

KENITHA LENA WOODHOUSE

13315 Vista Forest Drive, Woodbridge, VA 22192
(202) 407-0968 | KenithaW@gmail.com

INTEGRATED ACADEMIC & PROFESSIONAL SUMMARY

Doctor of Social Work candidate and Army Community Service Program Analyst with expertise in prevention science, program evaluation, and military family systems. Integrates research, policy, and operational leadership to design and implement enterprise-level wellness and suicide prevention initiatives across the Department of War. Experienced in teaching, curriculum development, and translating evidence-based findings into scalable programs that enhance resilience, readiness, and behavioral health outcomes among military populations.

STRATEGIC RESEARCH & PROGRAM INNOVATION

Developed *Saving Lives of Those Who Wear the Camouflage Uniform*, a prevention-focused mobile application addressing barriers to military suicide prevention. Conducted a scoping review of intervention strategies and translated findings into scalable, culturally responsive program design aligned with military readiness and behavioral health outcomes.

EDUCATION

Dissertation: The Lives of Those Who Wear Camouflage: A Digital Application for Suicide Prevention Education for Military Personnel

Doctor of Social Work, California Baptist University, Riverside, CA (2026)

Master of Social Work, Western New Mexico University (2023)

Master of Arts, Urban Affairs, Norfolk State University (2017)

Bachelor of Arts, Sociology, Virginia State University (2011)

CONFERENCE PRESENTATIONS

Woodhouse, K. (2026). *Blended Retirement System and Continuation Pay*. Army National Guard Training.

Woodhouse, K. (2026). *HQDA Financial Readiness and Family Programs*. Army National Guard Training.

Woodhouse, K. (2024). *Relocation and Family Support Programs*. Fort Polk Quality of Life Conference.

TEACHING EXPERIENCE

Guest Teaching Instructor

Riverside, CA, California Baptist University (Nov 2025)

- Delivered lecture on Program Evaluation, integrating military application with social work theory
- Developed course-aligned instructional materials in collaboration with faculty

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Piano Teacher

Self-Employed, Woodbridge, VA (2003- 2007)

- Provided individualized piano instruction for students of varying ages and skill levels, integrating music theory, technique, and performance development.
- Managed lesson planning, scheduling, parent communication, and student progress assessment.

WORK EXPERIENCE

Army Community Service Program Analyst

Arlington, VA, Headquarters Department of Army

- Lead Army-wide wellness, prevention, and family support initiatives supporting suicide prevention, resilience, and behavioral health efforts across enterprise populations.
- Develop policy, guidance, and evaluation frameworks to support prevention program implementation and inform senior leader decision-making.
- Collaborate with Installation Management Command, Army National Guard, and Army Reserve to enhance program execution and service delivery.

Army Community Service Coordinator

USAG Bavaria, Germany

- Managed Army Community Service programs supporting over 50,000 personnel, including Army Family Action Plan, Army Family Team Building, Employment Readiness, and Relocation Readiness.
- Delivered Army Family Team Building instruction for Levels G (Growth), K (Knowledge), and L (Leadership), and conducted pre-deployment briefings for Soldiers.
- Coordinated large-scale Volunteer Recognition Ceremonies through cross-installation collaboration, overseeing planning, funding, and execution for events serving 325+ attendees.

HONORS/AWARDS

Center for the Study of Human Behavior Award (2026); Magna Cum Laude (2011); Dean's List (2008–2011); Virginia Commonwealth Award (2008–2011); VSU Alumni Scholarship (2007)

LANGUAGES

English (native)

Spanish (novice high, speaking and reading)

German (novice, speaking)

AFFILIATIONS

Golden Key • Beta Gamma • Phi Alpha Honor Society