

KENITHA LENA WOODHOUSE

13315 Vista Forest Drive, Woodbridge, VA 22192
(202) 407-0968 | KenithaW@gmail.com

SUMMARY OF EXPERIENCE

Senior Army leader with 15+ years of experience advancing primary prevention, research, and evaluation initiatives across military populations. Expertise in suicide prevention, behavioral health, and resilience programming, applying social science theories and public health approaches to inform policy and program design. Proven ability to conduct program evaluation, data analysis, and research translation, while collaborating with cross-functional stakeholders to improve prevention outcomes and readiness. Experienced in developing evidence-based recommendations and scalable prevention strategies aligned with enterprise objectives. Holds an active SECRET clearance.

PROFESSIONAL EXPERIENCE

Army Community Service Program Analyst (GS14) | SEP 2024- PRESENT | 40hrs/wk

Leads development and evaluation of Army-wide wellness, prevention, and family support programs, integrating suicide prevention, resilience, and behavioral health initiatives across enterprise populations. Applies social science and prevention frameworks to assess program effectiveness and inform development of evidence-based strategies. Develops and refines policy, program guidance, and evaluation criteria to support implementation of integrated prevention efforts across installations. Conducts data analysis and performance measurement, translating findings into actionable recommendations for senior leadership. Collaborates with DoD stakeholders, program specialists, and cross-service partners to align prevention initiatives and share best practices. Coordinates development of training and educational initiatives that strengthen prevention capacity and workforce readiness. Provides strategic briefings and recommendations to senior Army leadership, supporting enterprise decision-making on prevention and resilience efforts. Engages with internal and external stakeholders to analyze research findings, identify gaps, and support the advancement of prevention initiatives.

Army Community Service Director (GS13) | March 2023– SEP 2024 | 40hrs/wk

Directed a multi-domain prevention and wellness portfolio, integrating family advocacy, resilience, and behavioral health programs. Conducted program evaluation and quality assurance analysis, identifying gaps and implementing improvements to enhance service delivery outcomes. Applied data-driven decision-making to inform resource allocation, training priorities, and program effectiveness. Supervised multidisciplinary staff and ensured program implementation aligned with policy, standards, and readiness objectives. Advised command leadership using trend analysis and risk assessment data, strengthening prevention and intervention strategies.

Army Community Service Chief (GS12) | MAY 2021–MARCH 2023 | 40hrs/wk

Managed operations across 15+ program areas, incorporating program evaluation and performance monitoring to ensure effectiveness and compliance. Supervised program coordinators and ensured service delivery, compliance, and program effectiveness. Led Supervised program coordinators and ensured service delivery, compliance, and program effectiveness. Led successful ACS accreditation, achieving the first credentialing since 2013.

Early Career Experience (GS-11 and Below: Sexual Assault Prevention & Response Specialist, Army Community Service Coordinator, Victim Advocate, and Family Case Worker)

Provided victim advocacy, crisis intervention, and case management services across military installations. Coordinated with law enforcement, behavioral health, and legal teams to ensure continuity of care and

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victim safety. Supported prevention training, program delivery, and community outreach initiatives serving large military populations.

EDUCATION

Doctor of Social Work

California Baptist University
Riverside, CA (2026)

Master of Social Work

Western New Mexico University
Silver City, NM (2023)

Master of Arts in Urban Affairs

Norfolk State University
Norfolk, VA (2017)

Bachelor of Arts in Sociology

Virginia State University
Petersburg, VA (2011)

STRATEGIC RESEARCH & PROGRAM INNOVATION

Developed the *Saving Lives of Those Who Wear the Camouflage Uniform* initiative, applying prevention science and behavioral health frameworks to reduce barriers to suicide prevention. Conducted a scoping review of military suicide intervention research, synthesizing findings to inform program design and prevention strategies. Integrates research, behavioral science, and operational experience to inform program development and strategic decision-making. Applies research, evaluation methods, and behavioral science principles to develop scalable, evidence-based prevention models aligned with military readiness objectives.

PROGRAM AREAS OF EXPERTISE

- Family Advocacy
- Sexual Assault
- Suicide Prevention
- Primary Prevention
- Operational Stress Control
- Employee Support Services
- Resilience and Health Promotion

AWARDS & ACCOMPLISHMENTS

- Coined by the MAJCOM Commanding General (2021)
- Ensured Tobyhanna/Picatinny ACS was credentialed for the first time since 2013 (2021)
- Ensured Fort Johnson was credentialed, after failing credentialing before my arrival (2023)
- Coined by the Garrison Commander of Picatinny Arsenal (March 2023)
- Coined by the Under Secretary of Defense (2023)
- Authored the Commander's Financial Readiness Policy (2024)
- Coined by Congressman Vindman for Suicide Prevention Demonstration (2026)
- Letter of Recognition from Senator Mark Warner for Suicide Prevention Demonstration (2026)
- Letter of Appreciation from Assistant Secretary of War for FINRED Symposium Training (2026)

REFERENCE

Steve Yearwood

Soldier & Family Readiness, DCS G-1, Directorate of Prevention, Resilience, and Readiness
Pentagon, Arlington, VA

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