

Stroud School of Martial Arts and

Charles June Karate Institute

present the

Kyoshi Landry Gray Memorial Seminar Saturday, March 7, 2026



At Charles June Karate (650 E Firetower Rd, Winterville, NC)

Area/Time	8 - 9	9 - 9:30	9:30 - 10:25		10:30 - 11:25		11:30 - 12:30	12:30 - 2	2 - 2:55	3 - 3:55	4 – 4:30
Large dojo	tion		Luther Jett Escrima		LD Tomlinson Spear		Tim Cunningham Featured Instructor	Lunch on your own	Charles June Gun and Knife	Connor Gay w/ LD Tomlinson Bokken	LD Tomlinson Stretching and cool down
Small dojo		Warmup by Bob Wynn	Tim Croom Judo		Charles June Elbows & knees				Bill Harmon Sword	Jeff Gay Tai Chi kata	
Classroom 3 - mats	Registration		Kevin Gurganus Sparring drills		Michael Riddick Jujitsu				Keith Webb Self defense	Regina Lopez w/ Eric Sawyer Pressure Points	
Classroom 2 - Kids			Richy Huneycutt Kids jujitsu	Michelle Brown Kids karate	Rick McAdoo Kids judo	Fleeta Griffith Kids sticks	F -				