



# September

York County

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Happy Labor Day!</b> 	Teriyaki Chicken 1/2c Vegetable Rice Plaf 1/2c Carrots 1 Wheat Bread Seasonal Fresh Fruit	Sliced Ham w/ Pineapple Sauce 1/2c Whipped Sweet Potatoes 1/2c Green Beans 1 Dinner Roll 1 Cookie	Pork Loin 1/2c Buttered Pasta 1/2c Green beans 1 Wheat Bread 1/2c Peach Crisp	4oz Tuna Salad Sandwich w/lettuce & tomato 1/2c Broccoli Salad 1/2c Colestlaw 2 White Bread Seasonal Fresh Fruit
1c Pizza Casserole 1/2c Wax Beans 1/2 c Corn 1 White Bread 1/2c Pudding	Sweet & Sour Pork 1/2c Rice 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Apple Crisp	Turkey Chef Salad (2oz Turkey, 1oz Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup w/ Cracker 1 Dinner Roll 1/2c Gelatin 	12th Parmesan Chicken Over 1/2c. Lemon Asparagus Pasta 1c. Tossed Salad W/Tomato 1 Breadstick Fresh Fruit	4oz Sloppy Joe Baked Potato 1/2c Green Beans 1 Hamburger Bun Seasonal Fresh Fruit
Swiss Steak w/ 2oz Onion Gravy 1/2 c. Cubed Parsley Potatoes 1/2c Carrots 1 Wheat Bread 1/2c Blushed Pears	Creamy Vegetable Lasagna .5oz Shredded Mozzarella 1c Tossed Salad 1 Garlic Breadstick 1/2c Peaches w/ 1/4c Cottage Cheese	<b>NEW ITEM</b> Creamy Garlic Chicken Breast 1/2c Buttered Noodles 1/2c Spinach 1 Wheat Bread 1/2c Mandarin Oranges	<b>BIG BUCKS BINGO</b> <b>Chicken Salad on Wheat Roll</b> <b>Macaroni Salad</b> <b>Pickled Beets</b> <b>Fresh Fruit and Cookie</b> <b>Iced Tea</b>	Baked Meatloaf w/ Gravy 1/2c Mashed Potatoes 1/2c Peas 1 Wheat Bread 1/2c Gelatin
Creamy Parmesan Pork Chop 1/2c Diced Redskin Potatoes 1/2c Green Beans 1 Dinner Roll 1/2c Pineapple Tidbits Cookie	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1c Tossed Salad w/ Tomato 1 Garlic Breadstick 1/2c Mixed Fruit Salad	Grilled Chicken Caesar Salad 1c Mixed Greens (3 oz Diced Chick 1t Parmesan, Tomato, Croutons) 1c Cream of Broccoli Soup Dinner Roll 1/2c Blushed Pears	Omelet w/ Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	Mango BBQ Chicken Breast 1/2c. Brown Rice 1/2c. Carrots Wheat Bread Fresh Orange
Pot Roast w/ Gravy 1/2c Ranch Potatoes 1/2c Mixed Vegetables 1 Wheat Bread 1/2c Peach Cup		