



## Schedule of Classes

| S | Monday   | Tuesday   | Wednesday  | Thursday  | Friday  | Saturday  |
|---|--|---|--|---|---|---|
|   | <b>Adults All Ranks</b><br>11:00 – 12:00 noon<br>Hanshi June               | <b>Adults All Ranks</b><br>12:00 – 1:00<br>Sensei Pastor  | <b>Adults All Ranks</b><br>11:00 – 12:00 noon<br>Hanshi June                   | <b>Adults All Ranks</b><br>12:00 – 1:00<br>Sensei Pastor                    | <b>Adults All Ranks</b><br>11:00 – 12:00 noon<br>Hanshi June  | <b>Adults All Ranks</b><br>11:00 – 12:00 noon<br>Kyoshi Brown   |
|   | <b>Little Dragons</b><br>3:30 – 4:00 pm<br>Renshi Cetner<br>Small dojo     | <b>Striped Belts</b><br>3:45 – 4:15 pm<br>Renshi Cetner<br>Small dojo   | <b>Striped Belts</b><br>3:30 – 4:00 pm<br>Renshi Cetner<br>Small dojo          | <b>Little Dragons</b><br>3:30 – 4:00 pm<br>Renshi Cetner<br>Large Dojo      |   |   |
|   | <b>Striped Belts</b><br>4:10 – 4:40 pm<br>Renshi Cetner<br>Small dojo      | <b>Little Dragons</b><br>4:30 – 5:00 pm<br>Renshi Cetner<br>Small dojo  | <b>Little Dragons</b><br>4:10 – 4:40 pm<br>Renshi Cetner<br>Small dojo         | <b>Striped Belts</b><br>4:20 – 4:50 pm<br>Renshi Cetner<br>Small Dojo       | <b>Striped belts</b><br>3:30 – 4:00 pm<br>Renshi Cetner<br>Large Dojo                                       | <b>Children Demo Team</b><br>9:00 – 9:50 am<br>Sensei King  |
|   | <b>Little Dragons</b><br>5:15 – 5:45<br>Renshi Cetner<br>Small Dojo        | <b>Little Dragons</b><br>6:00 – 6:30 pm<br>Renshi Cetner<br>Small dojo  | <b>Kids Gold</b><br>3:45 – 4:30 pm<br>Hanshi June<br>Large Dojo                | <b>Little Dragons</b><br>5:15 – 5:45 pm<br>Renshi Cetner<br>Small Dojo      | <b>Little Dragons</b><br>4:15 – 4:45 pm<br>Renshi Cetner<br>Large Dojo                                      | <b>Children All Ranks</b><br>10:00 – 10:50 am<br>Sensei Gay   |
|   | <b>Kids White</b><br>3:45 – 4:30 pm<br>Hanshi June<br>Large Dojo           | <b>Kids Orange</b><br>4:00 – 4:45<br>Renshi Carmack<br>Large Dojo   | <b>Kids White</b><br>4:35 – 5:20 pm<br>Hanshi June<br>Large Dojo               | <b>Kids Gold</b><br>4:10 – 4:55 pm<br>Renshi Cox<br>Large Dojo              | <b>Kids White, Gold, Orange</b><br>Test Camp<br>1 <sup>st</sup> & 3 <sup>rd</sup> Fridays<br>5:00 – 5:50 pm | <b>Children Tournament</b><br>11:00 – 11:50 am<br>Sensei Gay  |
|   | <b>Kids Orange/Green</b><br>4:35 – 5:20 pm<br>Hanshi June<br>Large Dojo    | <b>Kids Green &amp; up</b><br>4:45 – 5:30<br>Renshi Carmack<br>Large Dojo   | <b>Kids Purple &amp; Up</b><br>5:25 – 6:10 pm<br>Hanshi June<br>Large Dojo     | <b>Kids White</b><br>5:00 – 5:45 pm<br>Renshi Cox<br>Large Dojo             | <b>Kids Green &amp; up Test Camp</b><br>2 <sup>nd</sup> & 4 <sup>th</sup> Fridays<br>5:00 – 5:50 pm         | Belt test 2 <sup>nd</sup> Saturday every other month 11:30, 12:30, 1:30. See instructors for details.<br><br>**If you think you are ready to test for your next belt, ask your instructor at least 2 weeks in advance. Do not just assume that we have you on the list for testing.**<br><br>**Classes are cancelled on belt test days.** |
|   | <b>Kids Purple &amp; Up</b><br>5:25 – 6:10 pm<br>Hanshi June<br>Large Dojo | <b>Kids White/Gold</b><br>5:30 – 6:15 pm<br>Renshi Carmack<br>Large Dojo  | <b>Kids Self Defense</b><br>5:00 – 5:45 pm<br>Renshi Cetner<br>Small Dojo      | <b>Children Orange and up</b><br>6:00 – 6:45 pm<br>Renshi Cox<br>Small Dojo | <b>Kids Gold, Orange Sparring</b><br>1 <sup>st</sup> & 3 <sup>rd</sup> Fridays<br>6:00 – 6:50 pm            |   |
|   | <b>Kids Gold</b><br>6:00 – 6:45 pm<br>Kyoshi Sawyer<br>Small Dojo          | <b>Kids Test Cards</b><br>5:00 – 5:45<br>Renshi Cetner<br>Small Dojo  | <b>Kids Orange/Green</b><br>6:00 – 6:45 pm<br>Shihan Griffith<br>Small Dojo    | <b>Adults All Ranks</b><br>6:00 – 6:50 pm<br>Kyoshi Jett                    | <b>Kids Green &amp; up Sparring</b><br>2 <sup>nd</sup> & 4 <sup>th</sup> Fridays<br>6:00 – 6:50 pm          |   |
|   | <b>Adults Advanced</b><br>6:15 – 7:15 pm<br>Hanshi June<br>Large Dojo      | <b>Adults All Ranks</b><br>6:15 – 7:15 pm<br>Shihan Campbell<br>Large Dojo  | <b>Adults Advanced</b><br>6:15 – 7:15 pm<br>Hanshi June<br>Large Dojo          | <b>Kung Fu</b><br>7:00 – 8:30<br>Mitch Ammons                               |   |   |
|   | <b>Adults Beginning</b><br>7:00 – 7:50 pm<br>Kyoshi Sawyer<br>Small Dojo   | <b>Adult Sparring</b><br>1 <sup>st</sup> and 3 <sup>rd</sup> Tuesday<br>7:15 – 8:15 pm<br>Renshi Cetner<br>Large Dojo | <b>Adults Beginners</b><br>7:15 – 8:15 pm<br>Senseis Parker/Wynn<br>Large Dojo | <b>Tai Chi Beginners</b><br>7:00 – 8:00 pm<br>Grandmaster Gay               |   |   |
|   | <b>Tai Chi</b><br>8:00 – 9:00 pm<br>Grandmaster Gay                        |   |  | <b>Tai Chi Advanced</b><br>8:00 – 9:00 pm<br>Grandmaster Gay                |   |   |

**Little Dragons:** 4 – 7 year olds. (Graduate into children's class on individual basis when ready)

**Children:** Ages 8 and up. Classes are divided according to rank.

**Adults:** Age 13 and older. **Adult sparring:** younger students may attend by invitation.

**Sparring:** Yellow belt and above. 2 sparring classes required for everyone between belt tests.

**Test Camp:** 2 test camp classes required for children between belt tests.