



CLUB RECORDS : GIRLS @ 30/04/2025

Under 6

70m	sprint	13.50	Kaitlin Nardoo	1997
100m	sprint	16.50	Molly Vale	12 October 2013
200m	sprint	48.10	Zoe Geiger	11 May 2011
300m	walk	2:11.10	Kirsten Ohl	1998
Long Jump		2.54m	Milly Sharpe	9 November 2013
Shot Put	1kg	4.57m	Zeeta Geiger	14 December 2013
Discus	350g	11.95m	Hannah Lowry	2003

Under 7

70m	sprint	12.00	Linda Goodwin	1998
100m	sprint	16.50	Bianca Nathan	1989
200m	sprint	37.60	Linda Goodwin	1998
300m	walk	1:58.60	Linda Goodwin	1998
Long Jump		3.11m	Alyssa Edwards	1997
Shot Put	1kg	5.88m	Kasee Marxsen	1991
Discus	350g	15.72m	Melissa Marold	1991

Under 8

70m	sprint	10.70	Karen Aikenhead	1984
100m	sprint	15.10	Alicia Spencer	1990
200m	sprint	34.60	Aleisha Nardoo	1997
300m	walk	1:39.00	Emma Osborne	1992
60m	hurdles	12.00	Melissa Marold	1992
High Jump		1.01m	Linda Goodwin	1999
Long Jump		3.65m	Linda Goodwin	1999
Shot Put	1.5kg	5.65m	Melissa Marold	1992
Discus	500g	15.67m	Shenay Weyers	1999

Under 9

70m	sprint	10.80	Linda Goodwin	2000
100m	sprint	14.50	Robin Radburn	1985
200m	sprint	32.20	Tanya Heard	1988
400m	sprint	1:17.80	Linda Goodwin	2000
800m	run	3:05.30	Linda Goodwin	2000
300m	walk	1:50.00	Jessica Avenill-Baker	1992
700m	walk	4:49.20	Shenay Weyers	2000
60m	hurdles	10.80	Tanya Heard	1988
High Jump		1.21m	Brittany Leask	2000
Long Jump		4.21m	Linda Goodwin	2000
Shot Put	1.5kg	7.19m	Shenay Weyers	2000
Shot Put	2kg	5.77	Alexis Bukowski	18/3/2017
Discus	500g	20.62m	Shenay Weyers	2000

Under 10

70m	sprint	10.50	Tanya Heard Irena Kowalski	1989 1993
100m	sprint	14.30	Vivian Rosentreter	1994
200m	sprint	31.10	Vivian Rosentreter Kelly Burgess	1994 1988
400m	sprint	1:11.0	Leanne Brushe	1989
800m	run	2:52.00	Bianca Nathan	1992
700m	walk	5:03.30	Georgie Hare	26 November 2011
1100m	walk	7:27.40	Danielle Ohl	1996
60m	hurdles	10.70	Bianca Nathan	1992
High Jump		1.16m	Brittany Leask Kelly Harvey	2001 1988
Long Jump		4.01m	Vivian Rosentreter	1994
Shot Put	1.5kg	8.31m	Sally Christensen	1987
Shot Put	2kg	7.29	Alexis Bukowski	10/2/2018
Discus	500g	25.21m	Shenay Weyers	2001

Under 11

70m	sprint	9.90	Vivian Rosentreter	1995
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100m	sprint	13.90	Sally Christensen	1988
200m	sprint	29.30	Sally Christensen	1988
400m	sprint	1:01.0	Leah Baines	1985
800m	run	2:46.00	Tracy Cathro	1988
1500m	run	5:45.00	Leah Baines Rachel Mann	1985 1994
700m	walk	4:38.40	Danielle Ohl	1997
1100m	walk	6:52.80	Katherine Laurance	1997
60m	hurdles	10.90	Tanya Heard Shannon Gibb	1990 1997
80m	Hurdles	15.94	Annalise Ginn	28/1/2023
80m	Hurdles	15.47	Annalise Ginn	26/3/2023 (Away)
High Jump		1.29m	Sophie Duff	Multi 2014
Long Jump		4.38m	Vivian Rosentreter	1995
Triple Jump		8.57m	Taylah K Williams	18 January 2014
Shot Put	2kg	9.78m	Shenay Weyers	2002
Discus	750g	28.50m	Shenay Weyers	2002
Discus	500g	30.45	Dolly Byrnes	27/01/2024
Javelin	400g	19.74m	Shenay Weyers	2002

Under 12

70m	sprint	10.00	Vivian Rosentreter Sophie Duff	1996/97 2014/15
100m	sprint	13.10	Sally Christensen	1989/90
200m	sprint	27.60	Sally Christensen	1989/90
400m	sprint	1:09.00	Tracy Cathro	1989/90
800m	run	2:41.00	Rachel Mann	1995/96
1500m	run	5:28.00	Tracy Cathro	1989/90
700m	walk	4:09.06	Adele Bierman	29 October 2011
1500m	walk	8:23.50	Tayla Campbell	8 December 2012
60m	hurdles	9.80	Tracy Cathro	1989/90
80m	hurdles	15.57	Tofunmi Kaka	25/2/2023
80m	hurdles	15.15	Annalise Ginn	22/03/2024 (away)
High Jump		1.45m	Leesa McGreevy	1990/91

Long Jump		4.87m	Sophie Duff	14/11/2015
Triple Jump		9.00m	Sophie Duff	2014/15
Shot Put	2kg	13.20m	Sally Christensen	1989/90
Discus	750g	33.91	Shenay Weyers	2014/15
Javelin	400g	27.72m	Jessica Heath	1996/97

Under 13

70m	sprint	9.6	Jody Ribot Sophie Duff	1984 7 November 2015
100m	sprint	13.10	Sally Christensen	1990/91
200m	sprint	28.00	Sally Christensen	1990/91
400m	sprint	1:02.00	Tracy Cathro	1990/91
800m	run	2:32.00	Tracy Cathro	1990/91
1500m	run	5:44.50	Amy Palo	2000/01
700m	walk	3:43.00	Tanya Heard	1992/93
1500m	walk	7:33.75	Milly Sharpe	30/01/2021
80m	hurdles	15.28	Sophie Duff	26 September 2015
200m	hurdles	30.20	Tracy Cathro	1990/91
High Jump		1.47m	Sophie Duff	13 February 2016
Long Jump		5.15m	Sophie Duff	18 March 2016
Triple Jump		10.53m	Ashleigh Jones	1990/91
Shot Put	3kg	11.71	Aleisha Paul	8 October 2016
Discus	750g	39.03	Aleisha Paul	22 October 2016
Javelin	400g	29.50m	Jessica Heath	1997/98

Under 14

70m	sprint	9.70	Rachael Cullen Ashleigh Jones	2002 2007
100m	sprint	13.00	Sophie Duff	24 September 2016
200m	sprint	28.10	Tracy Cathro	1991/92
400m	sprint	1:06.30	Jillian McGuire	2002
800m	run	2:39.90	Jacinta Nathan	1996
1500m	run	5:30.00	Jacinta Nathan	1996

700m	walk	4:29.90	Amy Palo	2001
1500m	walk	8:53.80	Katherine Laurance	31/12/2000
1500m	walk	7:39.70	Milly Sharpe	23/10/2021 (away)
3000m	walk	16:16.81	Milly Sharpe	16/10/2021
3000m	walk	15:53.24	Milly Sharpe	26/3/2022 AA Nationals (away)
80m	hurdles	13.90	Tanya Heard	1993
200m	hurdles	30.60	Jacinta Nathan	1996
High Jump		1.54m	Laura Williams Sophie Duff	2007 18/2/2017
Long Jump		5.41m	Sophie Duff	24 September 2016
Tripple jump		10.96	Sophie Duff	18/3/2017
Triple Jump		11.56m	Sophie Duff	Nationals 2017 (away)
Shot Put	3kg	10.59m	Mahli Rea	29/01/2022
Discus	1kg	30.55	Mahli Rea	04/12/2021
Javelin	400g 600g	31.93m 26.34m	Mahil Rea Georgina Adnum	05/03/2022 2009

Under 15

70m	sprint	8.90	Tanya Heard	1994/95
100m	sprint	12.86	Sophie Duff	23 September 2017
200m	sprint	27.20	Tanya Heard	1994/95
400m	sprint	1:01.10	Jacinta Nathan	1997/98
800m	run	2:25.07	Annali Philpott	7/2/2021
1500m	run	5:02.31	Annali Philpott	6/2/2021
300m	walk	1:16.65	Milly Sharpe	5/11/2022
700m	walk	4:09.00	Amy Palo	2002/03
1500m	walk	9:27.40	Amy Palo	2002/03
1500m	walk	9:27.40	Amy Palo	2002/03
1500m	walk			
3000m	walk	7:39.12	Milly Sharpe	24/03/2023 (Away)
90m	hurdles	13.60	Kelly Humphries	1995/96
100m	hurdles	18.20	Sally Hodgson	31/12/2013
200m	hurdles	30.20	Jacinta Nathan	1997/98

300m	hurdles	55.88	Cara Corke	5/2/2022
High Jump		1.58m	Laura Williams	2008/09
Long Jump		5.42m	Sophie Duff	31/3/2018
Triple Jump		11.32m	Sophie Duff	Qld Juniors 2018
Shot Put	3kg	10.79m	Kelly Humphries	1995/96
Discus	1kg	36.08m	Maddison Sherriff	21/11/2015
Javelin	600g	32.66m	Kelly Humphries	1995/96
Javelin	500g	34.20m	Ashley Hare	States 11/04/2017
Javelin	500g	34.20m	Ashley Hare	11/03/2017

Under 16

70m	sprint	9.30	Maddison Smith Elisha Hughes	2010/11 2004/05
100m	sprint	12.80	Maddison Smith	2010/11
200m	sprint	23.40	Maddison Sherriff	17/10/2015
400m	sprint	1:07.50	Jillian McGuire	2004/05
400m	sprint	1:07.35	Cara Corke	24/09/2022
400m	sprint	1:03.55	Cara Corke	25/3/23 (Away)
800m	run	2:46.30	Amy Palo	2003/2004
1500m	run	6:05.30	Amy Palo	2003/2004
700m	walk	4:15.20	Amy Palo	2003/2004
1500m	walk	9:34.50	Amy Palo	2003/2004
3000m	walk	15:06.43	Milly Sharpe	09/03/2024 (away)
5000m	Walk	28:40.00	Milly Sharpe	07/09/2023 QA road walk (away)
90m	hurdles	17.10	Sally Hodgson	2013/2014
100m	hurdles	17.00	Maddison Smith	2010/2011
200m	hurdles	34.00	Sally Hodgson	2013/2014
300m	hurdles	54.31	Cara Corke	25/02/2023
300m	hurdles	49.73	Cara Corke	26/03/2023
400m	hurdles	2:28.1	Emily Wood	2016/17
High Jump		1.60m	Laura Williams	2009/10
Long Jump		5.52m	Ashleigh Jones	2011/12
Triple Jump		9.76m	Cara Corke	28/1/2023

Shot Put	3kg	10.62m	Maddison Sherriff	27 February 2016
Discus	1kg	27.69m	Zoe Geiger	06/02/2021
Discus	1kg	38.05m	Maddison Sherriff	Nationals 2016
Javelin	500g	34.63	Zoe Geiger	21/03/2021
Hammer		11.87	Emily Wood	2016/17

Under 17

70m	sprint	9.7	Maddison Smith	2011/12
100m	sprint	13.3	Maddison Smith	2011/12
200m	sprint	28.79	Cara Corke	03/02/2024
200m	sprint	26.86	Cara Corke	22/03/2024 (away)
400m	sprint	1:08.66	Cara Corke	27/01/2024
400m	sprint	1:02.90	Cara Corke	22/03/2024 (away)
800m	run	2:54.54	Cara Corke	16/09/2023
1500m	run	6:19.80	Cara Corke	03/02/2024
700m	walk			
1500m	walk	6:49.41	Milly Sharpe	22/03/2025 (away)
1500m	walk	7:09.18	Milly Sharpe	08/02/2025
3000m	walk	14:22.24	Milly Sharpe	23/11/2024 (away)
5000m	walk	25:15.00	Milly Sharpe	22/08/2024 (away)
10000m	walk	53:19.02	Milly Sharpe	24/01/2025 QA ACT Champs
100m	hurdles	18.64	Cara Corke	11/11/2023
200m	hurdles	36.75	Maddison Sherriff	2016/17
300m	hurdles	53.30	Cara Corke	27/01/2024
300m	hurdles	51.56	Cara Corke	22/03/2024 (away)
400m	hurdles	2:10.0	Maddison Sherriff	2016/17
High Jump		1.56	Lilly Gibson	6/2/21
Long Jump		5.31	Cara Corke	09/03/2024
Long Jump		5.48	Cara Corke	22/03/2024 (away)
Triple Jump		9.89m	Maddison Smith	2011/12

Tripple Jump		10.48	Cara Corke	22/03/2024
Shot Put	3kg	9.78	Zoe Geiger	23/10/2021
Shot Put	3kg	11.19m	Maddison Sherriff	LAQ States 2017 (away)
Discus	1kg	32.16	Zoe Geiger	05/02/2022
Discus	1kg	40.87m	Maddison Sherriff	Nationals 2017 (away)
Javelin	500g	32.16	Zoe Geiger	05/02/2022
Hammer	3kg	20.48m	Maddison Sherriff	2016/17

Under 18

70m	sprint	9.30	Maddison Smith Elisha Hughes	2010/11 2004
100m	sprint	12.80	Maddison Smith	2010/11
200m	sprint	27.40	Maddison Smith	2010/11
400m	sprint	1:06.50	Jillian McGuire	2004
800m		2:45.70	Amy Palo	2003/04
1500m		6:04.70	Amy Palo	2003/04
700m	walk	4:15.20	Amy Palo	2003/04
1500m	walk	9:33.50	Amy Palo	2003/04
3000m	walk			
5000m	walk	24:39:70	Milly Sharpe (U17age)	10/04/2025 (away)
10000m	walk	53:19.02	Milly Sharpe (U17age)	24/1/2025 QA ACT Nat
90m	hurdles	15.20	Maddison Smith	2009/10
100m	hurdles	17.00	Maddison Smith	2010/11
200m	hurdles	33.30	Sally Hodgson	2015/16
High Jump		1.60m	Laura Williams	2009/10
Long Jump		5.28m	Cara Corke	23/11/2024
Triple Jump		9.99m	Maddison Smith	2008/09
Shot Put	3kg 4kg QA	10.67m 9.64m	Maddison Sherriff Maddison Smith	9 September 2017 2010/11
Discus	1kg	40.87m	Maddison Sherriff	Nationals 2017
Javelin	500g 600g	32.38 19.54	Maddison Sherriff Jillian McGuire	23 September 2017 2004
Hammer	3kg			

Under 20

70m	sprint	9.70	Maddison Smith	2011/12
100m	sprint	13.30	Maddison Smith	2011/12
200m	sprint	32.80	Maddison Smith	2011/12
400m	sprint	1:12.60	Maddison Smith	2011/12
800m		3:47.70	Sally Hodgson	8 October 2016
1500m		9:16.10	Maddison Smith	2011/12
700m	walk			
1500m	walk			
3000m	walk			
5000m	walk			
10000m	walk	53:19.02	Milly Sharpe (U17age)	17/02/2024 ACT Nats
100m	hurdles	18.80	Maddison Smith	2011/12
200m	hurdles	36.57	Sally Hodgson	21 January 2017
High Jump		1.20m	Maddison Smith	2011/12
Long Jump		4.22m	Maddison Smith	2011/12
Triple Jump		9.89m	Maddison Smith	2011/12
Shot Put	4kg	8.70m	Maddison Smith	2011/12
Discus	1kg	39.92	Maddison Sherriff	3 March 2018
Javelin	600g	16.27	Maddison Smith	2011/12
Hammer		8.94	Sally Hodgson	2016/17

Open

70m	sprint	8.76	Ashleigh Jones	7 November 2015
100m	sprint	11.92	Ashleigh Jones	31 January 2016
200m	sprint	24.30	Ashleigh Jones	31 January 2016
400m	sprint	55.65	Ashleigh Jones	6 february 2016
800m	run	2:37.1	Ashleigh Jones	21 November 2015
1500m	run	5:58.5	Ashleigh Jones	2014
700m	walk	6:09.40	Michelle Maughan	2008/09
1500m	walk	13:04.40	Caroline Paterson	26/10/2024
3000m	walk	15:13.68	Milly Sharpe (U16age)	03/02/2024 (away)
100m	hurdles			
200m	hurdles	39.0	Ashleigh Jones	2014/15

High Jump		1.24	Ashleigh Jones	18 October 2014
Long Jump		5.71m	Ashleigh Jones	14 November 2015
Triple Jump		11.35m	Ashleigh Jones	26 September 2015
Shot Put	4kg	7.24m	Samantha Wakely	02/03/2024
Discus	1kg	39.92	Maddison Sherriff	3 March 2018
Javelin	600g	19.73m	Samantha Wakely	27/01/2024
Hammer				



CLUB RECORDS : BOYS @ 30/04/2025

Under 6

70m	sprint	12.70	Ryan Rogers	1998/99
100m	sprint	18.80	Ben Atkinson	1995/96
200m	sprint	44.80	Ryder Huth	2010/11
300m	walk	2:04.90	Ryan Lynch	1996/97
Long Jump		3.00m	Rhett Chadwick	1996/97
Shot Put	1kg	7.75m	Deacon Pomeroy	14 December 2013
Discus	350g	13.88m	Ben Atkinson	1995/96

Under 7

70m	sprint	11.27	Braxton Kerr	14/11/2020
100m	sprint	16.90	Michael Hankinson	2000/01
200m	sprint	36.70	Sam Lowry	2000/01
300m	walk	1:40.00	Darren Heard	1992/93
Long Jump		3.25m	Noah McClure	5 December 2015
Shot Put	1kg	6.33m	Joshua Wilson	2 February 2013
Discus	350g	18.59m	Sam Lowry	2000/01

Under 8

70m	sprint	10.50	Steven Dawe	1984
100m	sprint	15.80	Conrad Brown	1999/00
200m	sprint	33.40	Adam West	1997/98
300m	walk	1:49.0	Christopher Sizer	1992/93
60m	hurdles	10.10	Steven Dawe	1984
High Jump		1.05m	Troy Webster	1998/99
			Kailum Williams	26 September 2015

Long Jump		3.63m	Conrad Brown	1999/00
Shot Put	1.5kg	7.69m	Ethan Bates	30 January 2016
Discus	500g	20.20m	Jeffrey Palo	1999/00

Under 9

70m	sprint	9.90	Danny Lorraway	1989/90
100m	sprint	14.90	Brent Kohn	1999/00
200m	sprint	31.30	Peter Vickery Jason Wright	1991/92 1991/92
400m	sprint	1:15.40	Brendon Gibb	1997/98
800m	run	3:10.60	Riley Thomas	27/02/2016
800m	run	2:45.31	Tana Martin	States 2014
300m	walk	1:31.00	Liam Leaver	1992/93
700m	walk	4:05.40	Joshua Gaffel	1998/99
60m	hurdles	11.00	Steven Lowe Warren Wright	1987/88 1987/88
High Jump		1.20m	Scott Dawson Glen Todd	1998/99 1987/88
Long Jump		4.26m	Brent Kohn	1999/00
Shot Put	2 kg	8.28m	Conrad Brown	2000/01
Discus	500g	26.83m	Conrad Brown	2000/01

Under 10

70m	sprint	9.60	Darren Page	1989/90
100m	sprint	14.37	Tana Martin	27/09/2014
200m	sprint	30.06	Brett Kohn	2000/01
400m	sprint	1:12.0	Stephen Appo	1988/89
800m	run	3:01.00	Eli Surridge	09/02/2019
800m	Run	2:43.40	Tana Martin	States 2014
700m	walk	5:05.60	Jessie Bell	2002/03
1100m	walk	6:49.40	Adam West	1989/90
60m	hurdles	9.90	Thai Commons	1990/91
High Jump		1.26m	Jacob Sutcliffe	1999/00
Long Jump		4.42m	Brent Kohn	2000/01

Shot put	2 kg	9.45	Ethan Bates	24/03/2018
Shot Put	2 kg	9.45	Ethan Bates	24/04/2018
Discus	500g	30.32	Declan Potgiester	08/03/2025

Under 11

70m	sprint	9.50	Brett Dale	1984
100m	sprint	13.90	Steven Heard	1988/89
100m	sprint	13.82	Tyson Breziger	28/10/2023 (away)
200m	sprint	28.90	Steven Heard	1988/89
400m	sprint	1:08.58	Mack Geiger	2014/15
800m	run	2:23.00	Jason Littlemore	1985
1500m	run	5:22.00	David Petherick	1989/90
700m	walk	4:17.0	Ben Evans Michael Leaver	1992/93 1992/93
1100m	walk	6:52.80	Neil Weyers	1999/00
60m	hurdles	9.80	Steven Heard	1988/89
80m	Hurdles	15.56	Toluwani Kaka	27/01/2024
80m	Hurdles	13.87	Toluwani Kaka	22/03/2024 (away)
High Jump		1.28m	Bryce Shellebeck	9/2/2020
Long Jump		4.51m	Kelly Searston	1999/00
Triple Jump		9.29m	Daniel Fisher	2001/02
Shot Put	2 kg	10.18m	Ben Romyjn	Multi 2008
Discus	500g	37.62	Riley Townsend	23/2/2019
Discus	750g	30.21m	Alex Smith	2008/09
Javelin	400g	27.34m	Clint Doherty	1993/94

Under 12

70m	sprint	9.40	Brett Dale Seth Gould	1985 23 February 2013
100m	sprint	13.00	Seth Gould	8 December 2012
200m	sprint	27.80	Steven Cragg	1996/97
400m	sprint	1:06.90	Tallis Stanhope	10 November 2012
800m	run	2:23.70	Justin West	1997/98
1500m	run	5:18.26	Nicholas Crane	10 March 2016

700m	walk	4:41.50	Sam Smith	2007/08
1500m	walk	8:28.30	Tallis Stanhope	8 December 2012
60m	hurdles	9.30	Steven Heard	1989/90
80m	Hurdles	14.90	Tyson Breziger	02/12/2023
80m	Hurdles	13.48	Tolu Kaka	22/03/2025 (states)
High Jump		1.46m	Sam Smith	2007/08
Long Jump		4.95m	Steven Heard	1989/90
Triple Jump		9.79m	Steven Cragg	1996/97
Shot Put	2kg	13.89	Anunda (Max) Murphy	15/02/2025
Shot Put	3kg	9.90m	Tama Hodgson	8 October 2016
Discus	750g	39.78m	Anunda (Max) Murphy	08/03/2025
Discus	750g	43.21m	Anunda (Max) Murphy	21/03/2025 (states)
Javelin	400g	36.34m	Steven Cragg	1996/97

Under 13

70m	sprint	9.00	Steven Cragg	1997/98
70m	sprint	9.00	Seth Gould	States 2014
100m	sprint	12.44	Caleb Wilson	23/03/2018
100m	sprint	12.02	Seth Gould	Nationals 2014
200m	sprint	25.33	Caleb Wilson	24/03/2018
200m	sprint	24.44	Paxton Manning	22/03/2025 (States)
400m	sprint	1:00.10	Steven Cragg	1997/98
800m	run	2:33.60	Michael Fitzgerald	23/02/2019
800m	run	2:32.19	Tallis Stanhope	States 2014
1500m	run	5:08.90	Jed Price	1997/98
700m	walk	4:08.20	Sam Smith	2008/09
1500m	walk	10:08.20	Sam Smith	2008/09
80m	hurdles	13.40	Neil Weyers	2001/02
80m	hurdles	12.75	Tyson Breziger	27/04/2025 (Nationals-ALAC)
200m	hurdles	30.10	Neil Weyers	2001/02
200m	hurdles	28.54	Tyson Breziger	26/04/2025 (Nationals-ALAC)
High Jump		1.56	Bryce Schellebeck	22/01/2022
High Jump		1.61m	Dylan Gardiner	27/2/21 (away)

Long jump		5.45m	Archie Tennant	12/02/2022
Long Jump		5.74m	Archie Tennant	23/4/2022 (away)
Tripple Jump		11.51m	Archie Tennant	12/02/2022
Triple Jump		11.63m	Archie Tennant	24/04/2022 (away)
Shot Put	3kg	11.80m	Riley Townsend	05/12/2020
Shot Put	3kg	12.04m	Willem Sorensen	19/03/2021 (away)
Discus	750g	46.82m	Riley Townsend	20/03/2021 (away)
Discus	750g	41.92m	Riley Townsend	21/11/2020
Discus	1kg	36.96m	Alex Smith	2010/11
Javelin	600g	35.28m	Steven Cragg	1997/98

Under 14

70m	sprint	8.95	Jesse Sharp	10 December 2016
100m	sprint	11.95	Seth Gould	27 November 2014
200m	sprint	25.30	Steven Cragg	31/12/2998
200m	sprint	24.41	Dylan Gardiner	5/3/2022 QA
400m	sprint	58.40	Steven Cragg	1998/99
800m	run	2:20.00	Elliott Hodgson	2008/2009
1500m	run	5:00.07	Tallis Stanhope	2014/15
700m	walk	4:14.70	Rohan Thomson	2002/03
1500m	walk	8:45.30	Elliot Hodgson	2008/09
3000m	walk			
90m	hurdles	13.20	Neil Weyers	2002/03
100m	hurdles	14.63	Dylan Gardiner	5/3/2022 QA
200m	hurdles	27.50	Steven Heard	1991/92
High Jump		1.67m	Dylan Gardiner	06/11/2021
High Jump		1.70m	Dylan Gardiner	5/3/2022 QA
Long Jump		6.01m	Archie Tennant	24/9/2022
Triple Jump		11.74m	Archie Tennant	24/9/2022
Shot Put	3kg	13.79m	Riley Townsend	29/01/2022

Shot Put	4kg	12.72m	Dwain Weyers	1999/00
Discus	1kg	46.95m	Dwain Weyers	1999/00
Discus	1kg	47.55m	Bailey Silvester	21/06/2023 (away)
Javelin	600g	39.66m	Dwain Weyers	1999/00
Javelin	700g	26.92m	Dylan Gardiner	12/2/2022 AA U15 Heptathlon
Hammer Throw	3kg	34.94m	Willem Sorensen	26/3/2022 AA Nationals

Under 15

70m	sprint	8.70	Chauncey Andolfatto Ryan Neale	2007/08 30 January 2016
100m	sprint	11.80	Joseph Vale	28/11/2015
200m	sprint	24.30	Steven Heard	1992/93
400m	sprint	57.20	Ryan Neale	20 February 2016
800m	run	2:16.18	Tallis Stanhope	10 March 2016
1500m	run	4:40.70	Dylan Nankivel	2009/10
700m	walk	3:51.90	Rohan Thomton	2003/04
1500m	walk	6:24.20	Elliot Hodgson	2009/10
100m	hurdles	14.10	Dwain Weyers	2000/01
200m	hurdles	26.80	Dwain Weyers	2000/01
300m	hurdles	44.10	Mack Geiger	9/2/2019
High Jump		1.70m	Sam Smith	2010/11
Long Jump		6.01	Dylan Gardiner	8/10/2022
Triple Jump		12.47m	Dwain Weyers	2000/01
Shot Put	4kg	13.81m	Camerson Fitzsimmons	2010/11
Discus	1kg	54.67m	Alex Smith	19 January 2013
Javelin	600g	50.98m	Paul O'Shea	2003/04
Javelin	700g	37.65	Mack Geiger	23/3/2019
Hammer		45.09	Willem Sorrenson	25/06/2023 (away)

Under 16

70m	sprint	8.70	Cameron Fitzsimmons	2016/17
100m	sprint	11.55	Caleb Wilson	25/1/2020

200m	sprint	23.97	Caleb Wilson	25/1/2020
400m	sprint	53.90	Joseph Vale	18 March 2016
800m	run	2:14.6	Tallis Stanhope	2016/17
1500m	run	4:45.62	Tallis Stanhope	2016/17
700m	walk			
1500m	walk			
3000m	walk			
100m	hurdles	14.90	Mack Geiger	9/2/2020
200m	hurdles	30.6	Cameron Fitzsimmons	2016/17
300m	hurdles	44.80	Mack Geiger	9/2/2020
400m	hurdles	1:12.5	Alex Pedwell	2016/17
High jump		1.77	Jace Brammer	22/01/2022
High Jump		1.80m	Jace Brammer	5/02/2022 (away)
Long Jump		6.18m	Bailey Silvester	01/03/2025
Triple Jump		12.01m	Nic Barton	09/02/2020
Shot Put	4kg	14.24	Cameron Fitzsimmons	04/03/2017
Discus	1kg	56.85	Bailey Silvester	02/11/2024
Javelin	600g	30.78	Cameron Fitzsimmons	25 November 2016
Javelin	700g	43.04	Mack Geiger	14/9/2019

Under 17

70m	sprint	8.0	James Bailey	2010/11
100m	sprint	11.6	Tapi Zinatsa	10 September 2016
200m	sprint	24.3	James Bailey Sam Smith	2010/11 2012/13
400m	sprint	54.52	Joseph Vale	18/3/2017
800m	run	2:14.3	Elliot Hodgson	2010/11
1500m	run	4:37.1	Elliot Hodgson	2010/11
700m	walk			
1500m	walk	6:54.1	Elliot Hodgson	2010/11
3000m	walk			
100m	hurdles	14.70	Jacob Sutcliffe	2005/06
110m	hurdles	15.37	Mack Geiger	20/03/2021

200m	hurdles	27.60	Tapi Zinatsa	2016/17
300m	hurdles	45.97	Mack Geiger	06/02/2021
300m	hurdles	41.33	Mack Geiger	21/03/2021 (away)
400m	hurdles			
High Jump		1.90m	Jace Brammer	18/02/2023
Long Jump		6.33m	James Bailey	2010/11
Triple Jump		12.36m	Ryan Neale	7/10/2017
Shot Put	4kg	16.05m	Sam Smith	2012/13
	5kg	16.31m	Sam Smith	2012/13
Discus	1kg	58.54m	Sam Smith	2012/13
Discus	1.5kg	40.22	Tapi Zinasta	11/4/2017
Javelin	600g	44.41m	Steven Cragg	2000/01
	700g	51.11m	Sam Smith	2012/13
Hammer	5kg			

Under 18

70m	sprint	8.00	James Bailey	2010/11
100m	sprint	11.70	Sam Smith	20 October 2012
200m	sprint	24.30	James Bailey Sam Smith	2010/11 1 December 2012
400m	sprint	57.30	Blake Skelhorn	Multi 2006
800m	run	2:14.30	Elliot Hodgson	2010/11
1500m	run	4:37.10	Elliot Hodgson	2011/12
5000m	run	19.25.00	Henry Doyle	07/10/2023 (away)
700m	walk			
1500m	walk	6:54.20	Elliot Hodgson	2011/12
3000m	walk			
100m	hurdles	14.70	Jacob Sutcliffe	2005
110m	hurdles			
110m	hurdles	15.91	Mack Geiger	17/10/2021 (away)
200m	hurdles	27.80	Jacob Sutcliffe	2005
400m	hurdles			
400m	hurdles	58.34	Mack Geiger	28/3/2022 (away)
High Jump		1.80m	Mack Geiger	21/11/2021

High Jump		1.85m	Jace Brammer	07/10/2023 (away)
Long Jump		6.33m	James Bailey	2010/11
Triple Jump		12.12m	Steven Cragg	2000/01
Shot Put	4kg 5kgQA	16.05m 16.31m	Sam Smith Sam Smith	2011/12 17 November 2012
Discus	1kg	58.40m	Sam Smith	8 December 2012
Javelin	600g 700g QA	44.41m 51.11m	Steven Cragg Sam Smith	2000/01 2 February 2013
Hammer	5kg	61.28m	Thomas McGuire	2007

Under 20

70m	sprint	10.75	Nick Wood	2016/17
100m	sprint	12.15	Joseph Vale	3/11/2018
200m	sprint	26.06	Joseph Vale	3/11/2018
400m	sprint	1:01.08	Joseph Vale	2019/2020
800m	run	2:39.95	Henry Doyle	19/10/2024
1500m	run	5:00.99	Henry Doyle	18/01/2025
1500m	walk			
3000m	walk			
110m	hurdles	18.02	Joseph Vale	2019/2020
200m	hurdles	30.32	Joseph Vale	2019/2020
300m	Hurdles	1:02.54	Levi Harris	27/01/2024
400m	hurdles			
High Jump		1.50m	Joseph Vale	16/2/2019
Long Jump		5.71m	J Elliot	1994
Triple Jump		8.84m	Levi Harris	16/11/2024
Shot Put	6kg	8.62m	Tapi Zinatsa	17/11/2018
Discus	1.75 kg	19.68m	Levi Harris	12/10/2024
Discus	2kg	30.08m	Thomas McGuire	2008

Javelin	800g	31.44m	Thomas McGuire	2008
Hammer	6kg	51.60m	Thomas McGuire	2007

Open

70m	sprint	7.70	Steven Cragg	9/2/21 – USCAC Meet
100m	sprint	11.96	Steven Cragg	Pan Pac Masters 2018
100m	sprint	13.28	Daniel Walton	08/03/2025
200m	sprint	23.40	Darren McVean	1994
400m	sprint	54.14	Steven Cragg	7/2/21 – GC Masters Champs
400m	sprint	1:08.22	Anthony Hunt	26/10/2024
800m	run	2:31.18	Steven Cragg	23/2/2019
1500m	run	4:25.00	Darren McVean	1994
1500m	walk			
100m	hurdles	18.83	Steven Cragg	1 October 2016
110m	hurdles	21.08	Steven Cragg	Pan Pac Masters 2018
110m	hurdles	20.77	Daniel Walton	23/11/2024
200m	hurdles	31.17	Steven Cragg	2016/17
300m	hurdles	52.85	Daniel Walton	08/03/2025
400m	hurdles	1:16.5	Steven Cragg	2016/17
High Jump		1.65m	Steven Cragg	2019 Oceania Masters
High Jump		1.10m	Kerrod Hamilton	02/11/2024
Long Jump		5.73m	J Elliot	1994
Triple Jump		10.93m	Steven Cragg	Maryborough Carnival 2018
Shot Put	7kg	11.62m	Alex Smith	10/09/2022
Discus	2kg	40.74m	Alex Smith	10/09/2022
Javelin	800g	53.31m	Joshua Jack	26/10/2024
Hammer	6kg	21.23m	Steven Cragg	2019 Oceania Masters
Pole Vault		2.50m	Steven Cragg	2019 Oceania Masters