



Heritage

Senior Center

August 2025

3700-4 Davidsburg Road, Dover, PA 17315

HOURS: 8:00am - 2:00pm Monday - Friday

EMAIL: center.heritage@yahoo.com

717-292-7471

NEW WEBSITE ADDRESS: HeritageSeniorCenter.com



SUPPORTING & EMPOWERING SENIORS

Our Staff

Emails

Executive Director— Denise Miller executivedirectorhsc@gmail.com

Assistant Director— Laura Gibbs assistantdirectorhsc@gmail.com

General Assistant—Lisa Carpen generalassistanthsc@gmail.com

HDM Coordinator— Liz Olasz-Revesz hdmcoordinatorhsc@gmail.com

Kitchen Coordinator— Marie Jennings

Kitchen Coordinator— Ema Williams



Attention all members,

There is to be absolutely no parking on the walkway in front of the double doors at the senior center. Its a hazard, its illegal and could potentially cause bodily harm.

Also, please do not stop in the middle of the parking lot while going in to retrieve your TOGO meals. We now have more parking spaces due to the revamp of the parking lot a few weeks ago.

Thank you for your assistance in this matter.

Denise Miller, Executive Director

Donations for Halloween Dover Area Library Pre-Schoolers

October 30th at 10:00 A.M.

Seniors Costume Contest/Dress Up

- *Mini bags of gold-fish
- *Mini bags of pretzels
- *Fruit Roll-ups
- *Juice Boxes
- *Applesauce/fruit cups
- *Granola Bars
- *Mini bags of M&M chocolates (No Nuts)
- *Cheese Crackers



Gift Card Bingo, Sunday, November 2, 2025



Donations needed for:

\$25.00, \$50.00 & \$100.00 Gift Cards

Items for gift baskets:

Baskets, bath & body items, etc.

Heritage Senior Center

3700-4 Davidsburg Road

Dover, PA 17315

Community Room

**Doors & Kitchen Open @ 12:30
P.M.**

Bingo Begins @ 2:00 P.M.

NO OUTSIDE FOOD ALLOWED

**Volunteer Sign-up sheet avail-
able for various positions**

Cost: \$25.00 Pre-Sale, \$30.00 at the Door

Community Project: School Supply Drive

We are collecting school supplies for 2 of our local elementary schools in the Dover District. Please help us by bringing in the times listed below. Go Eaglets!!!

Items Needed:

Ticonderoga #2 Pencils

Expo Markers-teachers

Tissues

Hand Sanitizer

Markers—regular kids

Ziploc bags: Sandwich bags

Quart size

Gallon size



8/8 Painting with Debbie 9-11 a.m.

Sign-Up

8/12 Senior Driving Course, 9:30 a.m.

Northern Regional PD Officer Mongo

8/25 National Banana Split Day

Sign-Up



Corn Hole—Wednesdays beginning in July



Wii Bowling Fridays beginning in July



Ping Pong coming- Stay tuned (Tuesdays)

Lunch & Show

Night Fever—An Afternoon of the Bee Gees
Tuesday, August 26, 2025
At Penn's Peak, Jim Thorpe, PA

\$125.00

Depart: 8:00 a.m. HSC

SIGN-UP

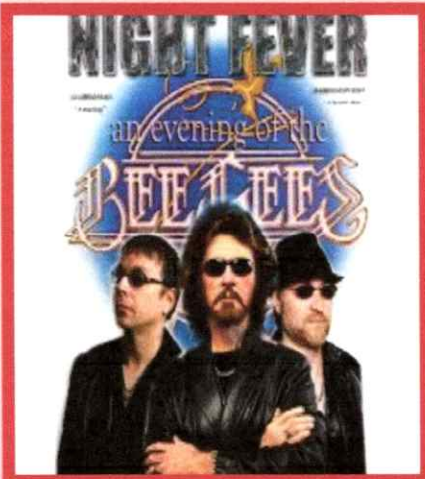
TODAY!!!

Night Fever is the Greatest production of Bee Gees music in the world. This all-Canadian cast has been touring internationally for the past 15 years, recreating the Look and sound of the Bee Gees.

Capturing a full history of the band, Night Fever includes songs such as: *To Love Somebody*, *Massachusetts*, *I Got to Get A Message*, *I Started A Joke*, *Jive Talking*, *More Than A Woman*, *Night Fever*, *You Should Be Dancing*, *Tragedy*, *Stayin' Alive* and many more.

The Bee Gees have over 50 years of hit songs and have been inducted into the Rock & Roll Hall of Fame.

Every song they do is spot on, note for note, chord for chord, exactly like the Bee Gees records.



NASHVILLE CHRISTMAS BY COUNTRY JAMBOREE

TUESDAY, DECEMBER 2, 2025

AT PENN'S PEAK, JIM THORPE, PA

DEPART: 8:00 A.M. HSC \$125.00 RETURN: 6:15 P.M. HSC

CELEBRATE YOUR CHRISTMAS STORY COUNTRY STYLE WITH THE INCREDIBLE NASHVILLE CHRISTMAS SHOW..

THIS ULTRA-ENTERTAINING PERFORMANCE FEATURES TRADITIONAL CHRISTMAS FAVORITES ALONG WITH SOME LEGENDARY CLASSIC COUNTRY TUNES BY ARTISTS SUCH AS: JOHNNY CASH, PATSY CLINE, MERLE HAGGARD, JOHN DENVER, GEORGE STRAIT, LORETTA LYNN AND MANY MORE...

ALL PERFORMED BY THE FANTASTIC CAST OF THE COUNTRY JAMBOREE, WHOSE MEMBERS HAVE SHARED THE STAGE WITH DOZENS OF COUNTRY MUSIC'S MOST POPULAR ARTISTS

Lunch & Show

SIGN-UP

TODAY!!!



HSC Bulletin Board!!!

Silly Corner

When people tell me, "You're going to regret that in the morning," I sleep until noon because I'm a problem solver.

FYI HSC MEMBERS!!!

HSC will no longer accept Military Share box items due to space and the produce attracts fruit flies when the weather gets warmer.

Please donate to a food pantry or a worthy charity of your choice.

Thank You HSC

Shiloh Lions Club Needs Donations

Shiloh Lions Club is looking for donations of:

wheelchairs, transport wheelchairs, four wheel walkers with seats, two wheel walkers with ski slides and knee walkers.

If you have any in working condition to donate,

please call Keith Krout at 717-764-9791

Exciting

Volunteer Opportunities

- Vacuuming 2 times a week
- Wiping up tables after meals
- Set up and tear down for Bingo
- To wash the big kitchen pots and pans.

- Seasonal decorating

Please contact Denise to get started volunteering.



HDM Drivers Needed:



For Information contact
Heritage Senior Center at:

717-292-7471

For a Great Opportunity to serve.

Military Share Food Distribution Program

The Shiloh American Legion Post #791 is located at 1490 Poplars Road, York, PA 17408. All active-duty service members, veterans and their families are eligible.

You must pre-register and provide proof of military service, such as a DD-214, Military ID, or VA Medical Card.

Please call the Coordinator,
Cindy Wilt at 717-586-6526

Donations we are in need of at the Senior Center

* Breakfast Items:

breakfast bars/ granola bars
Bagels/English Muffins/Donuts
Soft cream cheese/butter in a tub
Individual Cereal Boxes

* Coffee/Drink Bar:

12 oz. cans of soda
bottled water
Coffee flavorings and flavored creamer
Tea: decaf tea bags, mint tea bags
ICED TEA BAGS for cold tea
Cocoa individual packets (regular or sugar free)
Coffee cups with lids

* Office Supplies:

White Copier Paper (ream)
Forever Postage Stamps
White letter size security envelopes

* Cleaning Supplies:

Sanitizing Wipes
Scoring Pads/Sponges/ Blue Disposable rags
Mr. Clean Floor Cleaner
Dawn Dish Soap

* Kitchen Items:

Kitchen size garbage bags (13 gallon),
Ziploc bags/Sandwich bags (Gallon, quart)
Paper plates (6 inch) and Soup bowls

♦ Gift cards to BJ's, Walmart, Amazon, Staples, Dollar Tree/Hobby Lobby

♦ Kleenex boxes - square

***Thank you for your Donations.**

BUILDING FUND

ALL DONATIONS HELP US REACH OUR GOAL FOR OUR NEW BUILDING

Cindy Rusnak Jane Stabley

Calvary Evangelical Lutheran Church



THANK YOU FOR YOUR DONATION

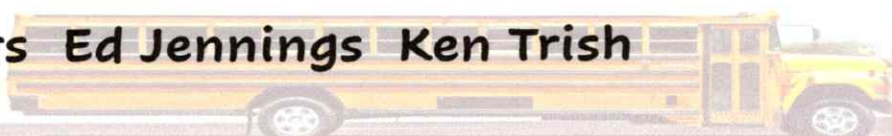
Bob Wolf Hazel Hamme Tina Rutter

Brenda Leidig Marie Jennings Bobby Bowen

Joe Keller Ellen Johnsey Patsy Farmer Kathy Nelson

Kim Harbold Melvin Matson Pat Whiteford

Sue Myers Ed Jennings Ken Trish



Winter Wonderland

December 16th, 2025

Entertainment, Catered Meal
Interesting Sweater Contest

Gift Game

Tickets: \$20.00/person

Donations Needed for:

Stoppings for Cheesecake

Messy's Chocolate Syrup, Bask, Milk

Cherries, Blueberries, Strawberries

HERITAGE SENIOR CENTER

AUGUST BIRTHDAYS



Welcome New Members

8/2 William Torney
 8/4 Carol Matson, Roger Whiteford
 8/5 Susan Kohler
 8/6 Roy Snoke
 8/9 Vickie Snyder, Sharon Wert
 8/10 Janet Maher, Bonnie & Larry Mellott
 8/11 Susan Yeaple
 8/12 Kathy Sue Lindt
 8/13 Carolyn Lighty
 8/14 June Ruth
 8/15 Delores Mummert, Priscilla Szabo
 8/17 Alvin Herner, Ruth Jacobson
 8/19 Andras Revesz
 8/21 William Burger, Ellen Woltcheck
 8/22 Andrea Long
 8/23 Daniel Dellosso, Robin Geesey
 8/24 Lisa Pryor
 8/26 Susan Houck
 8/27 Dorothy Bell, Judith Worley
 8/29 Thomas Lighty, Dennis Pryor,
 Harry Shermeyer
 8/30 Phyllis Holdsworth, Mary Wise



Jo-Ann Orcutt
 Barbara Zoller
 Andrew & Ellen Doughty
 Erna Dressler
 Myrna Porto



Our heartfelt sympathies go
 out to the family and friends
 of Russell Day

Gary Smith Linda Stone Stacey Moul Paul Duryea

Kenneth Trish Mary Hartlaub Priscilla Szabo

George Ruth Sandy Dubbs Larry Slenker



**GET WELL
SOON**

Members In Action



Star Craft

Fall Bible Study

With By Baylis

Old Testament Book of Jonah

9:30-11:00 a.m.

* September 25th

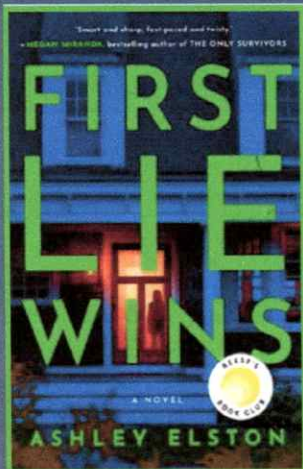
* October 30th

* November 20th

* December 18th

November Bible Study will meet
in the Wii Area or the
Community Room

BOOK OF THE MONTH



The identity comes first: Evie Porter. Once she's given a name and location by her mysterious boss Mr. Smith, she learns everything there is to know about the town and the people in it. Then the mark: Ryan Sumner. The last piece of the puzzle is the job.

Evie isn't privy to Mr. Smith's real identity, but she knows this job will be different. Ryan has gotten under her skin, and she's starting to envision a different sort of life for herself. But Evie can't make any mistakes—especially after what happened last time.

Because the one thing she's worked her entire life to keep clean, the one identity she could always go back to—her real identity—just walked right into this town. Evie Porter must stay one step ahead of her past while making sure there's still a future in front of her. The stakes couldn't be higher—but then, Evie has always liked a challenge...



Valid at: 1510 Mt Zion Road - York, PA 17402

DINE TO DONATE *or* **DRIVE TO DONATE**



Heritage Senior Center

Wednesday | September 17, 2025
3pm - 10pm

Support the Auxiliary to **Heritage Senior Center** on **September 17** by presenting this flyer to the **YORK** location & Texas Roadhouse will donate **10%** of your total check to the **Heritage Senior Center!**

**10% DONATION
NIGHT**

A digital copy of this invitation may be used in lieu of the printed document when shown to your Dine-in server or Curbside/to-go host on the night of the fundraiser. Valid for Dine-in, To-go and Gift Card purchases for future visits!

Newsletter Sponsorship

We have an opportunity for members, businesses and community individuals and organizations to sponsor our newsletter each month.

The cost per month is:

\$50.00 for members

\$60.00 for non-members

\$75.00 for Community Non-Profit Organizations

\$100.00 for a commercial business/\$500.00 for 6 months

By sponsoring our newsletter, you help us defray the costs of the newsletter and your name will be seen by various groups. Our newsletter is put on our website (www.heritageseniorcenter.com) and our Facebook page (Heritage Senior Center) and is distributed to over 500 members and the community in Dover and West Manchester Townships. You may sponsor the newsletter in honor or memory of a loved one and write a 1 to 2 sentence statement.

Businesses may email us a digital ready logo to be placed within the newsletter and a 1 - 3 sentence statement about your business. The Heritage Senior Center reserves the right to edit statements for length and the right to turn down any business that is inappropriate or looks to fraud our members. More than one business could be in the newsletter at a time. Please contact **Heritage Senior Center at 717-292-7471** or via email at: Center.Heritage@yahoo.com, to sponsor the newsletter or to find out more about additional sponsorship opportunities.

Members: fill out and hand into Denise or Laura

Non Members: mail to/drop off/or call: Heritage Senior Center

3700-4 Davidsburg Road, Dover, PA 17315

Name/Organization/Business _____

Month to sponsor: _____

Amount:\$ _____



Monthly Activities & Programs

Exercise Class

First & Third Tuesday of the month: 9:00am - 10:00am with Vickie,

Second & Fourth Tuesday of the month: 9:00–10:00 a.m. with Marilyn

Every Friday at 9:00 a.m. in the Community Room, Donations Requested



Line Dancing Every

at 9:00 a.m.

In the Community Room , Donations Requested

CANCELLED FOR THE SUMMER

Class

Wednesday of the Month



Crochet/Knitting Group

Every Tuesday of the month: 9:00am - 11:15am

In Small Activity Room - Anyone interested is welcome to join!



**** NEW*****Monthly Bible Study: The Book of Jonah

Last Thursday of the Month (unless holiday)

Begins September 25th



Piano Sing Along with Diane: August 20, 2025 at 10:00am

Sing along with Diane to the classic tunes.



BOOK CLUB

Last Monday of the month: **August 25, 2025** 12:30pm - 1:30pm

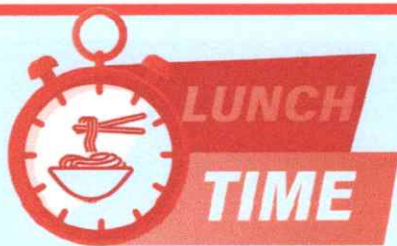


CRAFT DAY NO CRAFT DAY

Activities Calendar

Aug-25

Monday	Tuesday	Wednesday	Thursday	Friday
Activities Subject to Change With or Without Notice				1
4	5	6	7	8
				Paint with Debbie Theme: Paris 9 am - 11 am Donations requested
11	12	13	14	15
Zook's Pies Fundraiser Begins Form in the August Newsletter and on the Sign up Table			BIG BUCKS BINGO \$10.00 Pre Paid Red Tickets \$12.00 at the Door Doors open at 8:30 Games Start at 9 am <i>July green ticket holders must turn in their July ticket for an August Red ticket</i>	
18	19	20	21	22
				Wheel of Fortune 10:00 am Games and Trivia Team edition with Grand Prize Ginni Kite From the Gini Kite Remax Realty
25	26	27	28	29
	Bee Gees Trip Bagged Lunch- No Kitchen staff Eat in or Carry out.		National Banana Split Day and Fesitval in Latrobe, PA We will have some kind of ice cream available to purchase.	No Chapel during the summer months



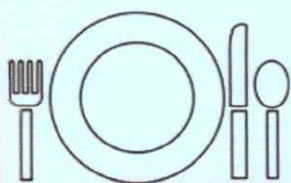
& Sign Up At HSC!



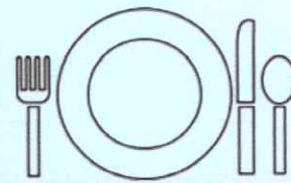
**The Heritage Senior Center provides lunch 5 days a week,
Monday through Friday,**

"Grab & Go" meal pick up time is: 10:30am - 11:30am.

Dining at Center begins: 11:30am until all are served



You must put your meal choices into the Co-Pilot 2 days ahead, If you need assistance, please feel free to ask our staff.






1. **BE SURE TO** fill out the monthly lunch sign-up sheet and CIRCLE if you are getting a "Grab & Go" meal or eating at the "Center".
2. **Directions for Monthly sign-up:** Sign into Copilot and TOUCH the days on the screen that you plan to eat lunch at the Center or will be picking up a "Grab & Go" meal. Be sure to select only one of them for each day you plan to eat lunch.
3. **When you have completed the sign-up,** please put your sheet in the hanging file marked completed menus next to the Co-Pilot.
4. If you need to make a change to your lunch sign-up sheet at a later date, make the change on Copilot.
5. **Directions for Daily Sign-in:** Each member signs into Copilot separately. Example: husband and wife. The Staff will assist, if necessary, but it is up to YOU to check yourself in each day and to also sign up for your monthly meals.
6. **Meal head counts are ordered TWO business days ahead.** For example, a meal ordered for Monday is ordered on Thursday, a Wednesday's meal is ordered on Monday, etc. *We can NOT guarantee if you did not sign up in Co-Pilot that we have extra meals left. Any extra meals are given out at 11:30 after the Center lunch service is finished.*

AUGUST

MENU

2025

Monday	Tuesday	Wednesday	Thursday	Friday
				1 1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Warm Applesauce
4 Baked Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	<i>*menu subject to change</i> 5 Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Italian Bread 1/2c Mixed Fruit Salad	6 3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Spinach Dinner Roll 1/2c Blushed Fruit	7 Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple	8 1c Pizza Casserole 1c Tossed Salad w/ Dressing 1/2c Carrots 1 White Bread 1/2c Pudding
11 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Peas 1 Hot Dog Roll 1/2c Pineapple & Mandarin Oranges	12 3oz Sliced Turkey w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp	13 4oz Chicken Salad Sandwich 1c Cream of Potato Soup 1/2c Pickled Beets Hamburger Bun Fresh Fruit	14 BIG BUCKS BINGO BAGGED LUNCH PICK UP ONLY SWEET LEBANON BOLOGNA COLESLAW FRUIT AND COOKIE ICED TEA	15 BBQ Pork Ribette 1/2c Buttered Pasta 1/2c Green Beans 1 Sandwich Roll 1/2c Pineapple Delight
18 3oz Sliced Ham 1/2c Tri Color Sweet Potatoes 1/2c Peas 1 Dinner Roll 1 Cookie	19 3oz Roast Beef w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Baby Carrots Dinner Roll Cup Cake	20 3oz Swiss Steak w/ 2oz Onion Gravy 1/2c Cabbage & Noodles 1/2c Green Beans Wheat Breat 1/2c Pineapple Deligl 	21 Chicken Philly Cheesesteak 1c Cream of Spinach Soup 1/2c Coleslaw 1 Hoagie Roll 1/2c Gelatin	22 Swedish Meatballs (4) 1/2c White Rice 1/2c Oriental Vegetables 1 Wheat Bread 1/2c Fresh Melon 
25 BBQ Chicken Breast 1/2c Country Collard Greens 1/2c Baked Beans 1 Dinner Roll Seasonal Fresh Fruit	26 Western Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	27 Lasagna w/ Meat Sauce 1c Tossed Salad w/ Dressing 1/2c Carrots 1 White Bread Seasonal Fresh Fruit	28 Grilled Chicken Salad (2oz Chicken, Cheddar, HB Egg over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c Fruited Gelatin	29 3oz Breaded Pork Cutlet w/ Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Fruit Crisp

NAME _____

AUGUST 2025

Monday	Tuesday	Wednesday	Thursday	Friday
				1 CENTER - YES GRAB AND GO - YES
4 CENTER - YES GRAB AND GO - YES	*menu subject to change 5 CENTER - YES GRAB AND GO - YES	6 CENTER - YES GRAB AND GO - YES	7 CENTER - YES GRAB AND GO - YES	8 CENTER - YES GRAB AND GO - YES
11 CENTER - YES GRAB AND GO - YES	12 CENTER - YES GRAB AND GO - YES	13 CENTER - YES GRAB AND GO - YES	14 BIG BUCKS BINGO BAGGED LUNCH PICK UP ONLY SWEET LEBANON BOLOGNA COLESLAW FRUIT AND COOKIE ICED TEA	15 CENTER - YES GRAB AND GO - YES
18 CENTER - YES GRAB AND GO - YES	19 CENTER - YES GRAB AND GO - YES	20 CENTER - YES GRAB AND GO - YES	21 CENTER - YES GRAB AND GO - YES	22 CENTER - YES GRAB AND GO - YES
25 CENTER - YES GRAB AND GO - YES	26 CENTER - YES GRAB AND GO - YES	27 CENTER - YES GRAB AND GO - YES	28 CENTER - YES GRAB AND GO - YES	29 CENTER - YES GRAB AND GO - YES