

Heritage

Senior Center

February 2026

3700-4 Davidsburg Road, Dover, PA 17315
HOURS: 8:00am - 2:00pm Monday - Friday

EMAIL: center.heritage@yahoo.com

717-292-7471

NEW WEBSITE ADDRESS: HeritageSeniorCenter.com

Happy Valentine's
Day



SUPPORTING & EMPOWERING SENIORS

Our Staff

Executive Director—

Assistant Director— Laura Gibbs

General Assistant- Deatrice Thomas

HDM Coordinator— Liz Olasz-Revesz

Kitchen Coordinator—

Kitchen Coordinator— Ema Williams

Emails

executivedirectorhsc@gmail.com

assistantdirectorhsc@gmail.com

generalassistanthsc@gmail.com

hdmcoordinatorhsc@gmail.com

Thank you for your continued support from our donors
for the Building Fund

Robert & Rosemary Sieffert

Sandra Deaner

Gary Smith

Joyce Bowers



When the weather outside is frightful. Tune into WGAL, or WHP 27 or their website to find out if we are open or not. We will try to make the call the night before if we can.

Call the center and listen to the voice mail.



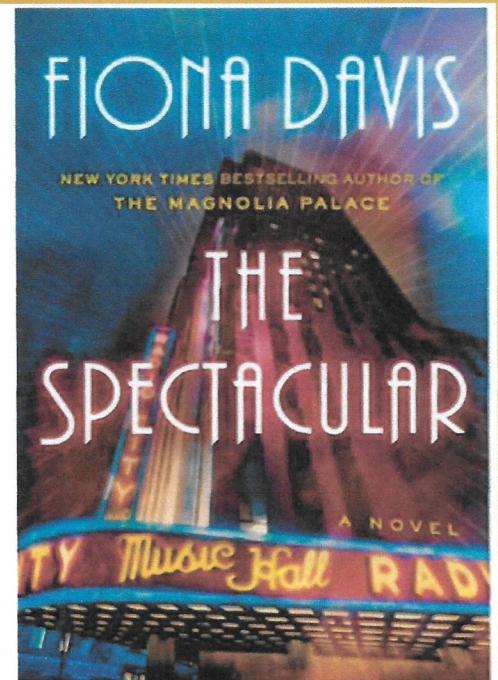
If we are closed on a HDM meal day, meals will not be delivered. Delivery will resume on the next day or the next day that the roads are safe for our drivers.

Please have someone clear a path and de-ice any steps or walkways.

New York City, 1956: Nineteen-year-old Marion is over the moon to have been selected to be one of the Rockettes, Radio City Music Hall's glamorous precision-dancing troupe. It's an honor to perform in the world's most spectacular theater, an art deco masterpiece. But with four shows a day as well as grueling rehearsals, not to mention exacting standards of perfection to live up to, Marion quickly realizes that the life of a Rockette has both extraordinary highs and devastating lows.

Then one night a bomb explodes in the theater. It's only the latest in a string of explosions around the city orchestrated by a person the press has nicknamed the "Big Apple Bomber." They have been terrorizing the citizens of New York for sixteen years by planting bombs in popular, crowded spaces. With the public in an uproar over the lack of any real leads after a yearslong manhunt, the police, at Marion's urging, turn in desperation to a radical new technique: psychological profiling.

As Marion finds herself pulled deeper into the investigation, she realizes that as much as she's been training herself to blend in—performing in perfect unison with all the other identical Rockettes—if she hopes to catch the bomber, she'll need to stand out and take a terrifying risk. But she may be forced to sacrifice everything she's worked for, as well as the people she loves the most.



Join us for Book Club

Monday

February 23, 2026

12:30PM

Donations we are in need of at the Senior Center

Breakfast Items:

breakfast bars/ granola bars
Bagels/English Muffins/Donuts
Soft cream cheese/butter in a tub
Individual Cereal Boxes

Coffee/Drink Bar:

12 oz. cans of soda
Hershey's syrup: Chocolate/Caramel
Soda and bottled water
Coffee flavorings and flavored creamer
Tea: decaf tea bags, mint tea bags
Cocoa Packets
ICED TEA BAGS for cold tea

Kitchen items: Ziplock Bags: Quart, Gallon

Gift cards to BJs, Walmart, Amazon, Staples, Dollar Tree/Hobby Lobby

Paper Products: **Paper towels**; Kleenex boxes: Square

Office Supplies:

White Copier Paper (ream)
Forever Postage Stamps
White letter size security envelopes

Cleaning Supplies:

Sanitizing Wipes
Scoring Pads
Sponges/blue disposable rags
Mr. Clean Floor Cleaner
Dawn Dish Soap

THANK YOU FOR YOUR DONATION

Roger Herr

Jean Hawkins

Linda Moul

Bill & Diana

Cindy Landis

Lester Rutter

Tina Rutter

Connie Demmy

Sandy Dubbs

June Ruth

Joan Kauffman

Pat Whiteford

Chris Coleman

Willie Coleman

Donna Robinette

Brenda Leidig

Thank you to all our great volunteers. We appreciate you whether you are helping in the kitchen, our HDM drivers, handing out lunches, cleaning/vacuumping, fluffing bags or sharing your talents, teaching a craft or painting class, bible study, and handy man. Thank you we can't do it without you.



Welcome

New Members

Stacey Moul

Paul Duryea

Kenneth Trish

Mary Hartlaub

Gary Smith

Linda Stone

Bonnie Shaull

Gail Fitz

Bonnie Zeigler

Rodney Flinchbaugh

Jackie Lynn Potts

Mark Robert Smith

John Cunningham

Sally L. Koch

John W. Mountz

Wanda Penn—Darrell Penn

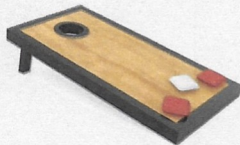
Paulette Audrid

Benny Sorbello



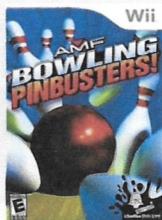
2/14 Happy Valentine Day

2/19 President Day—Center Closed



Corn Hole - Any day.

Please See Staff Member



Wii Bowling - Any day

Please see Staff Member

Shiloh Lions Club Needs Donations

Shiloh Lions Club is looking for donations of: wheelchairs, transport wheelchairs, four wheel walkers with seats, two wheel walkers with ski slides and knee walkers. If you have any in working condition to donate,

Please call Keith Krout at 717-764-9791

Military Share Food Distribution Program

The Shiloh American Legion Post #791 is located at 1490 Poplars Road, York, PA 17408. All active-duty service members, veterans and their families are eligible.

You must pre-register and provide proof of military service, such as a DD-214, Military ID, or VA Medical Card.

Please call the Coordinator,
Cindy Wilt at 717-586-6526

*****UPDATE*****



Kara Chandler's Tribute to Cher at Penn's Peak

DATE: May 5, 2026

COST: \$135.00

**Last day to sign up
is 4/1/2026**

She is known the world over for her sultry voice, unique appearance, sense of humor, and outrageous fashion sense. With her uncanny resemblance to the famous star and with 10 years of theatrical experience in musicals behind her, Kara Chandler personifies Cher without any difficulty at all. She embodies the living legend on stage in a way like no other can. Now, after 6 + years performing her Cher - Believe show in dinner theatres, casinos and concert halls, Kara has built a reputation as one of the top Cher tribute artists in the world. Her combination of boundless energy, charisma and talent lets her easily morph into her alter ego Cher and give audiences the powerful and unforgettable experience that only a true star is capable of giving.

VOLUNTEERS NEEDED

Volunteers to help serve in the kitchen on Mondays, Wednesdays, or Fridays. Anytime between 8AM and 1PM. Serve meals, put take out bags together, set up the snack table and wash dishes and pans.

**We are in need of
Home Delivered Meals Drivers
Monday, Wednesday, and Friday**

Routes available

Contact Liz

717-292-7471

Any help is appreciated

THANK YOU TO ALL OF OUR VOLUNTEERS!!!

Sometimes we forget to say THANK YOU. It's an oversight that we are trying to overcome. Just know that the staff and board are appreciative of all you do. All volunteers make this center a better place for everyone.

LET'S HAVE SOME FUN...

Make a list of the errors in this newsletter.

Give completed list with your name to Dee by Friday, 2/20/2026.

The member with the most errors found will win a Gift Card.

JANUARY & FEBRUARY

BIRTHDAYS



1/1 Nguyet Ngo

1/2 Dennis Williams

1/3 Katherine Erdman

1/9 Barry Gohn

1/9 Cindy Landis

1/14 Paul Moul

1/15 Elizabeth Williams

1/16 Joyce Mummert

1/17 George Turner

1/18 Judy Lehigh

1/18 Jed Looker

1/21 Elizabeth Olasaz-Reversz

1/24 Larry Morrison

1/24 Kenneth Schrum

1/25 Gertraude Barton

1/25 William Harkins

1/25 Dale Morrison

1/28 Marilyn Klersy

1/29 Randall Shaull

1/30 Deborah Leppo

Dora Simmons

2/2 Marlin Flinchbaugh

2/4 Margaret Fissel

2/4 Inza Oberlander

2/6 George Wolf

2/8 Elaine Long

2/9 Jo-Ann Orcutt

2/11 Richard Duncan

2/11 Mark Oberlander

2/12 Marlene Blake— Janet Keller

2/16 Christianna Coleman

2/17 Richard Lindt

2/18 Denise Miller

Carmen Mora

2/18 Charles Rauhauser

2/19 Carolyn Richcrick

2/20 Sharon Klunk

2/23 Donald Baker

2/23 Audrey Hake

2/26 Linda Folcomer

Monthly Activities

Come join us every month for these activities

Pick up games daily of **Cards**
 Board games
 Corn Hole (ask a staff member to set up)
 Wil Available Daily (ask a staff member to set up)

Exercise Class

First & Third Tuesday of the month: 9:00 - 10:00AM with Vickie

Second & Fourth Tuesday of the month: 9:00 – 10:00AM with Marilyn

Donations requested and go directly to the instructor.

Every Friday at 9:00 - 10:00AM in the Community Room with Marilyn

Donations requested and go directly to the instructor.

Line Dancing Class Every Wednesday of the Month at 9:30AM

Donations requested and go directly to the instructor.



Crochet/Knitting Group

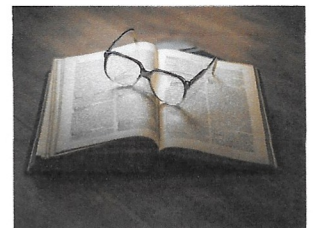
Every Tuesday of the month: 9:00 - 11:15AM

In Small Activity Room - Anyone interested is welcome to join!



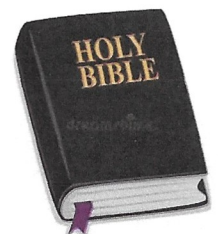
BOOK CLUB

Last Monday of the month: **February 23, 2026** at 12:30 - 1:30PM



Bible Discussion:

Last Thursday of the month: **February 26, 2026** at 9:30AM



Newsletter Sponsorship

We have an opportunity for members, businesses, community individuals and organizations to sponsor our newsletter each month.

The cost per month is:

\$50.00 for members

\$60.00 for non-members

\$75.00 for Community Non-Profit Organizations

\$100.00 for a commercial business/\$500.00 for 6 months

By sponsoring our newsletter, you help us defray the costs of the newsletter and your name will be seen by various groups. Our newsletter is put on our website (www.heritageseniorcenter.com) and our Facebook page (Heritage Senior Center) and is distributed to over 500 members and the community in Dover and West Manchester Townships. You may sponsor the newsletter in honor or memory of a loved one and write a 1 to 2 sentence statement.

Businesses may email us a digital ready logo to be placed within the newsletter and a 1- 3 sentence statement about your business. The Heritage Senior Center reserves the right to edit statements for length and the right to turn down any business that is inappropriate or looks to fraud our members. More then one business could be in the newsletter at a time. Please contact **Heritage Senior Center at 717-292-7471** or via email at: Center.Heritage@yahoo.com, to sponsor the newsletter or to find out more about additional sponsorship opportunities.

Members: Fill out and hand into Laura

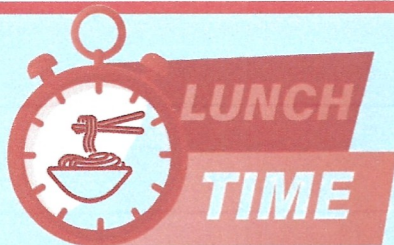
Non Members: mail to/drop off/or call: Heritage Senior Center

3700-4 Davidsburg Road
Dover, PA 17315

Name/Organization/Business _____

Month to sponsor: _____

Amount:\$ _____



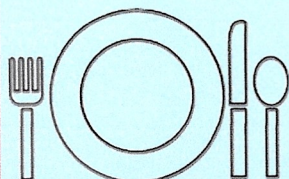
& Sign Up At HSC!



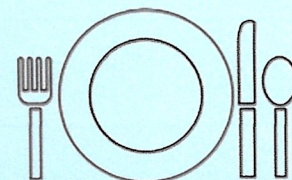
**The Heritage Senior Center provides lunch 5 days a week,
Monday through Friday,**

“Grab & Go” meal pick up time is: 10:30AM - 11:30AM

Dining at Center begins: 11:30AM until all are served






You must put your meal choices into the
Co-Pilot 2 days ahead, if you need
assistance, please feel free to ask our staff.



1. **BE SURE TO** fill out the monthly lunch sign-up sheet and **CIRCLE** if you are getting a “Grab & Go” meal or eating at the “Center”.
2. **Directions for Monthly sign-up:** Sign into Co-Pilot and **TOUCH** the days on the screen that you plan to eat lunch at the Center or will be picking up a “Grab & Go” meal. Be sure to **select only one** of them for each day you plan to eat lunch.
3. **When you have completed the sign-up,** please put your sheet in the hanging file marked completed menus next to the Co-Pilot.
4. If you need to make a change to your lunch sign-up sheet at a later date, make the change on Co-Pilot.
5. **Directions for Daily Sign-in:** Each member signs into Co-Pilot separately.
Example: Husband and wife. The Staff will *assist, if necessary*, but it is up to **YOU** to check yourself in **each** day and to also sign up for your monthly meals.
6. **Meal head counts are ordered TWO business days ahead.**
Example: A meal ordered for Monday is ordered on Thursday, a Wednesday meal is ordered on Monday, etc. *We can NOT guarantee if you did not sign up in Co-Pilot that we have extra meals left. Any extra meals are given out at 11:30 after the Center lunch service is finished.*










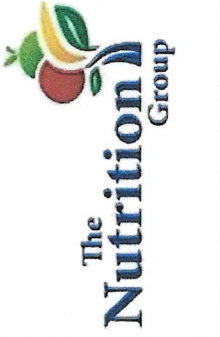
February Activities Calendar

Center Hours: 8 am to 2 pm.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>HAPPY GROUNDHOG DAY!!!</p> 	<p>3</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Vickie</p> <p>9am-11:15am Knitting/ Crochet</p>	<p>4</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9:30am Line Dancing</p> <p>Valentines's Craft 9:30AM</p>	<p>5</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>10:00am - SPEAKER</p> <p>Ginnie Kite, LPT Realty</p> <p>To Move or Not to Move</p> <p>That is the question....</p>	<p>6</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Marilyn</p> <p>Pie Day Friday *</p>
<p>9</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p>	<p>10</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Marilyn</p> <p>9am-11:15am Knitting/ Crochet</p>	<p>11</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9:30am Line Dancing</p>	<p>12</p> <p>BINGO</p> <p>Bagged Lunch</p> <p>Grab and Go- 10:30</p> <p>Caller: Justin Eberly</p> <p>Dover Twp Emergency Services</p>	<p>13</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Marilyn</p> <p>Valentine's Day Sundaes</p> <p>Sign up at the events table</p>  <p>Pie Day Friday *</p>
<p>16</p> <p>PRESIDENTS DAY!!!!</p> <p>CENTER CLOSED</p> 	<p>17</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Vickie</p> <p>9am-11:15am Knitting/ Crochet</p>	<p>18</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9:30am Line Dancing</p> <p>10:00 Sing a long with Diane at Piano</p>	<p>19</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9:00am BOARD MEETING</p>	<p>20</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Marilyn</p> <p>Pie Day Friday *</p>
<p>23</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>12:30pm Book Club</p> <p>The Spectacular by Fiona Davis</p>	<p>24</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Marilyn</p> <p>9am-11:15am Knitting/ Crochet</p>	<p>25</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9:30am Line Dancing</p>	<p>26</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9:30am Bible Discussion with By</p> <p>2nd Timothy</p>	<p>27</p> <p>8:30am-1:30pm Cards/Chat/Puzzles</p> <p>9am-10am Exercise with Marilyn</p> <p>Pie Day Friday *</p>
<p>Daily Lunch Schedule.</p> <p>10:30-11:30 AM Grab and Go</p> <p>11:30 AM Dine In Lunches Served</p> <p>Please sign up for lunches</p> <p>2 business days ahead.</p>				<p>Activites subject to change</p> <p>* Pies and Desserts raffled off.</p> <p>Number of winners depend on amount of product donated for the week.</p>

February




York County

Monday	Tuesday	Wednesday	Thursday	Friday
2 3oz BBQ Ribette 1/2c Ranch Cubed Potatoes 1/2c Green Beans Hamburger Bun 1/2c Pineapple Tidbits 	3 Chicken Scampi 1/2c Creamy Pasta 1/2c Peas Breadstick 1/2c Mixed Fruit 	4 3oz Sliced Ham with 1oz Pineapple Sauce 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie 	5 Chicken Philly Sandwich 1c Cream of Spinach Soup 1/2c Coleslaw Hoagie Roll Gelatin	6 3oz Roasted Pork w/ 2oz Gravy 1/2c Parsley Potatoes 1/2c Carrots Dinner Roll Fresh Fruit
9 3oz Chicken Cutlet with 2oz Country White Gravy 1/2c Diced Potatoes 1/2c Mixed Vegetables Wheat Bread Cookie 	10 4oz Sweet & Sour Pork 1/2c White Rice 1/2c Peas & Carrots Wheat Bread Fresh Fruit	11 3oz Roast Beef 1/2c Mashed Potatoes 1/2c Green Peas Dinner Roll Cookie	12 BIG BUCKS BINGO BAGGED LUNCH Italian Sandwich Cole Slaw Pasta Salad Fruit & Milk 	13 Happy Valentines Day! 3oz Chicken Rosa 1 Baked Potato w/ Sour Cream 1/2c Carrots Dinner Roll Strawberry Fluff
16 Presidents Day! CENTER CLOSED 	17 Grilled Chicken Salad (2oz Grilled Chicken, 1oz Cheese) 1c Lettuce, 2oz Tomato 1c Broccoli Soup Dinner Roll Oatmeal Cream Pie	18 Ash Wednesday Potato Fish 1/2c Mac N Cheese 1/2c Stewed Tomatoes Fresh Fruit Dinner Roll	19 3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Corn White Bread Fresh Fruit	20 Vegetable Lasagna Topped w/ Cream Sauce 1c Tossed Salad w/ Dressing Dinner Roll 1/2c Fruit Cocktail
23 Swedish Meatballs (4) 1/2c Buttered Pasta 1/2c Green Peas Wheat Bread 1/2c Fruited Gelatin	24 French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans 1/2c Mandarin Oranges Hot Dog Bun 	25 1c Winter Beef Stew 1/2c Carrots Dinner Roll 1/2c Applesauce	26 Turkey w/ Provolone (2oz Turkey, 1slice Provolone) Lettuce & Tomato 1c Corn Chowder Fresh Fruit Hamburger Bun 	27 Warm Tuna Melt (4oz) 1/2c Buttered Pasta 1/2c Mixed Beans 2 White Bread Fresh Fruit
				
				<i>*menu subject to change based on availability</i>

February

York County

NAME _____

Monday	Tuesday	Wednesday	Thursday	Friday
2 Center - Yes Grab and Go - Yes 	3 Center - Yes Grab and Go - Yes	4 Center - Yes Grab and Go - Yes	5 Center - Yes Grab and Go - Yes	6 Center - Yes Grab and Go - Yes
9 Center - Yes Grab and Go - Yes	10 Center - Yes Grab and Go - Yes	11 Center - Yes Grab and Go - Yes	12 Bingo Bagged Lunch Grab and Go - Only Yes 	13 Center - Yes Grab and Go - Yes
16 PRESIDENTS DAY! CENTER CLOSED 	17 Center - Yes Grab and Go - Yes	18 Center - Yes Grab and Go - Yes	19 Center - Yes Grab and Go - Yes	20 Center - Yes Grab and Go - Yes
23 Center - Yes Grab and Go - Yes	24 Center - Yes Grab and Go - Yes	25 Center - Yes Grab and Go - Yes	26 Center - Yes Grab and Go - Yes	27 Center - Yes Grab and Go - Yes