







IF Nordic Skills Refresher B 2024

Scenario: Respond to reported avalanche scene (no burial). One team will respond to a patient with a serious pelvis/lower extremity injury(Jerry and Rick's station). Another team(this skill station with Scott and Matt) will respond to a second skier who broke equipment while skiing for help and is unable to proceed.


Station 1: Organize Team with ICS

- Pick roles and discuss responsibilities for each in this scenario (incident command, communications, records, medical, transportation, safety)
- Group equipment check (packs, radios, beacons, med supplies, field repair kits, gps app on phone)
- Record members of party and contact info
- Perform a beacon trailhead check (BCA)
-  [Avalanche Transceiver Trailhead Test for Skiers and Snowboarders](#)
- Choose correct coordinates (3 will be incomplete, 1 is complete)
-  [What are the 3 main formats for Latitude Longitude Coordinates?](#)
-  [Introduction to UTM, Universal Transverse Mercator](#)
- Use gps app (Gaia, CalTopo, OnX, etc) to guide to selected coordinates of immobile skier (each person)
-  [BCA \[EDGE\]ucation Season 2 - Navigation Apps : Backcountry Access](#)
- Radio "base" of departure to immobile skier

Station 2: Field Repairs

- Report arrival at immobilized skier to "base"
- Repair several "broken" pieces of equipment: pole, binding and ski
-  [Repair Kits: What to bring and how to repair](#)
-  [Haute Route Ski Tour Repair Kit](#)
- Radio "base" to obtain coordinates for injured skier
- Input coordinates to injured skier and proceed (each person)

Station 3: Patient Packaging and Transport (Jerry and Rick)

- Assist placing patient in fabric sled
-  [BCA \[EDGE\]ucation Season 2 - Evacuation Scenarios : Backcountry Access](#)
- Assist with transport of patient to MedSled
- Assist with packaging patient on MedSled