

Lisbon

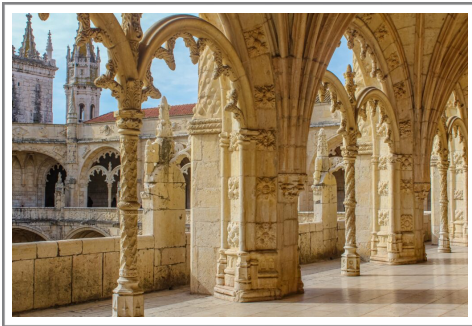
Welcome to Portugal!

It was founded approximately 3,000 years ago by Phoenician settlers and afterwards inhabited by the Romans. The Moors, however, made one of the most lasting impressions starting in the 8th century, dominating over Lisbon for centuries and shaping its architecture, language, and culture. The city was eventually reclaimed by the great warrior-king Afonso I in the 12th century, marking the beginning of Lisbon's modern history.

Lisbon experienced a golden age during the 15th century, when it became the epicenter of Europe's Age of Exploration. Portuguese explorers such as Vasco da Gama set sail from Lisbon's ports under the visionary guidance of Prince Henry the Navigator, revealing unknown nations and trade routes. Lisbon's outstanding Manueline architecture, a unique blend of Gothic, Moorish, and Renaissance influences, commemorates this age of nautical success.

The masterpiece of this architecture, the Jerónimos Monastery, serves as a tribute to this era of nautical pride.

However, history has not been without its difficulties for Lisbon. In 1755, a severe earthquake, followed by a devastating tsunami and fires, leveled much of the city. This disaster, known as the Great Lisbon Earthquake, marked an important turning point in Lisbon's history. It triggered a surge of restoration and urban design, resulting in the city's exquisite, grid-like streets and magnificent squares of today. Lisbon rose from the ashes stronger and more beautiful than ever before.



**Jerónimos
Monastery**

Lisbon was crucial in Portugal's journey to democracy in the twentieth century. The Carnation Revolution of 1974, a nonviolent military coup in the heart of Lisbon, ended nearly five decades of authoritarianism. Join us as we journey through Lisbon's past and present, uncovering the layers of culture and history that make it a truly exceptional destination.

Lisbon: Must See Spots to Visit

Belém Tower (Torre de Belém):

A UNESCO World Heritage Site, Belém Tower is an iconic fortress that once guarded Lisbon's harbor during the Age of Exploration. Its stunning Manueline architecture and location along the Tagus River make it a must-see attraction.



Jerónimos Monastery

(Mosteiro dos Jerónimos):

Another UNESCO World Heritage Site, this magnificent monastery is a masterpiece of Manueline architecture. Explore its ornate cloisters and discover the final resting place of Vasco da Gama, the famed explorer.



Alfama District:

Lisbon's oldest neighborhood, Alfama, is a maze of narrow streets, colorful houses, and charming squares. Explore its historic alleys, visit São Jorge Castle, and soak in the traditional Fado music at local taverns.



Carmo Convent (Convento do Carmo):

This hauntingly beautiful Gothic ruin stands as a testament to the devastating earthquake of 1755. Explore the atmospheric arches and enjoy panoramic views of the city from its terraces.

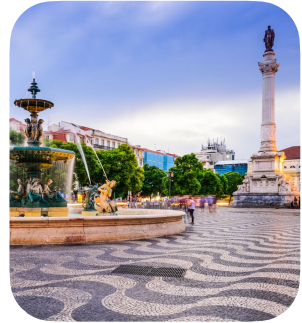


Chiado and Bairro Alto:

These adjoining neighborhoods are known for their vibrant arts scene, boutique shops, and lively nightlife. Stroll through Chiado's elegant streets and ascend to Bairro Alto for an evening of entertainment.

Rossio Square (Praça do Rossio):

Rossio Square is Lisbon's main square, known for its intricate tilework, grand fountain, and surrounding historic buildings. It's an ideal starting point for exploring the city.



Ajuda National Palace (Palácio Nacional da Ajuda):

Discover the opulence of Portuguese royalty at the Ajuda Palace, an impressive neoclassical palace filled with sumptuous rooms, historic artifacts, and beautiful gardens.

LX Factory:

A former industrial complex turned cultural and creative hub, LX Factory is home to art galleries, boutiques, restaurants, and a vibrant street art scene. It's a unique place to explore modern Lisbon's artistic side.



Ginjinha Cherry Liqueur

Ginjinha is traditionally made by infusing sour cherries in aguardente, which is a Portuguese brandy. Sugar is used to sweeten the liquor, while spices such as cinnamon and cloves are sometimes added to enhance the flavor. As a result, the liqueur is sweet, fruity, and slightly peppery, with a unique cherry flavor.



Ginjinha's origins can be traced back to the mid-nineteenth century, specifically to the city of Lisbon. It is believed that a Franciscan priest named Espinheira invented it by infusing sour cherries (ginja) in alcohol to make a sweet and aromatic liqueur with medicinal benefits. Ginjinha was originally used as a digestive aid and was supposed to have health benefits.

Ginjinha grew in popularity among locals in Lisbon. Making and serving Ginjinha has become a family affair, with various families producing their own distinctive variations of the liqueur. Small family-run pubs and liqueur shops, known as "Ginjinha Houses" (Casas de Ginjinha), began sprouting up throughout Lisbon. Ginjinha continues to be a popular and iconic Portuguese liqueur, with several brands and varieties available across the country. While it is popular all year, it is especially popular during festivals and celebrations.



Local Dishes To Try:

Bacalhau, or dried and salted cod, is a famous local dish in Lisbon. The dish dates back to when Portuguese explorers ate preserved fish while sailing across the world. It's certainly one of the most famous foods to sample when in Portugal, but there are many different ways to enjoy the local fish.

Bifana is one of the most popular street meals. This pork sandwich is available at almost every street food cart or stall in the city. It's a simple dish with a lot of flavor: thin slices of pork marinated in white wine and garlic before being fried and placed in a crusty bun.

Pastel de nata, or Portuguese custard tart, is one of Lisbon's most famous desserts. The tart's golden puff pastry encases a creamy egg custard. While it's quite popular in the city, it's said that only three individuals in the world know the true recipe. The original custard tart is made by Pasteis de Belem near Lisbon, which produces approximately 22,000 tarts every day.

Lisbon: Where to Eat

Cervejaria Ramiro

Located in the Intendente neighborhood, Cervejaria Ramiro is an iconic Lisbon institution celebrated for its seafood. The menu is a seafood lover's paradise, with fresh and flavorful dishes like garlic shrimp, crab, and clams. Don't miss trying their famous prego (steak sandwich) or pairing your meal with Portuguese beer or vinho verde.
12 pm - 12 am, closed Mondays



A Cevicheria:

If you're looking for something a bit different, A Cevicheria, located in the trendy Príncipe Real neighborhood, offers a taste of Portuguese-Peruvian fusion. The menu revolves around ceviche, a refreshing dish featuring marinated seafood. The restaurant's creative interpretations of ceviche, combined with its stylish decor and laid-back vibe, make it a unique dining experience in Lisbon.
12 pm - 11 pm

Tasquinha Canto do Fado:

Situated in the historic Alfama district, Tasquinha Canto do Fado is a charming and unassuming local gem. This tasca (tavern) serves up traditional Portuguese dishes with a focus on regional flavors. Try their petiscos (small plates) like codfish fritters, grilled sardines, and octopus salad while enjoying fado music and friendly service.
12 pm - 12 am

Lisbon: Where to Drink

Lumni Rooftop Restaurant & Bar (at SANA Lisboa Hotel)

Lumni offers panoramic views of Lisbon's skyline, including the Amoreiras Towers and the Águas Livres Aqueduct. It's known for its gourmet cuisine and innovative cocktails.

Red Frog Speakeasy Bar

Hidden behind an inconspicuous door in the Cais do Sodré district, Red Frog Speakeasy Bar is a stylish and intimate cocktail bar reminiscent of the Prohibition era. The skilled mixologists craft a range of creative cocktails, and the atmosphere exudes sophistication.

By the Wine

By the Wine is a wine bar located in a historic building near Praça do Comércio. It's renowned for its impressive selection of Portuguese wines, including an extensive list of wines by the glass. The interior, designed to resemble a wine cellar, adds to the ambiance, making it a must-visit for wine enthusiasts.

Black Sheep Lisboa

Modern wine bar offering a big selection of natural wines from around the world. Seating is limited, but you can take your glass across the street and sit in the park.

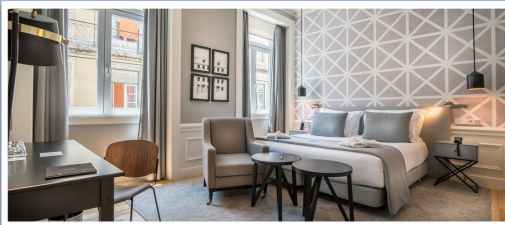




Accommodations

Hotel da Baixa

Rua da Prata 231,
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Located in the heart of Lisbon, within the historic Baixa neighborhood known for its charming streets, historic architecture, and proximity to historic landmarks. The hotel also offers a shuttle service to the airport.