

Center Hours: 8 am to 2 pm.



September

Activities Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1 8:30am-1:30pm Cards/Chat/Puzzles 9am-10am Exercise with Marilyn 9am-11:15am Knitting/ Crochet	2 8:30am-1:30pm Cards/Chat/Puzzles 9:00am Chair Yoga 10am-11am Station Walking	3 8:30am-1:30pm Cards/Chat/Puzzles 10:00am Slushie Day!	4 8:30am-1:30pm Cards/Chat/Puzzles 9am-10am Exercise with Marilyn Pie Day Friday *
7 HAPPY LABOR DAY! CENTER CLOSED	8 8:30am-1:30pm Cards/Chat/Puzzles Exercise with Marilyn - CANCELLED 9am-11:15am Knitting/ Crochet	9 8:30am-1:30pm Cards/Chat/Puzzles 9:00am Chair Yoga 10am-11am Station Walking 10:00am BLACKJACK presented by Adams Insurance Mgmt NIGHT OUT: Hoss's Steak & Sea House	10 BINGO 9:00am - 12:00pm Bagged Lunch Caller: Oak Street Health	11 8:30am-1:30pm Cards/Chat/Puzzles 9am-10am Exercise with Marilyn Pie Day Friday *
14 8:30am-1:30pm Cards/Chat/Puzzles 1:30pm BOWLING at Colony Park Lanes	15 8:30am-1:30pm Cards/Chat/Puzzles 9am-10am Exercise with Marilyn 9am-11:15am Knitting/ Crochet	16 8:30am-1:30pm Cards/Chat/Puzzles 9:00am Chair Yoga Station Walking CANCELLED 10:00am HEALTH SPEAKER: PA Medi presented by York County Area Agency on Aging	17 8:30am-1:30pm Cards/Chat/Puzzles 9:00am BOARD MEETING	18 8:30am-1:30pm Cards/Chat/Puzzles 9am-10am Exercise with Marilyn 10:00am APPLE HARVEST BAKING CONTEST Last Day to Order Zook's Pies Pie Day Friday *
21 8:30am-1:30pm Cards/Chat/Puzzles	22 8:30am-1:30pm Cards/Chat/Puzzles 9am-10am Exercise with Marilyn 9am-11:15am Knitting/ Crochet	23 8:30am-1:30pm Cards/Chat/Puzzles 9:00am Chair Yoga 10am-11am Station Walking 12:00pm MILKSHAKE DAY! First Day of Autumn 	24 8:30am-1:30pm Cards/Chat/Puzzles 9:30am - Bible Discussion with By Selective Psalms	25 8:30am-1:30pm Cards/Chat/Puzzles 9am-10am Exercise with Marilyn Pie Day Friday *
28 8:30am-1:30pm Cards/Chat/Puzzles 12:30pm Book Club None of This is True by Lisa Jewell	29 8:30am-1:30pm Cards/Chat/Puzzles Exercise with Marilyn CANCELLED 9am-11:15am Knitting/ Crochet	30 8:30am-1:30pm Cards/Chat/Puzzles 9:00am Chair Yoga Station Walking - CANCELLED Pick Up Zook's Pies Orders 12pm-2pm	Activites subject to change * Pies and Desserts raffled off. Number of winners depend on amount of product donated for the week.	<u>Daily Lunch Schedule</u> 10:30-11:30 AM Grab and Go 11:00AM - 11:45AM Center and Center Go Lunches Served Please sign up for lunches 2 business days ahead.