organise your computer cords	Organise	$\bigcirc$
11	Dust printer	Clean	
12	Sort paperwork	Organise	0
13	Discard excess rubberbands and bulldog clips	Clear	$\circ$
14	Clean door handles and light switches	Clean	$\bigcirc$
15	Empty shredder	Clear	0
16	Dust, trim and water any office plants	Clean	0
17	Declutter your desk drawer	Clear	$\circ$
18	Consolidate stationery	Organise	$\circ$
19	Vacuum rug or mop floor	Clean	
20	Declutter your computer desk top	Clear	$\circ$
21	Declutter your bookcase	Clear	$\circ$
22	Discard excess sticky tape and scissors	Clear	0
23	Organise health documents	Organise	$\circ$
24	Dust decor	Clean	0
25	Dust your bookcase	Clean	Ô
26	Declutter your shelves	Clear	O
27	Consolidate your binders and folders in one zone	Organise	$\circ$
28	Clean your shelves	Clear	
29	Empty trash	Clear	
30	Dust shelves	Clean	
31	Celebrate	Yay!	0