



Heritage Senior Center

September 2025

3700-4 Davidsburg Road, Dover, PA 17315

HOURS: 8:00am - 2:00pm Monday - Friday

EMAIL: center.heritage@yahoo.com

717-292-7471

NEW WEBSITE ADDRESS: HeritageSeniorCenter.com



SUPPORTING & EMPOWERING SENIORS

Our Staff

Executive Director– Denise Miller

Assistant Director– Laura Gibbs

General Assistant- To be Hired

HDM Coordinator– Liz Olasz-Revesz

Kitchen Coordinator– Marie Jennings

Kitchen Coordinator– Ema Williams

Emails

executivedirectorhsc@gmail.com

assistantdirectorhsc@gmail.com

generalassistanthsc@gmail.com

hdmcoordinatorhsc@gmail.com



A few safety and housekeeping matters

- ♦ If you have any concerns please address them with the director or a staff member. We have an open door policy for that reason. Lately some issues have gone WAY past the chain of command. We will make every effort to listen to your concerns and if we can rectify the situation.
- ♦ Due to the HDM Program being back to 3 days a week, we are unable to hold lunches back on a regular basis. If you will be late due to an emergency or doctors appointment, we will happily hold your lunch until 1:30pm but please do not abuse this option.
- ♦ Please DO NOT enter the kitchen area for any reason, unless you are staff or a volunteer working. Hot appliances, sharp objects, liquids and slippery floors are very dangerous. That includes cutting through to the back kitchen. Please walk around through the bathroom hall way if you must go to the back kitchen. This is for your safety and a mandate of all regulations for commercial kitchens. TY



Donations we are in need of at the Senior Center

* Breakfast Items:

breakfast bars/ granola bars
Bagels/English Muffins/Donuts
Soft cream cheese/butter in a tub
Individual Cereal Boxes

* Coffee/Drink Bar:

12 oz. cans of soda
Hershey's syrup: Chocolate/Carmel
Soda and bottled water
Coffee flavorings and flavored creamer
Tea: decaf tea bags, mint tea bags
Cocoa Packets
ICED TEA BAGS for cold tea

♦ Kitchen items: Ziplock Bags: Quart, Gallon

♦ Gift cards to BJ's, Walmart, Amazon, Staples, Dollar Tree/Hobby Lobby

♦ Kleenex boxes - square

* Office Supplies:

White Copier Paper (ream)
Forever Postage Stamps
White letter size security envelopes

* Cleaning Supplies:

Sanitizing Wipes
Scoring Pads
Sponges/blue disposable rags
Mr. Clean Floor Cleaner
Dawn Dish Soap

THANK YOU FOR YOUR DONATION

Bob Wolf

Hazel Hame

Brenda Leidig

Lester and Tina Rutter

Anita Hensel

Sandy Dubbs

Bonnie Blackwell

Al Herner

Elaine Long

Bill Burger

Chris and Willie Coleman

Roger Evans

Ellen Johnsey

Donna Robinette

Andi Long

Marie Jennings

Pat and Charlie Rahauser

Jean and Ken Hawkins

Phyllis Wogamuth

September
by Edwina Fallis

A road like brown ribbon,
A sky that is blue,
A forest of green
With that sky peeping
through.

Asters deep pure,
A grasshopper's call,
Today it is summer.
Tomorrow is fall.

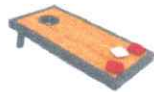


9/1 Labor Day– Center Closed

9/11 Big Bucks Bingo. Doors open 8:30

9/17 Heritage Dine Out Night at Out-
back 3-10 pm

9/24 Winterizing your Home– Ginni Kite,
Realtor. 10 am



Corn Hole–Wednesdays beginning in July



Wii Bowling Fridays beginning in July



Ping Pong coming– Stay tuned (Tuesdays)



The Heritage Senior Center and the Dover Area Library

Presents

Halloween Pre-Schoolers Trick or Treat at HSC

October 30th at 10:00 A.M.

Donations Needed for 80 kids. Please bring **ONLY** these items so we have enough for each child to get the same variety

- Mini Bags of Pretzels
- Juice Boxes
- Applesauce or Fruit Cups- low sugar
- * Gold Fish Crackers
- * Fruit Roll ups
- * Teddy Grahams

Dress up Contest for Seniors- Prize and Bragging Rights

Judged by the pre-Schoolers

Gift Card Bingo, Sunday, November 2, 2025



Donations needed for:

\$25.00, \$50.00 & \$100.00 Gift Cards

Items for gift baskets:

Baskets, bath & body items, etc.

Heritage Senior Center

3700-4 Davidsburg Road

Dover, PA 17315

Community Room

Doors & Kitchen Open @ 12:30 P.M.

Bingo Begins @ 2:00 P.M.

NO OUTSIDE FOOD ALLOWED

Volunteer Sign-up sheet available for various positions

Cost: \$25.00 Pre-Sale, \$30.00 at the Door

Newsletter Sponsorship

We have an opportunity for members, businesses and community individuals and organizations to sponsor our newsletter each month.

The cost per month is:

\$50.00 for members

\$60.00 for non-members

\$75.00 for Community Non-Profit Organizations

\$100.00 for a commercial business/\$500.00 for 6 months

By sponsoring our newsletter, you help us defray the costs of the newsletter and your name will be seen by various groups. Our newsletter is put on our website (www.heritageseniorcenter.com) and our Facebook page (Heritage Senior Center) and is distributed to over 500 members and the community in Dover and West Manchester Townships. You may sponsor the newsletter in honor or memory of a loved one and write a 1 to 2 sentence statement.

Businesses may email us a digital ready logo to be placed within the newsletter and a 1 - 3 sentence statement about your business. The Heritage Senior Center reserves the right to edit statements for length and the right to turn down any business that is inappropriate or looks to fraud our members. More than one business could be in the newsletter at a time. Please contact **Heritage Senior Center at 717-292-7471** or via email at: Center.Heritage@yahoo.com, to sponsor the newsletter or to find out more about additional sponsorship opportunities.

Members: fill out and hand into Denise or Laura

Non Members: mail to/drop off/or call: Heritage Senior Center

3700-4 Davidsburg Road, Dover, PA 17315

Name/Organization/Business _____

Month to sponsor: _____

Amount:\$ _____

Shiloh Lions Club Needs Donations

Shiloh Lions Club is looking for donations of:
wheelchairs, transport wheelchairs, four
wheel walkers with seats, two wheel walk-
ers with ski slides and knee walkers.

If you have any in working condition to
donate,

please call Keith Krout at /717-764-9791

Military Share Food Distribution Program

The Shiloh American Legion Post #791
is located at 1490 Poplars Road, York,
PA 17408. All active-duty service mem-
bers, veterans and their families are eli-
gible.

You must pre-register and provide proof
of military service, such as a DD-214,
Military ID, or VA Medical Card.

Please call the Coordinator,
Cindy Wilt at 717-586-6526



NASHVILLE CHRISTMAS BY COUNTRY JAMBOREE

TUESDAY, DECEMBER 2, 2025

AT PENN'S PEAK, JIM THORPE, PA

DEPART: 8:00 A.M. HSC \$125.00 RETURN: 6:15 P.M. HSC

CELEBRATE YOUR CHRISTMAS STORY COUNTRY STYLE WITH THE INCREDIBLE
NASHVILLE CHRISTMAS SHOW..

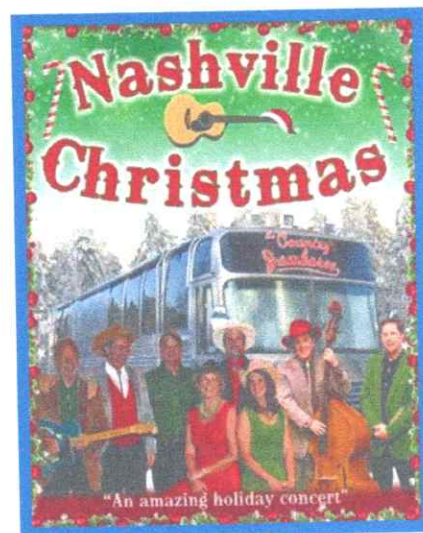
THIS ULTRA-ENTERTAINING PERFORMANCE FEATURES
TRADITIONAL CHRISTMAS FAVORITES ALONG WITH SOME LEGENDARY CLASSIC
COUNTRY TUNES BY ARTISTS SUCH AS: JOHNNY CASH, PATSY CLINE, MERLE
HAGGARD, JOHN DENVER, GEORGE STRAIT, LORETTA LYNN AND
MANY MORE...

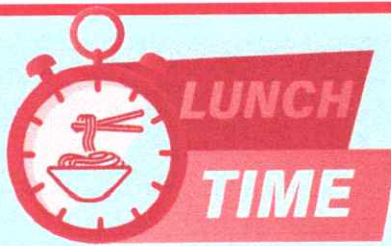
ALL PERFORMED BY THE FANTASTIC CAST OF THE COUNTRY JAMBOREE,
WHOSE MEMBERS HAVE SHARED THE STAGE WITH DOZENS OF COUNTRY
MUSIC'S MOST POPULAR ARTISTS

**Lunch &
Show**

SIGN-UP

TODAY!!!





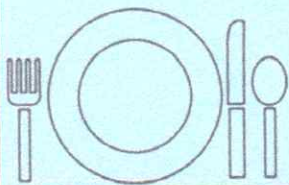
& Sign Up At HSC!



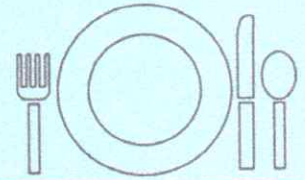
The **Heritage Senior Center** provides lunch 5 days a week,
Monday through Friday,

"Grab & Go" meal pick up time is: **10:30am - 11:30am.**

Dining at Center begins: **11:30am until all are served**



You must put your meal choices into the Co-Pilot 2 days ahead, If you need assistance, please feel free to ask our staff.



1. **BE SURE TO** fill out the monthly lunch sign-up sheet and CIRCLE if you are getting a "Grab & Go" meal or eating at the "Center".
2. **Directions for Monthly sign-up:** Sign into Copilot and TOUCH the days on the screen that you plan to eat lunch at the Center or will be picking up a "Grab & Go" meal. Be sure to select only one of them for each day you plan to eat lunch.
3. **When you have completed the sign-up,** please put your sheet in the hanging file marked completed menus next to the Co-Pilot.
4. If you need to make a change to your lunch sign-up sheet at a later date, make the change on Copilot.
5. **Directions for Daily Sign-in:** Each member signs into Copilot separately. Example: husband and wife. The Staff will assist, if necessary, but it is up to YOU to check yourself in each day and to also sign up for your monthly meals.
6. **Meal head counts are ordered TWO business days ahead.** For example, a meal ordered for Monday is ordered on Thursday, a Wednesday's meal is ordered on Monday, etc. *We can NOT guarantee if you did not sign up in Co-Pilot that we have extra meals left. Any extra meals are given out at 11:30 after the Center lunch service is finished.*

VOLUNTEERS NEEDED

Volunteers for our

Gift Card Bingo

Sunday, November 2, 2025

Set up, tear down, sell tickets, sell
50/50, Call back Person.

We are in dire need of

Home Delivered Meals Drivers

Monday, Wednesday and Friday

Routes available for August and
September.

Contact Denise or Laura

Any help is appreciated

WE ALL SCREAM FOR ICE CREAM

Ice Cream Novelties \$1.00, \$2.00

Currently Selling:



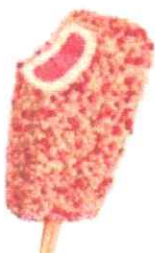
Ice Cream Sandwiches—\$1.00



Ice Cream Bar on a Stick—
\$1.00



Rocket Pops—\$1.00



Strawberry Crunch Bar—
\$1.00



Tollhouse Ice Cream Cookie
Sandwich— \$2.00



HERITAGE SENIOR CENTER



Winter Wonderland

December 16th, 2025

*Gift Game, Tall in the Saddle
Band, Catered Meal*

Interesting Sweater Contest

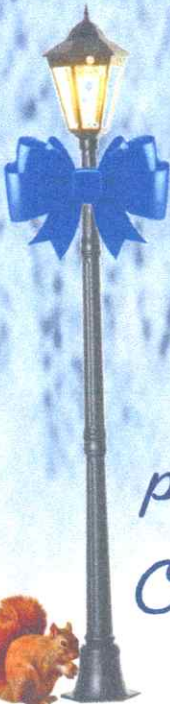
Cheesecake Dessert Bar

Raffles and 50/50



*Please see Laura or Denise to
pay for your Winter Wonderland
Christmas Party Tickets. Cost \$20.*

*On Sale September 2nd
through November 1, 2025*





Monthly Activities

Exercise Class

First & Third Tuesday of the month: 9:00am - 10:00am with Vickie,

Second & Fourth Tuesday of the month: 9:00–10:00 a.m. with Marilyn

Every Friday at 9:00 a.m. in the Community Room, with Marilyn

Donations requested and go directly to the teacher

Line Dancing Class Every Thursday of the Month at 9:00 a.m.

In the Community Room. Begins Sept. 18th

Donations requested and go directly to the teacher



Crochet/Knitting Group

Every Tuesday of the month: 9:00am - 11:15am

In Small Activity Room - Anyone interested is welcome to join!

**** **NEW****** **Monthly Bible Study: The Book of Jonah**

Last Thursday of the Month (unless holiday)

Begins September 25th



Piano Sing Along with Diane: **Wednesday, September 17, 2025** at 10:00am. Sing along with Diane to the classic tunes.

BOOK CLUB

Last Monday of the month: **September 29, 2025** at 12:30pm - 1:30pm



CRAFT DAY NO CRAFT DAY

SEPTEMBER BIRTHDAYS



9/2 Gail Scicchitano
 9/4 Maryann Sotonak
 9/8 Mary Chronister
 9/11 Jane Kline, Georgia Watson
 9/14 Marilyn Hahn, Jean Hawkins
 9/16 Marie Jennings
 9/18 Rudy Aukschun, Linda Palmer
 9/19 Roger Herr, Roxanna Spangler, Earl Wise, Nancy Wolf
 9/20 Joyce Bowers, Pat Middleton
 9/21 Angelia Harris
 9/23 Zig Szabo
 9/24 Robert Nispel, Deborah Oyler
 9/27 Vicki Fissel
 9/28 Brenda Ledig



Kenneth Shaffer
 Barbara McCaffery
 James McCaffery
 Carol Garner
 Maggie Stoll
 Deborah Klinedinst
 Stephen Klinedinst
 Vivian Castelli



With Sympathy
 To The family of
 Pamela Byers
 Who passed on
 August 20, 2025

Gary Smith Linda Stone Stacey Moul Paul Duryea

Kenneth Trish Mary Hartlaub Priscilla Szabo

Ellen Wolcheck

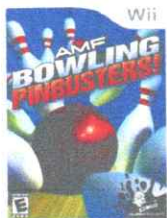


LOOKING FOR SOMETHING NEW TO TRY

Corn Hole—
Wednesdays Just
ask for the key



Wii Bowling—Fridays
Just ask for the key



Ping Pong coming
soon.



Fall Bible Study

With By Baylis

Old Testament Book of Jonah

9:30-11:00 a.m.

* September 25th

* October 30th

* November 20th

* December 18th

November Bible Study will meet
in the Wii Area or the
Community Room

LESSONS in CHEMISTRY



Bonnie Garmus

BOOK CLUB READING FOR SEPTEMBER

Chemist_Elizabeth Zott is not your average woman. In fact, Elizabeth Zott would be the first to point out that there is no such thing as an average woman. But it's the early 1960s and her all-male team at Hastings Research Institute takes a very unscientific view of equality. Except for one: Calvin Evans; the lonely, brilliant, Nobel-prize nominated grudge-holder who falls in love with—of all things—her mind. True chemistry results.

But like science, life is unpredictable. Which is why a few years later Elizabeth Zott finds



Valid at: 1510 Mt Zion Road - York, PA 17402

DINE TO DONATE

or **DRIVE TO DONATE**



Heritage

Senior Center

Wednesday | September 17, 2025
3pm - 10pm

Support the Auxiliary to **Heritage Senior Center** on **September 17** by presenting this flyer to the **YORK** location & Texas Roadhouse will donate **10%** of your total check to the **Heritage Senior Center!**

10% DONATION NIGHT

A digital copy of this invitation may be used in lieu of the printed document when shown to your Dine-in server or Curbside/to-go host on the night of the fundraiser. Valid for Dine-in, To-go and Gift Card purchases for future visits!



Gift Card Bingo

When: Saturday November 2, 2025

Where: 3700 Davidsburg Road Dover, PA
Community Room

Doors Open: 12:00pm

Game Time: 2:00pm.

Cost: \$25 for 20 games

\$30 at the door

50/50 and Raffles available

Concessions provided by the Dover High School Drama Club




TICKETS SALES begins September 20, 2025 at Heritage Senior Center

Phone: 717-292-7471

Center Hours: Monday - Friday 8 am - 2 pm



Activities Calendar

September

Monday	Tuesday	Wednesday	Thursday	Friday
Happy Labor Day! 	Knitting and Crochet Club 9-11 am Exercise with Vickie 9 am	Line Dancing with Marilyn 9 am Corn Hole in the bowling area		Wii Bowling
8	Knitting and Crochet Club 9 -11am Exercise with Marilyn 9 am	Line Dancing with Marilyn 9 am Corn Hole in the bowling area	Big Bucks Bingo Doors open at 8:30 am Bingo starts at 9 am \$10 pre-sale \$12 at the door Bagged lunch provided to all who signed up/purchased ahead of time	Wii Bowling
15	Knitting and Crochet Club 9-11 am Exercise with Vickie 9 am 	Line Dancing with Marilyn 9 am Music: Sing along and Trivia with Diane No Corn Hole	18	Wii Bowling
22	Knitting and Crochet Club 9-11 am Exercise with Marilyn 9 am	Ginni Kite presents Winter Home Preparations 10:00 AM Line Dancing with Marilyn 9 am No Corn Hole Today	Bible Study 9:30 am with By Bayliss The book of Jonah in 6 months. Will meet in the Wii Bowling Area due to a Board Meeting in the Girl Scout Room at that time.	Apple Harvest Bake Off See contest rules and sign up 10:00 AM No Wii Bowling due to Bake off
29	Knitting and Crochet Club 9-11 am	Every day you are invited to come socialize, enjoy the coffee bar and desserts and snacks bar, play cards and other games. We also have Wii Games and Corn Hole if not set up please ask a staff member and they can set up Wii and Cornhole.		Happy September! 



September

York County

Monday	Tuesday	Wednesday	Thursday	Friday
Happy Labor Day! 				
1	2	3	4	5
	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes
8	9	10	11	12
Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes
15	16	17	18	19
Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes 	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes
22	23	24	25	26
Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes
29	30			
Center- Yes Grab and Go- Yes	Center- Yes Grab and Go- Yes			

September

York County

Monday	Tuesday	Wednesday	Thursday	Friday
Happy Labor Day! 	Happy Labor Day! Hot Dog 1/2c Coleslaw 1/2c Pasta Salad Hot Dog Bun Fresh Fruit 1/2c Marshmallow Fluff	4oz Sloppy Joe 1/2c Roasted Sweet Potatoes 1/2c Peas 1 Hamburger Bun Oatmeal Cream Pie	Baked Crab Cake 1c Tomato Basil Soup 1/2c California Blend Vegetables 1 Wheat Bread 1/2c Gelatin	Vegetable Lasagna 1c Tossed Salad w/ Egg 1/2c Green Beans 1 Dinner Roll 1 Cookie
3oz Salisbury Steak w/ 2oz Gravy Baked Potato w/ Margarine 1/2c Lima Beans 1 Wheat Bread 1 Cookie	3oz Kielbasa w/ 1oz Sauerkraut 1/2c Homemade Haluski 1/2c Carrots 1/2c Applesauce 	Cheeseburger 1/2c BBQ Baked Beans 1 Hamburger Bun 1c Tossed Salad w/ Tomato 1/2c Mandarin Oranges	BIG BUCKS BINGO BAGGED LUNCH Sliced Turkey on Wheat Potato Salad, Fresh Fruit Brownie or Cookie Iced Tea	3oz Open Faced Turkey Sandwich w/ 2oz Gravy 1/2c Whipped Potatoes w/ Chives 1/2c Sweet Corn 1 White Bread 1 Cookie
3oz Sausage Gravy 1 Biscuit 1 Egg Bite 1/2c Diced Potatoes 4oz Orange Juice	Swedish Meatballs (4) 1/2c Buttered Noodles 1/2c Peas 1 Dinner Roll Fresh Fruit 	3oz Sweet & Sour Pork 1/2c Brown Rice 1/2c Mixed Veggie 1 Wheat Bread Fresh Fruit	Turkey Chef Salad (2oz Turkey, Cheddar, over 1c Mixed Greens w/ Tomato) 1c Vegetable Soup 1 Dinner Roll 1/2c Gelatin	1c Chili 1/2oz Cheddar Cheese 1c Tossed Salad w/ Tomato Dinner Roll 1/2c Warm Applesauce
Potato Crusted Fish 1/2c Macaroni & Cheese 1/2c Stewed Tomatoes 1 Wheat Bread Seasonal Fresh Fruit	Pasta & Meatballs (4) 1/2c Pasta w/ Marinara 1/2c Italian Green Beans 1 Italian Bread 1/2c Mixed Fruit Salad	3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Spinach Dinner Roll 1/2c Blushed Fruit	Taco Salad (3oz Taco Meat, .5oz Cheddar, Lettuce, Tomato, Salsa) Tortilla Chips 1c Tortilla Soup 1/2c Pineapple	Chicken Cutlet w/ 2oz Gravy 1/2c Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding
BBQ Pork Ribette 1/2c Roasted Potatoes 1/2c Green Beans 1 Sandwich Roll 1/2c Pineapple Delight	3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Peach Crisp			