

### Podcasts:

#### **Wine For Normal People**

*Category: Wine & Education*

Elizabeth Schneider, certified Sommelier, gives great information about wine regions, grapes, producers, etc, while making it fun! Check out these podcasts to learn more about some of the regions that we will be visiting.

Relevant Episodes:

Ep. 229: The Grape Miniseries - Nebbiolo

Ep. 235: The Greats - Barbaresco and Barolo

Ep. 102: Wines of Piedmont, Italy

Ep. 429: Marchesi di Barolo: Where modern Barolo was created w. Valentina Abbona - 6th generation

Ep. 412: Valpolicella and Amarone - the Red Gems of Veneto, Italy



#### **Beach Too Sandy, Water Too Wet**

*Category: Comedy*

Presenters Alex and Christine Schiefer scour the Internet for one-star reviews for travel related services and read them out in dramatic voices.



#### **Coffee Break Italian**

*Category: Education*

Join teacher Mark, native speaker

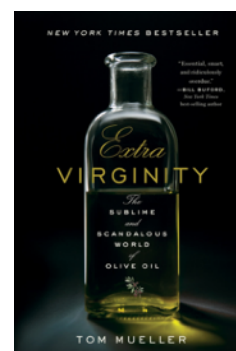
Francesca and learner Katie for 40 lessons of basic Italian.

You'll start by learning to introduce yourself and master greetings, and then work through a range of topics which are useful to anyone traveling in an Italian-speaking area. You'll not simply be repeating phrases: instead you'll learn how the language works and you'll understand what you're saying.

### Books:

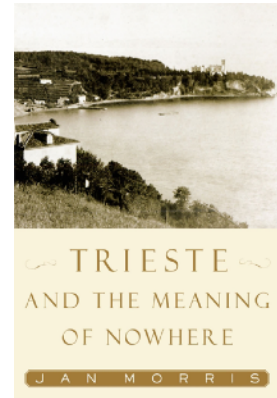
#### **Extra Virginity: The Sublime and Scandalous World of Olive Oil**

"A superbly crafted combination of cultural history and food manifesto, Extra Virginity takes us on a journey through the world of olive oil, opening our eyes to olive oil's rich past as well as to the fierce contemporary struggle between oil fraudsters of the globalized food industry and artisan producers whose oil truly deserves the name "extra virgin.""



### **Trieste & The Meaning of Nowhere**

This history-drenched city on the Adriatic has always tantalized Jan Morris with its moodiness and changeability. After visiting Trieste for more than half a century, she has come to see it as a touchstone for her interests and preoccupations: cities, seas, empires. It has even come to reflect her own life in its loves, disillusionments, and memories. Her meditation on Trieste is characteristically layered with history and glows with stories of famous visitors from James Joyce to Sigmund Freud.



### **Italian Ways: On and Off the Rails from Milan to Palermo**

Parks begins as any traveler might: "A train is a train is a train, isn't it?" But soon he turns his novelist's eye to the details, and as he journeys through majestic Milano Centrale station or on the newest high-speed rail line, he delivers a uniquely insightful portrait of Italy. Through memorable encounters with ordinary Italians—conductors and ticket collectors, priests and prostitutes, scholars and lovers, gypsies and immigrants—Parks captures what makes Italian life distinctive: an obsession with speed but an acceptance of slower, older ways; a blind eye toward brutal architecture amid grand monuments; and an undying love of a good argument and the perfect cappuccino.

### **Videos:**

#### **Stanley Tucci: Searching for Italy**

An American travel and food show that follows Academy Award-nominee Stanley Tucci, who travels around Italy visiting each region and exploring their cultures, cuisine and history.



### **Tracks - Piedmont, Secrets of the Italian Alps - [Watch here](#)**

Before attending the World Truffle Auction, we go on a trek in search of white truffles. We'll also stop at the Cascina Bruciata winery, Lago delle Sorgenti for some deep relaxation, and Lake Iseo to see how excellent Italian boats are made.

### **The Truffle Hunters Documentary -**

[Watch extended preview here](#)

Deep in the forests of Piedmont, Italy, a handful of men, seventy or eighty years young, hunt for the rare and expensive white Alba truffle—which to date has resisted all of modern science's efforts at cultivation. They're guided by a secret culture and training passed down through generations, as well as by the noses of their cherished and expertly-trained dogs. They live a simpler, slower way of life, in harmony with their loyal animals and their picture-perfect land, seemingly straight out of a fairy tale. They're untethered to cell phone screens or the Internet, opting instead to make their food and drink by hand and prioritizing in-person connections and community.



The demand for white truffles increases year after year, even as the supply decreases. As a result of climate change, deforestation, and the lack of young people taking up the mantle, the truffle hunters' secrets are more coveted than ever. However, as it soon becomes clear, these aging men may just hold something much more valuable than even this prized delicacy: the secret to a rich and meaningful life.



### **V Is For Vino - Piedmont - [Watch here](#)**

Vince and the crew venture to the rolling hills of Piedmont, home of the world famous wines of Barolo and Barbaresco and even try a few whites you wouldn't normally associate with the region. Vince wanders the quaint hilltop towns of northwest Italy surrounded by vines on all sides, eats his way through endless pastas and vitello tonnato, and is even welcomed into the family at Pio Cesare - one of the oldest and most iconic wine producers in the world!

Wish learning about wine was easier? It's fun AND easy with your personal sommelier, travel guide, and host, Vince! Join him as he travels the world of wine - eating, drinking, and breaking down wine topics for you up close and personal!