

Schedule of Classes

Current as of December 1, 2020

S	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Adults All Ranks 11:00 – 12:00 pm Hanshi June		Adults All Ranks 11:00 – 12:00 pm Hanshi June		Adults All Ranks 11:00 – 12:00 pm Hanshi June	Adults All Ranks 11:00 – 12:00 Kyoshi Brown
	Kids Green & up 12:15 – 1:00 Hanshi June					
	Kids White, Gold, Orange 1:10 – 1:55		Striped Orange 2:30 – 3:00			
	Little Dragons 2:30 – 3:00	Striped Yellow 2:30 – 3:00	Little Dragons 3:00 – 3:30	Little Dragons 2:30 – 3:00		Belt testing 2nd Saturday, every other month. - Little dragons and striped must have instructor approval to test. - Kids must have entire test card checked 1 week prior to test. - Adults check with your instructor to see if you are ready. - ALL students testing for solid orange and higher must attend sparring at least twice before testing.
	Striped Yellow 3:00 – 3:30	Little Orange 3:00 – 3:30	Striped Yellow 3:30 – 4:00	Striped Yellow 3:00 – 3:30		
	Striped Orange 3:30 – 4:00	Little Dragons 3:30 – 4:00	Kids Sparring 9 and over 4:00 – 4:45	Striped Orange 3:30 – 4:00		
	Kids Sparring 8 and under 4:00 – 4:45	Kids Green & up 4:00 – 4:45 Sensei Gay	Kids Orange 4:00 – 4:45 Hanshi June	Kids White, Gold 4:15 – 5:00 pm Renshi Cox	Kids Test Camp 5:00 – 5:45	
	Kids White, Gold 4:15 – 5:00 Sensei Lopez	Kids White, Gold 4:45 – 5:30 pm Sensei Gay	Kids Green & up 4:45 – 5:30 pm Hanshi June	Kids Orange 5:10 – 5:55 pm Renshi Cox		
	Kids Orange & up 5:15 – 6:00 pm Kyoshi Sawyer	Kids Orange 5:30 – 6:15 pm Sensei Gay	Kids White, Gold 5:30 – 6:15 pm Hanshi June	Kids Green & up 6:00 – 6:45 pm Renshi Cox		
	Adults Advanced 6:15 – 7:15 pm Hanshi June Large Dojo		Adults Advanced 6:15 – 7:15 pm Hanshi June Large Dojo	Adults All Ranks 6:00 – 7:00 pm Kyoshi Jett		
	Adults Beginning 7:15 – 8:15 pm Kyoshi Sawyer Small Dojo		Adults Beginners 7:15 – 8:15 pm Sensei Parker Large Dojo	Adults Sparring 7:00 – 7:50 pm		

Little Dragons: 4 – 7 year olds. (Graduate into children's class on individual basis when ready)

Children: Ages 8 and up. Classes are divided according to rank. **Adults:** Age 13 and older.

Students may be invited to attend higher belt rank or age group class **by invitation only**. Students are encouraged to attend/help lower belt rank or age group classes at any time if there is room in the class.
Sparring: For gold belt and above. **Test Camp:** Please only attend test camp if you are planning to test soon.

COVID rules - Until further notice:

- ALL students MUST WEAR MASKS while in karate classes. Personal exemptions to masks MUST be documented on waiver forms.
- Please drop off and pick up as close to class times as possible.
- We are trying to keep traffic in common areas to a minimum. If at all possible, please do not stay and spectate. Either wait in your car or drop off and pick up your child. Also, if at all possible, have students come in wearing their gi so that we do not have as much traffic through the bathrooms and changing rooms. Afterschool students will change into their gi using the bathrooms and changing rooms.