

# *Sunset Care Package*

The Tucked -in Bed. Sunset package is a tuck in bed home care service for the elderly who needs assistance with their evening routine. Depending on the disability , a senior may be limited in performing activities of daily living in the evening.



**Evening Routine may include:**

- **Meal preparation**
- **Medication Assistance**
- **Light Housekeeping**
- **Undressing and Dressing for bedtime**
- **Assistance with Oral Care or Denture Care**
- **Prepare bed for sleeping**