

**CHARLES JUNE KARATE INSTITUTE  
AND STROUD SCHOOL OF MARTIAL ARTS**

present the



**Kyoshi Landry Gray  
Memorial Seminar**

**Saturday, March 7, 2026**

At the Charles June Karate Institute  
650 E Firetower Road, Winterville, NC 28590

**\*\*Multiple Instructors and Disciplines\*\***

**\*\*Children's sessions available in Morning only\*\***

**Times:**

**Registration:** 8 – 8:45am

**Opening/Warmup:** 9:00

**Session 1:** 9:30 – 10:25

**Session 2:** 10:30 – 11:25

**Session 3:** 11:30 – 12:25

**Lunch Break:** 12:30 – 1:55

**Session 4:** 2:00 – 2:55

**Session 5:** 3:00 – 3:55

**Cool down:** 4:00 – 4:30

**Closing Remarks:** 4:30

**Instructors:**

**Tim Cunningham**

Featured Instructor

Michelle Ramirez

Tim Croom

Connor Gay

Jeff Gay

Kevin Gurganus

Bill Harmon

Ricky Huneycutt

Luther Jett

Charles June

Regina Lopez

Rick McAdoo

Michael Riddick

Eric Sawyer

LD Tomlinson

Keith Webb

Bob Wynn

**Training Areas:**

*Multiple training areas will run concurrently. Detailed schedule will be available at registration table.*

Ju-Jitsu

Judo

Karate

Pressure Points

Self Defense

Sparring Drills

**\*bring your gear\***

Stretching

Tai Chi

Weapons

**Prices:** \$70 for full day

\$40 for half day (am or pm sessions)

\$20 for one session

**Pre-Registration Special: Send in completed registration form with check or money order and save \$10 on full or half day price!**

For more information, call 7-KARATE (252-752-7283)

Or email us at [charlesjunekarate@gmail.com](mailto:charlesjunekarate@gmail.com)

# CHARLES JUNE KARATE INSTITUTE AND STROUD SCHOOL OF MARTIAL ARTS



## Kyoshi Landry Gray Memorial Seminar March 2, 2024



### Charles June Karate Institute

650 E Firetower Rd  
Winterville, NC 28590

252-752-7283

[charlesjunekarate@gmail.com](mailto:charlesjunekarate@gmail.com)

### Registration Form

Charles June Karate Seminar 2026

Name \_\_\_\_\_

Email address \_\_\_\_\_

School Affiliation \_\_\_\_\_

Rank \_\_\_\_\_

Please Check:  Adult     Child (age \_\_\_\_\_)

Sessions (please check one session):

<input type="checkbox"/> Full Day (up to 6 sessions):	<input type="checkbox"/> \$70 at the door	<input type="checkbox"/> \$60 Pre-registration
<input type="checkbox"/> Half Day (up to 3 sessions)	<input type="checkbox"/> \$40 at the door	<input type="checkbox"/> \$30 Pre-registration
<input type="checkbox"/> AM or <input type="checkbox"/> PM		
<input type="checkbox"/> Single Session	<input type="checkbox"/> \$20	

Payment Method\*:  Check or Money Order (payable to Charles June Karate)

Cash                     Visa/Mastercard/Discover

\*Pre-registration must submit check or money order with registration form.

**Waiver:** I am aware that students will engage in physical exercise and use of training equipment. Training and instruction can cause injuries and I assume all risk of injuries which may result. I hereby waive and release any claim or right to sue Charles June Karate or any of its staff for student injuries or illness. I also understand and agree that Charles June Karate shall not be responsible or liable for any loss, damage, or theft of any property belonging to me or student even if the loss, damage, or theft occurs on or around Charles June Karate property.

**Photo Release:** Photographs may be taken of students to be used in publications including the Charles June Karate website. I hereby consent and release Charles June Karate from any expectation of confidentiality for the student.

If the student is a minor, I hereby attest that I am the student's parent or legal guardian.

Print name \_\_\_\_\_

Signature \_\_\_\_\_

Date \_\_\_\_\_