

November 2025

3700-4 Davidsburg Road, Dover, PA 17315 HOURS: 8:00am - 2:00pm Monday - Friday

EMAIL: center.heritage@yahoo.com

717-292-7471

NEW WEBSITE ADDRESS: HeritageSeniorCenter.com



SUPPORTING & EMPOWERING SENIORS

Our Staff

Executive Director- Denise Miller

Assistant Director-Laura Gibbs

General Assistant- Deatrice Thomas

HDM Coordinator-Liz Olasz-Revesz

Kitchen Coordinator- Marie Jennings

Kitchen Coordinator- Ema Williams

Emails

executivedirectorhsc@gmail.com assistantdirectorhsc@gmail.com generalassistanthsc@gmail.com hdmcoordinatorhsc@gmail.com

Thank you for your continued support from our donors for the Building Fund

Sandy Dubbs

James and Gloria Reedy

Jane Stabley



Thank you to our sponsors for the Christmas Party

Amorosa Wellness of York

LHM Physical Therapy of Dover

Sharon Christ

Ginne Kite Group

Rex Miller

GIFT CARD BINGO IS CANCELED

We deeply regret that due unforeseen circumstances that we are unable to host the Gift Card Bingo.

REFUNDS will be available to those who present a ticket beginning the week of October 27, 2025 through November 15, 2025 during normal business hours. Monday—Friday 8 am to 2 pm. We are closed on Election Day and Veterans Day holidays in November. If you can not make it to the Center during that time please call us with any questions or concerns at 717-292-7471.

We apologize for any inconvenience and thank you for your continued support of our programs and services.

Sincerely,

Heritage Senior Center.

Veterans Day Celebration Wednesday, November 12th at 10 am. Presentation: "US Army in the Great War " Presented by: Mr. Jay Graybeal former Chief Curator at the US Army Heritage Education Center at the Army War College in Carlilse, PA

Veterans please sign up to be recognized during our Veterans Day (November 12) celebration of you.

A thank you gift for your service to those who are signed up.

Fall Bible Study

With By Baylis
Old Testament Book of Jonah

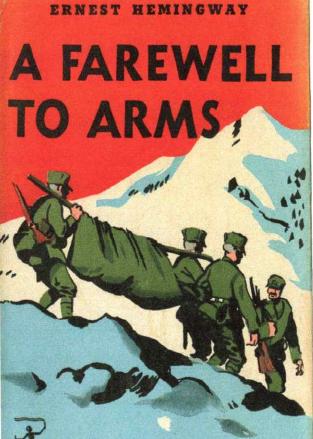
9:30-11:00 a.m.

- * September 25th
- * October 30th
- * November 20th
- * December 18th

November Bible Study will meet

in the Wii Area or the

Community Room



BOOK CLUB—NOVEMBER 24TH AT 12:30 PM

A FAREWELL TO ARMS

Summary

A Farewell to Arms is a tragic love story set during World War I, written by Ernest Hemingway and published in 1929.

The novel follows **Lieutenant Frederic Henry**, an American serving as an ambulance driver in the Italian army. During the war, he meets **Catherine Barkley**, a British nurse mourning the death of her fiancé. Their relationship deepens quickly, offering both of them comfort and escape from the brutality around them.

Frederic is injured and sent to a hospital in Milan, where he and Catherine fall deeply in love. After he recovers, he returns to the front lines, but the Italian army begins to collapse. Disillusioned by the senseless violence, Frederic **deserts the army** and reunites with Catherine. The couple flees to **Switzerland**, hoping to find peace and a new life together. However, their happiness is short-lived. Catherine dies in childbirth, and their baby is stillborn. The novel ends with Frederic walking alone into the rain, heartbroken and empty — a powerful symbol of loss, disillusionment, and the futility of war.

Donations we are in need of at the Senior Center

Breakfast Items:

breakfast bars/ granola bars
Bagels/English Muffins/Donuts
Soft cream cheese/butter in a tub
Individual Cereal Boxes

* Coffee/Drink Bar:

12 oz. cans of soda

Hershey's syrup: Chocolate/Carmel

Soda and bottled water

Coffee flavorings and flavored creamer

Tea: decaf tea bags, mint tea bags

Cocoa Packets

ICED TEA BAGS for cold tea

* Office Supplies:

White Copier Paper (ream)

Forever Postage Stamps

White letter size security envelopes

* Cleaning Supplies:

Sanitizing Wipes

Scoring Pads

Sponges/blue disposable rags

Mr. Clean Floor Cleaner

Dawn Dish Soap

- Kitchen items: Ziplock Bags: Quart, Gallon
- Gift cards to BJs, Walmart, Amazon, Staples, Dollar Tree/Hobby Lobby
- Paper Products Paper towels—Kleenex boxes square

THANK YOU FOR YOUR DONATION

Phyllis Holdsworth Ed Jennings

Mary Wise Anna Olmeda

Robin Geesey Hazel Hamme

Ellen Johnsey Sandy Dubbs

Liz Stump Ellen Woltcheck

Donna Robinette Larry Slenker

Linda Watkins Roger Evans

Thank you to all our great volunteers. We appreciate you whether you are helping in the kitchen, our HDM drivers, handing out lunches, cleaning/vacuuming, fluffing bags or sharing your talents, teaching a craft or painting class, bible study, and handy man. Thank you we can't do it without you.

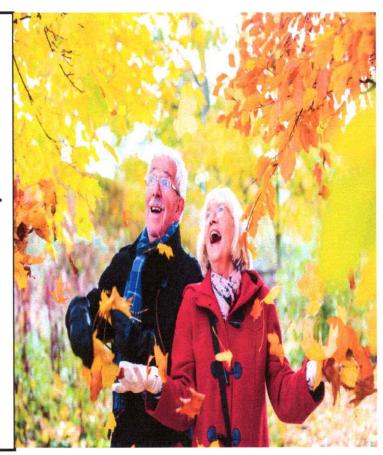
November's Gentle Grace

The golden leaves drift soft and slow,
A final dance before the snow.
The air is crisp, the skies are clear,
A time to pause — to hold what's dear.

With grateful hearts, we gather near, To share our warmth, our smiles, our cheer.

For every season has its song, And love, like autumn, lingers long.

— Anonymous





11/4 Closed Election Day

11/11 Closed Veterans Day

11/13 Big Bucks Bingo, Doors open at

8:30

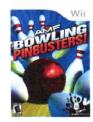
11/27 Closed Thanksgiving

11/28 Closed Black Friday



Corn Hole - Any day. Please See Staff

Member



Wii Bowling - Any day Please see Staff Member Shiloh Lions Club Needs Donations

Shiloh Lions Club is looking for donations of:

wheelchairs, transport wheelchairs, four
wheel walkers with seats, two wheel walkers with ski slides and knee walkers.

If you have any in working condition to donate,

Please call Keith Krout at /717-764-9791

Military Share Food Distribution Program

The Shiloh American Legion Post #791 is located at 1490 Poplars Road, York, PA 17408. All active-duty service members, veterans and their families are eligible.

You must pre-register and provide proof of military service, such as a DD-214, Military ID, or VA Medical Card.

Please call the Coordinator, Cindy Wilt at 717-586-6526



NASHVILLE CHRISTMAS BY COUNTRY JAMBOREE

TUESDAY, DECEMBER 2, 2025

AT PENN'S PEAK, JIM THORPE, PA

DEPART: 8:00 A.M. HSC \$125.00 RETURN: 6:15 P.M. HSC

CELEBRATE YOUR CHRISTMAS STORY COUNTRY STYLE WITH THE INCREDIBLE NASHVILLE CHRISTMAS SHOW..

THIS ULTRA-ENTERTAINING PERFORMANCE FEATURES

TRADITIONAL CHRISTMAS FAVORITES ALONG WITH SOME LEGENDARY CLASSIC COUNTRY TUNES BY ARTISTS SUCH AS: JOHNNY CASH, PATSY CLINE, MERLE HAGGARD. JOHN DENVER, GEORGE STRAIT, LORETTA LYNN AND

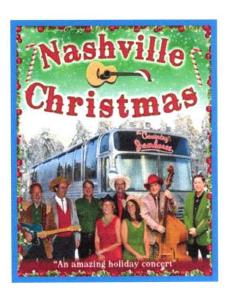
MANY MORE ...

ALL PERFORMED BY THE FANTASTIC CAST OF THE COUNTRY JAMBOREE, WHOSE MEMBERS HAVE SHARED THE STAGE WITH DOZENS OF COUNTRY MUSIC'S MOST POPULAR ARTISTS

Lunch & Show

XXX

SIGN-UP TODAY!!!





Winter Wonderland

Becember 16th, 2025 Schedule of Events

9 am Gift Game

10am to Noon Tall in the Saddle Band

12 Moon Catered Meal

1:00 pm Cheesecake Bessert Bar

1:15 pm Interesting Sweater Contest

1:30 pm Raffle Winners Brawn

Please see Laura or Denise to pay for your Winter Wonderland
Christmas Party Tickets. Cost \$20.

Tickets on sale now until they are gone.

VOLUNTEERS NEEDED

Volunteers to help serve in the kitchen on Mondays, Wednesday or Fridays. Anytime between 8 am and 1 pm. Serve meals, put take out bags together, set up the snack table and wash dishes and pans.

We are in dire need of

Home Delivered Meals Drivers

Monday, Wednesday and Friday

Routes available for November and December.

Contact Denise or Laura

Any help is appreciated

WE ALL SCREAM FOR ICE CREAM Ice Cream Novelties \$1.00, \$2.00



Currently Selling:



Ice Cream Sandwiches-\$1.00



Ice Cream Bar on a Stick— \$1.00



Rocket Pops-\$1.00



Strawberry Crunch Bar— \$1.00



Tollhouse Ice Cream Cookie
Sandwich— \$2.00

Monthly Activities

Come join us every month for these activities

Pick up games daily of

Cards

Board games

Corn Hole (ask a staff member to set up)

Wil Available Daily (ask a staff member to set up)

Exercise Class

First & Third Tuesday of the month: 9:00am - 10:00am with Vickie,

Second & Fourth Tuesday of the month: 9:00-10:00 a.m. with Marilyn

Every Friday at 9:00 a.m. in the Community Room, with Marilyn

Donations requested and go directly to the teacher

Line Dancing Class Every Thursday of the Month at 9:00 a.m.

Donations requested and go directly to the teacher

Crochet/Knitting Group

Every Tuesday of the month: 9:00am - 11:15am

In Small Activity Room - Anyone interested is welcome to join!

**** NEW**** Monthly Bible Study: The Book of Jonah

Last Thursday of the Month (unless holiday)

November 20, 2025



<u>Piano Sing Along with Diane:</u> Wednesday, November 26, 2025 at 10:00am. Sing along with Diane to the classic tunes.

BOOK CLUB

Last Monday of the month: November 23, 2025 at 12:30pm - 1:30pm



CRAFT DAY

NOVEMBER

BIRTHDAYS



elcome New Members

11/3 Gail Krout

11/4 Betty S. Brubacher

11/5 Richard Armstrong

11/8 Stephen Klinedinst

11/9 Edwyn Bennett

11/11 Ann E. Lighty

11/11 Brenda M. Williams

11/12 George Hempfling

11/15 Royce K. Brown

11/15 Kenneth R. Hawkins

11/19 Ronald D. Houck

11/22 Sandra K. Koller

Katherine Lord James McCaffery Sherry McSherry Thomas McSherry Donald Brown Devera Wilt Brenda Cloyd-White Linda Ort



Stacey Moul Paul Duryea Kenneth Trish

Mary Hartlaub Bonnie Zeigler

Jay Mummert Rodney Flinchbaugh

Gary Smith Linda Stone

ACTIVITES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day 4 CENTER CLOSED NO ACTIVITIES OR MEALS SERVED	5	NO LINE DANCING 6 Harvest Pumpkin Bake off 8 contestants Everyone can sample and vote	7 No Exercise Class
10	Happy Veteran's Day! 11 CENTER CLOSED NO ACTIVITIES OR MEALS SERVED	and Recognition of our Vets at 10:00:00 AM PRESENATION: The US Army in The Great War by Jay Graybeal Former Chief Curator at US Army Education Center at US Army War College in Carlisle, PA	BIG BUCKS BINGO Doors Open at 8:30 am Games begin at 9 am. Cost \$10. Ginni Kite Caller LINE DANCING 9 AM	No Exercise Class
17	18 EXERCISE CLASS WITH VICKIE 9AM	Ginni Kite-Realitor Presentatiton: Do I Renovate or Just Update 10:00 AM	Thanksgiving Special! 20 Special Holdiay Meal by the Nutrition Group LINE DANCING 9 AM	EXERCISE CLASS WITH MARILYN
24 Wreath and Pointsetta Pick up at Green Room 12-2 pm	25 EXERCISE CLASS WITH MARLYN 9 AM	Sing a long with Diane at the Piano	THANKSGIVING DAY 27 CLOSED CENTER NO ACTIVITIES OR MEALS SERVED	CENTER CLOSED
Pick up Games- any time Cards Wii Bowling Corn Hole Azuel Rummicube				November

Newsletter Sponsorship

We have an opportunity for members, businesses and community individuals and organizations to sponsor our newsletter each month.

The cost per month is:

\$50.00 for members \$60.00 for non-members \$75.00 for Community Non-Profit Organizations \$100.00 for a commercial business/\$500.00 for 6 months

By sponsoring our newsletter, you help us defray the costs of the newsletter and your name will be seen by various groups. Our newsletter is put on our website (www.heritageseniorcenter.com) and our Facebook page (Heritage Senior Center) and is distributed to over 500 members and the community in Dover and West Manchester Townships. You may sponsor the newsletter in honor or memory of a loved one and write a 1 to 2 sentence statement.

Businesses may email us a digital ready logo to be placed within the newsletter and a 1 - 3 sentence statement about your business. The Heritage Senior Center reserves the right to edit statements for length and the right to turn down any business that is inappropriate or looks to fraud our members. More then one business could be in the newsletter at a time. Please contact Heritage Senior Center at 717-292-7471 or via email at: Center.Heritage@yahoo.com, to sponsor the newsletter or to find out more about additional sponsorship opportunities.

Members: fill out and hand into Denise or Laura

Non Members: mail to/drop off/or call: Heritage Senior Center

3700-4 Davidsburg Road, Dover, PA 17315

Name/Organization/Business	
Month to sponsor:	
Amount:\$	





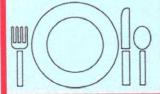
& Sign Up At HSC!



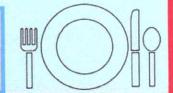
The Heritage Senior Center provides lunch 5 days a week, Monday through Friday,

"Grab & Go" meal pick up time is: 10:30am - 11:30am.

Dining at Center begins: 11:30am until all are served



You must put your meal choices into the Co-Pilot 2 days ahead, If you need assistance, please feel free to ask our staff.



- 1. **BE SURE TO** fill out the monthly lunch sign-up sheet and CIRCLE if you are getting a "Grab & Go" meal or eating at the "Center".
- Directions for Monthly sign-up: Sign into Copilot and TOUCH the days on the screen that you plan to eat lunch at the Center or will be picking up a "Grab & Go" meal. Be sure to select only one of them for each day you plan to eat lunch.
- When you have completed the sign-up, please put your sheet in the hanging file marked completed menus next to the Co-Pilot.
- If you need to make a change to your lunch sign-up sheet at a later date, make the change on Copilot.
- Directions for Daily Sign-in: Each member signs into Copilot separately. Example: husband and wife. The Staff will <u>assist, if necessary</u>, but it is up to YOU to check yourself in <u>each</u> day and to also sign up for your monthly meals.
- 6. Meal head counts are ordered TWO business days ahead. For example, a meal ordered for Monday is ordered on Thursday, a Wednesday's meal is ordered on Monday, etc. We can NOT guarantee if you did not sign up in Co-Pilot that we have extra meals left. Any extra meals are given out at 11:30 after the Center lunch service is finished.

November

Monday	Tuesday	Wednesday	Thursday	Friday
Potato Fish 1/2c Mac N Cheese 1/2c Stewed Tomatoes Fresh Fruit Dinner Roll Margarine	Election Day 4 CENTER CLOSED	4oz Sloppy Joe 1/2c Country Greens 1/2c Sweet Potato Bites Hamburger Bun Oatmeal Cream Pie Margarine	Meatball Sub (3 Meatballs) w/ 1oz Mozzarella Cheese 1c Loaded Potato Soup 1/2c Side Salad w/ Dressing Hot Dog Bun Fresh Fruit	3oz Grilled Chicken Parmesan w/ 1oz Shredded Cheese 1/2c Rotini w/ Sauce 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Applesauce
Chicken Paprikash w/ Creamy Tomato Sauce 1/2c White Rice 1/2c Mixed Vegetables Whole Wheat Bread Fresh Fruit	Happy Veteran's Day! 11 CENTER CLOSED	3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp Margarine	BINGO- GRAB AND GO ONLY BAGGED LUNCH TUNA SALAD ON WHEAT FRUIT JUICE CUCUMBER SALAD COOKIE/LEMONADE	14 Stadium Hot Dog w/ 1oz Chili 1/2c Roasted Sweet Potatoes 1/2c Peas 1 Hot Dog Roll L/2c Pineapple & Mandarin Orange
French Dip Sandwich w/ 2oz Au Jus 2oz Beef, 1oz Mozzarella Cheese 1/2c Garlic Parsley Potatoes 1/2c Green Beans 1/2c Mandarin Oranges Hoagie Bun	1c Winter Beef Stew 1/2c Carrots 1 biscuit Apples sauce	Fish Sandwich w/ Tartar Sauce 1/2c Coleslaw 1/2c Broccoli Salad 1/2c Blushed Fruit Hamburger Bun	Thanksgiving Special! 20 3 oz Roast Turkey w/ 2 oz Gravy 2 oz Bread Stuffing 1/2 c Whipped Potatoes w/ Chives 1/2 c Corn Dinner Roll Pumpkin Pie	Vegetable Lasagna 1c Tossed Salad w/ Egg
Margarine 24 Cheeseburger 1/2c BBQ Baked Beans 1 Hamburger Bun 1/2c Potato Salad 1/2c Mandarin Oranges	Chicken Taco Salad 3oz Taco Meat, .5 oz Cheddar Cheese Salad Mix, Salsa, Ranch 1/2c Elote Corn 1/2c Yellow Rice 1/2c Pineapple	3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Green Beans Whole Wheat Bread 1 Cookie Margarine	26 Happy Thanksgiving! 27	28 Parting Parting Par
Nutrition Nutrition		MHIII.		

November

Monday	Tuesday	Wednesday	Thursday	Friday
3	Election Day	4 5	6	7
CENTER- YES	CENTER CLOSED	CENTER- YES	CENTER- YES	CENTER- YES
GRAB AND GO - YES		GRAB AND GO - YES	GRAB AND GO - YES	GRAB AND GO - YES
10	Happy Veteran's Day!	1 12	BIG BUCKS BINGO	14
CENTER- YES	CENTER CLOSED	CENTER- YES	BAGGED LUNCH ONLY	CENTER- YES
GRAB AND GO - YES		GRAB AND GO - YES	GRAB AND GO - YES	GRAB AND GO - YES
17	1	8 19	Thanksgiving Special! 20	21
CENTER- YES	CENTER- YES	CENTER- YES	CENTER- YES	CENTER- YES
GRAB AND GO - YES	GRAB AND GO - YES	GRAB AND GO - YES	GRAB AND GO - YES	GRAB AND GO - YES
24	2	5 26	Happy Thanksgiving! 27	28
CENTER- YES	CENTER- YES	CENTER- YES	CENTER CLOSED	CENTER CLOSED
GRAB AND GO - YES	GRAB AND GO - YES	GRAB AND GO - YES	Ghard	PROY SCAPE AND ASSESSMENT AND ASSESSMENT ASS
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