

3700-4 Davidsburg Road, Dover, PA 17315

HOURS: 8:00am - 2:00pm Monday - Friday

EMAIL: center.heritage@yahoo.com

NEW PHONE # 717-308-7096

NEW WEBSITE ADDRESS: HeritageSeniorCenter.com



SUPPORTING & EMPOWERING SENIORS

Our Staff

Executive Director–Shaiayne Campbell

Assistant Director– Laura Gibbs

General Assistant- Deatrice Thomas

HDM Coordinator– Liz Olasz-Revesz

Kitchen Coordinator– Ema Williams

Kitchen Coordinator– Marleny Mercado

Emails

heritageexecutivedirector@gmail.com

assistantdirectorhsc@gmail.com

generalassistanthsc@gmail.com

hdmcoordinatorhsc@gmail.com

**Thank you for your continued support from our donors
for the Building Fund**

Harry Spence

Sandy Dubbs

Anonymous Donor



Breakfast bars/ Granola bars
Bagels/English Muffins/Donuts
Soft cream cheese
Individual Cereal Boxes

White Copier Paper (ream)
Forever Postage Stamps
White letter size security envelopes

Coffee/Drink Bar:

12oz cans of soda
Hershey's syrup: Chocolate/Caramel
Bottled water
Coffee flavorings and flavored creamer
Cocoa Packets
Tea Bags: Regular, Decaf and Mint
ICED TEA BAGS for cold tea

Cleaning Supplies:

Sanitizing Wipes
Scouring Pads
Sponges/blue disposable rags
Mr. Clean Floor Cleaner
Dawn Dish Soap

Kitchen items: Ziplock Bags: Sandwich, Quart, Gallon

Gift cards to BJ's, Walmart, Amazon, Staples, Dollar Tree, Hobby Lobby

Paper Products: Paper towels; Kleenex boxes: Square

THANK YOU FOR YOUR DONATION

Bonnie Blackwell

Robin Geesey

Bruce Geesey

Joan Kauffman

Ellen Woltcheck

Bruce Fields

Roger Evans

Rozanna Spangler

Linda Janosky

Rich Janosky

Kathy Cook

Audrey Hoke

Cindy Rusnak

Rita Hartlaub

Sue Myers

Ben Hyser

Anita Hensel

Jim McCaffery

Roger Herr

Kathy Cook

Bob Wolf

Bill Wolf

Kevin Hawkins

Jean Hawkins

Stacey Moul

Paul Duryea

Ed Jennings

Grace Powell

Kenneth Trish

Gail Fitz

Gary Smith

Linda Stone

Brenda Leidig

Bonnie Zeigler

Rodney Flinchbaugh

Pete Klersy



New Members

Carol McCracken

Leroy McCracken

David Mc'Bee

George Chronister

Karen Chronister

Donna Taylor

David Hanson

Patricia Hanson

Brenda Beyer

John Beyer

Ellen Cwalina

Sharon Roberts

Inez Loney

Catherine Hartley

What happened to Dennis Pryor?

**Anyone with information
please let the Heritage Senior
Center know
Immediately!**

The Shiloh American Legion Post #791 is located at 1490 Poplars Road, York, PA 17408. All active-duty service members, veterans and their families are eligible.

You must pre-register and provide proof of military service, such as a DD-214, Military ID, or VA Medical Card.

Please call the Coordinator,
Cindy Wilt at 717-586-6526



10/5—9:00AM Painting with Ellen

10/8—9:00AM Big Bucks Bingo

10/8—Night Out: Hoss's Steak & Sea House

10/12—Columbus Day! CENTER CLOSED

10/13 & 10/14—Medicare Insurance Reviews

by Adams Insurance Mgmt (prescheduled appt's ONLY)

10/15—Board Meeting

10/15—Frozen Meal Giveaway!

10/16—9:30AM Games by Devoted Health

10/20—Senior Center Staff Training CENTER CLOSED

10/21—9am-12PM Vaccinations (Flu, Pneumonia, RSV, COVID)

10/26—12:30PM Book Club

10/22—10:00AM Games with Ellen

10/23—Pumpkin Harvest Bake Off

10/26—12:30PM Book Club

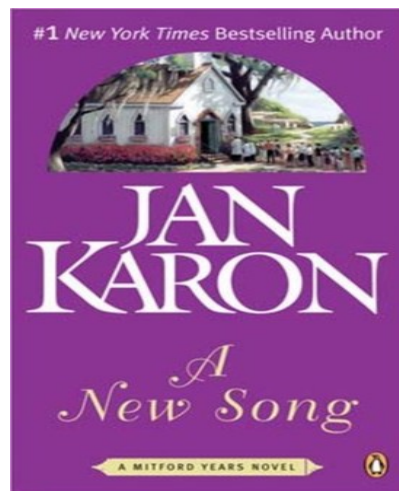
10/29—9:30AM Bible Discussion

volunteers to help serve in the kitchen on Mondays, Wednesdays, or Fridays. Anytime between 8AM and 1PM. Serve meals, put take out bags together, set up the snack table and wash dishes and pans.

We are in need of
Home Delivered Meals Drivers
Monday, Wednesday, and Friday
Routes available
Contact Liz, 717-308-7096
Any help is appreciated

THANK YOU TO ALL OF OUR VOLUNTEERS!!!

Sometimes we forget to say THANK YOU. It's an oversight that we are trying to overcome. Just know that the staff and board are appreciative of all you do. Our volunteers make this center a better place for everyone.



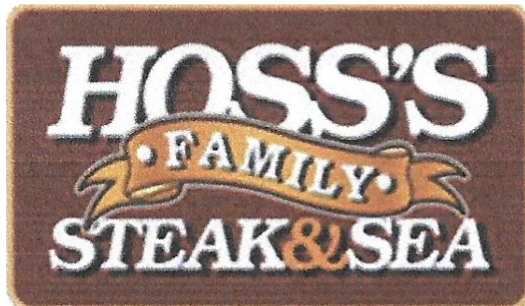
Join us for Book Club

Monday

In *A New Song*, Mitford's longtime Episcopal priest, Father Tim, retires. However, new challenges and adventures await when he agrees to serve as interim minister of a small church on Whitecap Island. He and his wife, Cynthia, soon find that Whitecap has its own unforgettable characters: a church organist with a mysterious past, a lovelorn bachelor placing personal ads, a mother battling paralyzing depression. They also find that Mitford is never far away when circumstances "back home" keep their phone ringing off the hook. In this fifth novel of the beloved series fans old and

Texas Roadhouse (August) - \$90

Hoss (September)- \$152.43



**Thursday, October 8th Restaurant Fundraiser
at Hoss's West York**

Dear Friend of Heritage Senior Center:

We are excited to team up with Hoss's Steak and Sea House in West York to raise money for Heritage Senior Center. Please consider eating at Hoss's in West York on Thursday, 10/8/2026 from 11:00AM – 8:30PM to aid us in making this restaurant fundraiser successful.

Print this page and present it on 10/8/2026 to your server before ordering your food. Hoss's in West York will then donate 20% or 25%** of your total check paid to Heritage Senior Center. (Note: You may present to your server a Community Night Fundraiser "Cash Cow Card" for this event instead of printing a copy of this page if you received a card while at Heritage Senior Center.)

Group #133556

*To qualify for the 20% payout, our group must have a minimum of \$300.00 in total pre-tax food and beverage sales.

**To qualify for the 25% payout, our group must have a minimum of \$1,200.00 in total pre-tax food and beverage sales.

10/2 Anita L. Hensel
10/2 Ellen A. Johnsey
10/3 Glenn Curtis Ness
10/5 Roger H. Evans
10/6 William S. Tokar
10/7 Linda S. Stone
10/12 Cathy J. Ellingsworth
10/12 Nancy E. McIntyre
10/12 James L. Pressel
10/13 Brian J. Thomas
10/15 James H. Friel
10/16 Carol M. Bianchi
10/16 Lori Cutshall
10/19 Herbert S. Lighty
10/22 Thomas V. Hanley
10/24 Shaiayne Campbell
10/25 Rita A. Hartlaub
10/25 Diane Jacoby
10/25 G. K. Schild

10/27 Marleny M. Mercado-Seitz
10/28 Linda K. Fetrow
10/29 Francess M. Bodnar
10/29 Carla Schrum
10/31 Sheila W. Harkins



Pumpkin Bake-Off; Speakers; Trick or Treat with the kiddies

COME OUT AND JOIN IN THE FUN

LET'S GET MOVING!!!

Heritage wants all of it's members to stay healthy! We have a sessions throughout the week to help you KEEP MOVING!

Tuesdays - Exercise

Wednesdays - Chair Yoga and Station Walking

Fridays - Exercise

COME AND JOIN US AND KEEP MOVING!!!



**Ice Cream Novelty Bars are
still available!**



\$1.00



Come join us every month for these activities

Pick up games daily of

Cards

Board games

Corn Hole (ask a staff member to set up)

Wil Available Daily (ask a staff member to set up)

Exercise Class

Every Tuesday of the month: 9:00 – 10:00AM with Marilyn

Donations requested and go directly to the instructor

Every Friday at 9:00 - 10:00AM in the Community Room with Marilyn

Donations requested and go directly to the instructor.

Every Wednesday **Chair Yoga** 9:00AM in the Community Room with Marilyn

Station Walking 10:00AM in Community Room

Crochet/Knitting Group

Every Tuesday of the month: 9:00 - 11:15AM

In Small Activity Room - Anyone interested is welcome to join!



Craft Club

Wednesday at 12:30PM, October 7, October 14, October 21, and October 28



BOOK CLUB

Last Monday of the month: **October 26, 2026** at 12:30 - 1:30PM



Bible Discussion:



The cost per month is:

\$50.00 for members

\$60.00 for non-members

\$75.00 for Community Non-Profit Organizations

\$100.00 for a commercial business/\$500.00 for 6 months

By sponsoring our newsletter, you help us defray the costs of the newsletter and your name will be seen by various groups. Our newsletter is put on our website (www.heritageseniorcenter.com) and our Facebook page (Heritage Senior Center) and is distributed to over 500 members and the community in Dover and West Manchester Townships. You may sponsor the newsletter in honor or memory of a loved one and write a 1 to 2 sentence statement.

Businesses may email us a digital ready logo to be placed within the newsletter and a 1- 3 sentence statement about your business. The Heritage Senior Center reserves the right to edit statements for length and the right to turn down any business that is inappropriate or looks to fraud our members. More then one business could be in the newsletter at a time. Please contact **Heritage Senior Center at 717-308-7096** or via email at: Center.Heritage@yahoo.com, to sponsor the newsletter or to find out more about additional sponsorship opportunities.

Members: Fill out and hand into Laura

Non Members: mail to/drop off/or call: Heritage Senior Center

3700-4 Davidsburg Road
Dover, PA 17315

Name/Organization/Business_____

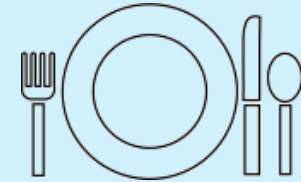
**The Heritage Senior Center provides lunch 5 days a week,
Monday through Friday,**

“Grab & Go” meal pick up time is: 10:30AM - 11:30AM

Dining at Center is: 11:15AM—11:45AM



**You must put your meal choices into the
Co-Pilot 2 days ahead, If you need
assistance, please feel free to ask our staff.**



1. **BE SURE TO** fill out the monthly lunch sign-up sheet and CIRCLE if you are getting a “Grab & Go” meal or eating at the “Center”.
2. **Directions for Monthly sign-up:** Sign into Co-Pilot and TOUCH the days on the screen that you plan to eat lunch at the Center, use Center-Go or will be picking up a “Grab & Go” meal. Be sure to select only one of them for each day you plan to eat lunch.
3. **When you have completed the sign-up,** please put your sheet in the hanging file marked completed menus next to the Co-Pilot.
4. If you need to make a change to your lunch sign-up sheet at a later date, make the change on Co-Pilot.
5. **Directions for Daily Sign-in:** Each member signs into Co-Pilot separately.
Example: Husband and wife. The Staff will assist, if necessary, but it is up to YOU to check yourself in each day and to also sign up for your monthly meals.
6. **Meal head counts are ordered TWO business days ahead.**

Example: If you order a meal for Monday, the number of meals is ordered on