



LOOK LOOK LEARN, LLC

Thank you for your purchase!

I hope you enjoy using this printable material.

Please remember that it is meant for personal and educational use only. Do not sell, modify, or distribute it through other websites. If you find it useful and want to share it with someone else, please send them a link to our TPT store. Thank you!

If you experience a problem with this file, please let me know. I will work to fix it. Please share your feedback and let me know how the materials worked for you. Join me on social media, and please tag LookLookLearn anytime!

Visit our [website](#) or join our [mailing list](#) to stay updated on the latest adventures I'm creating for children and the grown-ups who work with them!



[LookLookLearn!](#)



[@LookLookLearn!](#)



[@LookLookLearn](#)



[LookLookLearn](#)

Thank you again for your purchase. Please reach out with any comments or to just say hi. As an educator, I'm always striving to improve.

I appreciate your support!

Loren

Loren@LookLookLearn.com



LOOK LOOK LEARN, LLC

Welcome to Mr. Loren's Extension Activities for his book,

How To Make a Friend: A Manual For Friendship Social Skills (during a pandemic or not)

- ▶ To purchase your copy, please visit Amazon [HERE](#)
- ▶ To arrange a FREE Zoom Classroom read-aloud with Mr. Loren, please email him at loren@LookLookLearn.com
- ▶ The Extension activities below are intended for classroom & home use, with adult facilitation to guide students along the path to learning about, creating & strengthening friendships. (Which begins with learning about our own friendship traits, first!)
- ▶ Please contact Mr. Loren with any questions or ideas - this is how we help our children grow and learn. (This process helps us grow and learn as parents, teachers & therapists!)

Thank you!



Instagram [@LookLookLearn](#)



Twitter [@LookLookLearn1](#)



YouTube [LookLookLearn!](#)



TPT [Teachers-Pay-Teachers](#)



Pinterest [LookLookLearn](#)



Please check out Mr. Loren's other children's book, Jackson: In School With My Special Teachers [HERE](#). (A story about therapists and teachers in school.)



How to Make a Friend Extension Activities

So you want to make a new friend? Easy cheesy! Let's look at friend qualities. Below, fill in qualities that make a GOOD friend.

A friend is someone who...

Good friends do this:

--

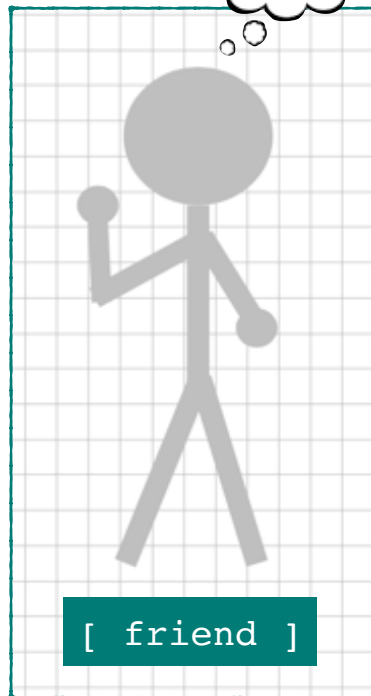
--

--

--

--

--



--

--

--

--

--

--

--

--

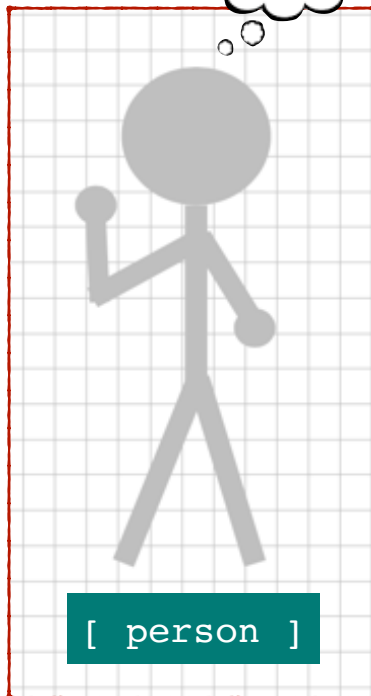


How to Make a Friend Literacy/SEL Extension Activities

Now fill in qualities that you would **NOT** want in a friend.

Friends don't...

I don't like when others...





LOOK LOOK LEARN, LLC

My Friendship Qualities

Now let's talk about you! Fill in the boxes below with qualities that make you a good friend.

I have many good traits, such as...

I am a good friend because...



--

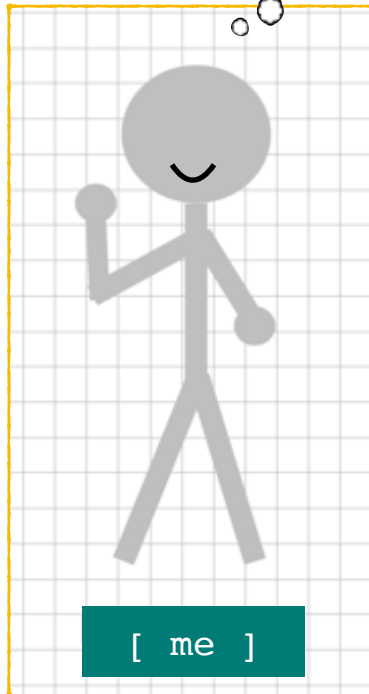
--

--

--

--

--



--

--

--

--

--

--

--

--



Everyone enjoys activities! Arts 'n crafts, playing an instrument, sports, reading, hiking, and so much more. What are some activities you enjoy?

I enjoy different activities, such as...

--

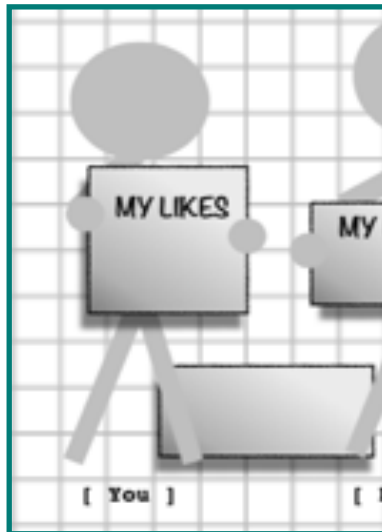
--

--

--

--

--



--

--

--

--

--

--



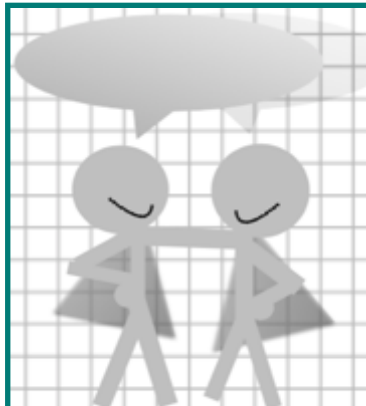
LOOK LOOK LEARN, LLC

Friends enjoy things that are similar, but also like different things. Things like activities, shows, foods...even people! Below list out some friends and the activities you enjoy that are the SAME.

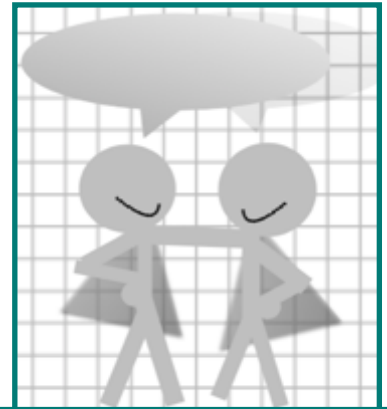
I enjoy doing _____ with
my friend _____ .



my friend _____



my friend _____



my friend _____



LOOK LOOK LEARN, LLC

Choose one of the friends you listed above. Complete the Same-Different chart below. Remember: It is okay when two friends don't like the same thing. This can help make a friendship even stronger!

draw a line between the things that are the same

me

likes

my friend _____

likes

[You] [Friend]

MY LIKES

MY LIKES

[dislikes]



LOOK LOOK LEARN, LLC

Friendship skills include showing respect. Respectful friends use listening ears, peaceful words, a friendly voice, respect another's personal bubble, asks appropriate questions, and has an attentive body. How are you a respectful person?

I am a respectful person because I...

Use crayons or markers to circle your skills.

Green: I'm good at doing this already

Yellow: Sometimes I need a little help

Red: This one is tricky for me

[my body]

Stop and think before acting

Listen when others are speaking to me

Keep my hands to myself

Keep my feet to myself

Respect someone else's personal space (bubble)

Stop to look at someone who is talking to me

When angry, I use cooling off strategies

When I see someone sad, I can help them

[me]

[my actions]

Share materials without getting upset

I go to a safe adult when I need help

[my words]

Use a voice that is just right: not too loud, not too soft

Ask someone to do an activity that they like doing

Ask friendly questions that interest the other person

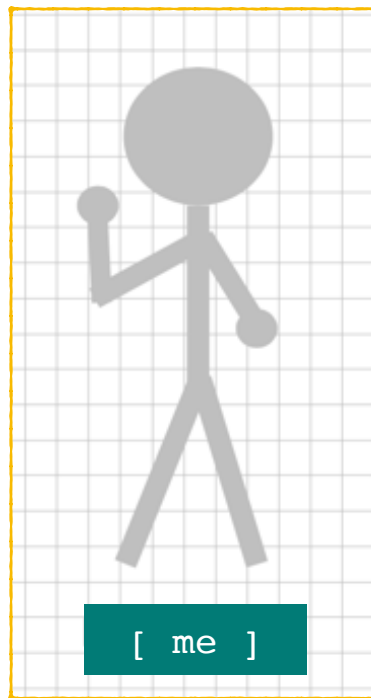
Speak in waves not flat: up and down and flowing

Share new information, not the same thing all the time

When frustrated, use words not volume

When I am upset, I know where to go cool to off

I keep my body safe by making safe choices





LOOK LOOK LEARN, LLC

Friendships are one of the best gifts ever! Friends can help make gray days seem bright and sunny. Sometimes, friendships break down and need to be repaired. When that happens, it's good to have adults you can trust help you make a friendship repair plan. These people are your "Friendship Coaches." Below, list your trusted adults who can help you when you need it. (Teachers, family members, an organization leader, etc. You don't have to fill all the boxes, and if you need more space just use the back of this paper.)

When I need help, I can talk to my trusted adults.
Here are my Friendship Coaches...

--

--

--

--

--

--

--

--

--

--

--

--



LOOK LOOK LEARN, LLC

Friends enjoy corresponding with each other. We usually see our friends in school, on the playground, at an after school class, on a playdate, or out in the community. Now that we have been spending more time socially distanced, we see less of our friends and for shorter periods. On a separate sheet of paper, draw a picture or write a letter to a friend. Below is an ingredient list if you need some ideas! Corresponding with friends is one way to keep friendships healthy and strong!

Here are some ideas you can use to keep your friendships healthy & strong:

draw a picture

- ☐ Use crayons, markers, or pencils to draw with
- ☐ Draw a picture of something you enjoy doing with your friend
- ☐ Include a picture of you & your friend together
- ☐ Include other art materials (like a collage, stickers, photos, your hand tracing)
- ☐ Decorate a fun envelope (Everyone enjoys opening envelopes!)
- ☐ Mail your letter, or safely drop it off at your friend's home
- ☐ Make an office area at home where you can keep your supplies for drawing
- ☐ Make a checklist of friends you'd like to draw pictures for. Check them off as you go!

write a letter

- ☐ Use fun pens or pencils to write with
- ☐ Write about things you enjoy doing with your friend; what do you miss about them? What are you looking forward to doing with them someday?
- ☐ Share with them what you have been doing. Ask them what they have been doing!
- ☐ Accent your letter with stickers, photos, tracing your hand, etc.
- ☐ Decorate a fun envelope (Everyone enjoys opening envelopes!)
- ☐ Mail your letter, or safely drop it off at your friend's home
- ☐ Make an office area at home where you can work & keep your letter writing supplies
- ☐ Make a checklist of friends you would like to write. Check them off as you go



LOOK LOOK LEARN, LLC

Becoming a Super Friend takes practice! (Even grown-ups practice friendship skills everyday!) One way to become a Super Friend is to set personal, friendship skill goals. Below, you can write down some goals you would like to work on!

I have so many great friendship skills already.
Here are some I would like to work more on!

new skills to learn

skills to improve

