November

Monday	Tuesday	Wednesday	Thursday	Friday
Nutrition of Group				Stadium Hot Dog 1/2c Cheesy Potatoes 1 Hot Dog Roll 1/2c Pineapple & Oranges
Chicken & Dumplings 1/2c Mixed Vegetables Whole Grain Buttermilk Biscuit Fresh Orange	ELECTION DAY CLOSED PLEASE VOTE!!	Baked Crab Cake 1c Tomato Basil Bisque 1/2c Carrots 1 White Bread 1/2c Cinnamon Apple Slices	7 Salisbury Steak w/ Gravy Baked Potato w/ Margarine 1/2c Peas 1 Wheat Bread 1/2c Gelatin	Spaghetti & Meatballs (4) 3/4c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad
Veteran's Day! 11 Closed	Swedish Meatballs (4) w/ Gravy 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll 1/2c Blushed Pears	1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Cornbread 1/2c Applesauce	BINGO BAGGED LUNCH Sliced Turkey on Wheat Bread Potatoe Salad Fresh Fruil Brownie Iced Tea	Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple
Sloppy Joe 1/2c Cubed Potatoes 1/2c Green Beans 1 Hamburger Bun Fresh Fruit	Roast Turkey w/ Gravy 2 oz Stuffing 1/2c Whipped Potatoes 1/2c Mixed Vegetables 1 Dinner Roll Pumpkin Pie	Turkey Chef Salad (2oz Turkey, Egg, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	Stuffed Pepper w/ Tomato Sauce 1c Tossed Salad w/ Dressing 1/2c Carrots 1 White Bread 1/2c Pudding	Chicken Alfredo 1/2c Noodles 1/2c Mixed Vegetables 1 Garlic Breadstick 1/2c. Warm Apple Cranberry Crisp
Baked Meatloaf w/ Gravy Baked Potato w/ Margarine 1/2c Beets 1 Wheat Bread Seasonal Fresh Fruit	Chicken Bacon Carbonara (3oz Chicken, 1/2ox Bacon) 1/2c Pasta 1/2c Mixed Vegetables 1 Breadstick 1/2c Mandarin Oranges	Tuna Salad Sandwich (4oz) 1c Cream of Broccoli Soup 1/2c Coleslaw 2 Wheat Bread Fresh Fruit	Happy Thanksgiving! 28 All Centers Closed	A II Centers Closed